

**THE GLASTONBURY
SENIOR CENTER SERVES
LUNCH DAILY. DESSERT
IS INCLUDED WITH YOUR
MEAL!**

September

COST:
RESIDENT: \$3.00
NON-RESIDENT: \$5.00
RESERVATIONS ARE REQUIRED
FOR TO-GO ONLY!

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Hot Dog on a Bun Baked Beans Coleslaw
4 CLOSED 	5 Chicken Ala King w/ Rice Salad	6 Beef Stir Fry w/ Rice Vegetable	7 Breaded Chicken on a Bun Coleslaw	8 Meatball Grinder Potato Chips
11 Eggplant Parmesan Pasta Tossed Salad	12 Baked Chicken in a Mushroom Sauce Mashed Potatoes Vegetable	13 Baked Pork Chops w/ Apple Sauce Seasoned Rice Vegetable	14 Beef Stew in a Bread Bowl Salad	15 Tuna Fish on Wheat Bread w/ Lettuce Coleslaw
18 Baked Chicken Leg Seasoned Rice Vegetable	19 National Senior Center Month Luncheon Caesar Salad Deconstructed Chicken Cordon Bleu Mashed Potatoes Roasted Veggies Strawberry Shortcake	20 Pasta w/ Meat Sauce Tossed Salad Italian Bread	21 Lemon Chicken Scallop Potatoes Vegetable	22 Cheeseburger w/ Lettuce Potato Puffs
25 Shepard's Pie Tossed Salad Roll	26 Stuffed Peppers Mashed Potatoes Vegetable	27 Glazed Ham Mac + Cheese Vegetable	28 Baked Pork Chops Scallop Potatoes Vegetable	29 Breaded Fish on a Bun w/ Tartar Sauce Coleslaw

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. *