



**The Glastonbury Senior Center**  
**serves lunch daily. Reservations required for to-go only.**  
**Cost: \$3.00 Glastonbury residents \$5.00 non-residents**  
**Payable upon entry (exact change required)**  
***Dessert included with meal***

# January

Mon	Tue	Wed	Thu	Fri
<b>2</b> <b>Closed</b> 	<b>3</b> <b>Baked Chicken in Mushroom sauce</b> <b>Mashed Potatoes</b> <b>Vegetable</b>	<b>4</b> <b>Breaded fish on a Bun</b> <b>French Fries</b>	<b>5</b> <b>New Year's Eve Luncheon!</b> <b>Roast Beef</b> <b>Garlic Mashed Potatoes</b> <b>Green Beans</b>	<b>6</b> <b>Cheeseburger w/ lettuce</b> <b>French Fries</b>
<b>9</b> <b>Glazed Ham</b> <b>Scallop Potatoes</b> <b>Vegetable</b>	<b>10</b> <b>Smothered Pork Chops</b> <b>Yellow Rice</b> <b>Vegetable</b>	<b>11</b> <b>Spaghetti w/ Meat sauce</b> <b>Tossed Salad</b> <b>French Bread</b>	<b>12</b> <b>Chicken a la King</b> <b>Rice</b> <b>Biscuit Salad</b>	<b>13</b> <b>Hot Dog on a Bun</b> <b>Baked Beans</b> <b>Coleslaw</b>
<b>16</b> <b>Closed</b> <b>Martin Luther King Day</b> 	<b>17</b> <b>Bowtie Pasta w/ Meat sauce</b> <b>Salad</b> <b>French Bread</b>	<b>18</b> <b>BBQ Chicken</b> <b>Garlic Mashed Potatoes</b> <b>Vegetable</b>	<b>19</b> <b>Beef Stroganoff</b> <b>Egg Noodles</b> <b>Vegetable</b>	<b>20</b> <b>Breaded Chicken on a Bun</b> <b>French Fries</b>
<b>23</b> <b>Stir Fry Chicken</b> <b>Rice</b> <b>Vegetables</b>	<b>24</b> <b>Beef Stew in a Bread Bowl</b> <b>Salad</b>	<b>25</b> <b>Pork Roast</b> <b>Applesauce</b> <b>Au gratin Potatoes</b> <b>Vegetable</b>	<b>26</b> <b>Pasta w/ Meat Sauce</b> <b>Salad</b> <b>French Bread</b>	<b>27</b> <b>Breaded Fish on a Bun</b> <b>Coleslaw</b>
<b>30</b> <b>Birthday Celebration!</b> <b>Chicken Cordon Bleu</b> <b>Rice Pilaf</b> <b>Vegetable</b>	<b>31</b> <b>Kielbasa</b> <b>Sauerkraut</b> <b>Broiled Potatoes</b> <b>Vegetable</b>			