

GLASTONBURY Parks & Recreation Senior Services

#somethingforeveryone



Winter/Spring 2019-2020

www.glastonbury-ct.gov

I. Registration Information

Mail In & On-Line Registration Dates

Registrations will be accepted by **POSTMARKED MAIL & ON-LINE BEGINNING TUESDAY, DECEMBER 10** at 8:00 a.m. with the following exceptions:

Open Gym Passes	Tubing Trips
Indoor Pool Passes	Party Rentals
Teen Center Passes	December Vacation Programs

Mail-in registrations will be processed daily, at random. **REGISTRATIONS WILL NOT BE PROCESSED BEFORE TUESDAY, DECEMBER 10.**

In-Person Registration Dates

In-person registrations will be accepted beginning Thursday, January 2 including J.B. Williams reservations.

Why Can't I Register by Phone or Fax?

Due to limited phone lines and staff, we cannot accept registrations by phone or fax.

Online Registration is Fast & Easy!

If you already have a User Name and Password, just follow steps 1 & 2 below and then log into the system. If not, follow these 5 easy steps:

- | | |
|---------|--|
| Step 1: | Go to www.glastonbury-ct.gov |
| Step 2: | Click "I Want to"/"Register"/"For a Recreation Program" |
| Step 3: | Select "On-Line Registration-New User" |
| Step 4: | Complete the household information. (We encourage you to customize your User Name and Password to something familiar to you) |
| Step 5: | Click "Submit" |

You will receive a confirmation via e-mail and may begin on-line registration.

Returned Checks

A \$15.00 fee will be assessed for returned checks.

Registration Payment

VISA, Mastercard or Discover is accepted on-line, by mail and in-person.

If paying by check, make checks or money orders payable to **"TOWN OF GLASTONBURY"**. Do not send cash. Write **SEPARATE CHECKS** for each program.

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Residency Requirements

Programs are for Glastonbury residents unless otherwise noted.

Cancellation Information

Programs may be canceled due to insufficient registration. Programs are canceled on January 1, January 20; February 17; April 10; May 25 unless otherwise stated.

Notification of Enrollment

Include a **STAMPED**, self addressed, business size envelope with your mail-in registration if you would like your receipt mailed. Receipts can also be e-mailed if an e-mail is included on the registration form. We **DO NOT** mail receipts for registrations processed on-line. You may reprint a receipt from the on-line system by clicking "My Account", "Reprint a Receipt".

Refund Policy

Please review your registrations carefully.

- Refund will be automatic if program is canceled.
- To avoid classes being canceled last minute due to insufficient enrollment and in order to accommodate waiting lists in a timely fashion, refund requests must be made no later than five (5) business days before the program begin. Refund requests received after this point will be subject to a \$10 processing fee.
- Refunds cannot be given on trips, special events, facility reservations and passes.
- Refunds are generally not given once a program has begun, however, in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note.
- Registrations processed by credit card will be credited to the card used. All other refunds generally take 2-4 weeks to process.

Financial Assistance

Discounted registration fees for basic programs are available to those who qualify under the Federal Poverty Guidelines. Eligibility and assistance determinations are made by Social Services. Fee waivers apply to registration fees only. To qualify, submit an Eligibility Application to the Social Services Department. Eligibility for financial assistance does not guarantee a space in the program. Programs include:

- Children's Swim Lessons
- GBA Basketball
- Glastonbury Lacrosse
- Kangaroo Kids
- Open Gym Pass
- Pool Passes
- Teen Center Pass

2. General Information

How to Reach Us

Administrative Phone: (860)652-7679
Administrative Fax: (860)652-7691
Program Info Line: (860)652-7689
Online: www.glastonbury-ct.gov
Mail: Parks and Recreation
Program Registration
P.O. Box 6523
Glastonbury, CT 06033
Office: Parks and Recreation
2143 Main Street
Glastonbury, CT 06033

Our Staff

Lisa Zerio, Director of Parks & Recreation
Greg Foran, Park Superintendent & Tree Warden
Kelly Devanny, Recreation Supervisor
Bill Engle, Recreation Supervisor
Anna Park, Recreation Supervisor
Liz Gambacorta, Recreation Program Coordinator
Kristen Michaels, Event & Banquet Facility Manager
Angela Paisker, Executive Secretary
Cynthia Lea, Administrative Secretary
Katryna Albert, Clerical Assistant

Weekly Activity Information

Schedules, times, locations, and cancellations appear weekly in The Glastonbury Citizen.

Program Information Line

Retrieve program information 24 hours a day by calling our program information line at (860)652-7689.

E-mail Updates

Occasionally, we send updates, cancellation information and other pertinent program information to you via e-mail. Please be sure to include this information on your registration form and to add "recreation@glastonbury-ct.gov" to your address book or trusted e-mail list!

Brochure Mailing Information

Brochures are mailed directly to ALL Glastonbury residents via bulk mail 3 times per year:

Fall: Mid-August
Winter/Spring: Early December
Summer: Early March

Brochures will be available for pick up beginning the Friday prior to each registration at the Riverfront Community Center, Town Hall, Welles Turner Library and our office. Program information is available online beginning the Tuesday prior to each registration at www.glastonbury-ct.gov.

Inclement Weather Policy

- If Glastonbury Public Schools are cancelled, all programs are cancelled.
- If Glastonbury Public Schools are delayed, all programs scheduled to start before noon are cancelled except Kangaroo Kids. For all programs beginning after noon, please call the information line at (860)652-7689 for cancellation information. Select option #2.
- If Glastonbury Public Schools close for a weather related early dismissal, all afternoon and evening activities are cancelled.
- Athletic field cancellation decisions due to inclement weather or poor field conditions will generally be made no later than 3:30 p.m. The Department reserves the right to make field cancellations up to 4:30 p.m. in response to late changing weather conditions. Please call the information line at (860)652-7689 for cancellation information. Select option #2.

For other evening and weekend cancellations, call (860)652-7689, select option #2.

Glastonbury Youth Organizations

The following organizations are run independent of the Parks and Recreation Department. Please contact them regarding program and registration information.

Organization	Contact Information
Little League	www.glastonburylittleleague.org
Hartwell Soccer	www.glastonburysoccer.org
Midget Football	www.gyfa.com
YMCA	(860)633-6548
Lacrosse	www.glastonburylacrosse.org
GBA Basketball	GBAHoops@aol.com www.gbahoops.org
GBA Travel Basketball	GBATravelHoops@aol.com www.gbahoops.org
Glastonbury Gymnastics	www.glastonburygymnastics.com gburygymclub@gmail.com
Glastonbury Swim Team	www.glastonburyswimteam.org

Tobacco Use Prohibited in Town Recreation Areas

Per Town Ordinance, no person shall engage in the act of smoking or use any tobacco products in any Town owned or operated Recreation Area (including, but not limited to, cigarettes, cigars, piped tobacco, chewing tobacco, and snuff). "Tobacco products" also includes any electronic device that delivers nicotine or other substances to the person inhaling from the device including, but not limited to, an electronic cigarette, cigar or pipe.

3. Rentals & Reservations

Party Rentals

Reservations are based on availability. Please call the office to determine available dates. Paperwork must be completed and full payment made within 5 business days of making the reservation. Event dates and times are confirmed only after payment is received. **NO REFUNDS** will be issued. If a cancellation is made with at least 2 weeks notice, there may be an opportunity to reschedule for a different date.

J.B. Williams Park Pavilion Rental

In-person and phone reservations for use of the J.B. Williams Park "covered" pavilion will be taken beginning on Wednesday, January 2.

Availability:	May 1-October 31 (tentative)
Maximum Capacity:	Up to 150 people
Amenities:	Kitchen, restroom, barbecue, softball, volleyball, horse shoes and hiking facilities
Fees:	\$175/rental

Academy Teen Center Rental

An easy alternative for small parties, or events you just don't want to host at home! Bring in your own cake and goodies, we'll provide the rest! Reservations are required with at least 2 weeks advanced notice.

Availability:	Year Round (Saturdays and Sundays)
Times:	2 hour time blocks
Maximum Capacity:	15 people
Amenities:	Staff Supervisor to monitor activity space, use of Teen Center room including ping pong, air hockey, foosball, pool tables, board games, couch areas and craft space, access to rest-rooms, refrigerator and freezer
Fee:	\$100/Rental \$150/Rental with Wii or Craft

Glastonbury Boathouse

Host your next special event at the Glastonbury Boathouse! Whether you are planning a wedding, corporate or social event, your guests are sure to be impressed with our bright and modern Banquet Hall, breathtaking river views, and exceptional cuisine from our Preferred Caterers. Accommodates seated events of 50-150 people, or standing receptions up to 250 people. For more information, visit glastonburyboathouse.com or contact Kristen Michaels, Event and Banquet Facility Manager, at kristen.michaels@glastonbury-ct.gov or (860)652-4640. Follow us on Facebook to get updates on rentals and special events: facebook.com/glastonburyboathouse.

Riverfront Park Boat Launch & Boat Storage

Beginning Monday, March 2nd, boat launch permits are available at the Parks and Recreation office Monday-Friday 8:00 a.m.-4:30 p.m. Boaters must bring proof of residency and valid boat registration. Single boat launch will be open from mid April-November. Park offers a covered picnic pavilion, children's playground and walking trails. Attendant on duty during the boating season. Restrooms available on site.

Seasonal Permits:	Residents: \$60/year
Daily Launch:	Residents: \$20/day Non-Residents: \$120/year Non-Residents: \$40/day

The Glastonbury Boathouse offers convenient and affordable indoor and outdoor storage from January 1-December 31. Storage is available with 1 boat/rack and racks are assigned. Customers can change rack assignments upon annual renewal or with approval. Renters must complete a Boat Storage Application. Racks are first-come-first-serve. Register early and move in before January 1st, at no additional cost.

Fees:	Indoor	Outdoor
Resident	\$550/year	\$100/year
Non-Resident	\$600/year	\$120/year

Public Ice Skating

Ice must be at least 6" thick for ice skating. Call (860)652-7689 for conditions. J.B. Williams and Eastbury Pond are open until dusk, conditions permitting, for unsupervised skating. An area will be set aside for drop in unsupervised ice hockey play at Eastbury Pond. Skating at the Riverfront Park is available until 9:00 p.m. There is no supervised skating.

The Locker Room

Don't let the added cost of equipment stop you from playing! Gently used equipment is available **FREE OF CHARGE** to players who need assistance with getting equipment to play sports. Please call the Teen Center at (860)652-7838 to make requests. Donations are also currently being accepted for all sports. A donation bin is available in the Academy building for your convenience during off hours. See page 12 for Locker Room Open House information!

Check out the Glastonbury Dog Park!

The dog park is a fenced-in area where dogs can run and socialize off-leash legally and safely. A separate area for small dogs is also included. Park amenities include benches, waste receptacles, dog litter bags, water stations and more! The park is located in the Riverfront Park, 200 Welles Street, Glastonbury. Visit <http://www.glastonbury-ct.gov/dogpark>

4. Pre-School Programs

Kangaroo Kids (2020-21) Deposit

Kangaroo Kids is a developmentally appropriate experience for 3&4 year olds. Theme days, arts & crafts, music, social interaction and creative play allow opportunities for your child to explore, imagine and learn under the watchful supervision of our experienced and nurturing staff. Program is offered in either a 2 day or 4 day per week option as follows:

3&4:	Mon. & Thurs.	9:00-11:30
3&4:	Tues. & Fri.	9:00-11:30
3&4:	Mon., Tues., Thurs., Fri.	9:00-11:30
4:	Mon., Tues., Thurs., Fri.	12:30-3:00

Deposits for the 2020-21 program will be accepted beginning on March 10, 2020. **Please note the deposit is non-refundable after June 1, 2020.** Child must be age 3 or 4 by January 1, 2021 to be eligible (No Exceptions). 3 year olds must be toilet trained. Kangaroo Kids meets September-early June. Complete information (dates, fees etc.) will be in the 2020 Summer Brochure available in early March.

An Open House will be held in March at our facility at 35 Bell Street. If you would like to visit the program currently in session, contact Kangaroo Kids at (860) 657-8616 to make an appointment.

Kangaroo Kids Deposit

AM 3&4	Mon & Thurs.	403128-01
AM 3&4	Tues & Fri.	403128-02
AM 3&4	Mon, Tues, Thurs, & Fri	403128-03
PM 4	Mon, Tues, Thurs, & Fri	403128-04

Fee:	\$250 Deposit
Location:	Kangaroo Kids 35 Bell Street
Meets:	September 8, 2020-June 4, 2021

Skyhawks Tiny Hawks

(Ages 3-4)

Help children fine-tune their motor skills in soccer and basketball. Parents are encouraged to stay and are required to stay if children are not quite ready to participate alone. Children must be toilet trained.

Skyhawks Sports Programs

Tiny Hawk 304109-TH

Fee:	\$75
Meets:	Thursdays 5:00-5:50 p.m.
Dates:	May 7-June 4
Location:	Naubuc School Gym

Skyhawks Mini Hawk Sports Program

(Ages 4-6)

This multi-sport program allows young children to explore more than one sport without any pressure. Participate in Soccer and T-ball through unique Skyhawks games. Mini-Hawk coaching staff is trained to meet the specific needs of young children and is committed to helping them start off on the right foot!

