

MARCH 2020

ROOM KEY	CA Community Room A	SA Special Activity Room
AA Activity Room A	CB Community Room B	B Billiards Room
AB Activity Room B	CF Conference Room	HR Health Room
C Computer Room	WS Workshop Room	
E Exercise Room	AC Arts & Craft Room	

Monday	RM	Tuesday	RM	Wednesday	RM	Thursday	R	Friday	RM	Saturday
2 9:00 AARP Tax Aide 10:00 Hatha Yoga 10:30 Low Impact Dance 11:45 Lunch 1:30 Tai Chi Intro 2:30 Tai Ji Quan C 3 3:30 Tai Ji Quan C 2	C AA/AB E CA CB E E	3 10:00 AARP Board Mtg 11:45 Lunch 12:15 NO Indoor Walking 1:00 Stretcherize 3:30 WTML-Computer Internet 5:30 Scrabble Night	CB CA E C WS	4 9:00 AARP Tax Aide 9:00 Wellness Clinic 11:00 Powerful Aging 11:45 Lunch 2:00 Bereavement Support	C HR E CA SA	5 9:00 AARP Tax Aide 9:00 Italian Intermediate 9:30 Registration 10:00 Italian Advanced 10:15 Intermediate Line Dance 11:45 Lunch 1:00 Stretcherize 2:30 Tai Ji Quan C-3 3:30 Tai Ji Quan C-2 6:00 Tai Chi	C AC CA AC E CA E E E CB	6 10:00 Hatha Yoga 11:00 What's your Story 11:00 Powerful Aging 11:45 Lunch 12:00 1:1 Comp. Assist	AA/AB SA E CA C	7 9:30 Watercolor Class AC
9 9:00 AARP Tax Aide 10:00 Hatha Yoga 10:30 Low Impact Dance 11:45 Lunch 12:15 Lunch & Learn 1:30 Tai Chi Intro 2:30 Tai Ji Quan C 3 3:30 Tai Ji Quan C 2	C AA/AB E CA CA CB E E	10 10:00 Hearing Screening 10:00 <i>Uptown Consignment & Mill on the River</i> 11:45 Lunch 1:00 Stretcherize 4:30 River Quilters 5:30 Scrabble Night	HR CA E AB WS	11 9:00 AARP Tax Aide 9:00 Wellness Clinic 11:00 Powerful Aging 11:45 Lunch	C HR E CA	12 9:00 AARP Tax Aide 9:00 Italian Intermediate 10:00 Italian Advanced 10:15 Intermediate Line Dance 12:00 St. Patrick's Special Luncheon 1:00 Stretcherize 2:30 Tai Ji Quan C-3 3:30 Tai Ji Quan C-2 3:30 Riverfront Poets 6:00 Tai Chi	C AC AC E CA/B E E E AA CB	13 10:00 Hatha Yoga 11:00 Powerful Aging 11:45 Lunch 12:00 1:1 Comp. Assist	AA/AB SA E CA C	14
16 9:00 AARP Tax Aide 10:00 Hatha Yoga 10:30 Low Impact Dance 11:45 Birthday Lunch 1:30 Tai Chi Intro 2:30 Tai Ji Quan C 3 3:30 Tai Ji Quan C 2	C AA/AB E CA CB E E	17 11:45 Lunch 12:00 AARP General Mtg 12:15 NO Indoor Walking 1:00 Stretcherize 3:15 Techy Teens 5:30 Scrabble Night	CA CB E AB WS	18 9:00 AARP Tax Aide 9:00 Wellness Clinic 11:00 Powerful Aging 11:45 Lunch 2:00 Bereavement Support	C HR E CA SA	19 8:40 Foot Clinic 9:00 AARP Tax Aide 10:15 Intermediate Line Dance 11:45 Lunch 12:15 NO Indoor Walking 12:30 AARP Smart Driver 1:00 Stretcherize 2:30 Tai Ji Quan C-3 3:30 Tai Ji Quan C-2 5:30 Royal Talen's Art Program 6:00 Tai Chi	HR C E CA CA E E E CA CB	20 11:00 Powerful Aging 11:45 Lunch 12:00 1:1 Comp. Assist	E CA C	21 9:30 Watercolor Class AC
23 9:00 AARP Tax Aide 9:30 <i>FootPrints & Joey Garlics</i> 10:30 Low Impact Dance 11:45 Lunch 1:30 Tai Chi Intro 2:30 Tai Ji Quan C 3 3:30 Tai Ji Quan C 2	C E CA CB E E	24 11:45 Lunch 12:15 NO Indoor Walking 12:30 Lunch & Learn <i>"Child Actors Then & Now"</i> 1:00 Stretcherize 4:30 River Quilters 5:30 Scrabble Club	CA CB E AB WS	25 9:00 AARP Tax Aide 9:00 Wellness Clinic 11:00 Powerful Aging 11:45 Lunch 12:15 Lunch & Learn Video <i>"13 Wonders of Spain"</i>	C HR E CA CA	26 9:00 AARP Tax Aide 9:30 <i>Ireland's Great Hunger Museum & The Playwright Pub</i> 11:45 Lunch 12:15 Lunch & Learn Probate Court Services 1:00 Stretcherize 2:30 Tai Ji Quan C-3	C CA CA E E	27 10:00 Low Vision Group 11:00 Powerful Aging 11:45 Lunch 12:00 1:1 Comp. Assist	SA E CA C	28
30 8:40 Foot Clinic 9:00 AARP Tax Aide 11:45 Lunch 12:15 Indoor Walking Awards 2:30 Tai Ji Quan C 3 3:30 Tai Ji Quan C 2	HR C CA CA E E	31 8:40 Foot Clinic 11:45 Lunch 1:00 Stretcherize 5:30 Scrabble Club	HR CA E WS							

