

## Senior Activities for APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <span style="float: right;"><u>RM</u></span> 9:00 AARP Tax-Aide <span style="float: right;">C</span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:30 Knit & Crochet <span style="float: right;">AC</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> <b>12:45 Cribbage*</b> <span style="float: right;">WS</span> <b>1:00 Duplicate Bridge *</b> <span style="float: right;">AB/AA</span> <b>1:00 Co-ed Billiards*</b> <span style="float: right;">B</span> <b>1:00 Creative Crafters*</b> <span style="float: right;">AC</span> <b>1:00 Movie*</b> <span style="float: right;">SA</span>	<b>2</b> <span style="float: right;"><u>RM</u></span> 9:00 Open Computer <span style="float: right;">C</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 AARP Board Meeting <span style="float: right;">CB</span> 10:00 Rummikub <span style="float: right;">AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 No Indoor Walking <span style="float: right;">CB</span> <b>1:00 Canasta*</b> <span style="float: right;">AA</span> <b>1:00 Pinochle *</b> <span style="float: right;">AB</span> 1:00 Stretchercize <span style="float: right;">E</span> 5:30 Pickleball <span style="float: right;">AP &amp; CA/CB</span> 5:30 Lifelong Learning <span style="float: right;">SA</span> 5:30 Open Computer <span style="float: right;">C</span>	<b>3</b> <span style="float: right;"><u>RM</u></span> 9:00 AARP Tax-Aide <span style="float: right;">C</span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:00 Wellness Clinic <span style="float: right;">HR</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Mahjongg Play <span style="float: right;">AA</span> 1:00 Bridge <span style="float: right;">AB</span> 1:30 Ceramics <span style="float: right;">AC</span> 2:00 Bereavement Support <span style="float: right;">SA</span>	<b>4</b> <span style="float: right;"><u>RM</u></span> 8:30 Outdoor Walking Grp <span style="float: right;">C</span> 9:00 AARP Tax-Aide <span style="float: right;">C</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:00 Intermediate Italian <span style="float: right;">AC</span> 9:30 <b>Registration</b> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Setback <span style="float: right;">AB/AA</span> 10:00 Advance Italian <span style="float: right;">AC</span> 11:00 Yale University <b>Art Museum</b> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Stretchercize <span style="float: right;">E</span> <b>1:00 Creative Crafters*</b> <span style="float: right;">AC</span> <b>1:30 Mac, iPad, Smart phone</b> <b>1:1 Assistance*</b> <span style="float: right;">CF</span> <b>2:00 Wii Bowling*</b> <span style="float: right;">AB</span> <b>5:30 Movie*</b> <span style="float: right;">SA</span> <b>5:30 Pickleball *</b> <span style="float: right;">AP</span> <b>5:30 Open Computer*</b> <span style="float: right;">C</span> <b>5:30 Mahjongg*</b> <span style="float: right;">AB/AA</span> <b>5:30 Coloring Stress Relief*</b>	<b>5</b> <span style="float: right;"><u>RM</u></span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:00 Open Computer <span style="float: right;">C</span> 10:00 Current Issues <span style="float: right;">CF</span> 11:45 Lunch <span style="float: right;">CA</span> 12:00 1:1 Comp. Assist <span style="float: right;">C</span> 12:45 Bingo <span style="float: right;">CB</span>	<b>6</b> <span style="float: right;"><u>RM</u></span> 9:00 Pickleball <span style="float: right;">AP</span> 9:00 Dance Practice <span style="float: right;">E</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:00 Open Computer <span style="float: right;">C</span> 9:30 Watercolor Class <span style="float: right;">AC</span> 12:00 Movie <span style="float: right;">SA</span>
<b>8</b> <span style="float: right;"><u>RM</u></span> 9:00 AARP Tax-Aide <span style="float: right;">C</span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:30 Knit & Crochet <span style="float: right;">AC</span> 10:00 Hatha Yoga <span style="float: right;">AB/AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 10:30 Low Impact Cardio Dance Fitness <span style="float: right;">E</span> 1:30 Tai Chi Intro <span style="float: right;">CB</span> 2:30 Tai Ji Quan	<b>9</b> <span style="float: right;"><u>RM</u></span> 9:00 Open Computer <span style="float: right;">C</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Rummikub <span style="float: right;">AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 <b>NO Indoor Walking</b> <span style="float: right;">CB</span> 1:00 Chess <span style="float: right;">AC</span> 1:00 Stretchercize <span style="float: right;">E</span> <b>5:30 NO Pickleball at RCC</b> 5:30 Pickleball <span style="float: right;">AP</span> 5:30 Lifelong Learning <span style="float: right;">SA</span> 5:30 Open Computer <span style="float: right;">C</span>	<b>10</b> <span style="float: right;"><u>RM</u></span> 9:00 AARP Tax-Aide <span style="float: right;">C</span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:00 Wellness Clinic <span style="float: right;">HR</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:45 <b>Lucky Lou's</b> <b>Restaurant</b> 11:00 Powerful Aging <span style="float: right;">E</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Mahjongg Play <span style="float: right;">AA</span> 1:00 Bridge <span style="float: right;">AB</span> 1:30 Ceramics <span style="float: right;">AC</span>	<b>11</b> <span style="float: right;"><u>RM</u></span> <b>7:00 Daffodil Trip - I RI</b> 9:00 AARP Tax-Aide <span style="float: right;">C</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Setback <span style="float: right;">AB/AA</span> 10:00 Advance Italian <span style="float: right;">AC</span> 10:15 Inter. Line Dance <span style="float: right;">E</span> 11:45 Lunch <span style="float: right;">CA</span> 11:45 Beg. Line Dancing <span style="float: right;">E</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Stretchercize <span style="float: right;">E</span> 3:30 Verse Come Poetry <span style="float: right;">AA</span> 2:30 Tai Ji Quan 6:00 Tai Chi <span style="float: right;">CB</span>	<b>12</b> <span style="float: right;"><u>RM</u></span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:00 Open Computer <span style="float: right;">C</span> 10:00 Hatha Yoga <span style="float: right;">AB/AA</span> 10:30 Girl Talk <span style="float: right;">SA</span> 11:00 Powerful Aging <span style="float: right;">E</span> 11:45 Lunch <span style="float: right;">CA</span> 12:00 1:1 Comp. Assist <span style="float: right;">C</span> 12:45 Bingo <span style="float: right;">CB</span>	<b>13</b> <span style="float: right;"><u>RM</u></span> 9:00 Pickleball <span style="float: right;">AP</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:00 Dance Practice <span style="float: right;">E</span> 9:00 Open Computer <span style="float: right;">C</span> 9:30 Watercolor Class <span style="float: right;">AC</span> 12:00 Movie <span style="float: right;">SA</span>
<b>15</b> <span style="float: right;"><u>RM</u></span> 9:00 AARP Tax-Aide <span style="float: right;">C</span> 9:00 Men's Billiards <span style="float: right;">B</span> <b>9:15 Genius Museum Trip</b> 9:30 Knit & Crochet <span style="float: right;">AC</span> 10:00 Hatha Yoga <span style="float: right;">AB/AA</span> 11:45 Birthday Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 10:30 Low Impact Cardio Dance Fitness <span style="float: right;">E</span> 1:30 Tai Chi Intro <span style="float: right;">CB</span> 2:30 Tai Ji Quan	<b>16</b> <span style="float: right;"><u>RM</u></span> 9:00 Open Computer <span style="float: right;">C</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Rummikub <span style="float: right;">AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:00 AARP General Mtg. <span style="float: right;">CB</span> 12:15 <b>No Indoor Walking</b> <span style="float: right;">—</span> 1:00 Stretchercize <span style="float: right;">E</span> 5:30 Pickleball <span style="float: right;">AP &amp; CA/CB</span> 5:30 Lifelong Learning <span style="float: right;">SA</span>	<b>17</b> <span style="float: right;"><u>RM</u></span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:00 Wellness Clinic <span style="float: right;">HR</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 <b>Buckland Mall Trip</b> 11:00 Powerful Aging <span style="float: right;">E</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Mahjongg Play <span style="float: right;">AA</span> 1:00 Bridge <span style="float: right;">AB</span> 1:30 Ceramics <span style="float: right;">AC</span> 2:00 Bereavement Support <span style="float: right;">SA</span>	<b>18</b> <span style="float: right;"><u>RM</u></span> 8:40 Foot Clinic <span style="float: right;">HR</span> 8:30 AARP Smart Driver <span style="float: right;">CB</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:00 Intermediate Italian <span style="float: right;">AC</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Setback <span style="float: right;">AB/AA</span> 10:00 Advance Italian <span style="float: right;">AC</span> 10:15 Inter. Line Dancing <span style="float: right;">E</span> 10:30 Book Discussion <span style="float: right;">CF</span> 11:45 Lunch <span style="float: right;">CA</span> 11:45 Beg. Line Dancing <span style="float: right;">E</span> 12:40 <b>New Zealand Video</b> <span style="float: right;">CB</span> 1:00 Stretchercize <span style="float: right;">E</span> 2:30 Tai Ji Quan 6:00 Tai Chi <span style="float: right;">CB</span>	<b>19</b> <b>CLOSED</b> <b>GOOD FRIDAY</b>	<b>20</b> <span style="float: right;"><u>RM</u></span> 9:00 Pickleball <span style="float: right;">AP</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:00 Dance Practice <span style="float: right;">E</span> 9:00 Open Computer <span style="float: right;">C</span> 9:30 Open Art Studio <span style="float: right;">AC</span> 12:00 Movie <span style="float: right;">SA</span>
<b>22</b> <span style="float: right;"><u>RM</u></span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:30 Knit & Crochet <span style="float: right;">AC</span> 10:00 Hatha Yoga <span style="float: right;">AB/AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 10:30 Low Impact Cardio Dance Fitness <span style="float: right;">E</span> 1:30 Tai Chi Intro <span style="float: right;">CB</span> 2:30 Tai Ji Quan	<b>23</b> <span style="float: right;"><u>RM</u></span> 9:00 Open Computer <span style="float: right;">C</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Rummikub <span style="float: right;">AA</span> 11:00 <b>Effie's Place</b> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Chess <span style="float: right;">AC</span> 1:00 Stretchercize <span style="float: right;">E</span> 4:30 RiverQuilters <span style="float: right;">AA/AB</span> 5:30 Pickleball <span style="float: right;">AP &amp; CA/CB</span> 5:30 Lifelong Learning <span style="float: right;">SA</span> 6:00 Open Computer <span style="float: right;">C</span>	<b>24</b> <span style="float: right;"><u>RM</u></span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:00 Wellness Clinic <span style="float: right;">HR</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:15 <b>New Britain Museum</b> 11:00 Powerful Aging <span style="float: right;">E</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Mahjongg Play <span style="float: right;">AA</span> 1:00 Bridge <span style="float: right;">AB</span> 1:30 Ceramics <span style="float: right;">AC</span>	<b>25</b> <span style="float: right;"><u>RM</u></span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Setback <span style="float: right;">AB/AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Stretchercize <span style="float: right;">E</span> 2:30 Tai Ji Quan 6:00 Tai Chi <span style="float: right;">CB</span>	<b>26</b> <span style="float: right;"><u>RM</u></span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:00 Open Computer <span style="float: right;">C</span> 10:00 Hatha Yoga <span style="float: right;">AB/AA</span> 10:00 LOW VISION <span style="float: right;">SA</span> 11:00 The Price is Right <span style="float: right;">CA</span> 11:00 Powerful Aging <span style="float: right;">E</span> 11:45 Lunch <span style="float: right;">CA</span> 12:00 1:1 Comp. Assist <span style="float: right;">C</span> 12:45 Bingo <span style="float: right;">CB</span>	<b>27</b> <span style="float: right;"><u>RM</u></span> 9:00 Pickleball <span style="float: right;">AP</span> 9:00 Dance Practice <span style="float: right;">E</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:00 Open Computer <span style="float: right;">C</span> 9:30 Open Art Studio <span style="float: right;">AC</span> 12:00 The Big Sing <span style="float: right;">CA/CB</span> 12:00 pm Movie <span style="float: right;">SA</span>
<b>29</b> <span style="float: right;"><u>RM</u></span> 8:40 Foot Clinic <span style="float: right;">HR</span> 9:00 Men's Billiards <span style="float: right;">B</span> 9:30 Knit & Crochet <span style="float: right;">AC</span> 10:00 Hatha Yoga <span style="float: right;">AB/AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 10:30 Low Impact Cardio Dance Fitness <span style="float: right;">E</span> 1:30 Tai Chi Intro <span style="float: right;">CB</span> 2:30 Tai Ji Quan	<b>30</b> <span style="float: right;"><u>RM</u></span> 8:40 Foot Clinic <span style="float: right;">HR</span> 9:00 Open Computer <span style="float: right;">C</span> 9:00 Co-ed Billiards <span style="float: right;">B</span> 9:45 Friendship Circle <span style="float: right;">SA</span> 10:00 Rummikub <span style="float: right;">AA</span> 11:45 Lunch <span style="float: right;">CA</span> 12:15 Indoor Walking <span style="float: right;">CB</span> 1:00 Stretchercize <span style="float: right;">E</span> 5:30 Pickleball <span style="float: right;">AP &amp; CA/CB</span> 5:30 Lifelong Learning <span style="float: right;">SA</span> 6:00 Open Computer <span style="float: right;">C</span>	<b>Please look at the first week of the month-            Programs in bold and with * continue            through the month.</b>			<b>ROOM KEY</b> AA Activity Room A AB Activity Room B C Computer Room E Exercise Room CB Community Rm B CA Community Rm A CF Conference Room WS Workshop Room AC Arts & Craft Room SA Special Activity Room B Billiards Room HR Health Room  <b>OFFSITE</b> AP Addison Park Movie information on page 12