

THE GLASTONBURY
SENIOR CENTER
SERVES LUNCH DAILY.
DESSERT IS INCLUDED
WITH YOUR MEAL!

January

COST:
RESIDENT: \$4.00
NON-RESIDENT: \$6.00
RESERVATIONS ARE
REQUIRED FOR TO-GO ONLY!

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 Shepherd's Pie Tossed Salad Roll	3 Pasta w/ Meat Sauce Tossed Salad Italian Bread	4 Kielbasa w/ Sauerkraut Broiled Potatoes Veggies	5 Breaded Chicken on a Bun Sweet Potato Fries
8 Swedish Meatballs Egg Noodles Veggies	9 "Noon" Years  Meat Lasagna Garden Salad Garlic-Mozzarella Bread Tiramisu Cake	10 Breaded Fish w/ Tartar Sauce Mac N' Cheese Veggies	11 Baked Chicken in a Mushroom Sauce Mashed Potatoes Veggies	12 Hot Dog on a Bun Baked Beans Coleslaw
15 	16 Baked Pork Chops w/ Applesauce Seasoned Rice Veggies	17 Baked Ham Scalloped Potatoes Veggies	18 Chicken Cordon Bleu Rice Pilaf Veggies	19 Meatball Grinder Tossed Salad
22 BBQ Chicken Legs Mashed Potatoes Veggies	23 Beef Stew in a Bread Bowl Salad	24 Pork Roast Au Gratin Potatoes Veggies	25 Stuffed Shells w/ Meat Sauce Tossed Salad Italian Bread	26 Tuna Salad Sandwich w/ Lettuce Chicken Noodle Soup
29 Chicken a la King over Rice Biscuit Tossed Salad	30 Beef Stroganoff Egg Noodles Veggies	31 Oven Roasted Turkey Mashed Potatoes Veggies		

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *