

# The Sharing Tree

Your source of information at the Glastonbury Senior Center.

**Office Hours:**  
**Monday - Friday** 8:00 am to 4:30 pm  
**Tues. & Thurs.** 8:00 am to 8:30 pm  
**Saturday** 9:00 am to 3:30 pm

**Main Information Number** (860) 652-7638  
**Dial –A-Ride Numbers:**  
**Reservations:** (860) 652-7643  
**Cancellations:** (860) 652-7638

## May 2019



### We Want To Hear From You!

Recently, the Town of Glastonbury was accepted as a member of the AARP Network of Age-Friendly Communities.

Please join us for an educational session on **Thursday, May 16, 2019 from 6:00 pm - 7:30 pm** at the Community Center. Anna Doroghazi, Associate State Director for Advocacy and Outreach, AARP Connecticut, will be providing an overview of AARP Age Friendly Communities.

We also invite you to provide your valuable input by completing the AARP Livable Community Survey. Please go online to fill it out at [www.glastonbury-ct.gov/livable](http://www.glastonbury-ct.gov/livable) or ask us for a copy of it in the office.

**Goodspeed Opera House presents:**

*"The Music Man"*

Wednesday, May 29, 2019

10:30 am Leave RCC

Approximate Return: 6:00 pm

All inclusive:

Resident: \$108.00

Non-Resident: \$119.00

Meredith Willson's *"The Music Man"* is an all-American musical!

A rousing new production of this great American musical. When huckster Harold promises to save an Iowa town by selling the dream of a boys' band, Marian is the only skeptic. Until she starts to buy his pitch. Fall in love all over again with "76 Trombones," "The Wells Fargo Wagon," "Trouble" and "Till There Was You." A glorious classic that will have you parading in the streets! Before the show enjoy lunch at the Gelston House. Check in office for entrée choices.



**Mattatuck at Rose Hill Historic Museum - Olive Garden Waterbury**  
Wednesday, May 22, 2019

10:45 am Leave RCC 11:30 am Tour

1:30 pm Lunch on own at Olive Garden

Approximate Return to RCC: 3:30 pm

Resident: \$18.00 / Non-Resident: \$22.00

At Rose Hill our tour will take us on a journey through time learning about the three families who occupied Rose Hill during Waterbury's Gilded Age. The Scovill, Welton and Chase families made their fortunes as they led the way for the Brass City to flourish. Following our time at Rose Hill, enjoy lunch at Olive Garden.

### Aging Mastery Program Grads



**Older Americans Month**  
**Memorial Day Picnic Luncheon**  
Tuesday, May 28, 2019

12:00 pm—1:00 pm

Cost: Resident: \$3.00 Non-Resident: \$4.00  
(Purchase Tickets by Friday, May 24, 2019)



Details on page 11

## *Trips*

### Lunch Outings

**Old Town Restaurant - Wethersfield**  
**Tuesday, May 14, 2019**

**11:00 am Leave RCC**

**Approximate Return to RCC: 2:00 pm**

**Resident: \$7.00 Non-Resident: \$9.00**

Enjoy Breakfast or Lunch at this old town café, located in the heart of old Wethersfield.

**RESTAURANT \$\$**

**Sadler's Restaurant - Marlborough**  
**Tuesday, May 21, 2019**

**10:45 am Leave RCC**

**Approximate Return to RCC: 2:00 pm**

**Resident: \$7.00 Non-Resident: \$9.00**

Enjoy good country cooking that'll satisfy your appetite and brighten your spirit.

**RESTAURANT \$\$**



**The Seafood Express**  
**from Hartford - to the**  
**Shoreline**  
**June—September**



**USS Chowder Pot –IV - Hartford**

**Tuesday, June 4, 2019**

**11:30 am Leave RCC**

**Approximate Return to RCC: 2:00 pm**

**Resident: \$7.00 Non-Resident: \$9.00**

Casual spot for basic seafood in a big waterfront-themed space to relax and enjoy a delicious lunch. **RESTAURANT \$\$ Register in May**



**Co-Ed Senior Golf League**

**Minnechaug 9 Hole Golf Course**

**Mondays, May 13–Sept. 23, 2019 - 9:00 am**

**Cost \$275.00 (16 Outings w/cart)**

**Prior Registration Required.**

Call 860-652-7638 for more info.