Skyhawks Sports Programs

Mini-Hawk 304109-AA

Fee:	\$75
Meets:	Thursdays, 6:00-7:00 p.m.
Dates:	May 7-June 4
Location:	Naubuc School Gym

Music Together®

(Newborns-Age 5)

An innovative approach to early childhood music learning based on the premise that all children are inherently musical. Children explore and express music alongside their most important role models; parents, caregivers and teachers. Nurture your child's natural enthusiasm for music & movement during this early childhood stage of most rapid growth. Instructor is Jessica Nevins of Music Together of the River Valley.

Music Together-Winter

Music Together 9:15	303101-01
Music Sibling 9:15	303101-02
Music Together 10:15	303101-03
Music Sibling 10:15	303101-04
Music Together 11:15	303101-05
Music Sibling 11:15	303101-06

Music Together-Spring

Music Together 9:15	403101-01
Music Sibling 9:15	403101-02
Music Together 10:15	403101-03
Music Sibling 10:15	403101-04
Music Together 11:15	403101-05
Music Sibling 11:15	403101-06

Fee:	\$185/child; \$100/sibling (Newborns under 8 months attend FREE when a sibling is registered; \$185 registered alone.)
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Meets:	Tuesday 9:15-10:00 a.m.; 10:15-11:00 a.m. or 11:15 a.m.-12:00 p.m.
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Location:	RCC Activity Room
Winter:	10 weeks January 7-March 17
Spring:	10 weeks April 7-June 16

5. Pre-School & Family Programs

Parent Child Play Group

(Ages 1-4)

Designed to provide children with an unstructured group play situation and allow parents an opportunity to meet, relax and enjoy their children. Held at the Academy Gym on the carpeted spring floor with equipment for kids to climb, explore and enjoy!

Preschool

Winter Play-Mon 9:10	303125-01
Winter Play-Mon 10:10	303125-02
Winter Play-Thurs. 9:10	303125-03
Winter Play-Thurs 10:10	303125-04
Spring Play-Mon 9:10	403125-01
Spring Play-Mon 10:10	403125-02
Spring Play-Thurs. 9:10	403125-03
Spring Play-Thurs 10:10	403125-04

Fee:	\$30/child
Meets:	Monday: 9:10-10:00; 10:10-11:00 Thursday: 9:10-10:00; 10:10-11:00
Location:	Academy Gym
Winter:	Monday: Jan. 13-March 2 (6 Weeks) Thursday: Jan. 16-Feb. 27 (6 Weeks)
Spring:	Monday: March 23-May 4 (6 Weeks) Thursday: March 26-May 7 (6 weeks)

Messy Art

(Ages 18 months-4 years)

An introduction to art for parent and child. It's not about the end result, but about children getting to color, smear, squish, paint, glue, cut and get creative!

Preschool

Winter Art	303235-01
Spring Art	403235-01

Fee:	\$60/child
Meets:	Tuesday 9:15-10:00
Location:	Academy Teen Center
Winter:	January 14-Feb. 25 (6 weeks)
Spring:	March 24-May 5 (6 Weeks)

Book, Craft, Play

(Ages 2-5 years)

A parent-child class where favorite childhood books and stories are brought to life through arts, crafts interactive play and songs.

Preschool

Winter Book 9:15	303234-01
Winter Book 10:15	303234-02
Spring Book 9:15	403234-01
Spring Book 10:15	403234-02

Fee:	\$60/child
Meets:	Friday 9:15-10:00; 10:15-11:00
Location:	Academy Teen Center
Winter:	January 17-February 28 (6 weeks)
Spring:	March 27-May 8 (6 Weeks)

Fairy Tale Bakeshop *NEW*

(Ages 18 Months-4 Years)

Fairy tales and stories come to life through reading, crafts and edible artwork. Each week we decorate an edible art project. Please note allergens such as dairy, eggs, nuts and gluten will be used.

Preschool

Winter Fairy Tale	303233-01
Spring Fairy Tale	403233-01

Fee:	\$60/child
Meets:	Tuesday 10:30-11:15 a.m.
Location:	Academy Teen Center
Winter:	January 14-Feb. 25 (6 weeks)
Spring:	March 24-May 5 (6 Weeks)

Children's Performance - Matica Circus

Monday, December 23, 2019

Appropriate for Preschool-Elementary Age Children

Smith Middle School Auditorium - 11:00 a.m. FREE

Matica delights audiences of all ages with acts of daring and tremendous skill. Featuring juggling, hula hoop, a tall unicycle, Chinese yo-yo, lots of audience engagement and more! 40 minutes of joy.

Children's Performance - Jungle Jim's Wild

About Balloons Magic Show

Tuesday, February 18, 2020

Appropriate for Preschool-Elementary Age Children

Smith Middle School Auditorium - 11:00 a.m. FREE

The Wild About Balloons Magic Show combines balloon artistry, magic, comedy, and improv to create an amazing experience for children! Children are given a series of balloon adventure challenges, interactive performance pieces designed to encourage them to be great readers, culminating in Jungle Jim's fantastic, mind-blowing finale!

Easter Egg Hunt for Dogs

Egg Hunt begins promptly at 10:00 a.m. at the Riverfront Park (200 Welles Street, Glastonbury) on Saturday, April 4th. Event will be held rain or shine. Over 6,000 eggs will be hidden. Every egg contains a treat or prize for you and your dog (**Donated by Melzen Pet Supply**) including gift certificates and other surprises. Cost is \$10/dog. Dogs must be on leash with up to date rabies tag or certification. No aggressive dogs please.

6. Family Programs

Mommy & Me Barre *NEW*

(Adult & Children 2-5)

A method of exercise rooted in ballet and strength training. Lift, tone, sculpt, define and strengthen your core muscles. This body sculpting class uses the ballet barre (or chairs) and small, isometric, concentrated movements to create lean muscles. Our Mommy & Me class will allow you to enjoy this energetic form of exercise with your child through partner exercises and stretches. Workout is set to upbeat music at a vigorous pace to get your heart pumping! Bring water, mat and 1-2 pound hand weights.

Family Fitness

Mom & Me Barre Win-1	307302-B1
Mom & Me Barre Win-2	307302-B2
Mom & Me Barre Sp	407302-B1

Fee:	\$48/Winter; \$76/Spring
Meets:	Wednesdays, 10:45-11:30 a.m.
Location:	Academy Multipurpose Room
Winter-1:	January 15-February 12
Winter-2:	February 26-March 25
Spring:	April 22-June 10
Instructor:	Personal Euphoria

Mommy & Me Yoga *NEW*

(Adult & Children 2-5)

Create awareness of the body and breath, combined functional movement with mindfulness. Class includes warm up and centering, physical movement and yoga flow, followed by cool down and relaxation. Parents will help guide children.

Family Fitness

Mom & Me Yoga Win-1	307302-Y1
Mom & Me Yoga Win-2	307302-Y2
Mom & Me Yoga Sp	407302-YS

Fee:	\$48/Winter; \$76/Spring
Meets:	Tuesdays, 10:45-11:30 a.m.
Location:	Academy Multipurpose Room
Winter-1:	January 14-February 11
Winter-2:	February 25-March 24
Spring:	April 21-June 9
Instructor:	Personal Euphoria

Family Yoga

Create awareness of the body and breath, combining functional movement with mindfulness. Class includes warm up and centering, physical movement and yoga flow, followed by cool down and relaxation. Parents will help guide children under 8. Bring a yoga mat, water and any props that help you in yoga. Children under 12 must have an adult registered with them to participate. All participants must register.

Fitness

Winter-1:	307211-W1
Winter-2:	307211-W2
Spring:	407211-ST

Fee:	\$32/Winter; \$42/Spring
Meets:	Thursdays, 5:15-6:00 PM
Winter-1:	January 9-February 13
Winter-2:	February 27-April 2
Spring:	April 23-June 11
Location:	RCC Exercise Room
Instructor:	Personal Euphoria

Family Ice Fishing Clinic

(All Ages-Under 10 Must be Accompanied by Adult)
This DEEP sponsored clinic is taught by state certified volunteer instructors through the Connecticut Aquatic Resources Education (CARE) Program. It is designed to introduce you to the wintertime sport of ice fishing. All those who attend are invited to join the DEEP at their Annual Family Ice Fishing Derby on Coventry Lake, January 26th. The Derby is only open to those who attend an Ice Fishing class and is free.

Fishing Clinic

Ice Fishing Clinic	410009-BB
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Fee:	FREE
Meets:	Thursday 6:30-8:30 p.m.
Location:	Gideon Welles Cafeteria
Dates:	Thursday, January 9 (Snow Date: January 16)

Beginning Fisherman Clinic

(All Ages-Under 10 Must be Accompanied by Adult)
The DEEP's Bureau of Fisheries will instruct about identifying fish, techniques and safety. Materials and equipment will be provided. FREE!

Fishing Clinic

Beginning Fisherman's Clinic	410009-AA
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Fee:	FREE
Meets:	6:30-8:30 p.m.
Location:	Hebron Avenue Cafeteria
Dates:	Tuesday & Thursday, April 7 & 9

Youth Fishing Derby

(Youth ages 4 through 15)
Compete for the biggest, smallest, first and most trout caught, or just enjoy a morning of fishing with your child on Saturday, April 25, 8:00-10:00 a.m. at J.B. Williams Pond. Prizes raffled every 15 minutes. Four age categories: 4-6, 7-9, 10-12, 13-15. No bait restrictions. No physical parental assistance allowed except baiting & casting. Pre-registration not required. FREE.

7. December & February Vacation Programs

Skyhawks Multi-Sport Vacation Camps

(Grades 1-5)

Designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. For this camp, our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games include capture the flag, soccer, ultimate frisbee, basketball, kickball, baseball, 4 square, flag football, team handball and many more.

Holiday Vacation Sports Camp

12/23 Full	404109-D5
12/23 Half	404109-D6
12/26 Full	404109-D1
12/26 Half	404109-D2
12/27 Full	404109-D3
12/27 Half	404109-D4
3 Days Full	404109-DF
3 Days Half	404109-DH

Fee: \$59/1 Full Day; \$39/1 Half Day
\$130/3 Full Days; \$99/3 Half Days
Meets: Monday, Thursday, Friday
9:00 a.m.-3:00 p.m. (Full Day)
9:00 a.m.-12:00 p.m. (Half Day)
Dates: 12/23; 12/26; 12/27 or all 3 Days
Location: Smith Middle School Gym

Aspiring Young Engineers Winter Break Workshops

Join us for this exciting, educational S.T.E.A.M. workshop! These one-day holiday workshops are a great way for students to explore our unique, customized S.T.E.A.M. curriculum while having fun!

Mechanical Workshop (Grades 1-4)

From vehicles, to conveyor belts, to amusement park rides, students will immerse themselves in the motors and mechanics of different machines.

LEGO® TECHNICAL® Metropolis! (Grades K-2)

Learn about, plan, and build a customized LEGO® TECHNICAL® city – complete with a skyscraper at least 6 ft. tall, trains and motorized vehicles!

Architecture Workshop (Grades 1-4)

From skyscrapers, to medieval castles & catapults, to scale bridges, students will be amazed!

Youth Programs

Lego Technic	312204-LT
Architecture	312204-AW
Mechanical	312204-MW

Fee: \$42
Meets: 9:00 a.m.-1:00 p.m.
Location: Academy Multi-Purpose Room #1
Mechanical: Monday, December 23
Lego Technic: Friday, December 27
Architecture: Monday, December 30
Instructor: Engineering Imagination

S.T.E.A.M Train Workshop

(Boys and Girls Grades K-1)

All-Aboard the S.T.E.A.M. (Science, Technology, Engineering, Architecture, Math.) Train! Construct a customized LEGO® train & track system using the creativity and excitement LEGO encourages. Have fun while learning about train technology, build your own freight car and drive the main-engine car, comparing infrared and blue tooth controls!

Youth Programs

Steam Train	312204-ST
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Fee: \$29
Meets: Tuesday 9:00 a.m.-12:00 p.m.
Location: Academy Cafeteria
Dates: February 18
Instructor: Engineering Imagination

Egg-Gineering *NEW*

(Boys and Girls Grades 2-4)

Students will learn about and apply real-world engineering concepts in hopes of avoiding an egg-spllosion! Given a variety of supplies including but not limited to paper cups & plates, popsicle sticks and recycled materials, students will design and build contraptions capable of protecting a raw egg during a collision. Students have so much fun with this timeless engineering challenge, investigating and applying their unique ideas with eagerness and curiosity!

Youth Programs

Egg-gineering	312204-EG
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Fee: \$29
Meets: Tuesday, 1:00-4:00
Location: Academy Multipurpose Room #1
Dates: February 18
Instructor: Engineering Imagination

8. April Vacation & Youth Programs

Engineering Imagination Vacation Camp *NEW*

(Boys and Girls Grades 1-3)

Explore the fascinating world of "S.T.E.A.M." (Science, Technology, Engineering, Architecture, Mathematics) through these hands-on, minds-on, unique enrichment camps! Use a variety of mediums to learn about, design and build projects such as bridges and roller coasters! Activities and topics include mechanical engineering, architecture, reverse engineering, and environmental science. In addition, participants will take home some of the projects they complete!

Youth Programs

Engineering Camp 412204-EC

Fee: \$205
Meets: Monday-Thursday, 9:00-4:00
Location: Academy Cafeteria
Dates: April 13-April 16
Instructor: Engineering Imagination

Backyard Games During Vacation Week - NEW

(Grades K-3)

Play all your favorite backyard games like capture the flag, sharks & minnows, freeze tag, basketball, soccer, flag football and others. A wonderful way to have fun and stay active during vacation!

Vacation Activities - Spring

Vacation Games 412104-BG

Fee: \$180/Person
Meets: Monday-Thursday
Date: April 13-16
Time: 9:00 a.m.-3:00 p.m.
Location: Smith Middle School Gym
Instructor: Kavin Banks, Jr.

April Vacation Fairies & Dragons Art-Ventures

(Boys & Girls Grade K-4)

Unleash your inner elves as you conjure up fire-breathing dragons, transform colorful clay into goblin masks and create winged fairy or armored knight dolls. Sculpt bedazzling unicorns with rainbow manes, design witch or wizard figurines and build wooden fairy houses with real shells, stones, moss and more. Paint ceramic unicorn banks and create your own dragon or mermaid t-shirts! With the aid of some very magical potions and spells, experience painting, drawing, stained glass, ceramic, fabric and clay art. Storytelling is included in these fun, fantasy-filled art-ventures.

Kids Crafts

April Vacation Art 312003-AV

Fee: \$140/Session

Meets: Monday-Thursday 9:00 a.m.-12:00 p.m.
Location: Academy Multi-Purpose Room 1
Dates: April 13-16
Instructor: Art-Ventures for Kids

Art-Ventures Magical Art Mystery Tour

(Boys & Girls Grade K-4)

Abracadabra, hocus pocus, its magic and mystery with art as the focus! Experiment with new and mysterious mediums and discover surprising techniques to transform familiar materials into magical masterpieces. Sculpt clay lizards and build lizard playgrounds out of sticky magic "nuudles". Create colorful ceramic piggy banks, whimsical model magic owls and scratch art designs inspired by the artist Miro. Wave wands over t-shirts to form magical designs using fabric printing inks and stir a few unexpected items into a fluffy goop potion. Discover the secret ingredient that turns pencils into paints, black lines into circus elephants and torn paper into painted landscapes. Masterpieces come home each week.

Kids Crafts

Magical Art 312003-MA

Fee: \$116/Person
(All Materials Included in the Fee)
Meets: Mondays 3:45-4:45 p.m.
Location: Academy Teen Center
Dates: January 13-March 16
(No Class 1/20, 2/17)
Instructor: Art-Ventures for Kids

Art-Ventures Super Hero Art Explorers

(Boys & Girls Grade K-4)

Superhero girls and boys soar off on a top secret mission to save planet Earth using the most important superpower of all: imagination! Design superhero masks, shields and capes to protect secret identities and build superhero sidekicks to accompany us as we save the world. Create wrist cuffs, build secret comic book boxes and design colorful onomatopoeia drawings. Create amazing and original works of art using natural, recycled and unconventional art forms and techniques. Color ceramic superhero banks and explore the art of print making while designing bubble wrap t-shirts.

Kids Crafts

Super Hero 312003-SH

Fee: \$114/Person
(All Materials Included in the Fee)
Meets: Mondays 3:45-4:45 p.m.
Location: Teen Center
Dates: March 30-June 1
(No Class 4/13; 5/25)
Instructor: Art-Ventures for Kids

9. Youth Programs

Royal Talen's Art Program ***NEW***

(Ages 8 and Up)

Royal Talens Art/Educational programs inspire people to paint and draw, as well as engage, inform and inspire artistic experimentation and expression. Participants will explore different techniques and creativity with watercolor inks. Participants under the age of 16 must attend with an adult.

Family Programs

Royal Talen's Art 310118-RA

Fee: \$3/Child; \$5/Resident Adult
\$9/Non-Resident Adult;
Meets: Thursdays, 5:30-7:30 p.m.
Location: Riverfront Community Center
Date: March 19

General Acting

(Boys & Girls Grade K-5)

Learn a variety of theater techniques and experience performing in front of your peers! Practice stage presence for both stage plays and musical theater. Classes include a general introduction to theater, theater games and class acting exercises.

Performing Arts

Acting Grades K-2 204233-K2
Acting Grades 3-5 204233-35

Fee: \$139/Person
Meets: Thursdays
4:00-5:00 p.m. (Grades K-2)
5:00-6:00 p.m. (Grades 3-5)
Location: Academy Cafeteria
Dates: February 6-April 2
(No Class 2/20)
Instructor: Arts in CT

Rocket Science ***NEW***

(Boys and Girls Grades 2-4)

Blast off in this thrilling class full of young "aerospace engineers." Students in this class will use a wide variety of mediums including, but not limited to, cardboard, newspaper, string, tape and PVC tubing. Using the different materials, young engineers will plan, design and build model rockets while exploring different methods of propulsion and thrust!

Youth Programs

Rocket Science 412204-RS

Fee: \$22
Meets: Tuesday, 4:00-6:00
Location: Academy Multipurpose Room #1
Dates: May 5
Instructor: Engineering Imagination

Aspiring Young Engineers

(Boys and Girls Grades 2-4)

Use a variety of mediums to explore a unique, S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) curriculum. Learn about and build projects like hydroelectric waterwheels, model rockets and scale bridges. From model roller coasters to LEGO® challenges, have a blast while learning through hands-on, minds-on activities!

Youth Programs

Young Engineers 412204-AY

Fee: \$105
Meets: Monday, 4:00-6:00 p.m.
Location: Academy Multi-Purpose Room #1
Dates: April 27-June 1 (No Class 5/25)
Instructor: Engineering Imagination

Roller Coaster Engineering ***NEW***

(Boys and Girls Grades 2-4)

Design, Build, and Test Customized Model Roller Coasters! Participants will use a variety of materials to fabricate customized, functioning model roller coasters. Students will not only enjoy building model roller coasters, but they will also learn about the pertinent engineering, planning, and mechanics!

Youth Programs

Roller Coaster 312204-RO

Fee: \$22
Meets: Monday, 4:00-6:00 p.m.
Location: Academy Multipurpose Room #1
Dates: January 13
Instructor: Engineering Imagination

Engineering FUNdamentals with Lego®

(Boys and Girls grades K-2)

Learn from a customized, unique, S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) based curriculum while having FUN! The primary medium used for these classes is LEGO® TECHNIC. From the creativity and enjoyment encouraged by LEGO®, kids always enjoy themselves while learning engineering terms and concepts along the way!

Youth Programs

Engineering-Winter 312204-E1

Fee: \$105/Participant
Winter: Wednesdays 4:00-6:00 p.m.
Location: Academy Multi-Purpose Room #1
Winter: March 4-April 1
Instructor: Engineering Imagination

10. Youth & Sports Programs

Healthy Harvest Kids Cooking *NEW*

(Grades 3-5)

Learn beginning hospitality and culinary skills using fresh ingredients from local farms. Practice and discuss the importance of following recipes, food safety, mixing, measuring, cooking and food presentation.

Gardening

Spring Harvest 207234-SH

FEE: \$45/Person
MEETS: Wednesdays 2:00-4:00 p.m.
LOCATION: RCC Activity Room
DATES: March 4, 11, 18

Aaron Kehdabra School of Magic *NEW*

(Ages 7-12)

Award winning Illusionist Aaron Kehdabra empowers kids by building character, confidence & communication skills with the art of magic. Includes magic props, secret file folders and online magic vault.

Youth Programs

Magic Wksp Winter 312206-WT
Magic Wksp Spring 412206-ST

Fee: \$115
Meets: Thursdays, 4:30-6:00 p.m.
Location: Academy Multi-Purpose Room #1
Winter: March 5-April 2
Spring: April 23-May 21
Instructor: Discover Magic

Indoor Playground

(Ages 5-15)

Are you seeking an active and fun way for your child with special needs to spend Saturday afternoons this winter? Whether your child enjoys active movement and music activities or quieter crafts and board games, there will be something for everyone! Join the fun with other families and program staff as we include children of all abilities and their siblings. Parent or caregiver must attend with child (this is not a drop off). Typical siblings can sign up for a reduced price.

Indoor Playground

Indoor Playground 312102-IP
Siblings 312102-SB

Fee: \$35/Person; \$15/Typical Sibling
Meets: Saturdays 1:30-3:00 p.m.
January 18-March 7
Location: Academy Cafeteria

Backyard Games

(Grades K-3)

Play all your favorite backyard games like capture the flag, sharks & minnows, freeze tag, basketball, soccer, flag football and others. A wonderful way to have fun and stay active during the winter months.

Fitness for Kids

Backyard Games 412202-BG

Fee: \$52
Meets: Tuesdays, 4:45-5:45 p.m.
Date: January 7-February 4
Location: Buttonball School Gym
Instructor: Kavin Banks, Jr.

X-Factor Training Camp for Children

(Ages 7-14)

Improve physical health and well being in an all inclusive, non-competitive camp. Utilize speed, quickness and agility drills to get active and improve performance. Non-competitive games and training exercises create a dynamic workout. Instructed by personal trainers with experience working with youth.

Fitness for Kids

X-Factor Winter 412202-MA
X-Factor Spring 412202-SX

Fee: \$80/person
Meets: Tuesday & Thursday 6:30-7:45 p.m.
Winter: February 25-March 26
(No Class 3/12, 3/19)
Spring: April 21-May 21
(No Class 5/5, 5/7)
Location: Buttonball Gym
Instructor: Coach Kavin Banks, Jr.

Youth Jukido

(Ages 6 & up by start of session)

Discover authentic martial arts. Jukido is based on centuries old Japanese Jujitsu and is a fun and safe way to learn to defend yourself. Parents who wish to participate with their child may also register.

Jukido Winter

Jukido Winter 6:15 312105-01

Jukido Spring

Jukido Spring 6:15 412105-01

Fee: \$52/Person (Winter); \$50/Person (Spring)
Meets: Monday 6:15-7:15
Location: Gideon Welles Aux. Gym
Winter: 8 Weeks December 2-February 24
Spring: 6 Weeks March 30-June 1
Instructor: Rich Webster

II. Youth & Sports Programs

Skyhawks Volleyball Clinic

(Boys & Girls Grades 6-8)

All aspects of the game will be taught through drills and exercises that focus on passing, setting, hitting, defense, offense and serving. Learn not only the core volleyball skills but also teamwork and sportsmanship. Skyhawks' staff will assist each athlete in developing fundamental skills of the game through game-speed drills and scrimmages aimed at developing the whole player. Players will be grouped by age and ability.

Skyhawks Sports Programs

Spring Volleyball 304109-VB

Fee: \$109
 Meets: Tuesdays 5:15-7:15 p.m.
 Dates: March 31-May 12 (No Class 4/14)
 Location: Smith Middle School Auxiliary Gym

Girls in Stride Running

(Girls Grades 1-8)

Imagine the thrill your daughter will feel as she crosses the finish line in her first race. This dynamite training program will prepare your daughter for the Celebrate West Hartford 5K on June 7th. Focus will be on using games and drills that make running fun, while also improving athletic performance for those who play other sports. Help your daughter gain confidence, build self-esteem, and lead her to a path of health and fitness. This non-competitive training program is offered for all levels of runners. As part of the program, the girls will be exposed to goal setting, journaling of training, nutrition, and mental preparation. Fee includes a t-shirt and training journal. In case of inclement weather, the program will be held in the Academy Building. Race registration is not included in the program fee.

Running Programs

Spring GIS (1-8) 203105-GS

Fee: \$79/Person (Does not Include Race Registration Fee)
 Meets: Wednesdays 3:30-4:30 p.m.
 Location: Riverfront Park Gazebo
 Dates: April 22-June 3

Spring Children's Tennis

(Ages 7-17)

Lessons are broken into groups allowing instructors to provide emphasis on specific skills. Must provide your own racquet. **Level 1** for those with little or no tennis experience. **Level 2** for those who hold a racquet properly, understand the basics of forehand and backhand and hit at least 3 times from the center service line. **Level 3** for those who understand the basics of rallying, hit forehand and backhand at least 3 times from the baseline with both, perform the basics of a serve and know how to keep score. **Level 4** for those who consistently rally forehand and backhand 4-6 times from the baseline, serve, hit overhead and approach shots, and understand rules and tennis etiquette.

Spring Child Tennis Lessons

Level	9:00 a.m.	10:00 a.m.
Level 1, 2, 3	423281-AA	
Level 2, 3, 4		423281-BB
Students will be divided according to skill.		

Fee: \$29/Session
 Meets: Saturday 9:00-9:55 a.m.; 10:00-10:55 a.m.
 Location: GHS Tennis Courts
 Dates: April 25-May 30 (No Class 5/23)

QuickStart Red Ball Tennis

(Ages 5-7)

This program is geared to help younger children learn the game of tennis. Low compression balls are used to help the younger children learn to play. Bring a junior racquet and water bottle.

