

# .23. Swim Lessons

## Private Swim Lessons

(Glastonbury Residents - Ages 5 and up)  
 Private swim lessons (1:1) and semi-private swim lessons (1:2), catered to meet you or your child's specific instructional needs are now available. The aquatics leadership staff will work with you to customize a personal swim lesson schedule, with an experienced instructor. Lessons will be available on evenings and weekends at the Glastonbury High School Pool, offered as 4 thirty minute sessions at mutually agreed upon times. Lessons will not be available during the peak times of the day when the pools are most crowded. Semi-private lesson participants must be within a skill level apart. To register for the program, complete the "Private Swim Lesson Registration Form" available at the Parks and Recreation Department, at [www.glastonbury-ct.gov](http://www.glastonbury-ct.gov) (click "Parks and Recreation"; "Forms") or at the pool. Please list the dates and times available, and the Town will match an instructor once the form is received.

FEE:  
 4 x 30 Minute Private (1:1) Lessons: \$100/Person  
 4 x 30 Minute Semi-Private (1:2) Lessons: \$160/2 People

## Children's Swim Lesson Program

(Ages 6 months & up; Level 1-6 Ages 5 & up)  
 The Parks and Recreation Department follows the nationally recognized American Red Cross Learn-to-Swim program. The program is designed to introduce young children to the aquatic environment and guide children through a series of 6 levels. The goal of the program is to ultimately develop maximum efficiency in strokes and encourage swimming as a life skill. Note: Please be sure to include the Activity Type, Activity Description, and Activity Number. Please include a second and third choice on the registration form in case the first choice is full. Otherwise, the first choice will be put on the waiting list. Classes meet once per week for eight weeks beginning September 23. Each participant can sign up for a Monday, Wednesday, or Saturday class.

### Swim Lessons-Fall

FEE: \$44/child

## Monday Swim Lessons September 23-December 2 (No Class 10/14, 10/21, 11/11)

Level	6:30P	7:00P
Level 1	202129-AA	
Level 2	202129-BA	202129-BB
Level 3	202129-CA	
Level 4		202129-DA
Level 5		202129-EA
Level 6		202129-FA (Fitness)

## Wednesday Swim Lessons September 25-November 20 (No Class 10/16)

Level	6:30P	7:00P
Tots	202229-KA	
Level 1		202229-AA
Level 2	202229-BA	
Level 3	202229-CA	202229-CB
Level 4		202229-DA
Level 5		202229-EA

## Saturday Swim Lessons September 21-November 16 (No Class 10/12)

Level	10:30A	11:00A	11:30A	12:15P	12:45P
Infant/Toddler		202128-IA			
Tots	202128-KA		202128-KB		
Level 1				202128-AC	202128-AD
Level 2	202128-BA		202128-BB	202128-BC	202128-BD
Level 3	202128-CA			202128-CB	202128-CC
Level 4		202128-DA			
Level 5		202128-EA	202128-DB		202128-EB
Level 6		202128-FA (Fitness)			

## Adult Swim Lessons

(Ages 18 years old and up)  
 It's never too late to learn to swim or fine tune your strokes. This program is for adults of all abilities.

### Swim Lessons-Fall

Adult Swim Lessons 201129-AA

FEE: \$54/person  
 MEETS: Monday 7:30-8:30 p.m.  
 LOCATION: GHS Pool  
 DATES: 8 weeks beginning September 23  
 No Class October 14, 21; November 11