

## Referral Guide

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Addiction Programs	Ages	Location(s)	Overview	Payment Structure	Intake Contact
Intervention	13+	Statewide	A team of experienced and caring clinicians who provide facilitated interventions for families seeking help for addiction.	Private pay	203-630-5229
Detox	18+	1250 Silver Street Middletown	16-bed program for medically supervised detoxification from alcohol, benzodiazepines, opiates and other substances. Comprehensive individualized evaluation, group and individual therapy, pharmacological therapy and family therapy.	Insurance or private pay	860-852-1045
Adult Residential	18+	1250 Silver Street Middletown	42-bed, gender-specific program for males and females. Intensive involvement with families. Treatment includes CBT, motivational interviewing, relapse prevention and life skills training.	Insurance or private pay	860-852-1075
Adult Partial Hospital Program	18+	1250 Silver Street Middletown 883 Paddock Ave Meriden	Our partial hospital program provides treatment services for individuals who require an intensive level of care for drug addiction or alcoholism but may not need residential treatment or have recently completed an inpatient program.	Insurance or private pay	888-203-2916
Adult Intensive Outpatient Treatment	18+	110 National Drive Glastonbury 1250 Silver Street Middletown 883 Paddock Ave Meriden	Rushford's intensive outpatient treatment program offers flexible, individualized treatment that allows people to maintain their independence and daily work and/or school commitments. Both daytime and evening outpatient treatment options are available.	Insurance or private pay	888-203-2916

Rushford at Stonegate (Adolescent Residential Addiction Treatment)	13-17	459 Wallingford Road Durham	Residential addiction treatment program for males ages 13 to 17. Offering individual, group and family therapy, academic support and adventure education. Our program is designed to strengthen family bonds during treatment to support long-lasting results. Counselors work closely with family members throughout the course of the addiction treatment to ensure the best possible outcome. Days and evenings are filled with individual and group therapy, academic and spiritual enrichment, and recreational therapy. Our experienced addiction treatment counselors utilize the Seven Challenges® best practice treatment approach as well as cognitive behavioral and motivational enhancement therapy.	Insurance or Private Pay	877-577-3233 Weekdays 860-578-4408 After Hours
Adolescent PHP	13-18	883 Paddock Ave Meriden	Highly structured, intensive treatment for adolescents ages 132-18 who do not require 24-hour supervision but are unable to function adequately or safely without extensive therapeutic intervention for significant portions of the day. This program runs four hours per day, five days per week.	Insurance or private pay	877-577-3233
Adolescent IOP	13-18	110 National Drive Glastonbury 1250 Silver Street Middletown 883 Paddock Ave Meriden	Intensive outpatient program designed specifically for adolescents who are suffering from substance abuse and related psychological and behavioral problems. The goal of the program is to help youth and their families recover from the destructive effects of substance abuse and other behavior-related problems.	Insurance or private pay	877-577-3233