



GLASTONBURY FIRE DEPARTMENT STANDARD OPERATING GUIDELINES



SOP NUMBER: FDO-507

ISSUED DATE: 11-15-11

EFFECTIVE DATE: 11-15-11

REVISION #: 1

REVISED DATE: 01-11-16

EFFECTIVE DATE: 01-11-16

CATEGORY: EMERGENCY OPERATIONS - GENERAL

SUB-CATEGORY: FIRE GROUND OPERATIONS

SUBJECT: REPLENISHMENT

Section I – Introduction

A. Objective

To ensure personnel are adequately hydrated and nourished during the initial phases of emergency operations and training exercises where strenuous physical activity or exposure to heat or cold exist. To ensure personnel are adequately nourished during emergency operations of any length.

B. Applicability

This guideline is applicable to those firefighters that operate in a strenuous and physical environment.

C. References

Town of Manchester Fire-Rescue-EMS – General Operating Guideline

Section II – Guideline

Fluids and nourishment shall be readily available for personnel to hydrate and consume during response and training with provisions to nourish in extended operations.

REGULAR HYDRATION

Personnel should always strive to maintain a high level of hydration, especially during warm/hot seasons. Water is most appropriate as a form of hydration. Sports/Activities beverages may also assist in maintaining proper hydrations especially during warm/hot seasons.

FLUID AVAILABILITY ON APPARATUS

The Department's two rescue trucks have refrigerators that carry water. The water in the apparatus refrigerators are intended to provide rehydration at an incident or exercise. It is the responsibility of the station Captain or his/her designee to advise the Department when replenishment is necessary.

The Duty Officer's vehicle will maintain a case of water to supplement water carried on apparatus.

SUPPLEMENTAL FLUIDS

The Duty Officer or Incident Commander may arrange for additional water and/or sport activity mixtures to be brought to the scene of incidents/exercises that have lasted ninety (90) minutes and more. Incident Commander may arrange for additional (warm/cold) beverages, depending on the phase of operations, for incidents that will be extended in nature.

SUPPLEMENTAL NOURISHMENT

The Incident Commander may consider arranging for appropriate solid nourishment at the scene of an extended incident. The type of nourishment shall depend on the phase of operations the incident is in.

Section III- Approval

Fire Chief: Michael P. Tracy

Date of Approval: 1/11/16