

December 2020 Virtual Senior Activities and one Drive-thru event

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 1:00 Low Impact Cardio	3 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	4 10:00 Current Issues 12:00 Lifelong Learning
7 1:00 Wheel of Fortune 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:30 Tai Ji Quan A Better Balance	8 9:30 Watercolor Class Zoom 10:00 "In the Kitchen w/Chef Nicole	9 1:00 Low Impact Cardio	10 9:00 Italian Class I 10:00 Italian Class II 1:00 Snowflake Holiday Celebration Drive-Thru 5:00 Evening Movie 6:00 Tai Chi	11 12:00 Lifelong Learning 2:00 Where in the World?
14 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:30 Tai Ji Quan A Better Balance	15	16 1:00 Low Impact Cardio	17 9:00 Italian Class I 10:00 Italian Class II 11:00 Book Discussion 5:00 Evening Movie 6:00 Tai Chi	18 10:00 Current Issues 12:00 Lifelong Learning 1 pm It's a Wonderful Life Multiple Senior Ctrs.
21 1:00 Wheel of Fortune 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:30 Tai Ji Quan A Better Balance	22	23 12:00 Holiday Musical Celebration w/Jeff Wieselberg 1:00 Low Impact Cardio	24 1/2 Day Christmas Eve.	25 CLOSED Christmas
28 1:00 Wheel of Fortune 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:30 Tai Ji Quan A Better Balance	29	30 1:00 Low Impact Cardio	31 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	

January 2021 Virtual Senior Activities

Monday	Tuesday	Wednesday	Thursday	Friday
COLORS INDICATE - New Start Date for Classes Special Event Health Seminars				1 CLOSED New Year Day
4 1:00 Cooking with Lindsay 1:00 Stretcherize 1:00 Wheel of Fortune 1:00 Tai Ji Quan B Better Balance 2:30 Tai Ji Quan A Better Balance	5 12:30 New Year Celebration 2021 - w/The Elderly Bros.	6 1:00 Low Impact Cardio	7 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi Zoom	8 12:00 Lifelong Learning
11 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:00 Sudoku Play 2:30 Tai Ji Quan A Better Balance	12 9:30 Watercolor Class 1:00 Let's Discuss Medication Mgmt	13 1:00 Low Impact Cardio 2:00 What's in Your Wallet	14 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	15 10:00 Current Issues 12:00 Lifelong Learning 2:30 Stories from the Attic: Military Memories
18 CLOSED Martin Luther King Day	19 9:30 Acrylic Beginners Series 10:00 Oral Health w/Goodwin	20 10:00 Cooking w/ Nicole 1:00 Low Impact Cardio 2:30 Name That Tune w/ Sing a Long	21 9:00 Italian Class I 10:00 Italian Class II 11:00 Book Discussion 5:00 Evening Movie 6:00 Tai Chi	22 12:00 GHS Treble Choir 12:00 Lifelong Learning
25 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:00 Word Search Play 2:30 Tai Ji Quan A Better Balance	26 9:30 Watercolor Class	27 1:00 Low Impact Cardio 1:00 Men's Health w/HHC	28 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	29 12:00 Lifelong Learning 2:00 Sing a Long with Dr. Uke

COLORS INDICATE -
 New Start Date for Classes
 Special Event
 Health Seminars & Cooking Programs

February 2021 Virtual Senior Activities

Monday	Tuesday	Wednesday	Thursday	Friday
1 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 1:00 Wheel of Fortune 2:30 Tai Ji Quan A Better Balance	2	3 1:00 Low Impact Cardio	4 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	5 12:00 Lifelong Learning 12:30 Wear Red Day - Drive-thru Event
8 1:00 Cooking with Lindsay 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:30 Tai Ji Quan A Better Balance	9 9:30 Watercolor Class	10 1:00 Low Impact Cardio 1:00 Cooking with Sarabeth	11 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	12 12:00 Lifelong Learning 12:30 Valentine Serenade w/ Paul Shlien
15 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 1:00 Wheel of Fortune 2:30 Tai Ji Quan A Better Balance	16 9:30 Acrylic for Beginners Class 1:00 Let's Discuss Alcohol affects	17 1:00 Low Impact Cardio Zoom 2:00 What's in your Wallet?	18 9:00 Italian Class I 10:00 Italian Class II 11:00 Book Discussion 5:00 Evening Movie 6:00 Tai Chi	19 10:00 Current Issues 12:00 Lifelong Learning
22 1:00 Stretcherize 1:00 Tai Ji Quan B Better Balance 2:00 Sudoku Play 2:30 Tai Ji Quan A Better Balance	23 9:30 Watercolor Class Series	24 10:00 Cooking w/ Nicole 1:00 Low Impact Cardio Zoom 2:30 Name That Tune w/ Sing a Long	25 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	26 12:00 Lifelong Learning 2:00 Sing a Long with Dr. Uke

COLORS INDICATE -
 New Start Date for Classes
 Special Event
 Health Seminars & Cooking Programs

March 2021 Virtual Senior Activities

Monday	Tuesday	Wednesday	Thursday	Friday
1 1:00 Stretcherize 1:00 Wheel of Fortune	2	3 1:00 Low Impact Cardio	4 9:00 Italian Class I 10:00 Italian II 5:00 Evening Movie 6:00 Tai Chi	5 10:00 Current Issues 12:00 Lifelong Learning
8 1:00 Stretcherize	9 9:30 Watercolor Class	10 1:00 Low Impact Cardio 1:00 Cooking with Sarabeth	11 9:00 Italian Class I 10:00 Italian II 5:00 Evening Movie 6:00 Tai Chi	12 12:00 Lifelong Learning
15 1:00 Stretcherize 1:00 Wheel of Fortune	16 9:30 Acrylic for Beginners Class 1:00 Let's Discuss Stages	17 1:00 Low Impact Cardio	18 9:00 Italian Class I 10:00 Italian Class II 11:00 Book Discussion 5:00 Evening Movie 6:00 Tai Chi	19 10:00 Current Issues 12:00 Lifelong Learning
22 1:00 Stretcherize 2:00 Word Search Play	23 9:30 Watercolor Class Series #3	24 1:00 Low Impact Cardio 2:00 What's in your Wallet?	25 9:00 Italian Class I 10:00 Italian Class II 5:00 Evening Movie 6:00 Tai Chi	26 12:00 Lifelong Learning 2:00 Sing a Long with Dr. Uke
29 1:00 Stretcherize	30	31 10:00 Cooking w/ Nicole 2:30 Name That Tune w/ Sing a Long		