

# The Sharing Tree

Your source of information at the Glastonbury Senior Center.

Office Hours: Monday - Friday Tues. & Thurs. Saturday

8:00 am to 4:30 pm 8:00 am to 8:30 pm 9:00 am to 3:30 pm **Main Information Number** 

(860) 652-7638

Dial -A-Ride Numbers:

Reservations: (860) 652-7643 (860) 652-7638 **Cancellations:** 



020



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#### Better Breakfast 10:00 am Monday, April 13, 2020

Mom was right, breakfast is the most important meal of the day! Join Lindsey Kent, ShopRite Dietitian for a demo and discussion about the importance of breakfast! Learn how to make quick, delicious and energizing breakfasts with ease. Pick up tips, recipes and try some tasty samples! **Registration Required - Limited seating** 







"Being Mortal" Screening & Discussion

Tuesday, May 12, 2020 6:00 PM - 8:00 PM

Free to the Public

Advance registration required by

**Tuesday, May 5, 2020** 

Call: 860-652-7655 to register

Join us for a free screening and discussion of the PBS Frontline documentary "Being Mortal". Based on the best-selling book by Dr. Atul Gawande, this film explores the hopes of patients and families facing terminal illness and their relationships with the doctors, nurses and family members who care for them.

This event is brought to you by the **Glastonbury Senior Center in** collaboration with AARP CT & Borrow My Glasses. Facilitator for the conversation is Ellen Thomas from AARP CT.

Co-Ed Senior Summer Golf League June 8-September 28 at 9:00 a.m.



Minnechaug 9 Hole Golf Course Cost: \$275/Person (Includes 15 Outings w/Cart)

Join the action and put your best club forward! Prior registration required. Prizes and pizza party on last day!

Nonagenarian & Centenarian

Special Luncheon

Thursday, May 14, 2020

12:00 pm - 1:30 pm

R: \$5.00 NR: \$6.00

(Nonagenarian & Centenarian No Charge)

(Tickets must be purchased by

Friday, May 8, 2020)

Memorial Day Luncheon Tuesday, May 26, 2020

12:00 pm Lunch

Cost: \$3.00 NR: \$5.00

See page 11 for details

On the Rocks Restaurant - East Haddam Friday, April 17, 2020

11:00 am Leave RCC 11:30 am Lunch Approximate Return to RCC: 2:30 pm

R: \$7.00 NR: \$9.00

On The Rocks is an active participant in the Connecticut Farm-to-Chef program bringing you the freshest local ingredients. **RESTAURANT \$\$** 

Elizabeth Park - West Hartford River: A Waterfront Restaurant -Wethersfield

Thursday, April 30, 2020 10:00 am Leave RCC

10:30 am - Noon on own at Park 12:30 pm Lunch on own at River- A

**Waterfront Restaurant** 

Approximate Return to RCC: 2:30 pm

R: \$7.00 NR: \$9.00

Elizabeth Park is on the national register of historic places, offering just over one hundred acres of formal gardens, green space, and walking loops. Come enjoy the beauty of the gardens and grounds. Bring your camera! Following the park enjoy lunch at River, A Waterfront Restaurant. River is the ultimate dining experience, an unrivaled setting with spectacular views of the river, coupled with the highest quality steaks, seafood, and phenomenal Italian/Mediterranean-inspired cuisine.

RESTAURANT \$\$ 777



Knit/Crochet Group Mondays 9:30 am - 11:30 am

Explore your artistic side! Knit or crochet scarves, blankets or hats for a variety of community service projects.

This group of volunteers meets weekly.



#### Cribbage Anyone? Mondays 1 pm—3 pm

Whether you are new to cribbage, an experienced player or just want to refresh your skills, you are

encouraged to join a small group of cribbage players for a casual, fun-filled afternoon. All supplies are provided.

The Shoppes - Middlebury Furniture Maples Family Restaurant Thursday, April 23, 2020 9:30 am Leave RCC 12:30 pm lunch on own at Maples Restaurant.