Prizes and Pizza Party on last day!

**Join the action and put your best club forward...**

**Thimble Island Cruise - Stony Creek & Rocky's Aqua in Clinton**

**Wednesday, July 10, 2019**

**9:30 am Leave RCC 12:30 pm Lunch**

**Approximate Return RCC: 3:30 pm**

**Cost: Resident: \$20.00**

**Non-Resident \$24.00 plus money for lunch**

Welcome aboard The Sea Mist, a 44 foot Carmen boat. Relax as we enjoy a narrated cruise around The Thimble Islands. This vessel was designed for sightseeing with large removable windows and comfortable seating. After the cruise, it is on to lunch at an island marina where we can order lobster rolls or other seafood treats. The regular menu includes some non-seafood items as well **(Extensive walking and climbing required).**

**Yard Goats vs Portland Seadogs**

**Thursday, May 30, 2019**

**9:30 am Leave RCC 10:30 am Game**

**Approximate Return to RCC: 2:30 pm**

**Resident: \$14.00 /Non-Resident: \$18.00**

Baseball fans join the fun as the Yard Goats (the Double-A affiliate of the Colorado Rockies) take on the Portland Seadogs (the Double-A affiliate of the Boston Red Sox)! One, Two, Three strikes your out at the ole ballgame!



**Cross Sound Ferry Classic Lighthouse Tour**

**Tuesday, July 16, 2019**

**9:00 am Leave RCC 10:45 am Cruise**

**Approximate Return to RCC: 5:00 pm**

**Cost: Resident: \$34.00**

**Non-Resident: \$40.00**

Enjoy sightseeing from the water - aboard the comfortable high-speed SEA JET. Following the cruise enjoy lunch at Longhorn Steakhouse, a casual steakhouse serving a variety of lunch combinations. **RESTAURANT \$\$ (Meal on own) Register in June**



## Chartered Bus Trips



Westchester Dinner Theater presents:

**"On Your Feet:**

**The Story of Emilio and Gloria Estefan"**

**Wednesday, July 31, 2019**

**9:00 am Leave RCC**

**Approximate Return 6:00 pm**

**Cost: \$120.00 payable to:**

***Tours of Distinction***



Depart for Westchester Broadway Theatre, where we will enjoy a very unique experience. Start with lunch which includes an extensive menu to choose from (at your table). Choices vary from Pasta, Fish, Beef, Chicken, and a Vegetarian option. All options come with assorted Rolls, Salad, and Accompaniment of Vegetable and Starch. Dessert follows with Coffee or Tea. Following lunch sit back and enjoy "On Your Feet." On your Feet takes you behind the music and inside the real story of this record-making and groundbreaking couple who, in the face of adversity, found a way to end up on their feet.

**Tuesday, August 13, 2019**

**Gloucester Lobster Cruise - MA**

**7:45 am Leave RCC**

**Approximate Return to RCC: 7:30 pm**

**Cost: \$105 payable to:**

***Tours of Distinction***

Step aboard the elegant Beauport Princess and settle back in luxury as we cruise the historic Gloucester Harbor while enjoying a lobster buffet lunch. Once back on land we'll head to Rockport.

**SAVE THE DATE**

**Thursday, September 12, 2019**

**New York Trip -**

**September 11 Memorial Museum -**

**Carmine's & One World Observatory**

**Thursday, October 17, 2019**

**Salem Witch Museum - MA**

Experience first hand the reign of terror and hysteria that was rampant in the 1690's.

### Parking for Trips



When going on trips - PLEASE park in the north parking area closest to Naubuc Avenue to allow others access to the front of the building.



