

The Sharing Tree



Your source of information at the Glastonbury Senior Center.

**Stay Active* Learn New Skills *
Meet New People.**



Summer/Fall 2021



**Summertime is Here
Come and Join the Fun!**

**We are now open with some limitations on programming.
Here's what you need to know:**

**Lunch Program: Serving daily from 11:45-12:30.
Call for reservation and menu options.**

**Dial-A-Ride: Operating 5 days a week. (See page 8)
Limited Trips.**

Card Games to Resume: See page 2



All programs are subject to CDC, state and local health department guidance in place at the time when the program runs. All social distancing guidelines and mask protocols must be followed. All participants will be required to attest to their wellness prior to each senior services sponsored program/activity.



The Cards are Back!
Starting in August— Limited capacity.
Registration is required , call now to reserve your spot!



Duplicate Bridge	Mondays	1 pm - 3 pm	Community Room B
Rummikub	Tuesdays	10 am - 12 pm	Community Room B
Pinochle	Tuesdays	1:00 pm - 3:00 pm	Activity Room A
Mahjonn	Wednesdays	1:00 pm - 3:00 pm	Community Room B
Bridge	Wednesdays	1:00 pm - 3:00 pm	Activity Room A



Knitting/Crochet Group Mondays 9:30 am - 11:30 am
 Lessons available for beginners or if you need assistance finishing a project; materials provided to make donated items.



Book Discussion Group 3rd Thursdays of the month 11:00 am - Noon
 Gather with people who enjoy reading to challenge and stimulate their minds.
September: "A Woman of No Importance" by Sonia Purnell.
October: "American Dirt" by Jeanine Cummins
November: "If Beale Street Could Talk" by James Baldwin
December: "The Overstory" by Richard Powers



Current Issues 1st and 3rd Fridays of each month 10:00 am—11:30 am
 Discussions range from world-wide to national to local issues.
 Topic chosen at prior meeting

Bingo - Fridays, July 16 & 30; August 27; September 10 & 24, 2021
Thursday, August 12 1:00 pm



Limited capacity at the center. Paper Bingo cards will be used instead of our regular bingo cards. Dabbers will be available or you can bring your own. You are not allowed to borrow other people's dabbers.



MONDAY MORNING INDOOR WALKING 12:00 PM - 12:45 PM



Billiards - by appointment only!
Mondays, Wednesdays, Fridays 9 am - 3 pm
Call (860)652-7638





BROADWAY SHOWS



Join us for these great shows at the Senior Center
Limited capacity indoors.

Please Note New Dates



Friday, July 30 2021 1:00 pm

Charlie is a factory owner struggling to save his family business. Lola is a fabulous entertainer with a wildly exciting idea. With a little compassion and a lot of understanding, this unexpected pair learns to embrace their differences and create a line of sturdy stilettos unlike any the world has ever seen. 2 hours



Friday, August 13, 2021 1:00 pm

Jim leaves the bright lights of show business behind to settle down on his farmhouse in Connecticut... but life just isn't the same without a bit of song and dance. 2 hours



Friday, September 24, 2021 1:00 pm

One of the longest-running hits in the history of Broadway and the West End, Andrew Lloyd Webber's Cats has been specially restaged for this video presentation, which captures all the music and movement of the original stage production with an uncommon intimacy and depth. 2 hours.

MONDAY AT THE MOVIES!

**Limited seating capacity
 Registration required call 860-652-7638**

July 12 - 1 pm - "Nomadland" (2021) **** Starring Frances McDormand, Gay DeForest and Patricia Grier - Following the economic collapse of a town in rural Nevada, Fern packs her van and explores an unconventional life in the vast landscape of the American West. Along the way, she forms unbreakable bonds with other nomads in this powerfully moving story of hope and resilience. Rated R/ Drama/1 hour 47 minutes.

July 26 - 1 pm "Senior Moment" (2021) **** Starring William Shatner, Christopher Lloyd and Jean Smart - After drag racing his vintage convertible around Palm Springs, a retired NASA test pilot loses his license. Forced to take public transportation, he meets Caroline and learns to navigate love and life again. Rated PG-13/ Comedy/1 hour 32 minutes.

August 9 - 1 pm "The Peanut Butter Falcon" (2019) ***** Starring Shia LaBeouf, Bruce Dern and Dakota Johnson - "A modern-day Mark Twain fable that will melt your heart" Rated PG-13/ Adventure/Action/1 hour 36 minutes.

August 23 - 1 pm "33 Postcards" (2013) **** Starring Guy Pearce, Zhu Lin and Claudia Karvan - Dean has sponsored a Chinese orphan for many years, speaking only through postcards, but when they finally meet in Sydney, she is shocked to learn the truth about him. Rated/ PG-13/Drama/1 hour 36 minutes.



Pizza on the Patio Thursdays, July 15 & 29; August 12 & 26;
September 9 & 23, 2021

Two Seating's: 12:00 pm / 1:00 pm **Cost: \$5.00**

Who doesn't love pizza!!! \$5.00 per person. Will be served with beverage and chips. Location: Socially distanced on the patio in the rear of the building. (weather permitting). Register ahead of time and pay the day of. Please have exact amount as no change will be given. **Limited seating capacity.**



The Beat Goes on with T-Bone Tuesday, July 20, 2021

1 pm – 2 pm **Cost: \$3.00** **Limited Capacity**

Register in MYREC or by calling 860-652-7638

Get ready to enjoy some great music by Tom Stankus as well as some zany stories and jokes! Hope you can join us.



"Dino's Back" A Tribute to Dean Martin Performed by Jack Lynn

Tuesday Evening, August 24, 2021 at the RCC **Cost: \$5.00**

6:30 pm - 7:30 pm **Limited Capacity**

Enjoy an evening with Jack! His "Dino" style and sound will take you back to the "Swingin' Rat Pack Years" of the late 40's, 50's and 60's, as he sings all the great tunes made famous by Dean Martin.



Ice Cream Drive Thru Soiree w/Blue Chip Creamery

Friday, August 20, 2021 1:00 pm – 2:00 pm **Cost: \$3.00**

Exact change required please!

Join us for a fun ice cream drive-thru social. What is better than a sunny day? Ice cream is...!

Choices pick one (these are 8 oz cups)

A) Strawberry Lemonade Sorbet (Dairy free)

B) Vanilla Bean C) Black Raspberry or

D) CT River Fudge

To register call 860-652-7638 by August 13, 2021.



Restaurant Outings in Wethersfield

Limited Capacity
Social distancing required on bus.

Lucky Lou's - Wednesday, July 14, 2021

Leave RCC at 11:45 am Approximate Return 2:30 pm

Lucky Lou's incorporates ingredients native to the area into delicious farm-to-table offerings. A truly special place, in a very quaint town!

River: A Waterfront Restaurant & Bar - Wednesday, August 18, 2021

Leave RCC at 11:15 am Approximate Return 2:00 pm

River is the ultimate dining experience, an unrivaled setting with spectacular views of the river, coupled with the highest quality steaks, seafood and Italian/Mediterranean-inspired cuisine.



Seafood Restaurant Outings

Limited Capacity
Social distancing required on bus.



Lenny & Joe's of Westbrook - Tuesday, July 20, 2021 or August 17, 2021

11:00 am Leave RCC Approximate return 3:00 pm

\$7.00 transportation fee. -

Serving only the freshest, highest quality seafood. No compromise. So many different menu options: broiled, baked, fried, sautéed, charbroiled and steamed seafood salads.

Jimmie's of Savin Rock Thursday, July 29, 2021 or August 26, 2021

11:00am Leave RCC Approximate Return 3:00 pm

Cost: \$7.00 transportation fee.

Offering only the freshest quality made to order classic New England Seafood and American specialties, ranging from Maine Lobster, Alaskan King Crab, Fried seafood, broiled seafood, as well as hand cut steaks and more! Experience their breath taking beach front view from their outdoor bar and patios.