Spring Child Tennis Lessons

Quick Start 423281-QS

Fee: \$29/Session
 Meets: Saturday 8:00-8:55 a.m.
 Location: GHS Tennis Courts
 Dates: April 25-May 30 (No Class 5/23)

Did you see all the programs during December, February and April Vacation?! Check them out on pages 7 and 8!

#staycation #vacationwithus #staylocal

12. Locker Room & Skate Park

Locker Room Shopping Extravaganza

Don't let the added cost of equipment stop you from playing the game! Hartwell Soccer in conjunction with Parks and Recreation and Social Services has put together a sports equipment recycling program. Gently used equipment is being made available FREE OF CHARGE to players who need assistance with getting the right equipment to play sports. Shop till you drop on Thursday, February 20 from 10:00 a.m.-6:00 p.m. or Friday, February 21st from 10:00 a.m.-5:00 p.m. The Locker Room currently has soccer, baseball and basketball items available as well as some miscellaneous sports equipment. Please contact the Academy Teen Center at (860)652-7838 or e-mail at teen.center@glastonbury-ct.gov for more information.

Donations are also currently being accepted for all sports. Equipment can be brought to the Academy Teen Center on Wednesdays, Thursdays or Fridays between 3:00-6:30 p.m. Donation bins are also available for your convenience during off hours.

Skate Park (2143 Main Street)

Featuring Woodward skate equipment, the park boasts a 4' half pipe, 2', 3' and 4' quarter pipes, ramps, rails and wedges! All skaters visiting the park for the first time must sign and complete a waiver. Only skateboards and in-line skates permitted. All skaters MUST wear helmets. Other equipment is recommended, but optional. Skate Park opens for the season on Wednesday, April 25, 2020. FREE Admission.

Spring, Summer: Wednesday-Sunday 3:00-6:00 p.m.
*CLOSED Monday & Tuesday

Beginner Skate Lessons

(Skateboarders ONLY ages 5-7 years old)
New skaters or those with limited ability are taught basic skills including balance, position, stopping, turning, falling techniques and safety. All skaters MUST wear helmets. Other equipment is recommended, but optional.

Skate Park
Beginner Skate 513001-BS

Fee: \$49/child
Meets: Saturdays 9:00-9:45 a.m.
Dates: April 25-May 30
Location: Skate Park (2143 Main Street)

Advanced Beginner Skate

(Skateboarders ONLY ages 7 and up)
Learn fundamentals and beginner maneuvers. Participants are taught how to properly ride each piece of equipment, proper falling techniques,

balance and safety. As participants improve, airs, grinds, spins and tricks will be taught. All skaters MUST wear helmets. Other equipment is recommended, but optional.

Skate Park
AdvancedB Skate 513001-AS

Fee: \$69/child
Meets: Saturdays
9:45-10:45 a.m.
Dates: April 25-May 30
Location: Skate Park (2143 Main Street)

Intermediate Skate

(Skateboarders ONLY ages 7 and up)
Learn advanced tricks and maneuvers. Skaters taking this level must have several years of skating experience. Proper technique will be stressed. 360's, 180's, Ollies, 50-50's, Kickflips, Shuvits, Grabbed Airs, Topsides, Negatives, Torques, Technical Grinds and tricks will be taught and practiced. All skaters MUST wear helmets. Other equipment is recommended, but optional.

Skate Park
Intermediate Skate 513001-IS

Fee: \$69/child
Meets: Saturdays 10:45-11:45 a.m.
Dates: April 25-May 30
Location: Skate Park (2143 Main Street)

Skate Competition

(All Ages)
Skaters from all towns can enter in either beginner, advanced beginner or intermediate categories. Beginners have limited experience, know basic skills and can ride the ramps without too much difficulty. Advanced Beginners can ride the ramps with ease, perform some airs, grinds and tricks and are beginning to work on aggressive moves. Intermediates can perform aggressive tricks, ollies, kickflips, grabbed airs, and technical grinds. The format of the event will be a JAM session. Skaters will be judged on technicality of tricks, fluidity, speed and style. Helmets are required.

Skate Park
Beginner Comp Skate 513001-DD
AdvancedB Comp Skate 513001-DE
Interm Comp Skate 513001-DF

Fees: Competitors: \$5 registration fee
Spectators: Free
Location: Glastonbury Skate Park
Date: Saturday, June 6
Competition: 11:00 a.m.-1:00 p.m.
Park Open Until 6:00 p.m.

B. Gymnastics Programs

Glastonbury Gymnastics Club

Committed to providing a fun and safe learning experience, we offer individual instruction, recreational and competitive programs and structured classes for ages 3 through high school.

About our Staff

Staff consists of caring, dedicated and well trained class instructors. Director Kathy Johnson is a USAG Professional Member, with Safety and Meet Director certifications. Team Coaches are USAG members and safety certified. All are First Aid/CPR certified.

About our Facility

Located in the Academy Building, 2143 Main Street, our facility meets all the standards of USA Gymnastics and is outfitted with multiple balance beams, uneven bars, tumble trak trampoline, full spring floor and a large array of creative preschool equipment.

Preschool Classes

Ages 3&4 (Ages 3&4 by Start of Session) Children learn the basics of how to tumble, balance on a beam and swing on the low bar. Parent participation is not required and you will be allowed to watch the class.

Gymnastics Lessons - Winter

Ages 3&4 - Wed.	3:05-4:05	306108-05
Ages 3&4 - Fri.	3:05-4:05	306108-06

Fee: \$140/child
Dates: 10 Weeks beginning January 3

Gymnastics Lessons - Spring

Ages 3&4 - Wed.	3:05-4:05	406108-05
Ages 3&4 - Fri.	3:05-4:05	406108-06

Fee: \$130/child
Dates: 8 Weeks beginning April 1

Recreation Classes

Children must be 5 years old by the start of the session. Classes follow progression guidelines developed by USA Gymnastics. Emphasis is on individual skill development in tumbling, floor, balance beam, vault and bars. Classes are divided by ability levels to ensure that all gymnasts progress in a safe and appropriate manner. Parents will be allowed to watch the first and final class only

Beginner: Everyone enters at the beginner level. The basics of gymnastics are taught at this stage. Gymnasts who are new to program but have gymnastics some experience may call to be tested. Advanced Beginner (USAG Pre Level 1) Gymnasts enter after they master a forward roll to stand, straight arm bridge, cartwheel, and $\frac{3}{4}$ handstand. Intermediate (USAG Level 1) Gymnasts enter after they have mastered a handstand, round-off, backward roll to push-up position, standing backbend, and one pull-up with their chin passing above the bar. To eligible for the Xcel Bronze Team, gymnasts must be able to do a backbend kick-over, handstand forward roll, pull-over mount on bars, back hip circle on bars, three pull ups with chin passing above the bar, and one split. Gymnasts must be tested by the Director to move to Xcel Bronze Team. Recreation Classes are offered as follows:

Gymnastics Lessons - Winter

*All Levels – Wed. 4:10-5:10	306108-01
*All Levels – Wed. 5:15-6:15	306108-02
*All Levels – Fri. 4:10-5:10	306108-03
*All Levels – Fri. 5:15-6:15	306108-04

*Combinations class where kids are grouped by level

Fee: \$140/child
Dates: 10 Weeks beginning January 3

Gymnastics Lessons - Spring

*All Levels – Wed. 4:10-5:10	406108-01
*All Levels – Wed. 5:15-6:15	406108-02
*All Levels – Fri. 4:10-5:10	406108-03
*All Levels – Fri. 5:15-6:15	406108-04

*Combinations class where kids are grouped by level

Fee: \$130/child
Dates: 8 Weeks beginning April 3

While the kids get fit, so can
the adults! Take a look at

some of the fabulous fitness programs we offer for adults on
pages 20-22 and the great family fitness options on page 6!

#getfitwiththefam #2020fitnessgoals #keeponmovin

14. Gymnastics Programs

Junior Olympic Competitive Team

Gymnasts must be tested by the Director in order to be placed on Junior Olympic (J.O.) Competitive Team. J.O. team gymnasts work out between 4.5-7.5 hours/week, allowing them the flexibility to participate in other sports and/or activities. Level 2-9 gymnasts compete at sanctioned USA Gymnastics and YMCA events. All J.O. team gymnasts must possess a current Athlete Membership to USA Gymnastics (\$59 annual fee) and be members of the Glastonbury Family YMCA. Fees will be collected by the Gymnastics Director.

Gymnastics Team

Level 2 (2/week) Winter: 306208-01
 Mon. 4:00-6:10 Spring: 406208-01
 Fri. 6:15-8:30

Level 3 (3/week) Winter: 306308-02
 Mon. 4:00-6:10 Spring: 406208-02
 Fri. 6:15-8:30
 Plus Choose One
 Tuesday or Thursday 5:45-8:30

Level 4 (3/week) Winter: 306308-03
 Mon. 6:00-8:30 Spring: 406208-03
 Wed. 6:15-8:30
 Plus Choose One
 Tuesday or Thursday 5:45-8:30

Level 5-9 Winter: 306208-04
 Mon. 6:00-8:30 Spring: 406208-04
 Tues. 5:45-8:30
 Wed. 6:15-8:30
 Thurs. 5:45-8:30

Fee (Winter): \$314/Level 2
 \$334/Level 3, 4, 5-9
 Dates (Winter): 12 Weeks beginning January 2

Fee (Spring): \$274/Level 2
 \$294/Level 3, 4, 5-9
 Dates (Spring): 10 Weeks beginning April 1

Xcel Competitive Team

Xcel is an opportunity for recreational level athletes to experience the thrill of gymnastics competition. Bronze is the introductory level of competition. Open to female gymnasts ages 6 and older, who are able to do a cartwheel, round-off, handstand, and backward roll to push up. Being a member of our Xcel Team is considered a year-long commitment. All Xcel Bronze gymnasts must possess an Introductory Athlete Membership to USA Gymnastics (\$27 annual fee) and be members of the Glastonbury Family YMCA. Fees collected by Gymnastics Director.

Gymnastics Team

Bronze (2/week) Winter: 306208-05
 Tues. 4:15-5:45 Spring: 406208-05
 Thurs. 4:15-5:45

Silver (3/week) Winter: 306208-06
 Mon. 6:00-8:30 Spring: 406208-06
 Wed. 6:15-8:30
 Plus Choose One
 Tuesday or Thursday 5:45-8:30

Gold (3/week) Winter: 306208-07
 Mon. 6:00-8:30 Spring: 406208-07
 Wed. 6:15-8:30
 Plus Choose One
 Tuesday or Thursday 5:45-8:30

Platinum/Diamond
 Mon. 6:00-8:30 Winter: 306208-08
 Tues. 5:45-8:30 Spring: 406208-08
 Wed. 6:15-8:30
 Thurs. 5:45-8:30

Fee (Winter): \$314/Bronze
 \$334/Silver, Gold, Platinum
 Dates (Winter): 12 Weeks beginning January 2

Fee (Spring): \$274/Bronze
 \$294/Silver, Gold, Platinum
 Dates (Spring): 10 Weeks beginning April 1

**We do have some amazing coaches and staff, don't we?!
 Want to find out how to be part of the crew? Take a look at
 the back cover for summer employment opportunities!
 #comeworkwithus #bestsummerjobever**

15. Parks & Facilities

Parks & Recreation Facilities	Address	Acres	Baseball/Softball	Basketball	Community Garden	Cross Country Ski	Fishing	Football	Golf	Hiking/Walking	Ice Skating	Lacrosse	Open Space	Picnic Areas	Picnic Pavilion	Playground	Sand Volleyball	Soccer	Streambelt	Swimming	Tennis	
Academy Field	2143 Main St.	4.0	X										X									
Addison Park	415 Addison Rd.	32.9	X	X							X		X		X		X		X	X	X	
Arbor Acres Open Space	429 Marlborough Rd.	75.48								X			X						X			
Blackledge Falls	Hebron Ave.	80.0								X			X						X			
Buckingham Park	1285 Manchester Rd.	35.3	X							X			X		X		X					
Butler Field	225 Forest Lane	11.6	X							X			X									
Center Green	2340 Main St.	.9											X	X								
Cider Mill Open Space	1287 Main St.	21.8											X									
Cotton Hollow Preserve	Hopewell Rd.	83.2					X			X									X			
Earle Park	1375 Main St.	39.1								X			X									
Eastbury Pond	39 Fisher Hill Rd.	9.4					X				X									X		
Ferry Landing	Ferry Lane	3.8					X			X			X	X								
Glastonbury High School	330 Hubbard St.	72.7	X	X				X				X						X	X	X		
Grange Pool	500 Hopewell Rd.	8.9												X						X		
Grayledge Farm Open Space	175 Marlborough Rd.	96.84								X			X					X				
Great Pond Preserve	Great Pond Rd.	42.9								X			X									
High Street Park	30 High St.	3.4	X													X	X	X				
Hubbard Green	1946 Main St.	5.7											X	X								
Longo Farm Open Space	3006 Hebron Ave.	156.99								X			X									
Matson Hill Open Space	68 Matson Hill Rd.	22.22					X			X			X						X			
Minnechaug Golf Course	16 Fairway Cr.	58.5							X													
Riverfront Park	200 & 252 Welles St.	44.1	X	X			X			X	X	X	X	X	X	X	X	X	X	X		
Ross Field	45 Canione Rd.	5.0	X		X									X		X						
Rotary Field	358 Old Stage Rd.	7.7	X												X	X						
Salmon Brook Park	New London Tpk.	10.9					X				X		X	X						X		
Smith Middle School	216 Addison Rd.	149.7	X				X					X	X					X	X			
Welles Park	185 Griswold St.	11.6	X	X												X		X				
Williams Park	789 Neipsic Rd.	161.9	X			X	X			X	X		X	X	X	X	X					



Visit online at www.glastonbury-ct.gov for
 facility information, directions and photos!
 #scanthebarcode #glastonburyhasitall

16. Teen Programs

Youth Open Gym

(Youth 18 and under)

Activities include pick up basketball. Children under grade 6 must be accompanied by an adult. Students must bring their school ID.

