

## COMMISSION ON AGING

September 14, 2020  
Via Zoom

### Meeting Minutes

**Present:** Daren Hill, Jennifer DiSette,  
Philip Markuszka, Gayle Kataja

**Absent:** Janeen Dolan

**Liaisons Present:** Lisa Zerio, Parks & Recreation Director  
Patti White, Senior Services Department Supervisor  
Barbara Evans, AARP

**Others Present:** Thomas Phillips, Consultant

Meeting called to order at 5:30 p.m.

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### **MINUTES:**

Minutes of the meeting held on June 22, 2020 were accepted as written.

### **COMMUNICATIONS & ANNOUNCEMENTS:**

Patti reported that she had received word from Nancy Goodwin that she was moving out of Glastonbury and would be resigning from the COA.

### **LIAISON REPORTS**

**AARP:** Barbara Evans, AARP Acting Vice-President, reported that the chapter was continuing their fundraising efforts for town charities which would be advertised in the Citizen newspaper. Barbara also reported that the local chapter had submitted a grant to the National AARP for help with Chapter membership which was being carried over to the next year due to the pandemic.

### **SENIOR SERVICES REPORT:**

Patti White and Lisa Zerio updated the members on the recent activities and services provided by Senior & Social Services Departments. Patti reported that Senior Services is

now providing multiple virtual programs including two Tai Ji Quan Moving for Better Balance classes. Outdoor programs include Tai Chi, the Knitters group, the Book Discussion group and the golf league which will finish the season on 9/21 with an outdoor pizza party. A virtual Aging Mastery Program will begin on September 16.

Lisa reported that the Social Services department had distributed 1700 masks to 600 households, processed 234 Renter's Rebate applications and given food card support to 72 households in July, 82 in August and 48 in September. The Back to School program was a success providing pencil pouches with gift cards to families, and many energy assistance applications are being processed with phone interviews. Efforts are underway to hold virtual Eye Opener group meetings. The Glastonbury Gives Fund continues to receive support from the community.

### **OLD BUSINESS:**

#### Age-Friendly Update

Jennifer informed the members that the Age-Friendly Core Leadership Team had met in July and September and gave them an overview of those meeting discussions and outcomes.

Tom Phillips reviewed the draft Age-Friendly Action Plan outline and Best Practice Summary on the research that he did on identified Best Practice communities throughout the country. Those included: Boston, Ma, Greenwich, CT, West Sacramento, Ca, Arlington, VA and Clinton County, Ohio.

The group reviewed a draft presentation for the town council meeting on September 22. Jennifer encouraged the members to attend the virtual meeting.

**NEW BUSINESS:** None

### **ADJOURNMENT**

The meeting adjourned at 6:48 p.m.

Respectfully Submitted,  
Daren Hill, Acting Secretary