**AARP Smart Driver**

**Thursday, May 16, 2019**

**12:30 pm—4:30 pm**

**Cost: \$15.00 for AARP members; \$20.00 for Non-members. No cash or charge-Checks only payable to AARP due upon advance registration. The insurance discount afforded to seniors taking the course is a minimum of 5% for a period of 2 years if you are 60 years of age or older.**

**Technology: To make an appointment please call: (860) 652-7638.**

**Computer Assistance by appointment Fridays Noon - 2:00 pm Facilitator: Ron M.**

**Mac, iPad, or Smart Phone Assistance Thursdays 1:30 pm - 3:00 pm Facilitator: Ann H.**

**Computer Assistance by appointment Tuesday/Thursday Evenings Facilitator: Kathryn S.**

### Volunteer Opportunity

Volunteers are needed for a social event. Gideon Welles School will host a Senior Social **on Friday, May 24, 9:00-10:30**. Each volunteer will be paired with a sixth grader for the morning of fun. The event includes a tour of the school, a musical performance and light refreshments. If you are interested, **please contact Lisa McKeon at 860-652-7605.**

**Lifelong Learning - The Great Courses:**  
**"The Great Tours - England, Scotland & Wales"**  
**Tuesdays, May 14, 2019 - September 10, 2019**  
 A tour of England, Scotland, and Wales rewards visitors with an astonishing array of historical, cultural, and scenic pleasures and reveals the heritage of a nation that has influenced the world immeasurably.

**The BIG SING** Noon - 1:00 pm  
**Saturday, May 18, 2019**  
**No Fee, just beautiful music -**  
**Open to the Public**  
 Sit back and Sing-a-Long with Doctor Rosokoff and forty plus Ukulele players as they play hit songs from across the decades.



**\*\* NEW PROGRAM \*\***

**"Summer Setback Nights"**

**6:00 - 8:00 pm**

**Tuesdays, June 4, 2019 – August 27, 2019**

We would like to welcome you to our evening Setback games, for a limited time only! Have fun at the center playing this great card game offered at a new time, in addition to our popular day Setback. Drop-ins Welcome! Party and prizes at the end!

## Evening & Weekend Activities

### Tuesdays

<b>Pickleball at RCC &amp; Addison Park</b>	5:30 pm - 8:00 pm
<b>Lifelong Learning</b>	5:30 pm - 7:30 pm
<b>RiverQuilters for Quilts of Valor</b>	2nd & 4th Tuesdays 4:30 pm - 6:30 pm
<b>Open Computer</b>	5:30 pm - 8:00 pm

### Thursdays

<b>Mahjonn</b>	5:30 pm - 8:00 pm
<b>Open Computer</b>	5:30 pm - 8:00 pm
<b>Movie Night</b>	5:30 pm - 7:30 pm
<b>Pickleball Addison</b>	5:30 pm - 8:00 pm
<b>Coloring for Stress Relief</b>	5:30 pm - 7:00 pm

### Saturdays

<b>Co-ed Billiards</b>	9:00 am - Noon
<b>Open Studio</b>	May 11 & 25 9:30 am - 11:30 am
<b>Saturday Movies</b>	Noon
<b>Open Computer</b>	9:00 am - 3:00 pm
<b>Pickleball Addison</b>	9:00 am - Noon
<b>Dance Practice</b>	9:00 am - 10:30 am
<b>The Big Sing</b>	May 18 Noon-1pm

**AARP Chapter # 2010 News:**

**AARP BOARD MEETING:**

**Tuesday, May 7, 2019**

**10:00 am**

**AARP GENERAL MEETING:**

**Tuesday, May 16, 2019 Noon**

**PROGRAM:**

**Spring has arrived and here come "The Humble Bees"!**

This group of fun loving men enjoy traveling throughout Connecticut performing for seniors using a variety of instruments while harmonizing unique comedy songs. They will provide song sheets allowing us to join in. This energetic and animated group do not charge a fee for their performance but request that as a club we donate directly to the American Association of University Women Scholarship Program.

