

GLASTONBURY COMMISSION ON AGING

REGULAR MEETING

Minutes

Monday, October 2, 2023

5:30 P.M.

In-Person-RCC

Gayle Kataja, Chairman
Jennifer DiSette
Chris Haaf
Beth Hillson
Phil Markuszka
Susan Pearlman
Denise Weeks

1. **ROLL CALL:** Chris Haaf, Phil Markuszka – Absent
2. **COMMUNICATIONS & ANNOUNCEMENTS:** None
3. **MINUTES** of the September 11, 2023 meeting were approved as presented.
4. **DEPARTMENTAL REPORTS:** were submitted in the packets for September 2023
5. **OLD BUSINESS**
 - **Age Friendly Community Initiative Sub-Committee Reports**

Housing Subcommittee: Meeting scheduled for October 4, 9:00 a.m. at Center Village. Neil Griffin created an “age friendly housing resource guide” which was put in the Commission packets to review. The resource guide will be available in print and digital format.

Transportation Subcommittee: Meeting scheduled for October 5, 9:30 a.m. at Center Village. Dan Pennington and Chris Nicholaou will attend as invited guests.

Outdoor Spaces and Building: The subcommittee has identified three priorities for the third year:

 1. Art Project to replace the poetry project
 2. Accessible trail improvements to include benches and handrails
 3. Farm Day
 - **Accreditation Update:** Everything has been submitted. Waiting for information on date for a virtual meeting with a second peer reviewer.

- **Upcoming Opportunities for ARPA Funding:** The Town will receive \$91,967 for the Senior Center. A plan must be submitted to the State Unit on Aging by December 2024 and funds must be spent by June 2026.

6. New Business

- **ARPA Funding Ideas:**
 - Fitness Center equipment, flooring and furnishings
 - Café improvements
 - Make improvements in lobby including sound modifications, more comfortable seating, etc. to encourage informal gatherings and socialization
 - Canopy over the outdoor patio
 - Develop a marketing campaign about local trails/walking paths once benches are installed to encourage seniors to enjoy the outdoors.
- **[Senior Center Survey:** A program interest survey was conducted during the month of September. The Program Coordinators will use the survey results to plan future programs.
- **January 8, 2024 Change Meeting Date:** Discussion to reschedule meeting for January 9, 2024 to avoid conflict with Library Board meeting.

- 7. Adjournment:** Motion made by Beth Hillson and seconded by Denise Weeks to adjourn at 6:57 p.m.