



## Glastonbury Senior & Social Services



### HOW ARE YOU GETTING YOUR GROCERIES??

**GOVERNOR LAMONT AND CONNECTICUT HEALTH EXPERTS ARE ADVISING OLDER ADULTS AND PEOPLE WITH SERIOUS UNDERLYING MEDICAL CONDITIONS TO STAY HOME THROUGH AT LEAST MAY 20TH.**

**TO BEST MEET THE NEEDS OF OLDER ADULTS IN GLASTONBURY WE ARE ENCOURAGING EVERYONE WHEN POSSIBLE TO UTILIZE THE HELP OF FAMILY AND FRIENDS TO OBTAIN GROCERIES OR TO USE HOME DELIVERY SERVICES SUCH AS:**

HIGHLAND PARK MARKET [860-659-1717](tel:860-659-1717) (Call in your order—curbside pick up and limited delivery)

PEAPOD – (Stop & Shop grocery delivery) [www.peapod.com](http://www.peapod.com)  
(LONG WAITS ARE ANTICIPATED)

INSTACART - Groceries delivered to your door. [www.instacart.com](http://www.instacart.com)

OCTOBER KITCHEN - Meal Delivery right to your door!!  
You can call at 860-533-0588 or email: [customerservice@octoberkitchen.com](mailto:customerservice@octoberkitchen.com) or order online at [www.octoberkitchen.com](http://www.octoberkitchen.com)

SCHWANS MEAL DELIVERY [www.schwans.com](http://www.schwans.com)

WHOLE FOODS Download their app and order online and pick up curbside [www.wholefoods.com](http://www.wholefoods.com)

**IF THESE OPTIONS ARE NOT AVAILABLE TO YOU, WE HAVE GLASTONBURY RESIDENT VOLUNTEERS WHO ARE HERE TO HELP!!**

**PLEASE CALL THE MAIN LINE AT THE COMMUNITY CENTER (860-652-7638 ) AND LEAVE A MESSAGE FOR US. ONE OF OUR STAFF WILL CALL YOU BACK BY THE NEXT BUSINESS DAY TO DISCUSS HOW WE CAN BEST HELP YOU GET WHAT YOU NEED!**