**UPCOMING TRIP INFORMATION:**

**May 15, 2019**

**The Sicilian Tenors - Aqua Turf**

**June 19, 2019**

**Saint Clements Castle**

**November 12-14, 2019**

**Christmas in the White Mountains - NH**

**Contact Diane Mansur @ 860-781-2853 for additional information.**

### Social Services News

**Glastonbury Social Services and Senior Outreach Call 860-652-7634 if you want to:**

**SPEAK** with a member of the Social Work staff

**FIND** out what programs you may qualify for

**MAKE** an **APPOINTMENT** for any financial assistance applications

**Get REFERRALS** to appropriate programs and services

**Learn about and/or apply for MEDICARE**

If you wish to see a particular worker you may still call them directly, otherwise, please call Social Services & Senior Outreach at 860-652-7634

**Kathryn Carfi: 860-652-7644**

**Theresa Buckson: 860-652-7640**

**Evelyn Lopez: 860-652-7652**

**Susan Parrotta: 860-652-7636**

### Homeowner's Tax Credit – May 15 Deadline

Applications for Elderly and Totally Disabled Tax Relief are being taken through Wednesday, May 15, 2019.

Applicants for the Additional Veterans Exemption have until October 1, 2019 to complete that application.

Income limits, based on 2018 figures, are \$36,000 for an individual and \$43,900 for a married couple for the State Elderly and Totally Disabled program and \$57,150 for the Town Elderly Tax Relief program.

Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your federal income tax return, if filing, and/or copies of all your interest and income statements and also the Social Security end-of-year statement (SSA-1099).

For more information or an appointment, please contact Social Services at 860-652-7634 or the Assessor's Office at 860-652-7600. Home visits can be scheduled as needed.

### Renters Rebate

Renters Rebate application will be accepted through October 1, 2019. Glastonbury residents age 65 or older by 12/31/2018 or those receiving Social Security Disability are eligible if their 2018 income was \$36,000 or less for an individual or \$43,900 or less for a married couple. There is no asset limit for this program. The following documentation is required:

- 1) Income for 2018– SSA 1099 *required*; income tax, if filed, or all 1099s if not
- 2) Monthly rent paid in 2018
- 3) Monthly utilities paid in 2018
- 4) Proof of disability if not on Medicare and below age 65

Appointments are necessary. Please contact Social Services at 860-652-7634 to request an appointment or for more information.

### Medicare

For information on Medicare, you can visit [www.medicare.gov](http://www.medicare.gov), call Medicare at 1-800-633-4227 or reach one of the CHOICES trained counselors at the Riverfront Community Center by calling 860-652-7634.

### Outreach at Center Village and Village Green

Outreach Social Worker Theresa Buckson will be at Village Green at 10AM on Tuesdays May 7 and May 21 and at Center Village on Tuesdays May 14 and May 28, and alternating Tuesdays throughout the year. Day old bread and bakery from Stop and Shop will be available, and time is available for private consultations. Please call Theresa at 860-652-7640 with questions or for a specific appointment.



## Social Services News 'Continued

### Foodshare

The Foodshare truck will be at First Church of Christ, 2183 Main Street, Glastonbury from 10:00 to 10:45 on Wednesdays May 8 and May 22. Mobile Foodshare is an outdoor food distribution for persons of low income. The food choices vary from week to week but usually include bread and several types of fresh produce. Other items may also be offered depending on availability. Please remember to bring a bag or box with you to carry your food.

### Carol's Closet

A ministry of St. James Church, the paper pantry provides paper and personal products to Glastonbury residents. It is open the third Saturday of each month, which will be May 18 from 10 AM to 12 noon at St. James, 2584 Main Street. They may be reached at 860-633-8333 for questions.

## Support Group News

### "EYE OPENERS" LOW VISION SUPPORT GROUP

Friday, May 24, 2019

The Low Vision Support Group will meet from 10:00 - 11:30 in the Special Activities Room at the Riverfront Community Center. This group is open to any person living with low vision. Members learn from one another and guest speakers. Refreshments are served. For more information or to receive meeting announcements, call Susan Parrotta, 860-652-7636.

### Bereavement Support Group Wednesdays, May 1 and May 15, 2019 2:00 pm- 3:30 pm

Have you had a family member or friend die recently? Are you experiencing the "symptoms" of grief such as the inability to eat or overeating; loss of sleep or need for too much sleep; lack of concentration and feelings of hopelessness? Joining this group will provide you with support and strategies to cope. This group is co-sponsored by Hartford Healthcare at Home and Glastonbury Senior Center. Call Bill Pilkington, Bereavement Support Counselor at (860) 209-3147 for additional information.

### The Friendship Circle Memory Program

The Friendship Circle Memory Program is a social engagement program designed for Glastonbury Seniors with early stage dementia. The program provides the opportunity to gain the many benefits derived by being active and socially engaged in a supportive group environment.

Activities are coordinated by a trained Program Coordinator and volunteers. The program offers a variety of engaging mental and physical activities including music, arts and crafts, exercise, puzzles, and plenty of opportunities to enjoy the company of others. A monthly fee is charged. Lunch and transportation are included. For more information contact 860-652-7646.

<b>1</b> PROMISE	<b>2</b> VIOLETS	<b>3</b> EATK PINEAPPLE	<b>4</b> DOOR	<b>5</b>	<b>GET A WORD IN</b>
<b>6</b> COUNTRY	<b>7</b>  3.14159	<b>8</b> GROUND FEET FEET FEET FEET	<b>9</b> RAKEN	<b>10</b> BUSINES	

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9. \_\_\_\_\_ 10. \_\_\_\_\_

## Health and Wellness News

### Free Blood Pressure & Wellness Clinic      **Wednesdays**      **RCC**      **9 am – 12 pm**

Glastonbury's Community Health Nurse will be conducting the above clinic this month. Blood pressure, medication, diet questions, symptom management and other health related concerns can be addressed. Walk-ins are encouraged.

### Hearing Screening & Aids Serviced      **Tuesday, May 14, 2019**      **10:00 am – noon**

Call 860 652-7638 to schedule your appointment. A free hearing exam will be conducted by a licensed hearing specialist. Hearing aids will be cleaned, checked and minor adjustments made.

### Healthy Foot Clinic

**Thursday, May 16, Tuesday, May 28 and Friday, May 31, 2019**      **RCC**

**8:40 am – 3:30 pm**      **Appointment Required – Call (860) 652-7638 to schedule an appointment**      **Cost: \$29.00 – check made payable to: Pedi-Care**

*Walk-ins will not be accepted.*      **Payments must be made at the time of your visit.**

## Dial-A-Ride Shopping and Schedule Information

**For All Reservations Call: (860) 652-7643**      **For Cancellations Call: (860) 652-7638**  
**Information Line Call: (860) 652-7638**

### Weekly Shopping:      **For residents who live north of Hebron Avenue (Zone A)**

**Mondays - Stop & Shop (Glastonbury Blvd.)**

**1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month: Shop Rite**

### **For residents who live south of Hebron Avenue (Zone B)**

**Thursdays - Stop & Shop (Oak Street)**

**2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of the month: Shop Rite**

### Mall Shopping Trip:      **Westfarms Mall - Wednesday, May 15, 2019**

**10:00 am Depart RCC 2:30 pm Return to RCC Trans. fee: \$5.00**

**You may register for the monthly shopping trip at anytime during the month.**

## Other Transportation Options

**FISH Phone: (860) 647-3911** Transportation for Glastonbury residents to out of town medical appointments is available Tuesday through Friday from Glastonbury to the following towns: Hartford, East Hartford, West Hartford, Manchester, Rocky Hill and Wethersfield. Please note: pickup can be no earlier than 8:00 am and no later than 4:00 pm. FISH also transports to the Farmington Health Center for appointments between 10:00 am. and 2:00 pm. You must request a ride by noon of the previous day. FISH is unable to transport wheel chairs; parking fees are the responsibility of the rider.

### American Cancer Society's Road to Recovery Transportation Service

**Phone: 1(800)227-2345.** They can provide transportation for doctors' appointments and treatments. Patients must be ambulatory. Requests must be made 3 business days before the appointment.

