

RESERVATIONS ARE REQUIRED FOR ALL MEALS!
PLEASE SIGN UP ON MYREC, IN THE OFFICE, IN-PERSON IN THE LUNCH ROOM, OR CALL 860-652-7638 ONE DAY IN ADVANCE BY 11AM!

JULY

THE GLASTONBURY SENIOR CENTER SERVES LUNCH DAILY. DESSERT IS INCLUDED WITH YOUR MEAL!

COST:
RESIDENT: \$4.00
NON-RESIDENT: \$6.00

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza Monday *Must register by June 28th* Café is OPEN	2 No Regular Lunch Café is OPEN	3 No Regular Lunch Café is OPEN	4 CLOSED <i>Happy 4th of July</i>	5 Hot Dog Bingo *Must register by July 3rd* Café is OPEN
ONLY AVAILABLE IN THE CAFÉ -----Salad of the week for 7/1-7/5: Chicken Caesar Salad				
8 Swedish Meatballs Egg Noodles Veggies	9 <i>Independence Day Luncheon!</i> All-American Burgers Potato Salad Macaroni Salad Patriotic Parfaits	10 Baked Pork Chops Seasoned Rice Veggies	11 Pasta with Meat Sauce Tossed Salad Italian Bread	12 Breaded Fish on a Bun with Tartar Sauce Coleslaw French Fries
Salad of the week for 7/8-7/12: Chicken Salad Plate				
15 Shepherd's Pie Tossed Salad Roll	16 Kielbasa with Sauerkraut Boiled Potatoes Veggies	17 Teriyaki Chicken Rice Veggies	18 Eggplant Parmesan Pasta Tossed Salad Italian Bread	19 Sausage & Peppers on a Roll Chips
Salad of the week for 7/15-7/19: Spinach Strawberry Salad				
22 Baked Chicken Legs Yellow Rice Veggies	23 Baked Ham Sweet Potatoes Veggies	24 Stuffed Shells with Meat Sauce Tossed Salad Italian Bread	25 <i>Olympic Opening Ceremony</i> Quiche Home Fries Salad Popsicles	26 Breaded Chicken on a Bun French Fries
Salad of the week for 7/22-7/26: Greek Salad				
29 Breaded Fish Mac & Cheese Veggies	30 Meatloaf Au Gratin Potatoes Veggies	31 Baked Chicken in a Cream Sauce Mashed Potatoes Veggies	 <p>LET FREEDOM RING PROUD TO BE AN AMERICAN stars and stripes fireworks 4TH OF JULY AMERICA RED WHITE BLUE God Bless the USA FREEDOM HOME OF THE BRAVE <i>Patriotic</i> <i>One Nation Under God</i> CELEBRATE sparklers USA <i>Independence Day</i></p>	
Salad of the week for 7/29-8/2: Antipasto Salad				

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *