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Mail-In & On-Line Registration

Registrations will be accepted by postmarked MAIL AND ON-LINE TUESDAY, MARCH 19
BEGINNING AT 8:00 A.M. with the following exceptions:

Pool Passes
Camp Sunrise
Senior Citizens Picnic
Music and Arts Camp
Open Gym Passes
Party/Facility Rentals
Summer Mens Basketball

Mail-in registrations will be processed daily, at random. NO REGISTRATIONS WILL BE PROCESSED BEFORE MARCH 19.

In-Person Registration

In-person registrations will be accepted beginning Tuesday, April 9.

Registration Payment

VISA, Mastercard or Discover payments are accepted on-line, by mail and in-person.

If paying by check, make checks or money orders payable to "TOWN OF GLASTONBURY". Do not send cash. Write a separate check for each program.

Returned Checks

A \$15.00 fee will be assessed for returned checks.

3 Easy & Convenient Ways to Register!



ONLINE

Registrations will be accepted ON-LINE TUESDAY, MARCH 19 BEGINNING AT 8:00 A.M.



MAIL IN

Registrations will be accepted by postmarked MAIL and processed daily at random beginning TUESDAY, MARCH 19 AT 8:00 A.M.



IN-PERSON

Registrations will be accepted IN-PERSON beginning TUESDAY, APRIL 9 (Monday-Friday 8:00 a.m.-4:30 p.m.)

No Registrations will be processed before March 19. Phone, Fax or E-Mail Registration is not accepted.

Summer Fun...

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...for Everyone!

Phone, Fax & E-Mail Registration

Due to limited phone lines and staff, we cannot accept registrations by phone, fax or e-mail.

Fees

Fees are subject to change July 1st.

Refund Policy

Please review your registrations carefully.

- Refunds will be automatic if a program is canceled.
- To avoid classes being canceled at the last minute due to insufficient enrollment and in order to accommodate waiting lists in a timely fashion, refund requests must be made no later than five (5) business days before the program begins. Refund requests received after this point will be subject to a \$10 processing fee.
- Refunds cannot be given on trips, special events, facility reservations and passes.
- Refunds are generally not given once a program
 has begun, however, in the event of injury or illness,
 a refund request will be considered if accompanied
 by a doctor's note.
- Registrations processed by credit card will be credited to the card used. All other refunds generally take 2-4 weeks to process.

Financial Assistance

Discounted registration fees for basic programs are available to those who qualify by Federal Poverty Guidelines. Eligibility and assistance determinations are made by Social Services. Fee waivers apply to registration fees only. To qualify, an Eligibility Application Form must be submitted to the Social Services Department. A copy of the approved application must accompany registration. Eligibility for financial assistance does not guarantee a space in the program. Eligible programs include:

Mini Camp Playground Program Awesome Adventures Children's Swim Lessons Recreation Swim Team Camp Discovery Kiddie Kamp Camp Sunrise Teen Center Pass Pool Passes Open Gym Passes

Online Registration

Already have a User Name and Password? Follow steps 1 & 2 below. If not, follow these 5 easy steps:

Step 1: Go to <u>www.glastonbury-ct.gov</u> Step 2: Click on "Parks and Recreation",

"Registration", "On-Line Registration" Step 3: Click "New User?"

Step 4: Complete "Household Information"

Step 5: Click "Submit"

You will receive a confirmation via e-mail and can begin on-line registration immediately.

Updating Household Information

Prior to registering for summer programs on-line, you MUST update your household information including GRADES of family members. All programs accept registrations based on specific age and grade requirements. You WILL NOT be able to register if this information is incorrect. To confirm or update, LOG IN to the online system, click on "My Account", "Change Family Data". If you need to add or update a birthday, you must call the office.

Program Information Line

Retrieve program and activity information 24 hours a day by calling (860)652-7689. Evening programs, field/league cancellations announced after 4:00 p.m.

Residency Requirements

Programs are for Glastonbury residents only unless otherwise noted.

Cancellation Information

Programs may be canceled due to insufficient registration. Programs are canceled on May 28 and July 4 unless otherwise stated.

Notification of Enrollment

Include a STAMPED, self addressed, business size envelope with your mail-in registration if you would like your receipt mailed. Receipts can also be e-mailed if an e-mail is included on the registration form. We DO NOT mail receipts for registrations processed on-line. You may reprint a receipt anytime from the on-line system by clicking "My Account", "Reprint a Receipt".

E-Mail Updates

Occasionally, we send updates, cancellation information and other pertinent program information to you via e-mail. Please be sure to include your e-mail address on your registration form and to add "recreation@glastonbury-ct.gov" to your address book or trusted e-mail list so we don't get caught in your spam filter!

Brochure Mailing Information

Brochures are mailed directly to Glastonbury residents via Bulk Mail 3 times per year:

Fall: Mid-August
Winter/Spring: Early December
Summer: Early March

Brochures are available for pick up beginning the Friday prior to each registration at Town Hall, Welles Turner Library, the Riverfront Community Center and our office. Program Information is typically available online beginning the Tuesday prior to each registration at www.glastonbury-ct.gov.

Weekly Activity Information

Activities, times, locations, and cancellations appear weekly in the The Glastonbury Citizen.

Join us on Social Media!

Keep up with us through Facebook and Instagram to receive updates on program information, reminders about upcoming registration deadlines and all sorts of other great information!

Facebook: glastonburyparkrec

Instagram: glastonbury park and rec

How to Reach Us

Phone: (860)652-7679

Fax: (860)652-7691

Program Information Line: (860)652-7689

On the Web: www.glastonbury-ct.gov

Click "Parks and Recreation"

Mailing Address: Parks and Recreation

P.O. Box 6523

Glastonbury,CT 06033

Mailing Registrations: Parks and Recreation

Program Registration

P.O. Box 6523

Glastonbury,CT 06033
Parks and Recreation

2143 Main Street Glastonbury,CT 06033

Our Staff

Office Address:

Lisa Zerio, Director of Parks and Recreation
Greg Foran, Park Superintendent & Tree Warden
Jason Albert, Park Maintenance Supervisor
Kelly Devanny, Recreation Supervisor
Bill Engle, Recreation Supervisor
Anna Park, Recreation Supervisor
Liz Gambacorta, Recreation Program Coordinator
Kristen Michaels, Event & Banquet Facility Manager
Angela Paisker, Executive Secretary
Cynthia Lea, Administrative Secretary
Katryna Albert, Clerical Assistant

Glastonbury Youth Organizations

The following organizations are run independent of the Parks and Recreation Department. Please contact them regarding specific program and registration information.

Little League: <u>www.glastonburylittleleague.org</u>

Hartwell Soccer: www.glastonburysoccer.org

Midget Football: www.gyfa.com
YMCA: (860)633-6548

Lacrosse: <u>www.glastonburylacrosse.org</u>

GBA: www.gbahoops.org
Amateur Baseball: www.gbahoops.org

Gymnastics: www.glastonburygymnastics.com www.glastonburygym

Fishing in Glastonbury

Fishing is permitted at Eastbury Pond, JB Williams Pond, Salmon Brook and Roaring Brook at Cotton Hollow. Non-Residents are only allowed to fish at Cotton Hollow between the second Saturday in April and June 15. The traditional Opening Day of the trout season is always the second Saturday in April (April 13) beginning at 6 a.m. Children under the age of 16 do not require a license. A statewide fishing license is required for ages 16 and up and can be obtained from the Town Clerk at the Town Hall by calling (860)652-7620. For more information on fishing in Connecticut visit www.ct.gov/deep

Dog Leash Law

Town ordinances require dogs be leashed or tethered on Town property. This ordinance does not apply to guide dogs accompanying a blind person. The Town also enacted an ordinance making it unlawful for any person owning, keeping, walking, or in control of a dog to permit the dog to defecate upon any private property owned by another person unless the person removes the feces before leaving the immediate premises. Violations and complaints can be directed to the Police Department (860) 633-8301.