**A.D.A. Transportation, CT Transit** This service provides door-to-door service for any purpose to persons unable to use regular CT Transit bus service, if the pick-up and destination is within their service area. (7 days a week with a charge of \$3.50 each way). For application and info, call: **(860) 724-5340**

**Cozy Corner Café News**

You can place your order via phone (860)368-4535, or in person ahead of time. Enjoy healthy combinations with fresh produce and snacks. (Open Monday - Friday 9:30 am—1:30 pm).

**Special Diet Requests Procedure**

For those individuals who may have special dietary needs please contact the office the day prior.


*Thank you.*

11:45 am Lunch 12:15 pm or 12:30 pm Program (If Planned)

Ticket Prices: \$2.50 per person includes hot entrée, vegetable, dessert & beverage.

\$5.00 per Guest (does not live in town and/or not a senior citizen).

**May Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Swedish Meatballs Egg noodles Peas & Carrots Fruit Cup	<b>2 Healthy Brain #2</b> Hot Dog Baked Beans Cole Slaw Cookie	<b>3</b> Shepherd's Pie Tossed Salad Chef's Choice
<b>6</b> Baked Chicken Legs Rice Pilaf Spinach Pudding	<b>7</b> Spaghetti w/meat sauce Salad French Bread Sherbet	<b>8</b> Breaded Fish on Bun Potato Puffs Coleslaw Fruited Jello	<b>9 Healthy Brain #3</b> Smothered Pork Chop Mashed Potatoes Mixed Vegetables Brownies	<b>10</b> Chef's Choice
<b>13</b> BBQ Chicken Mac & Cheese Green Beans Peach Cobbler	<b>14</b> Stuffed Shells w/meat sauce Salad French Bread Lemon Square	<b>15</b> Baked Ham Scalloped Potatoes Broccoli Ice Cream	<b>16 Healthy Brain #4</b> Beef Stroganoff Egg Noodles Carrots Bread Pudding	<b>17</b> Meatball Grinder Vegetable Pasta Chef's Choice
<b>20 Birthday Party</b> Ziti w/meat sauce Salad Italian Bread Cupcake	<b>21</b> Chicken-ala-King Over Rice Biscuit Salad Pineapple	<b>22</b> Pork Roast Applesauce Mashed Potatoes Beets Mandarin orange	<b>23 Healthy Brain #5</b> Spaghetti w/meat sauce Salad Bread Cake	<b>24</b> Chef's Choice
<b>27</b> <b>CLOSED</b> 	<b>28 Memorial Day Picnic Luncheon</b> Cheeseburger Pasta Salad Pickle Scrumptious Dessert	<b>29</b> Eggplant Parmesan Salad Bread Apple Crisp	<b>30</b> Baked Chicken Wild Rice Stewed Tomatoes Pudding	<b>31</b> Breaded Fish on Bun Potato Puffs Chef's Choice



## Special Luncheons

**Older Americans Month**

**Memorial Day Picnic Luncheon**

**Tuesday, May 28, 2019**

**12:00 pm—1:00 pm**

**Cost: Resident: \$3.00 Non-Resident: \$4.00**

**(Purchase Tickets by Friday, May 24, 2019)**

Join us for an indoor picnic serving up Cheeseburgers, Pasta salad, pickle and a scrumptious dessert. This will be a day of remembrance and celebration.

## Lunch & Learns 12:30 pm - 1:30 pm

**A Healthy Brain Series— Sponsored by Hartford Healthcare Center for Healthy Aging**

**For each part please register by calling 860-652-7636**




**This five-part series will offer tips to keep your brain sharp and activities to challenge the mind, all while having fun. Participants are encouraged to attend all sessions.**

**#2 "Challenge your Mind Daily - Activities to Stay Sharp"      Thursday, May 2, 2019**  
**(Community Room A)**

**#3 "Coping with Changes & Managing Stress - Be Social"      Thursday, May 9, 2019**  
**(Community Room B)**

**#4 "Count Sheep - Be Creative and Have Fun"      Thursday, May 16, 2019**  
**(Community Room B)**

**#5 "Be Positive - Find a Purpose"      Thursday, May 23, 2019**  
**(Community Room B)**

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**Monday Movie Madness**      **Movies start promptly at 1:00 pm (All movies are on Amazon)**