Approximate return to RCC: 3:00 pm

R: \$7.00 NR: \$9.00

Let the Shoppes at Whittemore be your one stop shop for all your gifting needs and check out Middlebury Consignment now known as Middlebury Furniture, Connecticut's premier consignment and used furniture store. Following your shopping enjoy lunch at Maples Family Restaurant, a true diner of Americana, with all day breakfast and a large offering of delicious sandwiches, homemade soups and comfort foods made from scratch.

Peter Pan Players Present

"Seussical the Musical" Thursday, May 7, 2020

1:30-3:30 pm COST: NO FEE

Registration Requested by April 30, 2020)

The "Peter Pan Players" troupe consists of 7th12th grade Glastonbury students, and is
produced by Creative Experiences-a division of
Glastonbury Youth and Family Services.
Please join us for this amazing group of students
as they perform this fun version of
Seussical. Based on the works of Dr. Seuss.
Horton the Elephant, the Cat in the Hat, and all
of your favorite Dr. Seuss characters spring to life
onstage in Seussical KIDS. Light refreshments
provided. **Register in April** 

Book & Author Discussion Third Thursdays 10:30 am April 16, 2020 - "Delicious"

by Ruth Reichl

May 21, 2020 - "Salt to the Sea"

by Ruta Sepetys

June 18, 2020 - "Sing, Unburied, Sing by Jesmyn West



#### UPCOMING Chartered Bus Trips Checks only - Payable to: *Tours of Distinction"* Flyers available at Senior Services Office



Gold Coast of CT Wednesday, April 22, 2020 9:15 am Leave RCC

Approximate Return: 5:00 pm

Cost: \$102.00

Give meal choice at registration.

A) Chicken Piccata B) Veal Marsala
C) Stuffed Salmon

Sit back in comfort as you enjoy a guided driving tour of CT's Gold Coast. See neighborhoods and hear the stories. Lunch will be at Bella Sera Ristorante.

Please call (860) 652-7655 for availability



America 400
Thursday, May 28, 2020
7:30 am Leave RCC
Approximate Return: 7:00 pm

Cost: \$173.00

The Plymouth 400th Anniversary will highlight the cultural contributions and

American traditions that began with the interaction of the Wampanoag and English peoples; a story that significantly shaped the building of America.

Please note: Payment due by April 17,2020



presents "Cinderella"
Wednesday, June 10, 2020
9:00 am Leave RCC - Approx.

Return: 7:30 pm Cost: \$134.00

At Westchester Broadway Theatre, start with lunch which includes an extensive menu to choose from (at your table). Choices vary from Pasta,

Fish, Beef, Chicken, and a Vegetarian option. After lunch, stay in your seat as the Westchester Broadway Theatre presents "Cinderella."

Be transported back to your childhood as you rediscover some of Rodgers + Hammerstein's most beloved songs.

Please note: Payment due by May 8, 2020

Catacombs by Candlelight - New York City Tuesday, June 23, 2020

6:00 am Leave RCC - Approx. Return: 8:30 pm



Join our local tour guide for a guided historic tour of Old St. Patrick's. This tour will take you under the basilica to the catacombs. This tour will also bring

you to the forbidden, off-limits, and hidden areas of the church.

For lunch (on your own), enjoy some free-time at Dekalb Market Hall which is truly a food heaven. Also today, partake in a narrated trolley tour through Green -Wood which is internationally recognized as one of the most beautiful historic cemeteries in the world.

Please note: Payment due by May 20, 2020

#### **Technology**

<u>Techy Teens Assist Savvy Seniors</u> Tuesday, April 28, 2020 3:15 pm

You will be paired with a teen from our Youth and Family program who will help you navigate the evolving technological world that we live in. You might just teach them a thing or two. Please register in the office (860-652-7638) and let us know your area of interest/need.