Glastonbury Dog Park

The dog park is a fenced-in area where dogs can run and socialize off-leash legally and safely. A separate area for small dogs is also included. Some of the park amenities include benches, waste receptacles, dog litter bags, water stations and more! The park is located within the Riverfront Park, 200 Welles Street, Glastonbury. For more information, visit www.glastonbury-ct.gov/dogpark

Kangaroo Kids (2019-20) Deposit

Registration begins at 8:00 a.m. on March 12, 2019
Kangaroo Kids is a developmentally appropriate
experience for 3&4 year olds. Theme days, arts &
crafts, music, social interaction and creative play
allow opportunities for your child to explore, imagine
and learn under the watchful supervision of our
experienced and nurturing staff. Program is offered in
either a 2 day or 4 day per week option as follows:

Ages 3&4:Mon & Thurs.9:00-11:30 a.m.Ages 3&4:Tues. & Fri.9:00-11:30 a.m.Ages 3&4:Mon., Tues., Thurs., Fri.9:00-11:30 a.m.Age 4:Mon., Tues., Thurs., Fri.12:30-3:00 p.m.

Child must be age 3 or 4 by January 1, 2020 to be eligible (NO EXCEPTIONS). 3 year olds must be toilet trained! Kangaroo Kids meets September-early June.

An Open House will be held on Tuesday, March 5th from 4:00-6:00 p.m. If you would like to visit our program currently in session, contact Kangaroo Kids (860) 657-8616 to make an appointment.

Kangaroo Kids Deposit

AM 3&4	Mon. & Thurs	403128-01
AM 3&4	Tues. & Fri	403128-02
AM 3&4	Mon, Tues, Thurs & Fri	403128-03
PM 4	Mon, Tues, Thurs & Fri	403128-04

FEE: \$250 Deposit

The deposit is non-refundable after June 3 so please plan accordingly.

Balance of Fee: \$709 (2 Day); \$1,425 (4 Day) will be paid in two installments:

September 13, 2019: \$355 (2 Day); \$713 (4 Day) January 10, 2020: \$354 (2 Day); \$712 (4 Day)





Skyhawks Tiny Hawks

(Ages 3-4)

Help children fine-tune their motor skills in soccer and basketball. Parents are encouraged to stay and participate and are required to stay if children are not ready to participate alone. Must be toilet trained.

Sports Camps

Tiny Hawk-June	104109-TH
Tiny Hawk-Aug	104109-T2

FEE: \$85

MEETS: Monday-Friday

JUNE: June 24-28 12:30-1:15 p.m.

@ Academy Building

AUGUST: August 5-9 12:15-1:00 p.m.

@ Hebron Avenue School

Music Together®

(Newborns-age 5)

Children will explore and express music alongside their most important role models; parents, care-givers and teachers. Nurture your child's natural enthusiasm for music & movement during this early childhood stage of rapid growth. Instructor is Jessica Nevins (Music Together of the River Valley).

Music Together

Music Together 9:15	103101-01
Music Sibling 9:15	103101-02
Music Together 10:15	103101-03
Music Sibling 10:15	103101-04
Music Together 11:15	103101-05
Music Sibling 11:15	103101-06

FEE: \$135/child; \$55/sibling (Newborns

under 8 months FREE when sibling is

registered; \$135 when alone)

MEETS: Tuesday 9:15-10:00 a.m.; 10:15-

11:00 a.m. or 11:15 a.m.-Noon

LOCATION: Community Center Activity Room

DATES: July 9-August 13

Tampa Bay vs. Boston Red Sox

(Open to all Ages; Residents and Non-Residents) Gather up a group of your family or friends to see this series live! Trip includes outfield grandstand tickets to the game, charter bus, a cookout before the game and games/prizes on the bus. Please note that this is a lively bus ride!

Bus Trips

Red Sox 109004-17

FEE: \$135/Person

MFFTS: Departs Glastonbury/East Hartford

> Commuter Parking Lot at 9:30 a.m.; Returns at Approximately 7:00 p.m.

DATE: Sunday, April 28, 2019

Massachusetts Wine Tour

(Open to all Ages; Residents and Non-Residents) Visit Queen Bee Winery in Munson, MA; Echo Hill Winery in Munson, MA and Hardwick Winery in Hardwick, MA. Trip includes charter bus, stops at the 3 wineries, 2 tastings, 1 pouring, a cookout and games/ prizes on the bus.

