

RESERVATIONS ARE REQUIRED FOR ALL MEALS!

PLEASE SIGN UP ON MYREC, IN THE OFFICE, IN-PERSON IN THE LUNCH ROOM, OR CALL 860-652-7638 ONE DAY IN ADVANCE BY 11AM!



THE GLASTONBURY SENIOR CENTER SERVES LUNCH DAILY. DESSERT IS INCLUDED WITH YOUR MEAL!

**COST:**

RESIDENT: \$4.00

NON-RESIDENT: \$6.00

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Baked Pork Chops Seasoned Rice Veggies	<b>2</b> Meatball Grinder Potato Chips
<b>Salad of the week for 7/29-8/2: Antipasto Salad</b>				
<b>5</b> Eggplant Parmesan Pasta Salad	<b>6</b> Baked Chicken w/ Onions, Mushrooms & Peppers Egg Noodles Veggies	<b>7</b> Pork Roast w/ Applesauce Wild Rice Veggies	<b>8</b> Shepherd's Pie Tossed Salad Roll	<b>9</b> Breaded Fish with Tartar Sauce Coleslaw
<b>Salad of the week for 8/5-8/9: Spinach Strawberry Salad</b>				
<b>12</b> Chicken Fajitas Mexican Rice Beans	<b>13</b> Pasta w/ Meat Sauce Tossed Salad Italian Bread	<b>14</b> 2024 Summer Picnic! Tickets available for purchase! R: \$7 NR: \$9	<b>15</b> Chicken Salad on a Roll Potato Chips Pickle	<b>16</b> Hot Dog w/ Toppings Coleslaw
<b>Salad of the week for 8/12-8/16: Greek Salad</b>				
<b>19</b> Swedish Meatballs Egg Noodles Veggies	<b>20</b> Baked Chicken Legs Mashed Potatoes Veggies	<b>21</b> Cheeseburger w/ Lettuce French Fries	<b>22</b> Kielbasa w/ Sauerkraut Boiled Potatoes Veggies	<b>23</b> Tuna Salad on a Roll Potato Chips Pickle
<b>Salad of the week for 8/19-8/23: Chicken Caesar Salad</b>				
<b>26</b> Beef & Onion Stir Fry Rice Veggies	<b>27</b> BBQ Pork Chops Scalloped Potatoes Veggies	<b>28</b> Lemon Chicken Creamy Fettucine Alfredo Veggies	<b>29</b> Stuffed Peppers Mashed Potatoes Veggies	<b>30</b> Italian Grinder Pasta Salad
<b>Salad of the week for 8/26-8/30: Cobb Salad</b>				

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.\*

