

The Sharing Tree

Your source of information at the Glastonbury Senior Center.



**Stay Active* Learn New Skills *
Meet New People.**



Winter 2021/22



Dear Friends:

As the holiday season approaches we would like to wish you and your family continued good health and blessings. We hope that you will join us during this wonderful time of the year to enjoy the many festive and engaging activities that are planned.

Best Wishes,

The Senior & Social Services Staff



2021 South Glastonbury Holiday House Tour Saturday, December 4, 2021 12 pm – 4 pm



Back by popular demand the Holiday House Tour sponsored by the Historical Society of Glastonbury, will once again be an awesome and festive experience. Enjoy the beauty of these gems decorated for the season!

Reduced admission is \$30 if ticket is purchased at the Senior Center (Checks or Cash only)

12:00: First Shuttle Bus from RCC to House Tour Route: High, Tryon and Water streets.

Please sign up for shuttle service ahead of time. (Schedule will be provided that day)

Checks should be made payable to the *Glastonbury Historical Society*.

Snow date: December 5, 2021 12 pm - 4 pm.



A Meal of Thanksgiving

Tuesday, November 16, 2021

11:45 am Greeting/Invocation

12:00 pm Roast Turkey Dinner & Pumpkin pie

R: \$5.00 NR: \$6.00

(Must be purchased by Friday, November 12, 2021 at 1:00 pm).

Limited capacity and COVID Contingent



Jingle Bell Rock Holiday Luncheon

Tuesday, December 14, 2021

12:00 pm Lunch 12:30 Entertainer Jeff Wieselberg

R: \$5.00 NR: \$6.00

(Must be purchased by Friday, December 10, 2021 at 1:00 pm)

Tis the season for holiday magic. Enjoy a holiday meal of cranberry chicken breast, rice pilaf, green beans and confetti cake topped with a holiday kiss. Following lunch entertainer Jeff Wieselberg will carry us through time with holiday music magic! Special ugly sweater parade with prizes for most creative, funny and best in show.

Limited capacity and COVID Contingent



Holiday Fun Events



The past twenty months have been difficult for many.
In a few words please share with us
what you are "thankful" for.

We will post several responses on Facebook and in our
display case at the Community Center.

We could all use a bit of inspiration and a reminder of the value of gratitude.
Responses can be emailed to norma.carey@glastonbury-ct.gov or brought into the office.



Magic of Lights Thursday, December 2, 2021
Leave RCC: 5:00 pm Approximate Return to RCC: 6:30 pm
Cost: \$5.00 Resident \$7.00 Non-Resident
Holiday Light Drive thru at Rentschler Field



The immersive drive-through experience features a mile long
display of dazzling lights including themes from
12 Days of Christmas, Winter Wonderland, and
The Night Before Christmas. **REGISTER BY November 29, 2021**

HOLIDAY CRAFTS at the RCC

Limited capacity - Registration Required by December 1, 2021



Decorate Your Own Gingerbread Cookies
Monday, December 6, 2021 10:30 am Cost: \$5.00
Community Room A -



Join us to deck-out some Gingerbread cookies and reminisce about the holidays. How did you
celebrate and what was your favorite memory?



No-sew Scandinavian Star Ornament
Wednesday, December 8, 2021
9:30 am - 10:30 am - Cost: \$5.00 Arts & Craft Room



Come learn how to make an adorable Scandinavian Star Ornament that works well for Christmas or as
a snowflake decoration all winter long. It also works as a tree topper for a small Christmas tree.



Griswold Inn - Essex Monday, December 13, 2021
10:30 am Leave the RCC



Approximate Return to RCC: 4:00 pm
Transportation Fee: Resident: \$7.00 Non-Resident: \$9.00

Enjoy an afternoon of sophisticated cuisine this holiday season at one of the oldest continuously
operated inns in the country. The Griswold Inn will be decorated in all its charm for the holidays.
Following lunch enjoy shopping in the many quaint and festively adorned shops and boutiques, in the
classically beautiful and historic New England town of Essex.