Fee: FREE
Meets: Wednesday 7:30-9:30 p.m.; Saturday 2:00-6:00 p.m.; Sunday 1:00-5:00 p.m.
Location: Wednesday at Smith Middle School Gym; Saturday and Sunday at Glastonbury High School Gym
Dates: Wednesday ends June 3
Weekends end April 26

Academy Teen Center

(Teens in Grades 6-8)

A drop in center featuring pool, table tennis, air hockey, foosball, arts & crafts, homework room with computers that have monitored internet access, and special activities. Transportation is provided for after-school hours from Smith Middle and Gideon. At Smith, you must sign up at the main office before 7th period and at Gideon you must bring a note and sign up in the main office. Daily admission fees will be collected at the Teen Center for those who do not have passes. The Teen Center has many benefits including:

- Transportation during after-school hours
- Interactive Game Lounge Featuring Nintendo Switch and X-Box One
- Innovative Arts and Crafts Center
- HDTV Movies (Free popcorn)
- Staff Supervision (CPR and First Aid Certified)
- Special Events (Community Service Opportunities, Theme Days, Holiday Celebrations, and Field Trips)

Teen Center

School Year Pass 6-8 208005-03

School Year Pass: \$59/Person
Daily Admission: \$5/person
Location: Academy (2143 Main St.)
Hours: Wednesday, Thursday, Friday 3:00-6:00 p.m.
April Vacation: CLOSED

Friday Night Club

Have fun and make new friends! Themed Friday night activities are planned for special needs adults 16 and older from Glastonbury, Glastonbury Special Olympics participants and their guests. Program staff provides general supervision. Participants requiring more assistance to participate are welcome to bring a family member, friend, or personal assistant. Activities include off-site and on-site time for themed activities. Participants will also utilize the Teen Center for pool, air hockey, foosball and games. A schedule of activities is sent via e-mail in January. Call the Parks and Recreation office (860)652-7679 or Academy Teen Center (860)652-7838 with any questions.

GCAP Coffeehouse Program

A fun activity for high school age students featuring live music, food and games in the Teen Center. Events are planned by Coffeehouse Teens!

Interested in getting involved in Coffeehouse? We are always looking for performers and new members to our planning committee. Please contact Anna Park at anna.park@glastonbury-ct.gov

Fee: \$5 Entry Fee
Location: Academy Building
Dates: Saturday, 1/18/20 7:00-10:00 p.m.
Saturday, 3/28/20 7:00-10:00 p.m.
Saturday, 5/9/20 7:00-10:00 p.m.

Social Media isn't just for your teenager! Follow and Like us on Facebook and Instagram for updates, cancelation information and lots of great photos!
#wehavenews
#stayintheknow

Instagram
@glastonbury_park_and_rec
Facebook
@glastonburyparkrec

17. Teen Programs

American Red Cross Babysitting

(Ages 11-15)

Gain the confidence to handle an emergency and learn how to keep yourself and the kids safe. Learn the basics of child care, feeding and changing diapers. Class **DOES NOT** include CPR and First Aid certification, but does include exposure to basic methods. Get tips on talking with parents and how to get your business started. An American Red Cross certificate will be e-mailed upon completion. Be sure to provide a valid e-mail address during registration. **Open to both residents and non-residents.** Bring a lunch, snack and water bottle. **Choose between 2 Saturday options.**

Teen Activities

Babysitter (1/25) 208004-A1
Babysitter (2/15) 208004-AB

Fee: \$74/Person (Includes Course Book)
Meets: 9:00 a.m.-4:00 p.m.
Location: Academy Multi-Purpose Room
Date: Saturday, January 25
Saturday, February 15

Home Alone Safety Course *NEW*

(Boys and Girls Ages 8-13)

This interactive two-hour course will cover safety concerns parents have when their children are by themselves. Students will learn to be more aware of the potential dangers they could face when they are alone. Each student will receive a workbook that covers house key safety, indoor and outdoor (including kitchen) safety, gun safety, fires and gas leaks. We will also review first aid kit essentials and phone, door, and internet safety. Parents/guardians are asked to attend the last 30 minutes of the course. They will receive a workbook with conversations starters such as creating a family fire escape plan and the importance of an emergency contact list.

Fee: \$30/Person
Meets: 6:00-8:00 p.m.
Location: Academy Teen Center
Date: Friday, January 31, 2020

Tubing Trip Series *NEW*

(Teens in Grades 6-8)

Enjoy a Thursday night out with your friends tubing at Powder Ridge! Price includes 2 hours of tubing and helmet rental. Please bring money to purchase dinner at the facility. Supervision by Teen Center staff. 6-8 graders can take the bus to the Teen Center and stay until it's time to go. Please note that there is only a bus from Gideon on 1/23/20. Limited to the first 15 people.

Teen Activities

Tubing 1/9/20 208004-T1
Tubing 1/23/20 208004-T2
Tubing 2/6/20 208004-T3
Tubing 3/12/20 208004-T4

Fee: \$38/Trip
Meets: Thursdays
January 9, 23; February 6, March 12
Location: Depart Academy Building 3:30 p.m.;
Return at approximately 8:30 p.m.

Locker Room Shopping Extravaganza

Don't let the added cost of equipment stop you from playing the game! Hartwell Soccer in conjunction with Parks and Recreation and Social Services has put together a sports equipment recycling program. Gently used equipment is being made available FREE OF CHARGE to players who need assistance with getting the right equipment to play sports. Shop till you drop on Thursday, February 20 from 10:00 a.m.-6:00 p.m. or Friday, February 21st from 10:00 a.m.-5:00 p.m. The Locker Room currently has soccer, baseball and basketball items available as well as some miscellaneous sports equipment. Please contact the Academy Teen Center at (860)652-7838 or e-mail at teen.center@glastonbury-ct.gov for more information.

Donations are also currently being accepted for all sports. Equipment can be brought to the Academy Teen Center on Wednesdays, Thursdays or Fridays between 3:00-6:30 p.m. Donation bins are also available for your convenience during off hours.

Need to rent space for a Children's Party, Sweet 16, Sports Banquet, Family Reunion, Wedding or Gathering?

Check out Page 3 for Rental Options!

#weknowhowtoparty #letushostyournextevent

18. Adult Programs

Family One Polite Dog Manners

A beginner level class for dogs 5 months and older and their guardians who want to coach their dog manners and learn about canine behavior. "One Dog at a Time" offers positive training for the family dog including all the tools and management skills to provide enrichment for your best friend. Skills include paying attention, sit, down, stay, polite greetings, coming when called and loose leash walking. Weekly training topic will provide information to better understand your dog and keep them happy and safe.

Dog Obedience Classes

Dog Manners 410101-DM

Fee: \$100/Session
Meets: Mondays 6:30-7:30 p.m.
Location: Academy Cafeteria
Winter: January 6-March 2
(No Program 1/20, 2/17, 2/24)
Spring: April 6-May 18 (No Program 4/13)
Instructor: Beth Vincent, ABCDT

Focus on Focus with your Best Friend

For dogs over a year old that have had basic training. Does your dog get Distracted, Excited and uncontrollable? Class teaches self-control techniques to help calm your dog around distractions. Learn better communication methods and skills to help your dog succeed. Learn focus exercises and management tools that will help your dog with loose leash walking, settling in different environments, greeting people, excessive barking and fearful behaviors. Teach your dog that the job it gets paid for is to pay attention.

Dog Obedience Classes

Dog Focus 410101-DF

Fee: \$100/Session
Meets: Fridays 1:30-2:30 p.m.
Location: Academy Cafeteria (Weather Permitting, Class May be Outside)
Dates: April 3-May 22
(No Program 4/10, 4/17)
Instructor: Beth Vincent, ABCDT

Out and About with your Best Friend

For dogs that can do sits, downs, stays and walk politely at home and in the training room, but when you go somewhere new seems to have forgotten everything. Dogs need to repeat the basics in many different situations before they can generalize behaviors they have learned. We will meet in a variety of dog friendly environments to teach your dog that they can do sits, downs and walk politely anywhere. Build your confidence and your dogs confidence in you.

Dog Obedience Classes

Out and About 410101-OA

Fee: \$100/Session
Meets: Saturdays 9:00-10:00 a.m.
Location: Academy Cafeteria (Weather Permitting, Class May be Outside)
Dates: April 4-May 23 (No Program 4/11, 4/18)
Instructor: Beth Vincent, ABCDT

Glastonbury Chorus

The Glastonbury Chorus wants you! No auditions. We are a 4-part, adult vocal ensemble that serves the greater Glastonbury community with song. Rehearsals begin Wednesday, January 15, 2020, 7-9 p.m. at Smith Middle School chorus room. Spring semester theme is Broadway Show-tunes. Be on the lookout for an Information Session. Find us on Facebook, glastonburychorus.org, or contact Judy Stearns at (860)633-0406 or judyastearns@att.net.

Join us for A Celtic Holiday Concert on Sunday, December 15, 2019, 4pm at Smith Middle School. \$8/Adult, \$5/Students & Seniors, under 7 free. Please bring a non-perishable for the Glastonbury Food Bank.

Minnechaug Golf Course

A Town owned, 9 hole golf course managed by Guilmette Golf, LLC located at 16 Fairway Crossing. Minnechaug is a family friendly course that offers a challenge for the experienced golfer, but also provides a great learning environment for those new to the game of golf. The island green featured on the par 3, 126 yard 8th hole is one of the most exciting golf holes in the area. The course offers spring clinics for Juniors and Adults, individual lessons, leagues for juniors and adults and a men's club that plays tournaments every Saturday and Holidays throughout the year. The course also offers individual season passes for adults, seniors, juniors and families. For more information, contact Minnechaug at (860)432-3334 or by e-mail: golfminnechaug@gmail.com

GIOVANNI'S MINNECHAUG SPECIALS

WEDNESDAY: HALF PRICE PASTA (DINE-IN ONLY)
THURSDAY: HALF PRICE NEW YORK PIZZA (DINE-IN ONLY)
FOOTBALL SUNDAY: HALF PRICE NACHOS AND \$1 OFF DRINKS

HAPPY HOUR
WEDNESDAY-FRIDAY 3:00-6:00 P.M.

HALF PRICE ALCOHOLIC DRINKS
FREE SLICE OF PIZZA WITH DRINK PURCHASE

19. Adult Programs & Bus Trips

Spring Adult Tennis

(Ages 17 and Up)

Lessons are broken into 4 levels allowing instructors to give more emphasis on specific skills. Students must provide their own racquet. **Level 1** is for those with little or no tennis experience. **Level 2** is for those who can hold a racquet properly, understand basics of forehand and backhand and can hit at least 3 times from the center service line. **Level 3** is for those who understand basics of rallying, can hit both forehand and backhand at least 3 times from the baseline, can perform basics of a serve and know how to score. **Level 4** is for those who consistently rally forehand and backhand 4-6 times from the baseline, can serve, can hit overhead and approach shots, and understand the rules of the game and proper tennis etiquette.

Spring Adult Tennis Lessons

Level	11:00 a.m.
Levels 1-4	422281-AA
Students will be divided according to skill.	

Fee: \$42/Session
 Meets: Saturday 11:00 a.m.-11:55 a.m.
 Location: GHS Tennis Courts
 Dates: April 25-May 30
 (No Class 5/25)

Open Gym

Get out of the work week rut with invigorating exercise. Pickup Basketball Games are played on Mondays, Tuesdays (Over 30 Only) and on the weekends, hoops for shooting around are also available on the weekends. Volleyball games are played Monday & Tuesday evenings with 2 nets are set up for recreational style play that is enjoyable for everyone. Season passes may be purchased at the Parks and Recreation office or at the gym.

