#### **COMMISSION ON AGING**

# September 9, 2019

## **Meeting Minutes**

**Present:** Rosemary Hokanson, Jennifer DiSette, Daren Hill,

Philip Markuszka, Janeen Dolan, Gayle Kataja

**Excused:** Nancy Goodwin

**Absent:** 

**<u>Liaisons Present:</u>** Patti White, Senior Services Department Supervisor

**Liaisons Absent:** Gerrie Bishop, AARP Liaison

Meeting called to order at 5:35 p.m.

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## **MINUTES:**

Minutes of the special meeting held on June 10, 2019 were accepted as written.

## **COMMUNICATIONS & ANNOUNCMENTS:**

### **LIAISON REPORTS**

**AARP**: None.

## **SENIOR SERVICES REPORT:**

Patti White and Lisa Zerio updated the members on the recent activities and services provided by the center including but not limited to the following highlights; 1.the Tai Ji Quan Moving For Better Balance (TJQMBB) program is offering 3 concurrent classes with an additional 30+ people on the waitlist, 2. Three Glastonbury residents are being trained as volunteer trainers for the Matter of Balance classes sponsored by the North Central Area Agency on Aging, 3. The department will be organizing a Health & Wellness fair in the spring which will include a safety component including the rollout of the File of Life program, 4. With grant funding, the town may be placing park benches in specified walking trails which will provide rest areas for those needing them. 5. The department is looking into starting a program in town to match youth/adults with seniors who identify chores that need to be done on/at their homes. 6. A trip to the new 911 museum in New York was scheduled for September 12.

# **OLD BUSINESS:**

## **Age-Friendly Livable Communities Initiative**

### Survey Status/Outreach/Marketing

Patti reported that 172 surveys had been receive and that Nancy Goodwin had been successful in getting surveys filled out with her library outreach. Lisa Zerio will ask the Chamber if the town will be able to sponsor a booth at the Apple Festival.

Each member of the COA members in attendance will be outreaching select groups to complete survey by next COA meeting on 10/7. Goal is to have 200 more surveys by end of the Apple Harvest Festival weekend.

### Stakeholders List/Outreach/Marketing

Members reviewed the list and identified specific stakeholders to contact and request time on their group's meeting agenda. Rosemary will send an update to the participants at the May 16<sup>th</sup> Community forum.

### **Bike-Friendly Glastonbury Presentation**

Rosemary shared her presentation for the Bike-Friendly meeting and agreed to summarize her presentation and questions posed at the meeting by the members for the other COA members to use for their respective outreach/presentations.

## **Consultant RFP – Next Steps**

Rosemary, Lisa and Patti will meet to review the responses to the RFP.

**NEW BUSINESS:** None

## **ADJOURNMENT**

The meeting adjourned at 6:43 p.m.

Respectfully Submitted, Janeen Dolan, Acting Secretary