Register in November - Residents: November 15 Non-Residents: November 22

Registration Required by December 10, 2021

RESTAURANT \$\$ Limited Capacity Social distancing and masks required on bus.



A Holiday Concert by Musical Moments - Community Room B
Tuesday, December 14, 2021

12:00 pm - 1:15 pm (A YouTube recording-2020 Holiday Concert)
Registration Required by December 10, 2021

Musical Moments is a charity organization rooted in the belief that music improves mental, emotional
and physical health. Providing music to senior centers and other various groups. Students perform
individually, singing, playing the piano, trumpet and violin. So sit back and enjoy while the youth
perform many holiday songs!

Monday Movies

1:00 pm Limited seating capacity - Registration required call 860-652-7638

November 8 "Get Low" (2010) *** Starring Robert Duvall & Sissy Spacek - A movie spun out of equal parts folk tale, fable and real-life legend about the mysterious, 1930s Tennessee hermit who famously threw his own rollicking funeral party... while he was still alive. Rated PG-13 Comedy/Drama/Mystery/1 hour 43 minutes.

November 15 "Calendar Girls" (2003) **** Starring Helen Mirren & Julie Walters
A Women's Institute chapter's fundraising plan to pose nude for a holiday calendar becomes a media sensation. Rated PG-13/Comedy/Drama. 1 hour 48 minutes.

November 22 "Secondhand Lions" (2003) **** Starring Michael Caine & Robert Duvall
A coming-of-age story about a shy, young boy sent by his irresponsible mother to spend the summer with his wealthy, eccentric uncles in Texas. Rated PG/Suspense/Comedy/Drama/1 hour 49 minutes.

November 29 "Letters to Juliet" (2012) **** Starring Vanessa Redgrave and Amanda Seyfried - An American girl on vacation in Italy finds an unanswered "letter to Juliet" — one of thousands left at the fictional lover's Verona courtyard, which are typically answered by all the "secretaries of Juliet" — and she goes on a quest to find the lovers referenced in the letter. Rated PG/Inspiring/1 hour 45 minutes.

December 6 "Singing in the Rain" (1952) **** Starring Gene Kelly, Donald O'Connor and Debbie Reynolds - A silent film star falls for a chorus girl just as he and his delusionally jealous screen partner are trying to make the difficult transition to talking pictures in 1920's Hollywood. Rated G/Comedy/Musical/1 hour 43 minutes

December 13 "One Special Night" (1999) ***** Starring James Garner and Julie Andrews - Two strangers who take refuge in a small cabin during a stormy winter night and, despite their differences, or perhaps because of them, they are undeniably drawn to one another in this holiday classic. Rated PG-13/Drama/1 hour 27 minutes.

December 20 "It Happened on 5th Avenue" (1947) **** Starring Don DeFore and Ann Harding - Christmas Eve and the spirit of giving play a central role in this classic holiday favorite. Rated PG/Comedy/Music/Romance/1 hour 54 minutes.

December 27 "I'll See You In My Dreams" (2015) ***** Starring Blythe Danner, Martin Starr and Sam Elliot - A widow and former songstress discovers that life can begin anew at any age. Rated PG-13/Comedy/Drama/Romance/1 hour 32 minutes.



Thursday Showcases



1:00 pm Limited seating capacity - Registration required call 860-652-7638

The Queens Gambit (Winner of 2 Golden Globe Awards and 11 Emmys) Limited Series

November 4 - December 2 (No programs Thursday, November 25)

7 episodes - Starring Anya Taylor-Joy, Thomas Brodie and Marcin Dorocinski - In a 1950's orphanage, a young girl reveals an astonishing talent for chess and begins an unlikely journey to stardom while grappling with addiction.

BROADWAY SHOWS

December 9 "A Christmas Carol Goes Wrong" (2017) ***** Blacklisted by the BBC, the Cornley Polytechnic Drama Society do not take their ban lying down and force themselves back on the BBC by hijacking a production of A Christmas Carol. NR/Comedy/49 minutes.