**May 6 "A Little Bit of Heaven" (2012) \*\*\*\*** Starring Kate Hudson, Gael Garcia Bernal and Kathy Bates - An irreverent young woman who uses her humor to avoid intimacy has a life-changing visit from her doctor in this divinely funny dramatic comedy. Rated PG-13/106 minutes/Comedy. (Amazon)

**May 13 "A Home of Our Own" (1993) \*\*\*\*\*** Starring Kathy Bates, Edward Furlong and Soon-Tek Oh - Frances Lacey is trying to make ends meet when she is suddenly fired from her job. Adding insult to injury, her son Shayne is busted for stealing change from local payphones. Deciding it's time for a fresh start, Frances & her six children pull up stakes & move to Idaho. Rated PG/Drama/104 minutes.

**May 20 "Barefoot" (2014) \*\*\*\*** Starring Evan Rachel Wood, Scott Speedman and J.K. Simmons - The "black sheep" son of a wealthy family meets a young psychiatric patient who's been raised in isolation her entire life. He takes the naive young woman home for his brother's wedding to convince his family that he's finally straightened out his life. Rated PG-13/Comedy/Drama/Romance/89 minutes.

**Thursday Evenings - Movies start promptly at 5:30 pm (All movies are on Amazon)**

**May 2 "Life Itself" (2018) \*\*\*\*\*** Starring Oscar Isaac, Olivia Wilde and Mandy Patinkin - Life Itself centers on a couple that lead a multi-generational love story spanning both decades and continents, from the streets of New York to the Spanish countryside, and are all connected by a single event. Rated R/Drama, Romance/117 minutes.

**May 9 "Ruling of the Heart" (2018) \*\*\*\*** Starring Randall, Robert Milo Andrus and Bailey Heesch - When a strict judge gets stuck in a café during a snowstorm, he's confronted by two people he made judgments against and learns that the truth isn't always what appears on the surface. NR/Drama/85 minutes.

**May 16 "The Promise" (2017) \*\*\*\*\*** Starring Oscar Isaac, Charlotte Le Bon and Christian Bale - A sweeping epic set in the last days of the Ottoman Empire. THE PROMISE is an inspirational story of love, survival, and resilience. Starring Oscar Isaac and Christian Bale. Rated PG-13/Drama, Action/133 minutes.

**May 23 "Who Gets The Dog" (2016) \*\*\*\*** Starring Ryan Kwanten, Alicia Silverstone and Randall Batinkoff - A heartfelt romantic comedy about who gets their adorable Labrador once their marriage goes to the dogs. With everything at stake, can man's best friend find a way to reunite the couple? Rated PG/Comedy, Drama, Romance/95 minutes.

**May 30 "Greenfingers" (2001) \*\*\*\*\*** Starring Helen Mirren, Clive Owen and David Kelly - Inmate Colin Briggs is introduced to gardening and when the thriving prison garden attracts the attention of flamboyant gardening expert, Georgina Woodhouse she offers to sponsor the inmates in an upcoming flower show. At the Hampton Court Flower Show, Colin meets Georgina's daughter and a romance blooms. Rated R/Comedy, Romance, Drama/91 minutes.

**Saturday Matinees - Movies start promptly at 12:00 pm (All movies are on Amazon)**

**May 4 "The Last Word" (2017) \*\*\*\*\*** Starring Shirley MacLaine, Amanda Seyfried and Anne Heche - Harriet is a retired businesswoman who wants to control everything, especially her legacy. When a young journalist searches for the truth, so begins a life-altering friendship. Rated R/Comedy, Drama/108 minutes.

**May 11 "Smitty" (2012) \*\*\*\*\*** Starring Mira Sorvino, Peter Fonda and Louis Gossett, Jr. - A mischievous thirteen-year-old crosses paths with a lovable mutt named Smitty, and with help from the unlikely canine companion, learns the importance of friendship, family and responsibility. NR/Family/94 minutes.

**May 18 "Oddball" (2016) \*\*\*\*** Starring Shane Jacobson, Sarah Snook and Alan Tudyk - An eccentric chicken farmer, with the help of his granddaughter, trains his mischievous dog Oddball to protect a penguin sanctuary from fox attacks Rated PG/Family, Adventure, Comedy/95 minutes.

**May 25 "Your Mother Wears Combat Boots" (1989) \*\*\*\*** Starring Barbara Eden, Hector Elizondo and Meagan Fay - When her son quits college to pursue his dream of becoming an Army Ranger, the only way his mom can stop him is to enlist herself. They strike a deal: if she can complete basic training, then he will forgo his dream and return to college. Inevitable conflicts ensue as Brenda attempts to preserve her manicure against the best efforts of her drill sergeant. Rated PG/Comedy/92 minutes.

**Movies At the Riverfront Community Center**

Popcorn and an iced beverage will be available. There is no charge and no reservations are required. **Due to the length of movies and other circumstances there will be no previews.** If you wish to recommend a movie, please complete a suggestion form in the Senior Center office. **Please be respectful to others during the movie by turning off cell phones and refraining from talking during the movie. Your cooperation is appreciated.**

**KEEPING YOU INFORMED**

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, **Connect, Create, Contribute**, encourages older adults and their communities to:



- Connect** with friends, family, and services that support participation.
  - Create** by engaging in activities that promote learning, health, and personal enrichment.
  - Contribute** time, talent, and life experience to benefit others.
- Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

**What is an Age-Friendly Community?**

Age-friendly or livable communities have walkable streets, housing and transportation options, access to key services and opportunities for residents to participate in community activities.

The **AARP Network of Age-Friendly States and Communities** encourages states, cities, towns and counties to prepare for the rapid aging of the U.S. population by paying increased attention to the environmental, economic and social factors that influence the health and well-being of older adults.

By doing so, these communities are better equipped to become great places, and even lifelong homes, for people of all ages.

- |                               |                               |
|-------------------------------|-------------------------------|
| 1. Split Personality          | 1. Broken Promise             |
| 2. Misunderstood              | 2. Shrinking Violets          |
| 3. Somewhere over the Rainbow | 3. Pineapple upside down cake |
| 4. History repeats itself     | 4. Back Door                  |
| 5. One in a million           | 5. Get a word in edge wise    |
| 6. I'll be there in a minute  | 6. Cross Country              |
| 7. High Chair                 | 7. Apple Pie                  |
| 8. Space Invaders             | 8. Six Feet Under Ground      |
| 9. Slow Down                  | 9. Half Baked                 |
| 10. Stand in the Corner       | 10. Unfinished Business       |
| 11. Double Vision             |                               |
| 12. Walking on thin ice       |                               |
| 13. Eye of the Storm          |                               |
| 14. X marks the spot          |                               |
| 15. Once upon a time          |                               |

Town of Glastonbury  
Senior Services Department  
300 Welles Street  
Glastonbury, Connecticut 06033

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### Return Service Requested

## The Sharing Tree

### How to read/get a copy of *The Sharing Tree*

This newsletter is published monthly for Glastonbury seniors. You may access it online through the town website: [www.glastonbury-ct.gov-seniorservices](http://www.glastonbury-ct.gov-seniorservices). Copies of the newsletter are also available at the library and town hall as well as delivered to the congregate senior living facilities throughout town. If you are not currently receiving a copy and wish to do so, please contact the Senior Center office to arrange for receipt via e-mail or postal service.

**Registration Information:** Sign-up for all trips and activities will take place on **Monday, May 6 2019 9:30 am for Glastonbury residents only**. Registration will take place in Community Room A. (*Doors open at 8:30 am for registrants to take a number for their place in line*). One person may make reservations for up to ***two*** people only. Checks should be made payable to the **Town of Glastonbury**. Registration for activities and lunches (not trips) can be made at the office before and after this date based upon space availability. Non-Residents may register on **Monday, May 13, 2019 (in office)**.