

THE GLASTONBURY
SENIOR CENTER
SERVES LUNCH DAILY.
DESSERT IS INCLUDED
WITH YOUR MEAL!



COST:
RESIDENT: \$3.00
NON-RESIDENT: \$5.00
RESERVATIONS ARE
REQUIRED FOR TO-GO ONLY!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Swedish Meatballs Egg Noodles Veggies	2 Baked Pork Chops w/ Applesauce Rice Pilaf Veggies	3 Tuna Salad on a Soft Roll w/ Lettuce Coleslaw
6 Baked Chicken Leg Scalloped Potatoes Veggies	7 Roast Beef Mashed Potatoes w/ Gravy Green Beans Roll	8 Eggplant Parmesan Pasta Salad Italian Bread	9 Beef Stew in a Bread Bowl Salad	10 CLOSED
13 Glazed Ham Mac & Cheese Veggies	14 Pasta w/ Meat Sauce Tossed Salad Italian Bread	15 Teriyaki Chicken Rice Veggies	16 Turkey Dinner w/ All the fixings! Pumpkin Pie!	17 Breaded Fish on a Bun Tater Tots Coleslaw
20 Shepherd's Pie Tossed Salad	21 Baked Chicken in a Mushroom Sauce Mashed Potatoes Veggies	22 Sausage & Peppers over Pasta Salad	23 CLOSED	24 CLOSED
27 BRAD'S COOKING! Chicken Parmesan Ziti Caesar Salad Italian Bread Italian Green Beans	28 Cheeseburger w/ Lettuce Potato Puffs	29 Chicken Quesadillas w/ Sour Cream & Salsa on the side Spanish Rice	30 Pork Roast Scalloped Potatoes Vegetable	

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *