

CLASS	LOCATION	MEETS	DATES	FEE	ACTIVITY CODE
Senior Fitness (Eliza's Energy Source)	Riverfront Community Center	Mon, Wed, Fri 9:00-9:55 a.m.	July 6-Aug. 31 (No Class 8/5)	\$49	107027-09
		Mon, Wed, Fri 10:05-11:00 a.m.	July 6-Aug. 31 (No Class 8/5)	\$49	107027-10
		Mon, Wed, Fri 11:10-12:05 p.m.	July 6-Aug. 31 (No Class 8/5)	\$49	107027-11
Zumba (Eliza's Energy Source)	Academy Multi Purpose Room	Monday 6:00-7:00 p.m.	July 6-Aug. 17	\$44	107209-ME
		Wednesday 6:00-7:00 p.m.	July 8-Aug. 19	\$44	107209-WE
Gentle Pilates (Personal Euphoria)	Academy Multi Purpose Room	Monday 1:30-2:15 p.m.	July 6-Aug. 17	\$46	107030-GW
Hatha Yoga Evening (Kalpana Patel)	RCC Exercise Room	Monday 6:00-7:20 p.m.	July 6-Aug. 10	\$36	107011-MP
	Academy Cafeteria	Wednesday 6:00-7:20 p.m.	July 8-Aug. 12	\$36	107011-WP
Yoga (Personal Euphoria)	RCC Exercise Room	Thursday 6:00-7:15 p.m.	July 9-Aug. 20	\$51	107211-TH
Family Yoga (Personal Euphoria)	RCC Exercise Room	Tuesday 9:30-10:30 a.m.	July 7-July 28	\$24	107211-F
		Thursday 5:15-6:00 p.m.	July 9-Aug. 20	\$39	107211-FT
Pilates Plus Strength (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 6:00-6:45 p.m.	July 7-Aug. 18	\$46	107202-ST
Strength Training (Personal Euphoria)	Academy Multi Purpose Room	Monday 9:00-9:45 a.m.	July 6-Aug. 17	\$46	107206-SM
		Friday 9:00-9:45 a.m.	July 10-Aug. 21	\$46	107206-S1
Core Balance (Personal Euphoria)	Academy Multi Purpose Room	Friday 9:45-10:30 a.m.	July 10-Aug. 21	\$46	107207-S1
Calorie Cardio Burn (Personal Euphoria)	Academy Multi Purpose Room	Wednesday 9:00-9:45 a.m.	July 8-Aug. 19	\$46	107216-WA
Barre (Personal Euphoria)	Academy Multi Purpose Room	Monday 9:45-10:30 a.m.	July 6-Aug. 17	\$46	107203-AM
Mommy & Me Barre (Personal Euphoria)	Academy Multi Purpose Room	Wednesday 10:45-11:30 a.m.	June 24-July 15	\$39	107302-B1
Mat Pilates (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 8:30-9:30 a.m.	July 7-Aug. 18	\$48	107201-TB
		Tuesday 9:30-10:30 a.m.	July 7-Aug. 18	\$48	107201-TA
		Thursday 8:30-9:30 a.m.	July 9-Aug. 20	\$48	107201-TH
		Thursday 9:30-10:30 a.m.	July 9-Aug. 20	\$48	107201-T1

**Classes Open to Residents and Non-Residents. Non-Resident Registration Begins 6/2/2020**