January 13 "Nunsense" (1995) **** Nunsense begins when the Little Sisters of Hoboken discover that their cook, Sister Julia, Child of God, has accidentally poisoned 52 of the sisters, and they are in dire need of funds for the burials. Featuring star turns, tap and ballet dancing, an audience quiz, and comic surprises, this show has become an international phenomenon. NR/2 hours

February 17 "NOAH" (2019) Travel with Noah as he fulfills God's command, even amidst seemingly impossible odds and the scrutiny of onlookers. Experience this extraordinary Bible story. NR/1 hour 48 minutes.

In-Person
Cultural * Travel * Informational Programs
Limited Capacity - Registration Required - Call 860-652-7638



All About the Connecticut Humane Society (CHS)

Community Room A

Wednesday, November 10, 2021 12:30 pm Register by November 8, 2021

Are you interested in learning how you can make a difference for pets in need? Take a closer look at the services that CHS provides during this interactive program. Learn about all the ways CHS serves pets and how you can get involved with pets in need.

Greater Hartford Transit - Encompass Thursday, November 18, 2021 Noon
Community Room A Register by November 12, 2021

A representative from Greater Hartford Transit District will be speaking about the Encompass program. The Encompass program allows persons ages 60 and older or persons with a disability the ability to use the M7 Taxi cab (the cab can be wheelchair accessible if needed) at a reduced rate. Passengers enrolled with this program can travel up to 8 miles for the cost of \$5. Each additional mile will cost an extra \$2 per mile. Passengers enrolled with Encompass have the option to also load their funds for the program online or over the phone by calling 203-934-2096 extension 1116 (Monday-Friday from 8am-5pm). For more information on this program or to sign up, please visit the website: <https://encompass.m7ride.com/>

File of Life Presentation with Lieutenant David Holmes with Glastonbury EMS

Wednesday, November 17, 2021 Noon

Community Room A Register by November 15, 2021

**FILE
OF LIFE**

The File of Life can be the difference between life and death in an emergency. It is designed to give vital information to first responders when you can not!

**FILE
OF LIFE**



Fire Safety with Deputy Chief Chris Siwy—Fire Marshal Noon

Tuesday, November 23, 2021 Community Room A

Register by November 19, 2021

Join us for this informative and interesting talk about fire safety around the holidays. The Deputy Chief will also show a video titled: *"Close before you Doze"*.

The Power of Drums—the oldest musical instrument Tuesday, December 7, 2021

12:30 pm—1:00 pm - Community Room A Register by December 3, 2021

Join us and experience the universal appeal and unifying power of the drum.

Presented by Jason Stankowski, Program Coordinator at Youth & Family Services.

Feel the rhythm!



USSR- Russia: Myths, Mysteries and Spying Tuesday, January, 11, 2022 10:00 am

Presented by Henry Quinlan

Cost: \$ 5.00

Community Room B Register by January 5, 2022

A one-hour presentation based on Mr. Quinlan's 30 years involvement with the former Soviet Union and Russia including living in Moscow for five years during the demise of the USSR and the rise of the new Russia. The presentation will entertain and educate the audience.

**Watercolor Series with Let's Make Art - with Norma
Watercolor Classes Virtually**

The hardest part of learning something new is knowing where to start, but they make it simple. They have created some amazing products and tutorials for just you, so you can focus on the good part: learning and making art! Kit includes everything needed to complete painting.

Tuesdays 9:30 am—11:30 am

**Cost: \$10.00 each Kit - Registration Required one week prior to classes.
(Participants will be emailed when kit is available for pick-up).**



Glastonbury Youth & Family Services presents - "Tuck Everlasting"
Friday/Saturday, November 5 & 6 at 3 pm
Sunday, November 7 at 2 pm.

Seating is general admission \$5.00 Tickets available now online at:
<https://www.showtix4u.com/event-details/57143>

The fall musical will be held on the grounds of Youth & Family Services,
321 Hubbard Street. Please bring your own lawn chairs to enjoy the show.