Holiday Hill Outing
Monday, August 23, 2021
8:00 am Leave RCC 5:00 pm Approximate Return to RCC

Registration required by August 2, 2021

Cost: \$ 46.00 all inclusive (includes transportation fee)

From 9 am—4 pm

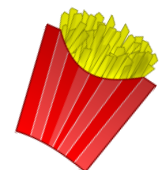
Enjoy food all day long with unlimited beverages.

Play Bingo, Bocce, or Horseshoes

Swim in heated pools

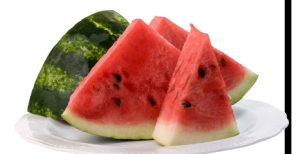
Dancing and fun with their DJ

and Raffle Prices!



Masks are required and Social Distancing at all times.

This event is non-refundable after August 2, 2021.



Virtual Cultural and Travel Programs



Lifelong Learning: The Great Tours: Ireland and Northern Ireland

Friday Afternoons 12:00 pm July 9 – September 24, 2021

Presented by Professor Marc C. Conner, Ph.D.

Ireland is one of the most enchanting places in the world to visit. Split between the independent Republic of Ireland and the British Northern Ireland, the Emerald Isle is home to breathtaking natural scenery; world-renowned artistic and cultural achievements; and a mysterious, passionate—and sometimes turbulent—history. From the spectacular vistas of the Cliffs of Moher to the hallowed stage of the Abbey Theatre, a tour of this magical island rewards even armchair travelers with a unique array of historical, cultural, and scenic delights.



Lifelong Learning: Discovering Your Roots:

An Introduction to Genealogy

Friday Afternoons 12 pm October 8 - December 3, 2021

Presented by Professor John Philip Colletta, Ph.D.

Genealogy is an enjoyable avocation, but it's much more than that. It's a journey of self-discovery. The more you learn about who your ancestors were, the more you learn about who you are. Few activities are as personally rewarding and exciting.

Help UCONN Students!

Conduct research & develop a new medical device



Friday, July 16th

Stop by our table for 10 minutes to participate in two digital foot/ankle scans

Every participant has a choice between a Dunkin Donuts or Walmart \$10 gift card (while they last)!



The Friendship Circle Memory Program

Tuesdays/Wednesdays

9:30 - 12:30 pm

The Friendship Circle Memory Program is a social engagement program designed for Glastonbury Seniors with early stage dementia. The program provides the opportunity to gain the many benefits derived by being active and socially engaged in a supportive group environment.

Activities are coordinated by a trained Program Coordinator and volunteers. The program offers a variety of engaging mental and physical activities including music, arts and crafts, exercise, puzzles, and plenty of opportunities to enjoy the company of others. A monthly fee is charged. Lunch and transportation are included. For more information contact 860-652-7646.

Eye Openers Support Group meeting via Zoom on the 4th Friday of the month from 10:00 to 11:30. Join us in September for Eye Opener's Support Group at the Riverfront Community Center! Refreshments will be served. Speaker to be announced.



Healthy Foot Clinic Starting Back Up!!



**Thursday, July 29; Tuesdays, August 17; and September 21, 2021 RCC
9:00 am – 3:00 pm Appointment Required – Call (860) 652-7638 to schedule an appointment. Cost: \$29.00 – check made payable to: Pedi-Care (Please note that as of September 1, 2021 the cost will be \$30.00)**

A Registered Nurse will trim & file toenails, smooth calluses and corns, massage with lotion and powder. ***Walk-ins will not be accepted.*** Payments must be made at the time of your visit.

We are coming back— Glastonbury Center AARP Chapter 2010

Our first Chapter meeting will take place September 14, 2021.
(Notice the date, this meeting will be the second Tuesday, and thereafter will be the third Tuesday as usual. Meeting time is 12:30 pm—**NO FOOD WILL BE AVAILABLE**)

Even if you did not pay 2020 dues, you are still a member. Please try to attend. We want to bring this continually active Chapter back to the community.

In accordance with state/CDC guidance, please observe the face covering protocols while in the RCC.

UN-VACCINATED: Face mask required

FULLY VACCINATED: NO face covering required*

*individuals are considered fully vaccinated 14 days after receiving their final vaccination shot.