Bus Trips

Mass Wine Tour 109004-MW

FEE: \$100/Person

MEETS: Departs Glastonbury/East Hartford

> Commuter Parking Lot at 9:45 a.m.; Returns at Approximately 6:30 p.m.

DATE: Saturday, June 8, 2019

Family Yoda

Create awareness of the body and breath, combining functional movement with mindfulness. Class includes warm up and centering, physical movement and yoga flow, followed by cool down and relaxation. Fun for adults and children alike! Parents will help guide children under 8. Bring a yoga mat, water and any props that help you in yoga. All children under the age of 12 must register and have an adult registered with them to participate.

Fitness Programs Summer

107211-FT Family Yoga

FEE: \$30/Person

MEETS: Thursday 5:15-6:00 p.m. LOCATION: RCC Exercise Room DATES: July 11-August 15

Child/Adult Fun Runs

(All Ages)

Grab your sneaks and run some extra miles! Children jog for one mile around the Smith Middle School Soccer field. Adult courses are 2.4 and 3.5 miles. Register at the Smith Middle School Upper Soccer Field starting at 6:30 p.m. for a 6:50 p.m. start. Divisions include male and female 35 & up, 19 - 34, 15-18, 13-14, 10-12, 7-9, and 6 & under. Tuesdays, June 25; July 2, 9, 16, 23, 30 and August 6. No fee.

Riverfront Music Series - Expanded!!

Head down to Riverfront Park on Wednesday nights all summer long to enjoy some great music! Bring a picnic or purchase dinner on-site as you relax with family and friends on warm summer nights with entertaining music. A series of free, outdoor concerts beginning at 7:00 p.m. on the field behind the Riverfront Community Center on Welles Street.

June 19: Children's Performance & Camp Kickoff

(6:00 p.m. start)

June 26: Glastonbury Town Band Patriotic Music

July 3: Entertainment TBD July 10: Shaded Soul* July 17: White Wedding* July 24: Maxxtone*

July 31: ETA*

August 7: Glastonbury Town Band Movie Magic August 14: Glastonbury Town Band Broadway August 21: Glastonbury Town Band World of Music

*Headline Concerts

Co-Sponsored by the Connecticut River Valley Chamber of Commerce. Free parking and shuttle service available at 180 & 200 Glastonbury Boulevard, adjacent to Somerset Square. Several food trucks will be on site to accommodate the larger crowds.

Farmers Market

Local Farmers will join the festivities on Wednesday nights setting up booths to sell their locally sourced products. Enjoy one stop shopping to purchase fresh, high-quality produce and other specialty items.

Children's Performance & Camp Kickoff

A special Riverfront Music Series concert just for kids! Bring the family for a fun night of kids music and those who are attending our summer camp programs can meet camp staff.

Join the Town Band

The Glastonbury Town Band consists of professional & amateur musicians who play together for 4 concerts/ year. New band members welcome. Attend rehearsal ready to play on Sundays, 7:00-9:00 p.m. June 23, July 28 and August 4, 11 and 18 at the GHS Band Room.



Mini Camp

(Child must be age 5 by 1/1/20 NO EXCEPTIONS)
Half day program specifically for children eligible to enter kindergarten in the Fall. Not a school readiness program. A nurturing atmosphere where children will meet new friends and learn listening and socialization skills. Activities focus around a weekly theme with crafts, games, stories and special events. Registration is limited to 2 sessions per child so that we may accommodate as many children as possible. You may sign up for additional sessions on a space available basis beginning Tuesday, April 19. Please note, some activities will repeat. Supervision is at an 6:1 child to staff ratio. Meets rain or shine.

Mini Camp

Mini Camp 1121008-S1Mini Camp 2121008-S2Mini Camp 3121008-S3Mini Camp 4121008-S4

FEE: \$75/Child

MEETS: Monday-Friday 9:30 a.m.-12:30 p.m.

