

GLASTONBURY COMMISSON ON AGING

REGULAR MEETING

Minutes

Monday, September 11, 2023

5:30 P.M.

In-Person-RCC

Gayle Kataja, Chairman
Jennifer DiSette
Chris Haaf
Beth Hillson
Phil Markuszka
Susan Pearlman
Denise Weeks

1. **ROLL CALL:** Chris Haaf, Susan Pearlman – Absent
2. **COMMUNICATIONS & ANNOUNCEMENTS:** Ronda Guberman, Senior Services Supervisor introduced herself and spoke about her first week at the Center.

Lisa discussed a report she received about the Matter of Balance program which included feedback and statistics. She will share with the NISC Accreditation Peer Reviewer.
3. **MINUTES** of the June 5, 2023 meeting were approved as presented.
4. **DEPARTMENTAL REPORTS:** were submitted in the packets for June, July and August
5. **OLD BUSINESS**
 - Age Friendly Community Initiative

Housing Subcommittee: Gayle and Denise met with the committee which has two new members Chris Nicholaou and Jan Baldinger. Neil Griffin is putting together a resource guide. Denise discussed the volunteer chores program and ideas for providing assistance for people who are looking for people to hire for small jobs and willing to pay. Currently, our program only has 3 volunteers and they are mostly doing companionship rather than chore service. Ronda shared her experience working with a contracted agency to assist with heavy chore cleaning. A grant paid the fees and clients were charged based on a sliding scale. Denise reiterated the importance of evaluating and supporting zoning laws that support inclusionary housing, universal design, ADU's.

Transportation Subcommittee: Beth reported the committee met twice over the summer. She will send a revised draft letter that will be sent to Dan Pennington, Town Engineer to the Commission for review and comments. The committee is made up of members of the local walking group and the bike advisory group. The committee has identified and are recommending safety improvements that would make the roadways more accessible to walkers, runners and bicyclists.

Working on year two and year three plans.

Outdoor Spaces and Building: Lisa Zerio reported that the committee did not meet over the summer and will be meeting on 9/13/23.

6. NEW BUSINESS

Pickleball Ribbon Cutting Ceremony: Tuesday, September 19, 11:00 a.m. Governor, State Senators and State Representatives have been invited to attend and speak. The Town Manager, Town Council, Lisa, Gayle, Parks and Recreation Committee will speak and recognize funders and staff who made the project possible.

Give-a-ways include green stress balls and pickle flavored potato chips.

COA is encouraged to wear the Age Friendly shirts.

There was a request to offer special time for “seniors only”. Ronda will work with Parks and Recreation staff to coordinate.

Special Senior Center Month luncheon follows the pickleball ribbon cutting. All COA are invited to attend.

7. **ADJOURNMENT:** Motion made by Beth Hillson. Seconded by Denise Weeks. 6:47 p.m.

8. **NEXT SCHEDULED MEETING: October 2, 2023, 5:30 p.m.**