

**THE GLASTONBURY
SENIOR CENTER
SERVES LUNCH DAILY.
DESSERT IS INCLUDED
WITH YOUR MEAL!**



COST:
RESIDENT: \$4.00
NON-RESIDENT: \$6.00
**RESERVATIONS ARE
REQUIRED FOR TO-GO ONLY!**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Meatloaf Mashed Potatoes Veggies
WHERE THERE IS LOVE THERE IS LIFE				
Salad of the week for 1/29-2/2: Antipasto Salad				
5 Shepherd's Pie Tossed Salad Roll	6 Lemon Chicken Rice Pilaf Veggies	7 Smothered Pork Chops Mashed Potatoes Veggies	8 Beef Stroganoff Egg Noodles Veggies	9 Pulled Pork on a Bun Coleslaw
Salad of the week for 2/5-2/9: Chicken Caesar				
12 Swedish Meatballs Egg Noodles Veggies	13 Pasta w/ Meat Sauce Tossed Salad Italian Bread	14 Breaded Fish on a Bun Coleslaw <i>HAPPY Valentine's Day</i>	15 <i>Sweetheart</i> <i>Serenade Luncheon!</i> Italian Chicken over Mashed Potatoes Roasted Veggies Lemon Cake	16 Hot Dog on a Bun Baked Beans Coleslaw
Salad of the week for 2/12-2/16: Egg Salad Plate				
19 	20 Baked Chicken w/ Mushroom Sauce Wild Rice Veggies	21 Beef Stew in a Bread Bowl Tossed Salad	22 Eggplant Parmesan Pasta Tossed Salad	23 Cheeseburger on a Bun Sweet Potato Fries
Salad of the week for 2/19-2/23: Cobb Salad				
26 Chicken a la King over bed of Rice Biscuit Tossed Salad	27 Beef Stir Fry White Rice Veggies	28 BBQ Chicken Legs Mashed Potatoes Veggies	29 Pasta w/ Meat Sauce Italian Bread Tossed Salad	
Salad of the week for 2/26-3/1: Apple Walnut Salad				

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.