Any questions, please feel free to call Barbara @ 860-633-1322.



GLASTONBURY GIVES & CARES CHORES PROGRAM



This program is designed to help residents age in place in their own homes by matching screened community volunteers with seniors and disabled individuals in need of additional assistance in their homes and yards.

ASSISTANCE CAN INCLUDE:

**LIGHT HOUSEKEEPING
YARD WORK
OTHER MISCELLANEOUS CHORES**

**SNOW REMOVAL
TECHNOLOGY ASSISTANCE
GENERAL ERRANDS**

ELIGIBILITY FOR SERVICES:

A beneficiary must be 60 years of age or living with a permanent disability and a resident of Glastonbury. Residents in need should contact the Chores Program Coordinator, Matt Snyder at (860)652-7645 or email: matthew.snyder@glastonbury-ct.gov

General inquiries can be made by calling the main line at the Glastonbury Senior Center (860)652-7638

The Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging and with donations from community members.

AARP Connecticut Smart Driver™ Course

Virtual (Zoom) Course 2021 Schedule

Wednesdays

**July 21, 2021 - 9:30 am - 1:45 pm (includes 15 minute break)
Registration Deadline: July 7th**

**August 25, 2021 - 12:30 pm - 4:45 pm (includes 15 minute break)
Registration Deadline: August 11th**

**September 29, 2021 - 12:30 pm - 4:45 pm (includes 15 minute break)
Registration Deadline: September 15th**

This is a virtual (Zoom) pilot class. Registration:

Send your name, mailing address, phone number and AARP membership # (if applicable) via email to bbleveille@gmail.com. Payment information will be provided to participants prior to the class.

Workbooks will be mailed to participants. Class will be limited to 20 participants.

Cost: \$20 AARP Members \$25 non-members. Checks must be made out to AARP.



**It Happened in Quarantine Short Story Contest
Winners
Congratulations and a big Thank-You to our
winners!!**



**First Place:
Ellen Abrams**

**Honorable Mention:
Roger Burr
Debra Wynn**

“It Happened in Quarantine”

February 4th, 2021 was our 60th wedding anniversary. It was a beautiful day and our daughter's celebratory plans for a big party of family and friends had fallen through because of COVID. Marty and I received Ecards that were wonderful. We read them with such joy but otherwise we were alone. The night before we had reminisced of those early days in Coney Island, how I had picked him up on the beach when I was just 15yrs old by walking passed his lifeguard chair to catch his attention. I had bought a leopard skin bikini for just this purpose. I caught his eye and those ensuing summer days were great. My mother made him the best lunches and I took them to his lifeguard chair and waited for his break so we could have lunch together. We watched the boats go by and talked about how some day he would have his own sailboat to cruise the beautiful waters...the wish of a 17yr. old boy. At night, we walked the boardwalk in Coney Island, sat on a bench and looked out at the ocean, shared knishes and hot dogs at Nathan's, rode the parachute and visited Steeplechase for the best rides. It was wonderful!

We married 4 yrs. later on February 4th, 1961 but because of a blizzard in Brooklyn, Mayor Wagner had cancelled all activities and our wedding was called off. My grandmother, who lived in an upstairs apartment, said it would be unlucky to cancel the wedding and so it was held in my parent's three-room apartment in the building in Coney Island where we lived. Everyone on the 4th floor opened up their apartments for all who braved that snowstorm in their boots and snow pants. A bed sheet served as the chuppah or altar and was held up with broomsticks. My father found a rabbi that morning whose religion prevented him from marrying us with an "engraved" ring and so we used a cigar band instead. My mother-in-law played a 78-speed record of "Because" sung by Mario Lanza on our phonograph player. It was a wedding that we and all who attended, would never forget!