Mondays: 7:30-9:30 @ SMS
 Tuesdays: 7:30-9:30 @ SMS
 Saturdays: 2:00-6:00 @ GHS
 Sundays: 1:00-5:00 @ GHS

Fee: \$40/Yearly Pass
 \$80/Nonresident Yearly Pass (Volleyball Only)
 \$60/Nonresident Yearly Pass (Over 30 Basketball Only)
 \$4/Daily Admission
 \$8/Nonresident Daily Admission (Volleyball & Over 30 Basketball Only)
 Dates: Monday Program ends June 1
 Weekend & Tuesday Program ends April 26

Adult Softball Leagues

The Glastonbury Parks & Recreation Department runs Men's, Women's and Coed Adult Softball Leagues. Season runs April-August. For information on league format, scheduling, fees and specific eligibility requirements go to www.teamsidelines.com/glastonbury. New teams are taken on a first-come, first-serve basis. If you are interested in putting a team in the league, please e-mail Liz Gambacorta at liz.gambacorta@glastonbury-ct.gov by January 31st.

Boston Red Sox vs. New York Yankees

Join us for a trip to Yankee Stadium for this age old rivalry! Trip includes charter bus, upper level ticket to the game and a cookout before the game including hot dogs, hamburgers, cheeseburgers, macaroni and cheese, Italian meatballs, sausage & peppers, assorted salads, chips, water and soda. Please note this is a very lively bus ride with games and prizes along the way!

Bus Trips

Red Sox vs. Yankees 109004-17

Fee: \$155/Person
 Date: Saturday, May 9, 2020
 Departs: East Hartford/Glastonbury Commuter Lot Across from Burger King
 Time: TBD

Milwaukee Bucks vs. Boston Celtics *NEW*

Join us for a trip to TD Garden for a Bucks vs. Celtics match up! Trip includes charter bus, balcony level ticket to the game, snacks on the bus and free time in Boston before the 3:30 p.m. tip off. Please note this is a very lively bus ride with games and prizes along the way!

Bus Trips

Bucks vs. Celtics 109004-HC

Fee: \$215/Person
 Date: Sunday, April 5, 2020
 Departs: East Hartford/Glastonbury Commuter Lot Across from Burger King
 Time: TBD

20. Fitness Programs

Senior Fitness

Designed for the active older adult; includes a warm-up, low impact aerobics, muscular conditioning, core strengthening and focuses on increasing flexibility, joint mobility, balance and coordination. Bring sneakers and water bottle. Weights, exercubes, dynabands, 10" play balls and mats optional. **Residents Only.**

Zumba®

A fusion of Latin and International music- dance that creates a dynamic, exciting, effective fitness system! Routines feature aerobic and fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body and maximize caloric output and fat burning. Dance steps are fun and easy to follow.

Low Impact Gentle Pilates

Exercises focus on the core muscles including abs, back, glutes and shoulders. Work to create balance and strength in your trunk and loose, limber limbs. Makes you strong and long while improving balance, coordination and posture. A great option for newcomers to Pilates or anyone who wants to move, but needs to tone down a bit. Must be able to get up and down off the floor. Bring mat and water to class.

Class	Location	Meets	Session	Dates	Fee	Activity Code
Senior Fitness (Eliza's Energy Source)	Riverfront Community Center	Mon, Wed, Fri 8:30-9:20 a.m.	Winter	Jan. 6-April 1	\$69	307027-08
			Spring	April 20-June 24	\$55	407027-08
		Mon, Wed, Fri 9:25-10:15 a.m.	Winter	Jan. 6-April 1	\$69	307027-09
			Spring	April 20-June 24	\$55	407027-09
		Mon, Wed, Fri 10:20-11:10 a.m.	Winter	Jan. 6-April 1	\$69	307027-10
			Spring	April 20-June 24	\$55	407027-10
		Mon, Wed, Fri 11:15-12:05 p.m.	Winter	Jan. 6-April 1	\$69	307027-11
			Spring	April 20-June 24	\$55	407027-11
Low Impact Gentle Pilates (Personal Euphoria)	Academy Multi Purpose Room	Monday 1:30-2:15 p.m.	Winter	Jan. 6-March 30	\$69	307030-GP
			Spring	April 20-June 15	\$50	407030-GP
		Wednesday 1:30-2:15 p.m.	Winter	Jan. 8-April 1	\$81	307030-GW
			Spring	April 22-June 17	\$56	407030-GW
Zumba® (Eliza's Energy Source)	Academy Multi Purpose Room #2	Monday 6:00-7:00 p.m.	Winter	Jan. 13-March 30	\$63	307209-MD
			Spring	April 20-June 15	\$50	407209-MP
		Wednesday 6:00-7:00 p.m.	Winter	Jan. 15-April 1	\$75	307209-WP
			Spring	April 22-June 10	\$50	407209-WP
No Classes on Town Holidays 1/20, 2/17 and 5/25; Senior Fitness no Class on 6/5 Class Open to Residents & Non-Residents with the Exception of Senior Fitness (Non-Resident Registration Begins 12/30/19)						

The Glastonbury Senior Center also offers several fitness programs to meet your needs! Visit page 26 for details!

#seniorsonthemove #morefitnessmorefun

21. Fitness Programs

Morning Mat Pilates

Develop a strong core while maintaining loose, limber limbs. Exercises provide variations for different body types. Strengthen the body while keeping joints mobile and flexible. Bring a mat. Mixed-level class.

Standing Pilates *NEW*

All the great features of a Pilates class, but spend most of the time standing - a format Joe Pilates often taught. Work the abs, glutes, legs and arms to increase tone and strength with more balance challenges and attention to posture. Bring a mat and water. Be prepared to get up/down off the floor.

Pilates Plus Strength

Work arms, legs, abs, back, and butt, with props that strengthen, tighten and tone the body. Integrates lengthening and stretching principles of traditional Pilates and adds strength training. Though exercises may feel more intense, each can be modified for beginner and intermediate. Bring a mat and water.

Core Balance

This functionally fun class will promote core awareness by strengthening the core muscles. Work on balancing while using a flexband and your own body weight. Improve your range of motion, posture and balance, while increasing flexibility. Bring a mat and water.

Strength Training

A complete workout that will help sculpt, strengthen and reshape your body. We won't skip the core-you'll work the core and more. Class includes standing and floor work so you must be able to get up and down off the floor easily. Bring a mat and free weights.

Calorie Cardio Burn

Raise your heart rate, burn calories, and increase metabolism. Includes faster paced exercises, functional movements, core work and a total body workout. Bring a mat, light weights and water.

Class	Location	Meets	Session	Dates	Fee	Activity Code
Morning Mat Pilates (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 8:30-9:30 a.m.	Winter	Jan. 7-March 31	\$85	307201-AA
			Spring	April 21-June 16	\$59	407201-AA
		Tuesday 9:30-10:30 a.m.	Winter	Jan. 7-March 31	\$85	307201-AB
			Spring	April 21-June 16	\$59	407201-AB
		Thursday 8:30-9:30 a.m.	Winter	Jan. 9-April 2	\$85	307201-BB
			Spring	April 23-June 18	\$59	407201-BB
		Thursday 9:30-10:30 a.m.	Winter	Jan. 9-April 2	\$85	307201-BC
			Spring	April 23-June 18	\$59	407201-BC
Standing Pilates (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 6:45-7:30 p.m.	Winter	Jan. 7-March 31	\$81	307202-SP
			Spring	April 21-June 16	\$56	407202-SP
Pilates Plus Strength (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 6:00-6:45 p.m.	Winter	Jan. 7-March 31	\$81	307202-W1
			Spring	April 21-June 16	\$56	407202-S1
Core Balance (Personal Euphoria)	Academy Multi Purpose Room	Friday 9:45-10:30 a.m.	Winter	Jan. 10-March 27	\$75	307207-W1
			Spring	April 24-June 19	\$56	407207-S1
		Wednesday 9:45-10:30 a.m.	Winter	Jan. 8-April 1	\$81	307207-WA
			Spring	April 22-June 17	\$56	407207-WA
Strength Training (Personal Euphoria)	Academy Multi Purpose Room	Monday 9:00-9:45 a.m.	Winter	Jan. 6-March 30	\$69	307206-MA
			Spring	April 20-June 15	\$50	407206-MA
		Thursday 6:00-6:45 p.m.	Winter	Jan. 9-April 2	\$81	307206-TP
			Spring	April 23-June 18	\$56	407206-TP
		Thursday 6:45-7:30 p.m.	Winter	Jan. 9-April 2	\$81	307206-T2
			Spring	April 23-June 18	\$56	407206-T2
		Friday 9:00-9:45 a.m.	Winter	Jan. 10-March 27	\$75	307206-W1
			Spring	April 24-June 19	\$56	407206-S1
	Academy Cafeteria	Wednesday 6:00-6:45 p.m.	Winter	Jan. 8-April 1	\$81	307206-WP
			Spring	April 22-June 17	\$56	407206-WP
Calorie Cardio Burn (Personal Euphoria)	Academy Multi Purpose Room #2	Wednesday 9:00-9:45 a.m.	Winter	Jan. 8-April 1	\$81	307216-WA
			Spring	April 22-June 17	\$56	407216-WA

No Classes on Town Holidays 1/20, 2/17 and 5/25; Senior Fitness no Class on 6/5

Class Open to Residents & Non-Residents with the Exception of Senior Fitness (**Non-Resident Registration Begins 12/30/19**)

22. Fitness Programs

Hatha Yoga Evening

For both the beginner and more advanced students. Regardless of your physical condition, experience your body like never before. Please bring a mat to class.

Morning Yoga/Stretching

Regardless of your physical condition, experience your body like never before with this stretching & breathing routine. Bring a rug or mat. All levels welcome.

Yoga

Surrender into yoga poses designed to strengthen core, build stamina and increase flexibility. Focus on connecting breath with movement and simple mindfulness practices. Multiple variations of poses will be offered so you can intensify as needed. Bring mat, water bottle, yoga block and any additional props that will add to your comfort. Mixed Level Class.

Family Yoga

Create awareness of the body and breath, combining functional movement with mindfulness. Class includes warm up and centering, physical movement and

yoga flow, followed by cool down and relaxation. Fun for adults and children alike! Parents will help guide children under 8. Bring mat, water and any props that help you in yoga. Each participant must register. Children under 12 must be accompanied by an adult.

Barre

A fusion of Pilates, dance and functional training that will lift, tone, sculpt, define and strengthen your core muscles. This full body sculpting class uses the ballet Barre (or chairs) and small isometric, concentrated movements to create lean muscles. Includes upper body workout and combination of high-intensity sequences of thigh, glute, and core exercises. Movement is executed at a vigorous pace with music to get your heart pumping! Bring water, mat and 1-2 pound hand weights.

Fun Family Fitness ***NEW***

(Adult & Children Ages 3-8)

Kids and parents alike will enjoy and be challenged by fun and silly moves like crab walks and leap frogs. Make moving fun and help instill a lifelong love of moving! Each participant must register. Children must be accompanied by an adult.

Class	Location	Meets	Session	Dates	Fee	Activity Code
Hatha Yoga Evening (Kalpana Patel)	RCC Exercise Room	Monday 6:00-7:20 p.m.	Winter	Jan. 6-March 30 No Class 3/23	\$60	307001-MD
			Spring	April 20-June 8	\$42	407001-MD
		Wednesday 6:00-7:20 p.m.	Winter	Jan. 8-April 1 No Class 3/25	\$72	307001-WP
			Spring	April 22-June 10	\$48	407001-WP
Morning Yoga/ Stretching (Sheila Frankel)	Riverfront Community Center	Wednesday 9:30-10:30 a.m.	Winter	Jan. 8-March 25	\$64	307026-AA
			Spring	April 22-June 10	\$44	407026-AA
Yoga (Personal Euphoria)	Academy Cafeteria	Tuesday 6:30-7:45 p.m.	Winter	Jan. 7-March 31	\$95	307211-TB
			Spring	April 21-June 16	\$66	407211-TB
	RCC Exercise Room	Thursday 6:00-7:15 p.m.	Winter	Jan. 9-April 2	\$95	307211-TP
			Spring	April 23-June 18	\$66	407211-TP
Family Yoga (Personal Euphoria)	RCC Exercise Room	Thursday 5:15-6:00 p.m.	Winter-1	Jan. 9-Feb. 13	\$32	307211-F1
			Winter-2	Feb. 27-April 2	\$32	307211-F2
			Spring	April 23-June 11	\$42	407211-FT
Total Barre (Personal Euphoria)	Academy Multi Purpose Room	Monday 9:45-10:30 a.m.	Winter	Jan. 6-March 30	\$69	307203-WM
			Spring	April 20-June 15	\$50	407203-S1
		Friday 8:10-8:55 a.m.	Winter	Jan. 10-March 27	\$75	307203-FA
			Spring	April 24-June 19	\$56	407203-FA
Booty Barre (Personal Euphoria)	Academy Multi Purpose Room	Wednesday 6:45-7:30 p.m.	Winter	Jan. 8-April 1	\$81	307203-WP
			Spring	April 22-June 17	\$56	407203-WP
Family Fun Fitness (Personal Euphoria)	Academy Cafeteria	Wednesday 5:10-5:55 p.m.	Winter-1	Jan. 15-Feb. 12	\$28	307302-F1
			Winter-2	Feb. 26-March 25	\$28	307302-F2
			Spring	April 22-June 10	\$42	407302-FW

No Classes on Town Holidays 1/20, 2/17 and 5/25; Senior Fitness no Class on 6/5

Class Open to Residents & Non-Residents with the Exception of Senior Fitness (**Non-Resident Registration Begins 12/30/19**)

23. Swim Lesson Descriptions & Pool Schedule

Infants and Toddlers

Age 6 months to 3 years; parents work with their children to become familiar with and safe when in the water/pool environment.