**Fridays Outdoor Walking Group Starting November 12, 2021
10:00 am (Weather dependent)**

Join your fellow walking enthusiasts once a week as we walk along the
Riverfront Park Trails and back. Meet up in the lobby of the RCC
Please register ahead of time by calling 860-652-7638

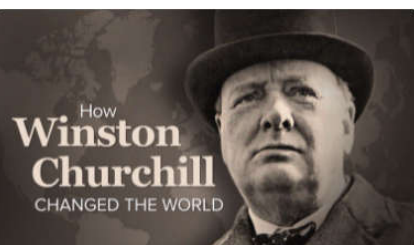
Calling all Senior Musicians.



**Do you love to play the flute, guitar, harp, saxophone, drums or any other
instrument?**

Join your fellow musicians once a month for a senior musicians jam session.
Listeners are always welcome to join the fun!

**First Tuesdays - December 7, 2021 and January 4, 2022 1:00 PM Community Room B
Please let us know what instrument you play when you register.**



**Virtual Zoom presentation-
Lifelong Learning - The Great Courses
"How Winston Churchill Changed the World"
with Professor Michael Shelden, PhD**

Friday Afternoons 12 pm January 14 - April 1, 2022

This course follows Winston Churchill's career from its beginnings in
the early 1900s to its peak in the 1940s and to his last time as prime
minister in the 1950s. Facilitated group discussion to follow.

Registration Required by January 12, 2022

Connecting Seniors to Technology Program

Glastonbury has seen an increased number of seniors who are significantly isolated due to their lack of access to/experience with technology. To help address this gap, the Town has launched a pilot technology program to loan user-friendly tablets to eligible seniors and provide training and ongoing technology support through reliable & screened volunteers. This initiative is designed to improve the ability of seniors to connect with family, friends and health care providers through technology.

Eligibility:

- Glastonbury Residents 60 + years of age or permanently disabled
- Annual Gross Income at or below 200% Federal Poverty Level
- Experiencing Social Isolation

For information or to see if you qualify for assistance please call 860-652-7646.



Technology Assistance

The Center offers individual instruction to help meet all your technology needs! Help with iPads, iPhones, Android phones and tablets, applications, Microsoft Office and more!



Beginning in January 2022

Mac, iPad, or Smart Phone Assistance Thursdays 1:30 pm - 3:00 pm

Facilitator: Ann Hayman To make an appointment please call: (860) 652-7638.

The Friendship Circle Memory Program

Tuesdays/Wednesdays

9:30 - 12:30 pm



The Friendship Circle Memory Program is a social engagement program designed for Glastonbury Seniors with early stage dementia. The program provides the opportunity to gain the many benefits derived by being active and socially engaged in a supportive group environment.

Activities are coordinated by a trained Program Coordinator and volunteers. The program offers a variety of engaging mental and physical activities including music, arts and crafts, exercise, puzzles, and plenty of opportunities to enjoy the company of others. A monthly fee is charged. Lunch and transportation are included. For more information contact 860-652-7646.

COVID PROTOCOLS FOR ALL PROGRAMS

Social distancing requirements will be in place and participants must wear a mask at all times when in the building and town vehicles. All participants should stay home when sick regardless of vaccination status. If you answer yes to any of the following questions on the day of service unfortunately you will not be able to participate on that day: In the last twenty-four hours have you exhibited any of the following symptoms that are not attributed to another known illness: Temperature of greater than 100.4° F, coughing, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle ache, headache, sore throat, new loss of taste or smell, or diarrhea? Have you come in contact with anyone who has, or is suspected to have had, the Covid-19 virus?



Healthy Foot Clinic



Tuesday November 16; Wednesday November 24; Thursday December 2; Tuesday December 7; and Tuesday December 21, 2021.

RCC 9:00 am – 3:00 pm Appointment Required – Call (860) 652-7638 to schedule an appointment. Cost: \$30.00 – check made payable to: Pedi-Care A Registered Nurse will trim & file toenails, smooth calluses and corns, massage with lotion and powder. **Walk-ins will not be accepted.** Payments must be made at the time of your visit.

Virtual Bereavement Support Groups



**Second and fourth Wednesdays, 1-2:30pm.
Facilitated by Bill Pilkington.**



To RSVP, email bill.pilkington@hhchealth.org.

**Call-in Bereavement Support Group Thursdays, 1-2:30pm.
Call 860-972-6338; code: 22528#.**

Sponsored by Hartford HealthCare at Home Hospice Program. For more information and to register, please email the facilitator. After you register, you'll receive an email with easy instructions on joining

**GLASTONBURY GIVES & CARES
CHORES PROGRAM**

This program is designed to help residents age in place in their own homes by matching screened community volunteers with seniors and disabled individuals in need of additional assistance in their homes and yards. ASSISTANCE CAN INCLUDE: **LIGHT HOUSEKEEPING, YARD WORK, TECHNOLOGY ASSISTANCE, OTHER MISCELLANEOUS CHORES, GENERAL ERRANDS**

ELIGIBILITY FOR SERVICES:

A beneficiary must be 60 years of age or living with a permanent disability and a resident of Glastonbury. Residents in need should contact the Chores line at (860)652-7645.

General inquiries can be made by calling (860)652-7638.

The Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging and with donations from community members.

Eye Openers Support Group

Come join us for interesting speakers and camaraderie at the Eye Opener's Support Group! This group is for individuals with low vision and meets once a month on Fridays. At this time, the meetings are being held via Zoom due to Covid, but we are hoping to resume the in-person meetings in the near future. The schedule for the remainder of the year is listed below. Meetings are from 10:00 to 11:00. Please contact Susan Parrotta, LCSW, with your email address either by calling 860-652-7636 or email susan.parrotta@glastonbury-ct.gov to get signed up! If you do not have an email account, you can still participate via telephone.

**NOVEMBER Friday November 19
DECEMBER Friday December 17**

The Glastonbury Senior Center serves lunch daily. Reservations required
Cost: \$3.00- Glastonbury residents \$5.00 non-residents
Payable upon entry (exact change required)



November 2021



MON	TUE	WED	THU	FRI
1 Shepherd's Pie	2 BBQ Chicken	3 Spaghetti w/meat sauce	4 Smothered Pork Chops	5 Cheeseburger w/ Lettuce on a bun
8 Chicken Ala King	9 Pork Stir-fry	10 Meatloaf	11 Veterans Day Closed	12 Breaded Fish on a bun
15 Spaghetti w/meat sauce	16 Thanksgiving Meal Oven Roasted Turkey	17 Pork Roast	18 Baked Chicken in a Mushroom sauce	19 Meatball Grinder
22 Salisbury steak	23 Spaghetti & Meatballs	24 Teriyaki Chicken	25 Thanksgiving Closed	26 Closed
29 Swedish Meatballs	30 Chicken Cacciatore			



December 2021

MON	TUE	WED	THU	FRI
		1 Spaghetti w/Meat Sauce	2 Minestrone Soup & Sandwich	3 Breaded Fish
6 Kielbasa & Sauerkraut	7 Shepherd's Pie	8 Swedish Meatballs	9 Baked Chicken Breast	10 All Beef Hot Dog
13 Pasta w/Meat Sauce	14 Jingle Bell Rock Cranberry Glazed Chicken Breast	15 Pork Stir-fry	16 Glazed Ham Mac & Cheese	17 Sausage & Peppers On a Roll
20 Grilled Cheese & Ham with Tomato Soup	21 Cheeseburger	22 Stuff Shells with Meat Sauce	23 Breakfast for lunch Scrambled Eggs Sausage & Hash browns	24 Closed Christmas Eve
27 Swedish Meatballs	28 Cube Steak	29 Chicken Pattie	30 Eggplant Parm w/Angel Hair Pasta	31 Closed New Year Eve

Take
Control



"It's Your Life...Live it Well"



Upcoming Active Living Workshops

Live Well with Chronic Conditions Toolkit

6 Weeks **November 15 - December 20, 2021 @ 11:00 am**
December 2 - January 6, 2022 @ 1:00 pm

Live Well with Diabetes Toolkit

6 Weeks **December 2, - January 6, 2022 @ 2:00 pm**

Feel
Better

Energize

These workshops are offered **telephonically**. The toolkit can be sent directly to participants at no cost and includes all learning materials necessary. Weekly meetings with a trained Live Well leader enhances the experience and can help to alleviate social isolation during the COVID epidemic.

Please note there is a limited supply of toolkits. Participants must be willing to share their name, address and phone number so the toolkit can be mailed directly to them and the leader can place the weekly call. **Telephonic:** Calls are approximately one hour in length and take place conference-call style to 4 -6 participants.

Participants will learn about a variety of tools to manage their conditions including:

**Healthy Eating – Exercise – Goal Setting
 Stress Management - Self Advocacy**

Live

Contact Carley Taft, Regional Coordinator for information & registration deadlines !

carley.taft@ncaaact.org 860-724-6443 Ext. 224

Enjoy



2020

Sponsored by the Department of Rehabilitation Services ~ State Unit on Aging and North Central Area Agency on Aging.



Dial-A-Ride Service

Glastonbury Dial-A-Ride program will resume its regular daily service 5 (five) days a week for medical, shopping and recreational rides. To schedule a ride please call 860-652-7643 by 11am the day before your requested date of service and follow the recorded message prompts.



Dial-A-Ride Hours

Weekdays: Monday - Friday 9:00 am - 3:30 pm

Reservations Call: (860) 652-7643 Cancellations Call: (860) 652-7638

New Transportation Program!!

Glastonbury is now eligible to participate in the Encompass \$5.00 Taxi Rides for Seniors and Passengers with Disabilities.

This services is made possible through a partnership with the Greater Hartford Transit District (GHTD)

How to Apply:

Please go to Encompass.M7Ride.com and click on Apply Now.

To find out more information: call 860.444.4444 today or visit them online at Encompass.M7Ride.com

FISH of Glastonbury (Friends in Service Here)

FISH provides rides to medical and social service appointments to the towns of Hartford, East Hartford, West Hartford, Wethersfield, Rocky Hill, Manchester, and the Medical Center area of Farmington.

FISH is in the process of recruiting new drivers to replace those lost during the pandemic. Until the full complement of drivers can be restored, there will be adjustments to the schedule. Service will be provided only three days a week (Tuesday, Wednesday and Thursday) and the number of clients served each day may need to be limited.

Clients must have received a full Covid-19 vaccination. Drivers will all be vaccinated. The number to call is 860-647-3911. Requests for rides must be made no later than noon on the day preceding the appointment. Clients may request rides with pickups no earlier than 8:00 am or later than 4:00 pm (with the exception of the Medical Center area in Farmington where appointments must be between 10:00 am and 2:00 pm)

Weekly Shopping

For residents who live north of Hebron Avenue (Zone A)

Mondays 10:00am-12:00pm, Stop & Shop (Glastonbury Blvd.)
1st & 3rd Tuesdays of the month: Shop Rite 10:00am-12:00pm

For residents who live south of Hebron Avenue (Zone B)

Thursdays 10:00am-12:00pm, Stop & Shop (Oak Street)
2nd & 4th Tuesdays of the month: Shop Rite 10:00am-12:00pm

Transportation Options

American Cancer Society's Road to Recovery Transportation Service

Phone: 1(800)227-2345. They can provide transportation for doctors' appointments and treatments. Patients must be ambulatory. Requests must be made 3 business days before the appointment.

A.D.A. Transportation, CT Transit This service provides door-to-door service for any purpose to persons unable to use regular CT Transit bus service, if the pick-up and destination is within their service area. (7 days a week with a charge of \$3.00 each way). For application and info, call:
(860) 724-5340

Focus On Veterans, Inc. offers transportation from locations in most Connecticut communities to VA hospitals and clinics in Connecticut, Rhode Island, and Massachusetts at no cost to clients. They have a seven (7) vehicle fleet and two vans that can handle most motorized wheelchairs or scooters.

REGISTER If you are in need of transportation, you must be a patient of the VA Medical System and registration with FOV. A DD214 is required, you may be asked to produce a copy of your DD214 or your VA card. To register with FOV, please call (860)317-1027 and provide all information required.

BOOK A RIDE If you need a ride for an appointment at a VA facility, please call (860)317-1027 and speak to our friendly Booking Technician who will gladly assist you. Bookings are subject to some limitations, so be sure to tell our booking clerk of any special needs or requirements. Some dates and hours are heavily booked, so be sure to call at least two (2) weeks ahead of your appointment.

Social Services News

Glastonbury Social Services and Senior Outreach Call 860-652-7634 if you want to:

SPEAK with a member of the Social Work staff

FIND out what programs you may qualify for

MAKE an APPOINTMENT for any financial assistance applications

Get REFERRALS to appropriate programs and services

Learn about and/or apply for MEDICARE

If you wish to see a particular worker you may still call them directly, otherwise, please call Social Services & Senior Outreach at 860-652-7634

Kathryn Carfi: 860-652-7644
Evelyn Lopez: 860-652-7652

Theresa Buckson: 860-652-7640
Susan Parrotta: 860-652-7636

ENERGY ASSISTANCE

Help with heating costs is available for qualified individuals through the CT Energy Assistance Program. Customers who heat with deliverable fuel, such as oil, wood or propane, or utility customers may be eligible. There are two ways to apply:

1. Call CRT for an appointment, 860-560-5800, Press Option 1 and follow prompts.
2. Call Glastonbury Social Services for an appointment, 860-652-7638. Most appointments will be telephone interviews with in-person appointments available on a case-by-case basis. The telephone interview process is an application completed over the phone and mailed to you for signature. It will need to be returned with documents to Glastonbury Social Services, which will forward the documents to CRT for processing.

Food Share – The Food Share truck will be at First Church of Christ, 2183 Main Street from 10 AM to 10:45 AM on Wednesday, November 3, November 17, December 1, December 15, December 29, January 12, January 26 and continuing every other Wednesday. If the Glastonbury Public Schools are closed due to inclement weather, there will be no Food Share

Carol's Closet – A paper pantry providing paper and personal products, Carol's Closet is held the third Saturday of the month: November 20, December 18 and January 15. Hours are from 10AM to 11:15 AM, St. James Church, 2584 Main Street.

Holiday Programs: Social Services is accepting financial contributions toward the purchase of grocery gift cards for the annual holiday programs, and the ongoing Food Bank distribution. Checks can be made out to Glastonbury Gives, with Food Bank written in the memo line, and mailed or delivered to the Community Center. Also, if you could benefit from receiving assistance, and are not currently registered for the Food Bank, please call Social Services, 860-652-7638.

Holiday Gift Program: This program will anonymously match donors and the wish lists of Glastonbury children ages infant to 18. Donors can shop for these items with a suggested value of \$50-\$75, and return them to the Riverfront Community Center for distribution. Financial donations and store gift cards will be used to fill unmatched wish lists. Donors may register at <http://www.glastonbury-ct.gov/donate> or call Theresa Buckson at 860-652-7640 for more information. Thank you for your support!

Medicare Annual Open Enrollment runs from October 15 - December 7

This is the time to review your Medicare coverage plans. Be sure to read all notices sent to you by your insurer as there may be changes in your plan that may affect your coverage and costs in 2022. During Open Enrollment you can: join or change a Part D Plan (prescription drugs); return to original Medicare from a Medicare Advantage Plan; or enroll in or change Medicare Advantage plans. For more information, you can call the plan directly, call Medicare (1-800-633-4227), go to www.medicare.gov or make an appointment with one of the CHOICES-trained counselors at the Riverfront Community Center (860-652-7638.) Counselors are available year round to assist with your Medicare questions.

Center Village and Knox Lane residents, can call Outreach Social Worker Theresa Buckson, 860-652-7640, for questions or assistance on these or other topics.



Mahjongg Lessons
Wednesdays, December 1-18, 2021
1:00 pm - 3:00 pm
Registration required by calling 860-652-7638

Participants will be required to purchase their own 2021 playing card by going online to <https://www.nationalmahonggleage.org> (suggest the large print playing card)

Mahjongg is a tile-based game of skill, strategy, and luck. Join others to learn how to play this fun addictive game!

**WEEKLY ACTIVITIES-Limited Capacity-
 Registration Required for all by calling 860-652-7638**

BILLIARDS - By Appointment only!	Mondays, Wednesdays & Fridays 9 am - 3 pm Maximum at any one time is 12 (4 at a table with no spectators) Limited Capacity, call (860)652-7638
BINGO	<i>Bingo is Back on Fridays,</i> 1 pm - 2 pm December 3 & 10; January 14 & 28
BOOK & AUTHOR DISCUSSION GROUP	Third Thursday of each month 11am - Noon November: "If Beale Street Could Talk" by James Baldwin; December: "The Overstory" by Richard Powers (December will be Noon—1 pm)
BRIDGE	Wednesdays 1 pm - 3 pm
CURRENT ISSUES	First and Third Fridays 10 am - 11:30 am (Virtual)
DUPLICATE BRIDGE	Mondays 1 pm - 3 pm
KNIT/CROCHET GROUP	Mondays 9:30 – 11:30 am
MAHJONGG	Wednesdays 1 pm – 3 pm
EVENING PICKLEBALL PLAY	Tuesday Evenings 4 pm - 8 pm
PINOCHLE	Tuesdays 1 pm – 3 pm
RUMMIKUB	Tuesdays 10 am - Noon
SETBACK	Thursdays 10:00 - Noon

**November 2021
Special Programs**

Mon	Tue	Wed	Thu	Fri
1	2 9:00 Foot Clinic	3	4 1:00 "The Queens Gambit" Series begins 1:00 BINGO	5 10:00 Current Issues
8 1:00 Movie "Get Low"	9 9:30 Watercolor "Giraffe"	10 Lunch & Learn 12:30 All About the CHS	11 CLOSED 	12
15 1:00 Movie "Calendar Girls"	16 9:00 Foot Clinic 11:45 Thanksgiving Luncheon	17 Lunch & Learn 12:00 "File of Life "	18 10:00 Book Discussion Lunch & Learn 12:00 Greater Hartford Transit "Encompass" 1:00 NO BINGO	19 10:00 Current Issues 10:00 Eye Openers
22 1:00 Movie "Secondhand Lions"	23 Lunch & Learn 12:00 "Fire Safety"	24 9:00 Foot Clinic	25 	
29 1:00 Movie "Letters to Juliet"	30			

**December 2021
Special Programs**

Mon	Tue	Wed	Thu	Fri
		1	2 9:00 Foot Clinic 5:00 Magic of Lights Trip	3 10:00 Current Issues 1:00 BINGO
6 10:30 Decorate Gingerbread Cookies 1:00 Movie: "Singing in the Rain"	7 9:00 Foot Clinic 9:30 Watercolor - Holiday Truck w/Tree Lunch & Learn 12:30 The Power of the Drums	8 9:30 Star Ornament	9 1:00 Broadway Show "A Christmas Carol Goes Wrong"	10 1:00 BINGO
13 10:30 Griswold Inn Trip 1:00 Movie: "One Special Night"	14 12:00 Jingle Bell Rock Luncheon	15 12:00 YouTube Holiday Concert	16 10:00 Book Discussion (Virtual this date)	17 10:00 Current Issues 10:00 Eye Openers
20 1:00 Movie: "It Happened On 5th Avenue"	21 9:00 Foot Clinic	22	23	24 Closed Christmas Eve.
27 1:00 Movie: "I'll See You In My Dreams"	28	29	30	31 Closed New Years Eve.

Town of Glastonbury
Senior Services Department
300 Welles Street
Glastonbury, Connecticut 06033

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Return Service Requested

**We are Finally coming back—
Glastonbury Center AARP Chapter 2010**

Our first Chapter meeting will take place Tuesday, December 21, 2021.
Meeting time is 12:30 pm—**NO FOOD WILL BE AVAILABLE**

Even if you did not pay 2020 dues, you are still a member. Please try to attend. We want to bring this continually active Chapter back to the community.

In accordance with state/CDC guidance, please observe the face covering protocols while in the RCC. Social distancing requirements will be in place and participants must wear a mask at all times when in the building and town vehicles.

Any questions, please feel free to call Diane @ 860-500-7976.