<u>Computer Assistance by appointment</u> Fridays, Noon - 2:00 pm Facilitator: Ron

Mac, iPad, or Smart Phone Assistance Thursdays, 1:30 - 3:00 pm

Facilitator: Ann H.

## **Evening & Weekend Programs & Events**



# \*\*NEW PROGRAM\*\* "Documentaries, Discussions...& Donuts" Thursdays Starting April 2, 2020 5:30-7:30 pm



Join us Thursday evening for an extension of our lifelong learning series. Documentaries will be followed by a brief discussion. We will be starting with one of America's greatest documentary storytellers, Ken Burns.

**April 2, 2020 - Ken Burns American Lives: Mark Twain pt.1 -** Samuel Clemens rose from a hardscrabble boyhood in the backwoods of Missouri to become, as Mark Twain, America's best known and best loved author. (1hr 50)

**April 9, 2020 - Ken Burns American Lives: Mark Twain pt.2 -** Samuel Clemens rose from a hardscrabble boyhood in the backwoods of Missouri to become, as Mark Twain, America's best known and best loved author.(1hr 43)

**April 16, 2020 - Ken Burns American Lives: Horatio's Drive America's first road trip** - In the spring of 1903, on a whim and a fifty-dollar bet, Dr. Horatio Nelson Jackson set off from San Francisco in a 20-horsepower Winton touring car hoping to become the first person to cross the United States in the new-fangled "horseless carriage." (1hr 46)

**April 23, 2020 - American Experience: Earth Days** - Director Robert Stone traces the origins of the modern environmental movement through the eyes of nine Americans who propelled the movement from its beginnings in the 1950s. (1hr 41)

April 30, 2020 - Ken Burns The National Parks: America's Best Idea - The Scripture of Nature - In 1851, a band of Indian fighters in California encounters a place of astonishing beauty, setting in motion events that bring other newcomers to Yosemite Valley: artists, writers, entrepreneurs, tourists, and eventually John Muir, who becomes a national voice for preservation.



Thursdays, April 9, & 23, 2020 6:00 pm – 7:30 pm

Join us as you match wits against other teams. Free Admission. Prizes awarded. All ages program. We ask that any youth be accompanied by an adult. Questions or to register call Matt at 860-652-7645.

The BIG SING Noon - 1:00 pm Saturday, April 25, 2020 No Fee, just beautiful music—Open to the Public - Sit back and Sing-a-Long with Doctor Rosokoff and forty plus ukulele players as they play hit songs from across the decades. This

play hit songs from across the decades. This popular event draws people of all ages! Lyrics for the songs are projected for easy reading. Stop by for a fun afternoon activity!

Major League Baseball in Gilded Age CT



Tuesday, April 28, 2020 5:30 pm - 7 pm Registration required by April 20, 2020 (Limited seating)

Call 860-652-7645

Enjoy a trip back to the nineteenth century, when base ball was young (yes, it was once two words!) and Connecticut played a key role in its development. Base ball historian and author David Arcidiacono will present the historical highlights of Connecticut's three major league clubs. *Presented by David Arcidiacono, Author* 

Watercolor Class Saturdays, April 4 & 18 9:30 am - 11:30 am

**Instructor: Shannon Faust** 

R: \$10.00 per class NR: \$15.00 per class \$10.00 Supply fee payable to instructor

#### **Social Services News**

Glastonbury Social Services and Senior Outreach Call 860-652-7638 if you want to:

**SPEAK** with a member of the Social Work staff **FIND** out what programs you may qualify for

MAKE an APPOINTMENT for any financial assistance applications

Get REFERRALS to appropriate programs and services

Learn about and/or apply for MEDICARE

If you wish to see a particular worker you may still call them directly, otherwise, please call Social Services & Senior Outreach at 860-652-7638

Kathryn Carfi: 860-652-7644 Theresa Buckson: 860-652-7640 Evelyn Lopez: 860-652-7652 Susan Parrotta: 860-652-7636

**Energy Assistance** - Glastonbury Social Services continues taking applications through May 1, 2020 for heating assistance. Help with heating costs is available for qualified renters and homeowners who heat with deliverables (oil, propane, wood) or utilities (gas or electric) through the Energy Assistance program. The income limit for an individual is \$3,014 per month, for a couple the income limit is \$3,941 per month. Homeowners have a liquid asset limit of \$15,000 and renters \$12,000, but any assets over those limits may be added to your annual income to see if you still qualify financially. More information and appointments are available by calling Social Services at 860-652-7638.

**Homeowner's Tax Credit** - Applications for Elderly and Totally Disabled Tax Relief are being taken through Friday, May 15, 2020. Applicants for the Additional Veterans Exemption have until October 1, 2020 to complete that application. Income limits, based on 2019 income, are \$37,000 for an individual and \$45,100 for a married couple for the State Elderly and Totally Disabled program and \$58,800 for the Town Elderly Tax Relief program.

Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your Social Security 1099 for 2019 and federal income tax return, if filing. If you do not file a federal income tax, you must provide copies of all interest and income statements and the SSA 1099 for 2019.

For more information, an appointment or to apply, please contact Social Services at 860-652-7638 or the Assessor's Office at 860-652-7600.

<u>Renters Rebate</u> - Renters Rebate application will be accepted beginning in April through October 1. Glastonbury residents age 65 or older by 12/31/2019 or those receiving Social Security Disability are eligible if their 2019 income was \$37,000 or less for an individual or \$45,100 or less for a married couple. There is no asset limit for this program. The following documentation is required:

- 1) Income for 2019 SSA 1099 required; income tax, if filed, or all 1099s if not
- 2) Rent paid for each month of 2019
- 3) Utilities paid for each month of 2019
- 4) Proof of disability if not on Medicare and below age 65

Appointments are necessary. Please contact Social Services at 860-652-7638 to request an appointment or for more information.

<u>Medicare</u> - For information on Medicare, you can visit <u>www.medicare.gov</u>, call Medicare at 1-800-633 -4227 or make an appointment with one of the CHOICES trained counselors at the Riverfront Community Center by calling 860-652-7638.

<u>Foodshare</u> - The Foodshare truck will be at First Church of Christ, 2183 Main Street, Glastonbury from 10:00 to 10:45 on Wednesdays April 8 and April 22. Mobile Foodshare is an outdoor food distribution for persons of low income. The food choices vary from week to week but usually include bread and several types of fresh produce. Other items may also be offered depending on availability. Please remember to bring a bag or box with you to carry your food.

<u>Carol's Closet</u> - A ministry of St. James Church, the paper pantry provides paper and personal products to Glastonbury residents. It is open the third Saturday of each month, which will be April 18, from 10 AM to 12 noon at St. James, 2584 Main Street. They may be reached at 860-633-8333 for questions.

<u>Outreach at Center Village and Village Green</u> - Outreach Social Worker Theresa Buckson will be at Village Green at 10AM on Tuesdays April 7 and April 21 and at Center Village on Tuesdays April 14 and April 28 and alternating Tuesdays throughout the year. Day old bread and bakery from Stop and Shop will be available to residents, and time is available for private consultations. Please call Theresa at 860-652-7640 with questions or for a specific appointment.

#### Mother's and Father's Day Gift Collection

Have some unused, new gifts taking up space? Want to do some early Spring Cleaning and help others at the same time? Social Services will be collecting new gifts from April 15 to May 1 at the Riverfront Community Center. Gifts should be suitable for children to give to their parents for Mother's Day or Father's Day. Your donations will be made into gift baskets children will select for their parents in a program jointly sponsored by the Park Department, Social Services and Senior Services. Thank you for your generosity!

#### **Program and Support Group News**

<u>"EYE OPENERS" LOW VISION SUPPORT GROUP</u> 10:00 am Friday, April 24, 2020 For more information, call Susan Parrotta, 860-652-7636.

Bereavement Support Group Wednesdays, April 1 & 15, 2020 2:00 - 3:30 pm Have you had a family member or friend die recently? Are you experiencing the "symptoms" of grief such as the inability to eat or overeating; loss of sleep or need for too much sleep; lack of concentration and feelings of hopelessness? Joining this group will provide you with support and strategies to cope. This group is co-sponsored by Hartford Healthcare at Home and Glastonbury Senior Center. Call Bill Pilkington, Bereavement Support Counselor at (860) 209-3147 for additional information.

<u>Memory Screenings - Schedule an appointment for a free, confidential memory screening.</u> These confidential memory screenings average 10 minutes and consist of questions and tasks to assess memory. They do not diagnose any illness, but can indicate whether someone should follow up with a full medical exam. Sponsored by Hartford HealthCare Center for Healthy Aging. Screenings are done on the third Wednesday of each month from 12:30-1:30 pm. Contact Outreach Social Worker, Susan Parrotta, LCSW to register at (860)652-7636 or susan.parrotta@glastonbury-ct.gov. Pre-registration required.

The Friendship Circle Memory Program Tuesday/Wednesday/Thursday 9:30 - 12:30 pm The Friendship Circle Memory Program is a social engagement program designed for Glastonbury Seniors with early stages of memory loss. The program provides the opportunity to gain the many benefits derived by being active and socially engaged in a supportive group environment. Activities are coordinated by a trained Program Coordinator and volunteers. For more information contact 860-652-7646.

#### **Health and Wellness News**

<u>Free Blood Pressure & Wellness Clinic</u> Wednesdays RCC 9 am – 12 pm Glastonbury's Community Health Nurse will be conducting the above clinic this month. Blood pressure, medication, diet questions, symptom management and other health related concerns can be addressed. Walk-ins are encouraged.

#### **Healthy Foot Clinic**

Thursday, April 16, Monday, April 27, and Tuesday, April 28, 2020 RCC 8:40 am - 3:30 pm Appointment Required - Call (860) 652-7638 to schedule an appointment. Cost: \$29.00 - check made payable to: Pedi-Care

A Registered Nurse will trim & file toenails, smooth calluses and corns, massage with lotion and powder. *Walk-ins will not be accepted*. Payments must be made at the time of your visit.

#### **Dial-A-Ride Shopping and Schedule Information**

#### **Dial-A-Ride Hours:**

Weekdays: Monday - Friday 9:00 am - 3:30 pm

Evenings: Tuesday/Thursday 4:30 pm - 8:00 pm \* Saturdays: 9:00 am - 3:00 pm

For All Reservations Call: (860) 652-7643 For Cancellations Call: (860) 652-7638

**Information Line Call:** (860) 652-7638

#### Weekly Shopping:

For residents who live north of Hebron Avenue (Zone A)

Mondays Stop & Shop (Glastonbury Blvd.)

1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month: Shop Rite

For residents who live south of Hebron Avenue (Zone B)

**Thursdays** Stop & Shop (Oak Street)

2nd & 4<sup>th</sup> Tuesdays of the month: Shop Rite

#### **Other Transportation Options**

<u>FISH</u> Phone: (860) 647-3911 Transportation for Glastonbury residents to out of town medical appointments is available Tuesday through Friday from Glastonbury to the following towns: Hartford, East Hartford, West Hartford, Manchester, Rocky Hill and Wethersfield. Please note: pickup can be no earlier than 8:00 am and no later than 4:00 pm. FISH also transports to the Farmington Health Center for appointments between 10:00 am. and 2:00 pm. You must request a ride by noon of the previous day. FISH is unable to transport wheel chairs; parking fees are the responsibility of the rider.

#### American Cancer Society's Road to Recovery Transportation Service

**Phone: 1(800)227-2345**. They can provide transportation for doctors' appointments and treatments. Patients must be ambulatory. Requests must be made 3 business days before the appointment.

<u>A.D.A. Transportation, CT Transit</u> This service provides door-to-door service for any purpose to persons unable to use regular CT Transit bus service, if the pick-up and destination is within their service area. (7 days a week with a charge of \$3.50 each way). For application and info, call: **(860) 724-5340** 

#### **Cozy Corner Café News**

You can place your order via phone (860)368-4535, or in person ahead of time. Enjoy healthy combinations with fresh produce, yogurts and snacks. (Open Monday - Friday 9:30 am—1:30 pm).

#### **Special Diet Requests Procedure**

For those individuals who may have special dietary needs or prefer a vegan or meat free diet, please contact the office the day prior. Thank you.

11:45 am Lunch 12:15 pm or 12:30 pm Program (If Planned)

**Ticket Prices:** \$3.00 per person includes hot entrée, vegetable, dessert & beverage.

\$5.00 per Guest (Non-Resident and/or not a senior citizen).

Special lunches: R: \$5.00 NR: \$6.00

All menu items are subject to change without notice when unforeseen circumstances occur.

### **April Lunch Entrée Menu**

| Monday  | Tuesday  | Wednesday                                | Thursday                           | Friday                   |  |
|---|--|--|------------------------------------|--------------------------|--|
| 30<br>sausage & peppers<br>grinder                    | 31<br>chef's choice                              | 1<br>chicken ala king                    | 2<br>swedish meatballs             | 3<br>breaded fish        |  |
| 6<br>shepherd's pie                                   | <b>7 Lunch &amp; Learn</b><br>BBQ chicken breast | 8 **Lunch at 11 am tuna salad sandwich   | 9<br>stuffed shells &<br>meatballs | 10 CLOSED<br>Good Friday |  |
| 13<br>baked ham                                       | 14 Lunch & Learn chicken parmesan                | 15<br>spaghetti & meat<br>sauce          | 16<br>oven baked chicken<br>legs   | <b>17</b> cheeseburger   |  |
| 20 Birthday Party<br>Lunch & Learn<br>beef stroganoff | 21 **Lunch at 11 am turkey & cheese on a roll    | 22<br>pork roast                         | 23<br>meatball sub                 | 24<br>hot dog            |  |
| 27 Lunch & Learn chicken stir fry                     | 28<br>meatloaf                                   | 29<br>baked chicken w/<br>mushroom sauce | 30<br>beef stew in a bread<br>bowl |                          |  |

Nonagenarian & Centenarian Celebration Special Luncheon Thursday, May 14, 2020

Cost: R: \$5.00 NR: \$6.00 special ticket required — (Nonagenarians & Centenarians - no charge). 12:00 pm Lunch 12:30 Recognition of Nonagenarians and Centenarians (Tickets must be purchased by Friday, May 8, 2020)

Please join our Older Americans month celebration with our Nonagenarian & Centenarian seniors in Glastonbury who have wisely and bravely reached the age of 90 & 100. We celebrate you for a life well lived!! It's your day to be a star! Enjoy a tasty turkey dinner with all the trimmings.

Memorial Day Luncheon Cost: Residents: \$3.00

Tuesday, May 26, 2020 Non-Resident: \$5.00 Special Ticket Required

(Tickets must be purchased by Friday, May 22, 2020)

12:00 pm Lunch

Show your American pride by wearing your brightest red, white and blue as we remember and honor our loved ones and those who served and continue to serve in our military.

## **Lunch and Learn**

Ending Loneliness: Finding a Meaningful Life 12:15 pm Tuesday, April 7, 2020 Loneliness is recognized as a public health issue. Research indicates that loneliness affects individuals' physical, mental and emotional health. We will examine the causes of loneliness and find meaningful ways to fulfill your life. Presented by Amina Weiland, CDP, CDCP, and Luz Renteria, resource coordinators, Hartford HealthCare Center for Healthy Aging. Community Room A

History for Fun -

<u>Samuel Colt</u> 12:30 - 1:30 pm Tuesday, April 14, 2020

Samuel Colt an inventive genius was a major contributor to the world of mass production, interchangeability of parts and a leading supplier of arms during the Civil War. The Colt revolver is the most celebrated killing machine in the history of the Wild West. The Texas Rangers were equipped with them in the 1840s, when the American Army began using them. 'Wild Bill' Hickok owned two 1851 models with ivory handles. **Presented by Joseph Ouellette, member of the Ellington Historical Society. Community Room B** 

<u>Stunning Hummingbirds</u> (video) 12:15 pm - 12:45 pm Monday, April 20, 2020 More than 5 years of behavioral research and field work has led to this extraordinary documentary that contains the most striking features of hummingbirds. Recorded in HD video in Panama, Costa Rica, Colombia, Venezuela, Ecuador, Perú and Brazil. You will see over 60 species of stunning hummingbirds, close-ups, action clips, and their relationship with flowers. 28 minutes.

<u>Veteran Liaison with Hartford Healthcare at Home</u> 12:15 pm Monday, April 27, 2020 Meet Sherri Vogt, one of two Veteran Liaison's with HHC at Home. They provide information, support veterans and their families when they are in palliative and hospice care. They are able to assist in developing and executing events to honor veterans in a community setting. She has 8 years experience cutting through governmental red-tape working for Congress. She is an Army veteran committed to serving her fellow veterans and their families. Sherri will be hosting a monthly Veteran's Social here at the Senior Center on the third Friday of each month beginning in May.

#### **Movies At the Riverfront Community Center**

For the movie programs, popcorn and an iced beverage will be available. There is no charge for these programs and no reservations are needed. *Due to the length of movies and other circumstances there will be no previews* If you wish to recommend a movie, please complete a suggestion form in the Senior Center office. *Please be respectful to others during the movie by turning off cell phones and refraining from talking during the movie.* 

#### Monday Movie Madness Movies start promptly at 1:00 pm

<u>April 6</u> "French Toast" (2015) \*\*\*\*\* Starring Lika Berning, Thierry Ballarin and Deon Lotz - With only her mother's diary and a locket as clues, a South African woman travels to Paris in search of the long-lost sibling she never knew she had. Rated TV-PG/Comedy/1 hour 26 minutes.

**April 13** "How to Make an American Quilt" (1995) \*\*\*\* Starring Winona Ryder, Anne Bancroft and Ellen Burstyn - A conflicted young woman spends the summer with her grandmother, her greataunt and their quilting circle, whose life stories captivate her.

Rated PG-13/Romantic/1 hour 56 minutes.

<u>April 20</u> "Faith, Hope & Love" (2019) \*\*\*\* Starring Robert Krantz, Peta Murgatroyd and Corbin Bernsen - After shattering losses, a recent divorcee and a heartbroken widower restore their lives when they partner for a dance competition to save her studio. Rated PG/Romantic/1 hour 46 minutes <u>April 27</u> "Marriage Story" (2019) \*\*\*\* Starring Scarlett Johansson, Adam Driver and Laura Dern - An incisive and compassionate look at a marriage coming apart and a family staying together. Rated R/Drama/2 hours 16 minutes.

#### Saturday Matinees - Movies start promptly at 12:00 pm

<u>April 4</u> "P.S. I Love You" (2007) \*\*\*\*\* Starring Hilary Swank, Gerard Butler and Lisa Kudrow - When she loses her beloved husband to a brain tumor, grieving widow Holly Kennedy learns that he left a series of letters behind to help her cope. Rated PG-13/Drama/2 hours 5 minutes.

<u>April 11</u> "The Ugly Truth" (2009) \*\*\*\* Starring Katherine Heigl, Gerard Butler and Eric Winter - A chauvinistic morning-show commentator tries to prove the relationship theories he espouses on a segment called "The Ugly Truth" Rated R/Comedy/1 hour 36 minutes.