LOCATION: Buttonball Room #5

SESSION 1: June 24-28

SESSION 2: July 1-5 (No Camp 7/4)

SESSION 3: July 8-12 SESSION 4: July 15-19

Skyhawks Mini Hawk Sports Program

(Boys & Girls ages 4-7 by the start of the session) Promotes a philosophy of fun while teaching soccer, baseball and basketball. Non-competitive atmosphere provides individual attention while teaching basic skills and team strategies.

Camps

Mini-Hawk 1 104109-A1 Mini-Hawk 2 104109-A2 Mini-Hawk 3 104109-A3 Mini-Hawk 4 104109-A4

FEE: \$135/Person

MEETS: Monday-Friday 9:00 a.m.-Noon
SESSION 1: June 17-21 @ Buttonball School
SESSION 2: June 24-28 @ Academy Building
SESSION 3: July 22-26 @ Hebron Avenue School
SESSION 4: August 5-9 @ Hebron Avenue School

Farm Fresh Kids - NEW

At Wind Hill Farm, kids will help with planting, tending and harvesting the garden. They learn about plants, soil, seeds and healthy foods. Full of garden explorations, games and activities, program ends with kids preparing and eating farm fresh food snacks.

Gardening Classes

Farm Fresh 207234-FF

FEE: \$30/Person

MEETS: Tuesday & Thursday; 9:30-11:30 a.m.

DATES: August 6, 8, 13

LOCATION: Wind Hill Community Farm

3006 Hebron Avenue

Summer Playground Program

(Children who have <u>completed</u> grades K-5) Child must have completed kindergarten! Includes sports, games, arts & crafts, special events, field trips and swimming! Meets rain or shine. Supervision is 9:1 child to staff ratio.

Playground-Buttonball

Buttonball Session 1 104002-S1 Buttonball Session 2 104002-S2 Buttonball Session 3 104002-S3

Playground-Hopewell

 Hopewell Session 1
 104003-S1

 Hopewell Session 2
 104003-S2

 Hopewell Session 3
 104003-S3

FEE: \$275/Session

MEETS: Monday-Friday 8:30 a.m.-3:00 p.m.

LOCATION: Buttonball, Hopewell

SESSION 1: June 24-July 5 (No Camp 7/4)

SESSION 2: July 8-19

SESSION 3: July 22-August 2



Camp Discovery

A traditional day camp program designed to meet the needs of working parents while providing a fun filled day. Campers participate in six program areas, swim lessons, free swim, special events and field trips. Campers will be split into three age groups: Explorers, Pathfinders and Trailblazers. All meet at the same location and campers see each other during the day but field trips and activities differ. This is not a drop in program and campers should plan on being there for the entire day. Session 4 no swim lessons.

Visit www.glastonbury-ct.gov/campdiscovery for more information. No refunds after June 1st. Please read the parent handbook online before registering to fully understand program and refund policy.

Camp Discovery-Explorers

(Children who have completed grades K-1)

 Session-1
 104130-E1

 Session-2
 104130-E2

 Session-3
 104130-E3

 Session-4
 104130-E4

 Camp Discovery-Pathfinders

(Children who have completed grades 2-3)

 Session-1
 104130-P1

 Session-2
 104130-P2

 Session-3
 104130-P3

 Session-4
 104130-P4

Camp Discovery-Trailblazers

(Children who have completed grades 4-6)

 Session-1
 104130-T1

 Session-2
 104130-T2

 Session-3
 104130-T3

 Session-4
 104130-T4

FEE: \$210/Session 4;

\$399/Session 1,2,3

MEETS: Monday-Friday

7:30 a.m.-5:00 p.m.

LOCATION: GHS Room F217

SESSION-1: June 24-July 5 (No Camp 7/4)

SESSION-2: July 8-July 19 SESSION-3: July 22-August 2 SESSION-4: August 5-9

Camp Sunrise

(Special Needs Children ages 3-21)

A special needs camp that provides opportunities for achievement in a supportive environment. June 24-August 9 (Seven 1 week sessions), Monday-Friday, 9:00 a.m.-3:00 p.m. at Naubuc School. \$129/week (transportation provided at an additional cost). Special registration procedures are required applications available at the Parks and Recreation office or online at www.glastonbury-ct.gov.

