

# GLASTONBURY FIRE DEPARTMENT STANDARD OPERATING GUIDELINES



SOG NUMBER: EMS-003

ISSUED DATE: 12-14-11

EFFECTIVE DATE: 01-15-12

REVISION #: 1

REVISED DATE: 01-11-16

EFFECTIVE DATE: 01-11-16

CATEGORY: EMERGENCY MEDICAL SERVICE

SUB-CATEGORY: EMERGENCY MEDICAL SERVICE - OPERATIONAL

SUBJECT: PROTOCOL FOR REQUESTING LIFE STAR

RELATED GUIDELINES: EMS-004

#### Section I - Introduction

### A. Objective

To provide a common operating guideline that is to be used when requesting an emergency air ambulance.

## B. Applicability

This applies to any incident in which an emergency air ambulance has been requested to the scene of an emergency incident and a victim needs to be rapidly transported to a local level one trauma center.

#### C. References

Hartford Hospital - Life Star

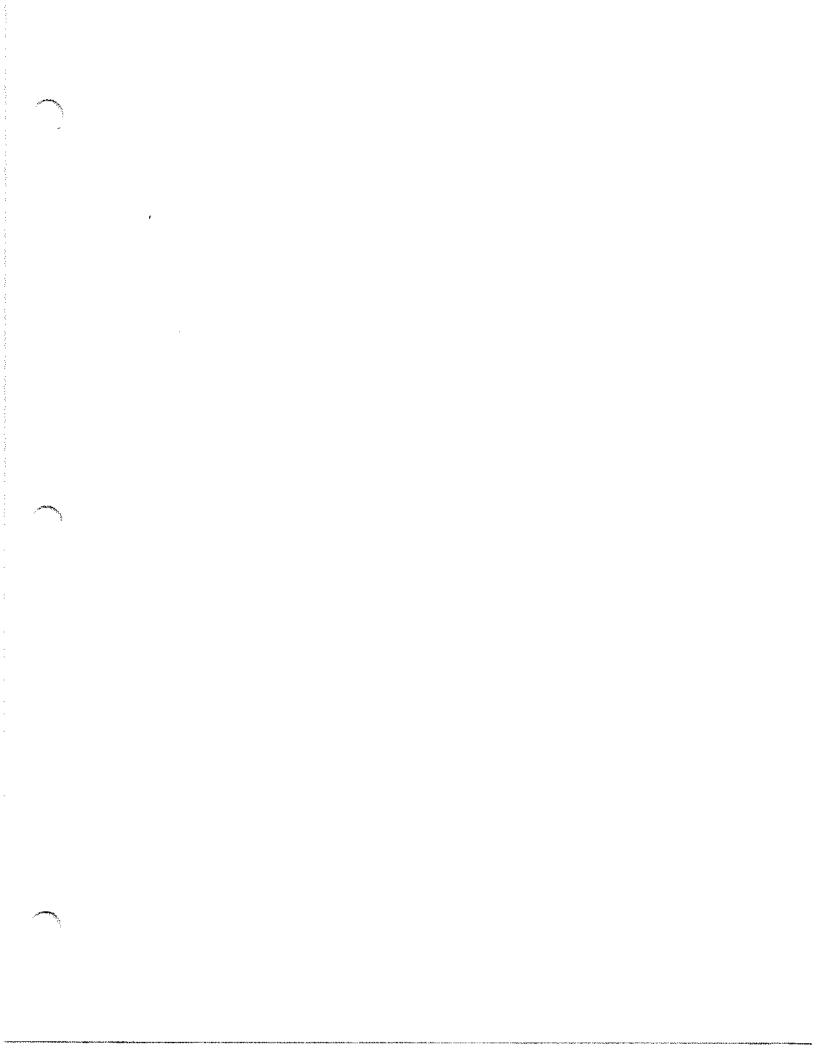
## Section II - General

Life Star, an emergency air ambulance, can be requested by any EMS person who is responding to the scene and is certified by OEMS:

- Police
- Fire Personal
- EMR, EMT all levels.
- Nurse or Physician

## Section III - Guidelines for Requesting Life Star

- 1. Mechanism of Injury
  - a. Fall from over 20 feet
  - b. Apparent high speed impact
  - c. Ejection from vehicle
  - d. Death of another passenger



- e. Passenger with multiple injuries
- f. Major vehicle deformity outside/inside
- g. Vehicle rollover
- h. Pedestrian struck at speed > 20 MPH

## 2. Situational Factors

- a. Prolonged extrication
- b. Increased travel time
- c. Rural or isolated area
- d. Medical or community disaster

## 3. Physiologic Factors

- a. Systolic Blood Pressure < 90 mmHG
- b. Respiratory Rate < 10 > 29
- c. Respiratory distress (drowning, fire)
- d. Pulse < 60 > 110
- e. Cardiac event with unstable vital signs
- f. Hypothermia / Hyperthermia
- g. Anaphylaxis
- h. High risk pregnancy/complications
- i. Glasgow Coma Scale (GCS) < 12

## 4. Anatomic Factors

- a. Gun Shot Wound (GSW) to head, neck, chest, abdomen, or groin
- b. Penetrating injury to above
- c. Severe burns >15% of Body Surface Area (BSA)
- d. Burns to face and neck
- e. Possible spinal cord injury
- f. Amputation
- g. Fracture of two or more long bones

# Section IV - When to Request Life Star

- 1. Request should be made as soon as possible
- 2. When the patient looks critical or the source of the injury is impressive
- 3. The aircraft can always turn around

Section V - Approval:

Fire Chief

Date of Approval: