

COMMISSION ON AGING

October 4, 2021

Minutes

Present: Jennifer DiSette, Gayle Kataja, Denise Weeks, Philip Markuszka, Daren Hill.

Liaisons Present: Lisa Zerio, Director of Parks and Recreation
Patti White, Senior Services Program Supervisor
Thomas Phillips, Consultant

Meeting called to order at 5:33 p.m.

MINUTES:

Minutes of the meeting held on September 13, 2021 were accepted as written.

COMMUNICATIONS & ANNOUNCEMENTS:

Patti White informed the members that Councilwoman Deb Carroll had reached out to say that she was writing a letter to the Citizen in support of the COA's Age-Friendly Initiative.

DEPARTMENT REPORTS:

Lisa Zerio reported that there were 93 Food Bank requests processed during September and energy applications are currently being taken. The Homeowners Tax Program will start taking applications on February 1, 2022.

Lisa stated that the Health Department would be holding its annual Flu Vaccine Clinics at the RCC on the following dates: October 12th, 1-5 pm, October 19th, 3-7pm and October 26th 1-5pm, by appointment only. Information will be on the town website.

Lisa discussed the recent Health Fair stating that the feedback so far was that it was well organized and went well overall in spite of the weather and COVID. Lisa indicated that discussions would be held going forward on how to reach more participants at next year's event.

Patti reported that 100 seniors were attending exercise classes weekly and 75+ were participating in card games on a weekly basis. Patti also stated that plans were underway to hold holiday luncheons for both Thanksgiving and the Christmas season. A Halloween party is scheduled on the patio for October 28th.

OLD BUSINESS:

Age-Friendly Community Initiative:

AFC Action Plan

Jennifer DiSette informed the members that the presentation to the Town Council on the Age-Friendly Action Plan went very well, with a vote to approve the plan as well as several councilors providing very positive feedback.

Tom and Patti provided an overall update on the remaining items left to do to finalize the Age-Friendly Action Plan which includes acknowledgements, letters of support and some final work on the appendices.

Denise Weeks asked when the process for developing a detailed implementation plan would begin beyond just the targeted years for completion of the action steps currently in the plan.

Jennifer suggested and the members agreed, that they begin reviewing some of the action steps proposed in the Plan and assessing detailed ways to move them forward.

Logo Status

Patti and Lisa reported that the logo design was near completion with some minor proposed changes to the templates provided to the design company. The goal is to have the toddler in the logo standing and holding the two adult's hands. The circle around the seal will be solid and bolder.

Health Fair

Members discussed their role at the health fair and brainstormed some possible ideas for next year.

New Business:

The group reviewed the next scheduled meeting dates which are:

November 1, 2021, December 6, 2021 and January 3, 2022.

ADJOURNMENT

The meeting adjourned at 6:22 p.m.

Respectfully Submitted,
Patti White, Acting Secretary

