

Student Support

Helping you and your child thrive during COVID-19

Week of May 25th
2020

WELCOME SUNSHINE

Planning as social distancing moves into summer

For many, Memorial Day weekend is viewed as an informal kick off to summer weather. Summer is usually filled with barbeques, trips to the beach, and family vacations. Many children are feeling disheartened by the thought of spending a summer social distancing. However, being safe doesn't have to mean sacrificing fun!

Try some of the ideas below to start the summer weather off right.

1. Make your own splash park.

Even if you don't have a pool, you can still enjoy some water play in your backyard! Water balloons and water squirters can be found at your local dollar store. You can even pick up a cheap tarp (also available at you're your local dollar store!) and create your own slip and slide.

2. Put on a play.

Now is the perfect time to encourage your kids to get creative. They may not be able to attend any events any time soon, but they can create their own! Your kids can put on a play, concert or art exhibit right from your yard. Invite the neighbors to come watch from a safe distance.

3. Take a hike.

The outdoors hasn't been cancelled! Explore different parks and hiking trails. There are even several right here in Glastonbury!

Feel good story of the week:

A 10 year old girl decided to use her quarantine time to start a charity! She has compiled and donated more than 1,500 art kits for children in need.

<https://www.goodnewsnetwork.org/10-year-old-gives-art-kits-to-1500-kids-in-quarantine/>



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