<u>April 18</u> "Too Wong Foo, Thanks for Everything" (1995) \*\*\*\* Starring Patrick Swayze, Wesley Snipes, and John Leguizamo - Three New York drag queens on their way to Hollywood for a beauty pageant get stranded in a small midwestern town when their car breaks down. Rated PG-13/Comedy/1 hour 48 minutes.

<u>April 25</u> "The Duchess" (2008) \*\*\*\* Starring Keira Knightley, Ralph Fiennes and Charlotte Rampling - To compensate for her unhappy marriage, young duchess Georgiana Spencer begins a scandalous affair with politician Charles Grey. Rated PG-13/Romantic/1 hour 50 minutes.

AARP Smart Driver

Thursday, April 16, 2020

8:30 am - 12:30 pm

Cost: \$15.00 for AARP members; \$20.00 for Non-members. <u>No cash or charge</u>-Checks <u>only</u> payable to AARP due upon advance registration. The insurance discount afforded to seniors taking the course is a minimum of 5% for a period of 2 years if you are 60 years of age or older.

AARP Chapter # 2010 News:

AARP BOARD MEETING: Thursday, April 2 2020 10:00 am AARP GENERAL MEETING: Tuesday, April 7, 2020 Noon

PROGRAM: Dr. Uke (Jim Rosokoff) & Ukulele band

Sing-A-Long

**UPCOMING TRIP INFORMATION:** 

May 14, 2020 - Abba Tribute - Aqua Turf

July 15, 2020 - All You Can Eat Lobster - The Delaney House

August 13, 2020 - The Edwards Twins - Aqua Turf

Contact Diane Mansur @ 860-781-2853 for additional information.

## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

|        |   |             | 3           | 9 |   |   |            |     |
|--------|---|-------------|-------------|---|---|---|------------|-----|
| 4      |   |             | 3<br>6<br>5 |   |   | 2 |            |     |
|        |   | 3           | 5           |   | 1 |   |            |     |
| 2      |   | 3<br>5<br>4 |             |   |   | 7 | <b>4</b> 9 |     |
|        | 1 | 4           | 7           |   |   |   | 9          |     |
| 9<br>5 |   |             |             | 3 |   |   |            |     |
| 5      |   |             |             |   |   | 4 |            | 3   |
|        |   | 1           |             |   | 7 |   |            |     |
|        |   |             | 2           | 6 |   |   |            | ^ ^ |

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DIFFICULTY: ★☆☆☆

#### Lighter Side

#### Wake-Up Call

Bernard, who is noted for his gracious manners, was awakened one morning at 4:40 a.m. by his ringing telephone.

"Your dog's barking, and it's keeping me awake!" yelled an angry voice.

Bernard thanked the caller and politely asked his name and number before hanging up

The next morning at precisely 4:40 a.m., Bernard called his neighbor back and said, "Good morning, Mr. Williams. I just called to say that I don't have a dog."

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Town of Glastonbury Senior Services Department 300 Welles Street Glastonbury, Connecticut 06033

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**Return Service Requested** 

#### The Sharing Tree

#### How to read/get a copy of The Sharing Tree

This newsletter is published monthly for Glastonbury seniors. You may access it online through the town website: <a href="www.glastonbury-ct.gov-seniorservices">www.glastonbury-ct.gov-seniorservices</a>. Copies of the newsletter are also available at the library and town hall as well as delivered to the congregate senior living facilities throughout town. If you are not currently receiving a copy and wish to do so, please contact the Senior Center office to arrange for receipt via e-mail or postal service.

Registration Information: Sign-up for all trips and activities will take place on <u>Tuesday, April 7, 2020 at 9:30 am</u> for Glastonbury residents only. Registration will take place in Community Room A. One person may make reservations for up to <u>two</u> people only. Checks should be made payable to the <u>Town of Glastonbury</u> unless otherwise indicated Registration for activities and lunches (not trips) can be made at the office before and after this date based upon space availability. Non-Residents may register on Tuesday, April 14, 2020 (in office).