Now it was our special 60th anniversary day. What could we do in these challenging times to make it a day to remember? We decided to don our masks, keep our distance, stay pretty much to ourselves and hope for the best as we took the ferry to Fisher's Island. We spent our special day alone but we looked out onto the water, walked the beaches and quiet streets, had sandwiches from home like the ones my mother used to make, and brought back souvenirs of sea glass and drift wood. We saw no one except for one another and it was a day we will always remember. We had spent all of our past vacations on a sailboat just as Marty had wished for so long ago as he sat on the Coney Island beach looking out over the water. Two daughters and five grandchildren later, we all have fond memories of the days we spent sailing together. We remembered our cruises along the Eastern seaboard, to Maine and Nova Scotia.

In the midst of this pandemic, now 60 years after that wedding in my three-room apartment, we returned to the sea in the best way we knew how. Under the circumstances, Fishers Island was such a good choice and Marty and I spent a day to remember, renewing our memories and renewing our love for one another.

Special Thanks to our judges: Lisa Rouleau and Monica Gardner



Dial-A-Ride Service

Glastonbury Dial-A-Ride program will resume its regular daily service 5 days a week for medical, shopping and recreational rides. To schedule a ride please call 860-652-7643 by 11am the day before your requested date of service and follow the recorded message prompts.



Dial-A-Ride Hours

Weekdays: Monday - Friday 9:00 am - 3:30 pm

Reservations Call: (860) 652-7643 Cancellations Call: (860) 652-7638

COVID Protocols

Social distancing requirement will be in place and all riders must wear a mask at all times when boarding and exiting, and riding on the bus. All riders should stay home when sick regardless of vaccination status.

On the day of your scheduled ride if you answer yes to any of the following questions please reschedule your ride for the safety of all concerned.

In the last twenty-four hours have you exhibited any of the following symptoms that are not attributed to another known illness: Temperature of greater than 100.4° F, coughing, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle ache, headache, sore throat, new loss of taste or smell, or diarrhea? Have you come in contact with anyone who has, or is suspected to have had, the Covid-19 virus?

Weekly Shopping

For residents who live north of Hebron Avenue (Zone A)

Mondays Stop & Shop (Glastonbury Blvd.)
1st & 3rd Tuesdays of the month: Shop Rite

For residents who live south of Hebron Avenue (Zone B)

Thursdays Stop & Shop (Oak Street)
2nd & 4th Tuesdays of the month: Shop Rite

Transportation Options

American Cancer Society's Road to Recovery Transportation Service

Phone: 1(800)227-2345. They can provide transportation for doctors' appointments and treatments. Patients must be ambulatory. Requests must be made 3 business days before the appointment.

A.D.A. Transportation, CT Transit This service provides door-to-door service for any purpose to persons unable to use regular CT Transit bus service, if the pick-up and destination is within their service area. (7 days a week with a charge of \$3.00 each way). For application and info, call: **(860) 724-5340**

Focus On Veterans, Inc. offers transportation from locations in most Connecticut communities to VA hospitals and clinics in Connecticut, Rhode Island, and Massachusetts at no cost to our clients. We have a seven (7) vehicle fleet and two vans that can handle most motorized wheelchairs or scooters.

REGISTER If you are in need of transportation, you must be a patient of the VA Medical System and registered with FOV. A DD214 is required and you may be asked to produce a copy of your DD214 or your VA card. To register with FOV, please call (860)317-1027 and provide all information required.

BOOK A RIDE If you need a ride for an appointment at a VA facility, please call (860)317-1027 and speak to our friendly Booking

Technician who will gladly assist you. Bookings are subject to some limitations, so be sure to tell our booking clerk of any special needs or requirements. Some dates and hours are heavily booked, so be sure to call at least two (2) weeks ahead of your appointment.

Social Services News

Glastonbury Social Services and Senior Outreach Call 860-652-7634 if you want to:
SPEAK with a member of the Social Work staff
FIND out what programs you may qualify for
MAKE an APPOINTMENT for any financial assistance applications
Get REFERRALS to appropriate programs and services
Learn about and/or apply for MEDICARE

If you wish to see a particular worker you may still call them directly, otherwise, please call Social Services & Senior Outreach at 860-652-7634

Kathryn Carfi: 860-652-7644
Evelyn Lopez: 860-652-7652

Theresa Buckson: 860-652-7640
Susan Parrotta: 860-652-7636

Renters Rebate

Renters Rebate application will be accepted through October 1. Glastonbury residents age 65 or older by 12/31/2020 or those receiving Social Security Disability are eligible if their 2020 income was \$37,600 or less for an individual or \$45,800 or less for a married couple. There is no asset limit for this program.