Tots

Ages 3 and 4 years with parents; parents work with their children to learn breath control, submerging in the water, buoyancy /floating on the water; and moving through the water on front and back.

Learn to Swim Program for Level 1 through Level 6

The American Red Cross has revised the Learn-to-Swim program. Please review the information to decide where best to place your child. The new program features an inclusive approach to teaching swimming and water safety together. Level 1 children must be at least 5 years old. To move to the next level students must successfully complete the exit skills for each level before progressing to the next level. All levels include water safety discussions and skills. Those who have taken tots, may go to Level 2 when age 5. To enroll for a level, your child must meet the following criteria:

Level 1: Introduction to Water Skills

At least 5 years old with little or no prior water experience.

Level 2: Fundamental Aquatic Skills

Students should be comfortable in and under the water; to be able to float on front and back; and to perform elementary front and back strokes for at least 2 body lengths with or without support.

Level 3: Stroke Development

Students should be able to independently enter; to submerge and blow bubbles; to tread water 15 seconds and to move through the water using simultaneous and alternating leg and arm actions for at least 5 body lengths.

Level 4: Stroke Improvement

Students should be able to survival float; to tread water 30 seconds; to swim front crawl and elementary backstrokes for 15 yards; to perform the dolphin kick for 5 body lengths; to scissors kick for 10 yards; and to do a head first entry into the water.

Level 5: Stroke Refinement

Students should be able to swim front crawl and elementary backstroke for 25 yards each; to swim the side stroke, the breast stroke and the butterfly stroke each for 15 yards; to tread water 2 minutes; to change direction doing an open turn at the wall; to do a foot first surface dive; and do a headfirst entry.

Level 6: Fitness Swimmer

Students should be able to swim both front crawl and elementary backstroke for 50 yards; to swim the back crawl, breaststroke, side stroke and butterfly each for 25 yards; to tread water 5 minutes; to flip turn using both front and back strokes; to dive from pool side and to do tuck and pike surface dives and to scull on the back.

High School Pool Indoor Season (For Residents Only) Beginning January 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Lessons 10:30A-1:15P	
Swim Team 5:30-6:30P	Swim Team 5:30-7:30P	Swim Team 5:30-6:30P	Swim Team 5:30-7:30P	Swim Team 5:30-7:30P	Rec. Swim 1:30-3:00P	Adult Swim 12:00-1:30P
Lessons 6:30-7:30P		Lessons 6:30-7:30P			Adult Swim 3:00-4:00P	Rec. Swim 1:30-3:00P
Adult Lessons 7:30-8:30P	Rec. Swim 7:30-8:30P		Rec. Swim 7:30-8:30P	Rec. Swim 7:30-8:30P	Swim Team 4:00-8:00P	Swim Team 3:00-7:00P
Adult Swim 8:30-9:30P	SCUBA 8:30-9:30P	Adult Swim 7:30-9:30P	Adult Swim 8:30-9:30P	Adult Swim 8:30-9:30P		
Household Poolpass Indoor HOUSEHOLD POOL PASS FEE: DAILY ADMISSION FEE:			Individual Poolpass Indoor INDIVIDUAL PASS FEE: \$95/Person			
			\$109/Family Child \$5; Adult \$8			

24. Child & Adult Swim Lessons

Children's Swim Lessons

Please be advised that if your child is enrolled in the incorrect class, it may not be possible to transfer to the correct class due to enrollment. Include day, level, time and second and third choices on the registration form in case the first choice is full. Otherwise, the first choice will be put on the waiting list. Classes will be held at the GHS Pool. Due to high demand, participants may sign up for 1 class per session. All classes run for 8 weeks.

Fee: \$44/child

Adult Swim Lessons

(Ages 18 and up)
Get the individual attention and personalized instruction that you need to learn to swim or improve your swimming ability.

Swim Lessons Winter

Adult Swim Lessons 301129-AA

Fee: \$54/person
Meets: Mondays 7:30-8:30 p.m.
Location: GHS Pool
Date: January 27-March 23
(No Class 2/17)

Private Swim Lessons

(Glastonbury Residents-Ages 5 and up)
Private swim lessons (1:1) and semi-private swim lessons (1:2), catered to meet you or your child's specific instructional needs are now available. The aquatics leadership staff will work with you to customize a personal swim lesson schedule, with an experienced instructor. Lessons will be available on evenings and weekends at the Glastonbury High School Pool, offered as 4 thirty minute sessions at mutually agreed upon times. Lessons will not be available during the peak times of the day when the pools are most crowded. Semi-private lesson participants must be within a skill level apart.

To register for the program, complete the "Private Swim Lesson Registration Form" available at the Parks and Recreation Department, at www.glastonbury-ct.gov (click "Parks and Recreation"; "Forms") or at the pool. Please list the dates and times available, and the Town will match an instructor once the form is received.

4 x 30 Minute Private (1:1) Lessons: \$120/Person
4 x 30 Minute Semi-Private (1:2) Lessons: \$180/2 People

Children's Winter Lessons (Monday) Swim Lessons Winter January 27-March 23 (No Class 2/17)		
Level	6:30P	7:00P
Level 1	302129-AA	
Level 2	302129-BA	302129-BB
Level 3	302129-CA	
Level 4		302129-DA
Level 5		302129-EA
Level 6		302129-FA

Children's Winter Lessons (Wednesday) Swim Lessons Winter January 22-March 18 (No Class 3/4)		
Level	6:30P	7:00P
Tots	302229-KA	
Level 1		302229-AA
Level 2	302229-BA	
Level 3	302229-CA	302229-CB
Level 4		302229-DA
Level 5		302229-EA

Children's Winter Lessons (Saturday) Swim Lessons Winter January 18-March 7					
Level	10:30A	11:00A	11:30A	12:15P	12:45P
Infant/Toddler		302228-IA			
Tots	302228-KA		302228-KB		
Level 1				302228-AA	302228-AB
Level 2	302228-BA		302228-BB	302228-BC	302228-BD
Level 3	302228-CA			302228-CB	302228-CC
Level 4		302228-DA	302228-DB		
Level 5		302228-EA			302228-EB
Level 6		302228-FA			

Children's Spring Lessons (Saturdays) Swim Lessons Spring March 21-May 16 (No Class 4/11)					
Level	10:30A	11:00A	11:30A	12:15A	12:45A
Infant/Toddler		402128-IA			
Tots	402128-KA		402128-KB		
Level 1	402128-AA			402128-AB	
Level 2			402128-BA	402128-BB	402128-BC
Level 3	402128-CA				402128-CB
Level 4		402128-DA		402128-DB	
Level 5		402128-EA	402128-EB		
Level 6					402128-FA

25. Aquatics Programs

Diving Lessons

(Boys and Girls ages 7-17)

Great for beginner & experienced divers. **Beginner 1:** Must have passed Level 4 lessons; able to perform a standing dive from the diving board. **Beginner 2:** Must have completed Beginner 1 diving; able to perform a forward and backward dive. **Intermediate:** Must be able to perform a forward dive, back dive, inward dive and somersault in any direction. **Advanced:** Must be able to perform inward and reverse dives, forward and backward somersaults, and forward ½ twist

Diving Lessons-Spring

Beginner 1	3:00 p.m.	426129-AA
Beginner 2	4:00 p.m.	426129-BB
Intermediate	5:00 p.m.	426129-CC
Advance	5:00 p.m.	426129-DD

Fee: \$50/child
Meets: Sundays (1 hour times above)
Location: Glastonbury High School Pool
Dates: March 1-April 21 (No Class 4/12)

Spring Competitive Swim Clinic *NEW*

(Competitive Swimmers Ages 7-14)

Each week focuses on a specific stroke/skill. Choose which week(s) to attend to focus on the strokes/skills you most want to work on.

Swim Team

Week 1: Butterfly	334030-A1
Tuesday, Wednesday, Friday	April 21, 22, 24
Week 2: Backstroke	334030-A2
Tuesday, Wednesday, Friday	April 28, 29, May 1
Week 3: Breaststroke	334030-A3
Tuesday, Wednesday, Friday	May 5, 6, 8
Week 4: Starts	334030-A4
Tuesday, Wednesday, Friday	May 12, 13, 15
Week 5: Turns	334030-A5
Tuesday, Wednesday, Friday	May 19, 20, 22
Week 6: Freestyle	334030-A6
Wednesday, Friday	May 27, 29

Fee: Week 1,2,3,4,5: \$39/Week
Week 6: \$26/Week
Location: GHS Pool
Meets: 4:45-5:45 p.m.

Long Course USA Swimming

Part of the National USA Swimming program. CT USA Swimming membership required. Meets held on weekends at various locations throughout the state. Enrollment in this program automatically enrolls your child on the Summer Recreation Swim Team. GSPO will coordinate membership and meet fees.

Spring Practice:
March 30-Mid June; Monday-Saturday 5:30-7:30 p.m.*

*H.S. age swimmers practice Tuesday, Wednesday & Friday from 2:45-5:15 p.m.

Anticipated Summer Practice:
Mid June-late July

Addison Pool: Monday-Friday 7:15-9:15 a.m.
Terry Pool: Monday, Wednesday, Friday
(E. Hartford) 6:30-8:30 p.m.

Note: Due to GHS Pool closures in July, practice times may be adjusted.

Swim Team

USA Long Course 324030-BB

Fee: \$669.00

Lifeguard Training

(Ages 15 & up – Must 15 by the last day of class)
Get the training you need to apply for a summer job! An American Red Cross program to certify individuals in the principals of lifeguarding. Includes First Aid, CPR and AED training. MUST attend every class. Cannot swap days with Winter/Spring classes.

Aquatic Programs:

Lifeguard Training Winter: 225029-AA
Lifeguard Training Spring: 325029-AA

Fee: \$255/person
Location: GHS pool and designated class rooms
Winter Class: Saturday, 1/4 (10:30 a.m.-6:30 p.m.);
Sunday, 1/5 (7:30 a.m.-5:00 p.m.);
Saturday, 1/11 (10:30 a.m.-8:00 p.m.)
Sunday, 1/12 (7:30 a.m.-12:00 p.m.)
Spring Class: Monday-Friday April 13-17
8:00 a.m.-4:00 p.m.

Water Safety Instructor Course (WSI)

(Ages 16 and up)
An American Red Cross program to certify individuals in the techniques of teaching swim lessons. Students must successfully pass the skills test which includes, but not limited to, 25 yards each of front crawl, back crawl, elementary backstroke, sidestroke, breaststroke and butterfly. Must perform a back float and tread water for one minute.

Aquatic Programs

WSI Class 325029-BB

Fee: \$280/person
(Plus \$36 to Red Cross)
Location: Glastonbury High School
Dates/Times: Sundays
January 26; February 2, 9, 23
9:00 a.m.-4:00 p.m.
Snow Make-Up March 8

Great Times at the **Glastonbury Senior Center**

During the holiday season and cold winter months, the Glastonbury Senior Center remains a vibrant focal point for fun and enriching activities for older adults in our community, offering a myriad of dance and exercise classes, cultural and educational programs, arts and crafts, as well as awesome trips, special luncheons, movies, games and much more. We invite you to check out some of the highlights on the following pages and pay us a visit anytime!



How to Reach Us:

General Program Information: (860)652-7638
(860)652-7642
Administrative Fax: (860)652-7649
Dial-a-Ride Transportation: (860)652-7643

Where to Find us:

Riverfront Community Center (RCC)
300 Welles Street
Glastonbury, CT 06033

Program Information:

To inquire about any of the programs listed on the next few pages, please call (860)652-7638 or visit the town website for a copy of our monthly newsletter, the Sharing Tree @ www.glastonbury-ct.gov

Our Program & Office Staff:

Patti White, Supervisor of Senior Services
(860)652-7646
Norma Carey, Program Coordinator
(860)652-7655
Nicole Mercer, Administrative Secretary
(860)652-7641
Barbara Evans, Program Assistant
(860)652-7642
Diana Aziz, Customer Service Representative
(860)652-7638
Amber O'Farrell, Customer Service Representative
(Evenings & Weekends)
(860)652-7638
Matthew Snyder, Assistant Program Coordinator
(Evenings & Weekends)
(860)652-7645
Lisa McKeon, Volunteer Coordinator
(860)652-7605

26. Glastonbury Senior Services

Winter 2019/20 Class Schedule

Registration for all classes begins on December 2, 2019. A \$5 administrative fee will be assessed on registrations after January 2, 2020. Registrations on the first day of class will be assessed a higher fee of \$10. Individuals may try any exercise/dance class (at no cost) prior to registering for the class. Refunds to participants will be made for medical reasons only. Documentation from a medical professional is required for all refunds.