WEEKDAYS ONGOING ACTIVITIES		
BILLIARDS - CO-ED	B	Mondays 1 pm - 3 pm Tuesdays & Thursdays 9 am - 4:30 pm
BINGO	CB	Fridays 1 pm - 3 pm
BOOK & AUTHOR	CF	Third Thursday of each month 10:30 am
BRIDGE	AB	Wednesdays 1 pm - 3:30 pm
CANASTA	AB	Tuesdays 12:30 - 2:30 pm
CERAMICS	AC	Wednesdays 1:30 - 3:30 pm
CHESS	AC	Second and Fourth Tuesdays 1 pm - 3 pm
CREATIVE CRAFTERS	AC	Mondays & Thursdays 1 pm - 3:30 pm
CRIBBAGE	WS	Mondays 1 pm - 3 pm
CURRENT ISSUES	CF	First and Third Fridays each month 10 am
DUPLICATE BRIDGE	AA/AB	Mondays 1 pm - 4 pm
FRIENDSHIP CIRCLE	SA	Tuesdays, Wednesdays & Thursdays 9:30 am - 12:30 pm
INDOOR WALKING	CB	Monday, Tuesday, Wednesday & Thursday Check Calendar 12:15 pm - 1 pm
KNIT/CROCHET GROUP	AC	Mondays 9:30 am - 11:30 am
MAC, SMART & IPAD	CF	Thursdays 1:30 pm - 3 pm by appt. only
MAHJONGG AFTERNOON	AA	Wednesdays 1 pm - 3 pm
MEN'S POOL	B	Monday, Wednesday & Friday 9 am - Noon
MOVIE	SA	Mondays 1 pm - 3 pm
OUTDOOR WALKING		Thursdays 8:30 am - 9:30 am
PINOCHLE	AA	Tuesdays 1 pm - 3 pm
RUMMIKUB	AA	Tuesdays 10 am - Noon
SETBACK	AAAB	Thursdays 10 am - Noon
Wii BOWLING	AAAB	Thursdays 1 pm - 4 pm
EVENING & WEEKEND PROGRAMS & ACTIVITIES		
TUESDAYS		
PICKLEBALL	CA/CB	5:30 pm - 8:00 pm
BILLIARDS for all ages	B	5:30 pm - 8:00 pm
LIFELONG LEARNING	SA	5:30 pm - 7:30 pm
SETBACK	AA	6:00 pm - 8:00 pm
OPEN COMPUTER	C	5:30 pm - 8:00 pm
THURSDAYS		
MAHJONGG	AB	5:30 pm - 8:00 pm
OPEN COMPUTER	C	5:30 pm - 8:00 pm
BILLIARDS for all ages	B	5:30 pm - 8:00 pm
MOVIE	SA	5:30 pm - 7:30 pm
COLORING FOR STRESS RELIEF	AC	5:30 pm - 7:00 pm
TRIVIA NIGHT (2nd & 4th)	AB	6:00 pm - 7:30 pm
SATURDAYS		
CO-ED BILLIARDS	B	9:00 am - Noon
OPEN ART STUDIO	AC	9:30 am - 11:30 am
MOVIE	SA	Noon
OPEN COMPUTER	C	9:00 am - 3:00 pm
CROKINOLE	CAFE	12:30 pm - 2:30 pm
SCRABBLE All Ages	WS	1:30 pm - 3:00 pm
DANCE PRACTICE	E	9:00 am - 10:30 am