The following documentation is required:

- 1) Income for 2020 – SSA 1099 required; income tax, if filed, or all 1099s if not
- 2) Rent paid for each month of 2020
- 3) Utilities paid for each month of 2020
- 4) Proof of disability if not on Medicare and below age 65

Applications will be available in Glastonbury Housing Authority sites and Naubuc Green, or by calling Social Services at 860-652-7638.

Additional Veteran's Exemption

Applications for Additional Veteran's Exemption from property tax are being taken through Friday, October 1, 2021. Income limits, based on 2020 income, are \$37,600 for an individual and \$45,800 for a married couple.

Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your federal income tax return, if filing, and/or copies of all your interest and income statements and also the Social Security end-of-year statement (SSA-1099).

For more information or an appointment, please contact the Assessor's Office at 860-652-7600.

Foodshare

The Foodshare truck will be at First Church of Christ, 2183 Main Street, Glastonbury from 10:00 to 10:45 on Wednesdays July 14 & 28, August 11 & 25, Sept. 8 & 22 Mobile Foodshare is an outdoor food distribution for persons of low income. The food choices vary from week to week but usually include bread and several types of fresh produce. Other items may also be offered depending on availability. Please remember to bring a bag or box with you to carry your food.

Carol's Closet

A paper pantry providing paper and personal products, Carol's Closet is open to Glastonbury residents the third Saturday of each month, which will be July 17, August 21 & September 18 from 10 AM to 11:15 at St. James Church, 2584 Main Street.

Medicare

For information on Medicare, you can visit www.medicare.gov, call Medicare at 1-800-633-4227 or make an appointment with one of the CHOICES trained counselors at the Riverfront Community Center by calling 860-652-7638.



Back-to-School Program



This year, Glastonbury Social Services is partnering with Parks and Rec, the libraries and Youth and Family to launch a family-friendly annual event for eligible students. We are currently seeking donations of new backpacks, Staples gift cards, or monetary donations for school supplies. Donations can be made online at www.glastonburyct.gov/glastonburygives. Backpack and gift card donations can be dropped off at the Riverfront Community Center from July 1st through July 30th. Glastonbury Social Services is also launching a new program for eligible Glastonbury families and is seeking donations of new, family-friendly board games. Games can be dropped off at the Riverfront Community Center from July 1st - July 30th.

How to Register for Senior Center Programs and Activities:

Registration for programs can be made in the following ways:

1. Register in the online MyRec system at: <https://glastonburyct.myrec.com/>
 2. Register by phone (860) 652-7638 or mail to 300 Welles Street, Glastonbury, CT 06033
 3. Register in person at 300 Welles Street (subject to COVID restrictions)
- See below on how to create an account and set up the members of your household. If you have any questions or need assistance please call us at 860-652-7638 email us at senior.services@glastonbury-ct.gov



How to Create Your Account

Creating an account is a one-time event that allows you to utilize this system. It is not a registration by itself.

On your computer go to the following website:

<https://glastonburyct.myrec.com/>

- Click on Choose an "Account Type"
- Enter the Primary Account Member
- Enter the Primary Account Member Contact Information
- Choose if you want to Receive Emails for:
 - General Notices (program promotion, special event information)
 - Cancellations
- Create a User Name and Password (Password must have 8+ characters, an uppercase & lowercase letter, a number, & a symbol; Accepted symbols: ~!@#\\$% \^&* <>?)
- After your account is created click on the register tab and follow the prompts to register for senior programs.

Glastonbury Senior Services Fall Sessions 2021 Class Schedule
Register online at MYREC or Call (860)652-7638
Class registration begins on August 2, 2021 for Residents
August 9 for Non-Residents

SENIOR FITNESS PROGRAMS

Class	Description	Meets	Dates	# of Classes	Fee R	Fee NR
Stretcherize with Chair Yoga	An easy way to get the health benefits of yoga. Learn how to stretch muscles, reduce anxiety Build strength and balance.	Tuesdays 11:30 - 12:15 pm	Sept. - 7 Dec. 14	14	\$70.00	\$77
Powerful Aging	Increase your strength, endurance, flexibility and balance in the low impact total body workout.	Wednesday 11:00 am—Noon	Sept 8 — Dec.15	5	\$75.00	\$83
Intro to Tai Chi	Learn the basics of this life altering discipline.	Mondays 3:30 pm – 4:15 pm	Sept 13 - Dec13	13	\$65.00	\$72
INTERMEDIATE LINE DANCING	Prior dancing experience required. Explore the many facets and experience the impact of this form of choreographed dance.	Thursdays 10:30am - 11:30 am	Sept 16 - Dec. 9	11	\$55.00	\$61
Tai Chi	Excellent form of mind & body fitness for all ages and fitness levels; promotes good health.	Thursdays 6:00-7:00 pm	Sept. 9 - Dec 16	13	\$65.00	\$72

LIFELONG LEARNING PROGRAMMING

Italian I & II Textbooks required Call for info 860-652-7638	Expand your knowledge of this beloved Romance language and share the joy! (Prior knowledge of the language is required)	Thursday 9:00 am 10:00 am	October 14 - December 9	7	\$5	\$7
The Great Course "National Geographic Polar Explorations"	What is it about the Arctic & Antarctic regions-two wild icescapes at the ends of the Earth-that is so irresistible?	Tuesday Evenings 6 pm - 7:30	Virtual June 8 - August 17	12	No Fee	
The Great Tours: "Ireland & Northern Ireland"	Ireland is one of the most enchanting places in the world to visit.	Fridays Noon - 1:30 pm	Virtual July 9 - September 24	12	No Fee	
"Discovering Your Roots: An Introduction to Genealogy"	Genealogy is an enjoyable avocation, but it's much more than that. It's a journey of self-discovery. The more you learn about who your ancestors were, the more you learn about who you are.	Fridays Noon - 1:30 pm	Virtual October 8 - December 3	8	No Fee	

**Town of Glastonbury
Senior Services Department
300 Welles Street
Glastonbury, Connecticut 06033**

**PRSR - STD
U.S. POSTAGE
PAID
Hartford, CT
PERMIT # 300**

Return Service Requested

**Glastonbury Senior & Social Services Staff
Monday—Friday, 8:00 AM to 4:30 PM
(860)652-7638**

Lisa Zerio, Director, Parks & Recreation:	(860)652-7687 lisa.zerio@glastonbury-ct.gov
Patti White, Senior Center Supervisor:	(860)652-7646 patti.white@glastonbury-ct.gov
Norma Carey, Program Coordinator:	(860)652-7655 norma.carey@glastonbury-ct.gov
Nicole Mercer, Department Secretary:	(860)652-7641 nicole.mercer@glastonbury-ct.gov
Diana Patterson, Customer Service Rep:	(860)652-7638 diana.patterson@glastonbury-ct.gov
Barbara Evans, Customer Service Rep:	(860)652-7638 barbara.evans@glastonbury-ct.gov
Lisa McKeon, Volunteer Coordinator:	(860)652-7605 lisa.mckeon@glastonbury-ct.gov
Steve Mekkelson, Program Coordinator:	(860)652-7650 stephen.mekkelson@glastonbury-ct.gov
Kathryn Carfi, Outreach Social Work Coordinator:	(860)652-7644 kathryn.carfi@glastonbury-ct.gov
Theresa Buckson, Outreach Social Worker:	(860)652-7640 theresa.buckson@glastonbury-ct.gov
Evelyn Lopez, Outreach Social Worker:	(860)652-7652 evelyn.lopez@glastonbury-ct.gov
Susan Parrotta, Outreach Social Worker:	(860)-652-7636 susan.parrotta@glastonbury-ct.gov