You can register at the Riverfront Community Center any day, Monday-Saturday prior to the start of the class. All classes will be located at the Riverfront Community Center and are subject to cancellation if there are not enough students enrolled at the time of the first class.

Class	Description	Meets	Dates	# of Classes	Fee	
					Resident	Non-Resident
Intermediate Line Dancing	Explore the many facets and experience the impact of this form of choreographed dance. Prior dancing experience required.	Thursdays 10:15-11:45 a.m.	1/9-3/19	11	\$60	\$70
Powerful Aging & Fitness	Increase your strength, endurance, flexibility and balance in the low impact total body workout.	Wednesdays & Fridays 11:00 a.m.-Noon	1/8-3/27	20	\$75	\$85
Strechercize Exercise	Low impact exercise using stretch bands & weights (provided) to increase your range of motion.	Tuesdays & Thursdays 1:00-1:45 p.m.	Ongoing	15	\$35	\$40
Tai Chi Intro	Learn the basics of this life altering discipline.	Mondays 1:30-2:15 p.m.	1/6-3/23	10	\$40	\$45
Tai Chi	Excellent form of mind & body fitness for all ages and fitness levels; promotes good health.	Thursdays 6:00-7:00 p.m.	1/9-3/19	11	\$55	\$65
Yoga-Hatha	Yoga can enhance your lifestyle no matter what age; develops self-discipline; can enhance physical and mental health.	Mondays & Fridays 10:00-11:00 a.m.	1/6-3/16	19	\$95	\$105
Low Impact Cardio Dance Fitness	Perfect for active seniors who are looking for a class at a lower intensity with easy to follow choreography focusing on balance, range of motion and coordination.	Mondays 10:30-11:15 a.m.	1/6-3/23	10	\$45	\$50
Italian	Expand your knowledge of this beloved Romance language and share the joy! (Prior knowledge of the language is required).	Thursdays Intermediate 9:00 a.m. Advanced 10:00 a.m.	1/2-3/12	10	\$5	\$6
Watercolor	Drawing is not a prerequisite - using watercolors, students will explore different techniques in a relaxed environment	Saturdays	1/11, 1/25; 2/8, 2/22; 3/14, 3/28	6	\$10 (Plus Supply Fee)	\$15 (Plus Supply Fee)

27. Glastonbury Senior Services

Winter 2019/20 Weekly Activities

All classes listed below are free but may require pre-registration. Please call for additional information.

Billiards - Coed	Saturdays 9:00 a.m.-Noon Mondays 1:00-3:00 p.m. Tuesdays 9:00 a.m.-8:00 p.m. Thursdays 9:00 a.m.-8:00 p.m.
Bingo	Fridays 12:45-3:00 p.m.
Book & Author Discussion Group	Third Thursday Each Month 10:30 a.m.
Bridge	Wednesdays 1:00-3:30 p.m.
Canasta	Tuesdays 12:30-2:30 p.m.
Ceramics	Wednesdays 1:30-3:30 p.m.
Chess	Second and Fourth Tuesdays 1:00-3:00 p.m.
Creative Crafters	Mondays & Thursdays 1:00-3:30 p.m.
Cribbage	Mondays 12:45-3:00 p.m.
Current Issues	First and Third Fridays Each Month 10:00 a.m.
Duplicate Bridge	Mondays 1:00-4:00 p.m.
Indoor Walking	Monday-Thursday 12:15-12:45 p.m. (Unless Indicated on Large Calendar)
Knit/Crochet Group	Mondays 9:30-11:30 a.m.
Mahjongg Afternoon	Wednesdays 1:00-3:00 p.m.
Men's Pool	Mondays, Wednesdays & Fridays 9:00 a.m.-Noon
Pinochle	Tuesdays 1:00-3:00 p.m.
Rummikub	Tuesdays 10:00 a.m.-Noon
Setback	Thursdays 10:00 a.m.-Noon
Wii Bowling	Thursdays 2:00-4:00 p.m.

Save the Date!!

Community Health, Safety and Wellness Fair - Wednesday, April 8, 2020 at the Riverfront Community Center

The fair will include 2 sessions. The first session will run from 2:00-4:00 p.m. with information provided to meet the needs of seniors. The second session will run from 5:00-7:00 p.m. and is intended for a broader audience including working seniors, family members and caregivers. Prizes, free health and wellness classes/demos will be provided. For general information please call (860)652-7638.

For table space and cost information, interested providers should contact Patti White at (860)652-7646 or Kathy Carfi at (860)652-7644.

Memory Screenings

Schedule an appointment for a free, confidential memory screening. These confidential memory screenings average 10 minutes and consist of questions and tasks to assess memory. They do not diagnose any illness, but can indicate whether someone should follow up with a full medical exam. Sponsored by Hartford HealthCare Center for Healthy Aging. Screenings are done on the third Wednesday of each month from 12:30-1:30 p.m. Contact Outreach Social Worker, Susan Parrotta, LCSW to register at (860)652-7636 or susan.parrotta@glastonbury-ct.gov. Pre-registration required.

5 Part Series for Caregivers

Topics include an overview of dementia, communication and behavior challenges, safety and the importance of activities, care giving and care options, and legal and financial issues (presented by an elder law attorney). Program is held Wednesday evenings 3/25/2020-4/22/20 from 5:30-7:00 p.m. Sponsored by Hartford HealthCare Center for Healthy Aging. There is no cost for this program but pre-registration is required by March 23 due to limited space. Contact Outreach Social Worker, Susan Parrotta, LCSW to register at (860)652-7636 or susan.parrotta@glastonbury-ct.gov.



28. Glastonbury Senior Services

Jingle Bell Rock Holiday Luncheon

Thursday, December 12 2019

\$5/Resident; \$6/Non-Resident (Special Ticket Required - Purchase Ticket by Monday 12/9/19)

Tis the season for holiday magic!

12:00 p.m. Lunch

12:30 p.m. Entertainment by Tom Stankus (Aka T-Bone)

Annual Holiday Brunch

Thursday, December 19, 2019

\$5/Resident; \$6/Non-Resident (Special Ticket Required - Purchase Ticket by Monday, 12/16/19)

Join your friends for some seasonal cheer and enjoy a delicious brunch and holiday sing-a-long. (Quiche, Sausage, Assorted Danish, Fresh Fruits, Juices, Coffee & Tea). Join in the "Ugly" Sweater parade, showing off your "Ugliest" Sweater. Prizes awarded!!

10:30 a.m. Holiday Bingo

11:00 a.m. Brunch

11:30 a.m. Sing-A-Long

New Year Celebration

Tuesday, January 7, 2020

Snow Date: Thursday, January 9, 2020

\$5/Resident; \$6/Non-Resident (Special Ticket Required - Purchase Ticket by Thursday 1/2/20)

Let's welcome and celebrate the new year. Dress in your favorite party clothes!

11:30 a.m. Countdown to Noon

12:00 p.m. Pork Roast Dinner

12:30 p.m. Musical Entertainment by Bob Giannotti

Valentine Luncheon

Thursday, February 13, 2020

\$5/Resident; \$6/Non-Resident (Special Ticket Required - Purchase Ticket by Monday 2/10/20)

Join the fun at our Valentine celebration! Menu includes Cherry Pineapple Glazed Ham, Sweet Potatoes, Mixed Vegetables, Roll /Butter, Red Velvet Cake topped with a dab of Whipped Cream and a Valentine Heart.

12:00 p.m. Lunch

12:30 p.m. Entertainment by Paul Shlien - Piano Vocalist who plays popular oldies rock, movie hits, American classics and contemporary classics

Saint Patrick's Day Lunch Celebration

Thursday, March 12, 2020

\$5/Resident; \$6/Non-Resident (Special Ticket Required - Purchase Ticket by Monday 3/9/20)

Join us for a traditional Corn Beef & Cabbage meal with boiled potatoes and Irish Soda Bread. Afterwards enjoy The Mulcahy Academy or Irish Dance.

12:00 p.m. Lunch

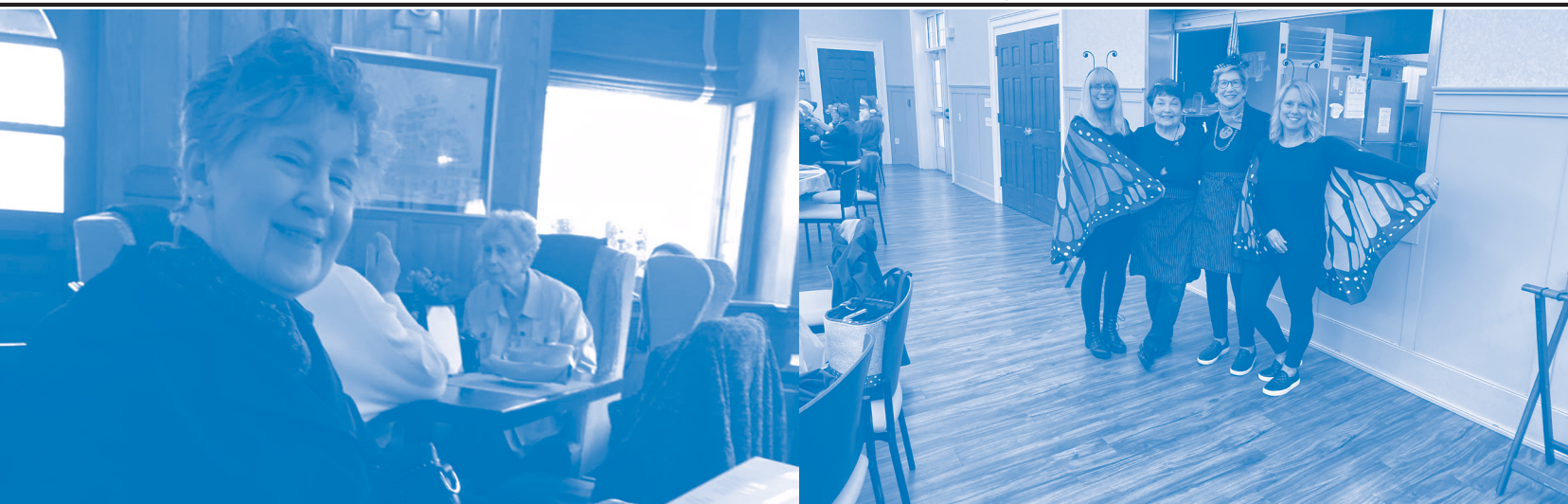
12:30 p.m. Entertainment

Ukulele Big Sing

Saturdays, December 21, 2019; January 25, February 29 & March 28, 2019

Noon-1:00 p.m.

No Fee, just beautiful music - Open to the Public Sit back and sing along with Dr. Jim Rosokoff and his fellow Ukulele players, as they play hit songs from across the decades. This popular event draws people of all ages! Lyrics for the songs are projected on a large screen for easy reading. Stop by for a fun afternoon activity!



Glastonbury Parks and Recreation
PO Box 6523
2155 Main Street
Glastonbury, CT 06033

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RESIDENTIAL CUSTOMER

The Parks & Recreation Department has openings for a number of summer jobs. Interested persons may obtain position descriptions including minimum qualifications and applications at 2143 Main Street or at www.glastonbury-ct.gov (Go to Parks and Recreation and select "Employment"). **CLOSING DATE FOR APPLICATIONS IS MID-MARCH.** Pre-season training and preparation required for all positions. **YOU MUST BE AVAILABLE TO WORK THE DURATION OF THE SUMMER!**

PLAYGROUND HEAD LEADER \$14.25/Hour
(Works with children who have completed Grades K-5). Program runs six weeks June-July Mon.-Fri. 9:00-3:00.

PLAYGROUND LEADER \$12.00/Hour
(Works with children who have completed Grades K-5). Program runs six weeks June-July Mon.-Fri. 9:00-3:00.

CAMP DISCOVERY COUNSELOR \$12.00/Hour

CAMP DISCOVERY JR. COUNSELOR \$10.20/Hour

CAMP DISCOVERY PROGRAM INST. \$12.75/Hour
(Works with children who have completed Grades K-6). Program runs eight weeks June-August Mon-Fri. 7:30-5:00.

TENNIS INSTRUCTOR \$16.00-\$22.00/Hour
(Works with children and adults)
Program runs for eight weeks June-August.

TEEN CAMP COORDINATOR \$14.25/Hour
(Works with children who have completed Grades 6-9). Camp runs for six weeks June-July T, W, TH 9:00 a.m. -3:00 p.m.

TEEN CAMP LEADER \$12.00/Hour
(Works with children who have completed Grades 6-9). Camp runs for six weeks June-July T, W, TH 9:00 a.m. - 3:00 p.m.

GROUP LEADER - CAMP SUNRISE \$12.75/Hour
(Works with children with disabilities ages 3-21).
Program meets for seven weeks, June-August M-F, 9-3:00 p.m.

LIFEGUARD I \$12.00/Hour
Flexible schedule, full-time and part-time positions available, days, nights, weekend hours available.

SWIM INSTRUCTOR/LIFEGUARD II \$11.75/Hour
Hours depend on lesson schedules. May also have hours as a lifeguard. Program runs mid-June through Labor Day.