Music & Arts

(Children Entering Grades 3-9 in Fall)

Top notch instruction is provided to campers in the arts, dance, drama, instrumental and vocal music by certified teachers from local school districts. Camp culminates with an evening performance/art show. Special registration procedures are required for this program-you may not register using this brochure. Program and registration information is online at http://www.glastonbury-ct.gov/macamp. Register online or print and mail the registration form.

FEE: \$265/Child

MEETS: Monday-Friday 8:30-11:55 a.m.

LOCATION: Hebron Avenue School

DATES: June 24-July 18 (No Camp 7/4)

Camp After Camp-M&A Extended

Day

(Children Entering Grades 3-5)

Immediately following Music & Arts Camp to create a full day program. Afternoons will be structured as a traditional playground camp with sports, games, arts & crafts, special events, field trips and swimming! Open to campers enrolled in Music & Arts Camp only.

Music & Arts Extended Day

Camp After Camp 104105-AC

FEE: \$239/child

MEETS: Monday-Friday 12:00-4:00 p.m.

LOCATION: Hebron Avenue School

DATES: June 24-July 18 (No Camp 7/4)

Teen Scene-M&A Extended Day

(Entering Grades 6-9)

Immediately following Music & Arts Camp to create a full day program. Afternoons are less structured with more field trips and time to "hang out" with friends. Open to campers enrolled in Music & Arts Camp only.

Music & Arts Extended Day

Teen Scene 104105-TS

FEE: \$259

MEETS: Monday-Friday 12:00-4:00 p.m.

LOCATION: Hebron Avenue School

DATES: June 24-July 18 (No Camp 7/4)

Incrediflix

Programs taught by Incrediflix Staff. All flixs downloadable within a month after program ends. Children who sign up for morning and afternoon session may stay for supervised lunch at no additional charge.

Go Pro Flix - New

(Boys and Girls ages 7-13)

Traditional filmmaking has never been like this. No tripods in this class, it's all about new and exciting ways to film and capture movement as the camera becomes part of the movie making process. Students work in groups to experiment with this amazing filmmaking tool and learn the techniques and tricks behind creating truly unique GoPro movies!

Youth Programs

Go Pro Flix 112201-GP

FEE: \$174

Meets: Monday-Friday 9:00 a.m.-12:00 p.m.

Dates: August 5-9

Location: **Hebron Ave School**

Action Stop Motion Flix - New

(Boys and Girls ages 7-13)

Using stop motion tricks to create fires, explosions, and floods, student's characters can battle it out or work together to save the day in this action packed stop motion class featuring Roblox characters. Students will work in small groups to storyboard, create the action, film, and voice-over these exciting movies.

Youth Programs

Action Stop Motion 112201-AS

Fee: \$156

Monday-Friday 1:00-4:00 p.m. Meets:

August 5-9 Dates:

Hebron Ave School Location:

Green Screen Lego Flix - New

(Boys and Girls ages 7-13)

Bring Lego stop-motion animation to the next level! Students design and build movie sets out of Legos, and transport them anywhere using green screen technology. Once students have their Lego world, they'll bring it to life in movies students will storyboard, shoot, and voice-over in age appropriate groups.

Youth Programs

Green Screen 112201-GS

Fee: \$156

Monday-Friday 9:00 a.m.-12:00 p.m. Meets:

Dates: **August 12-16**

Location: **Academy Teen Center**

Animation Flix

(Boys and Girls ages 7-13)

All new animations for 2019! In this fast paced class, students will be creating up to 4 stop motion movies including dinosaurs, paper cartoons, white board, and a free choice day where students get to choose from playdoh, jewels, or items brought from home.

Youth Programs

Animation Flix 112201-N1

Fee: \$156

Meets: Monday-Friday 1:00-4:00 p.m.

Dates: August 12-16

Academy Teen Center Location:

Aspiring Young Engineers

(Boys and Girls ages 5-12)

Explore the fascinating world of "S.T.E.A.M." (Science, Technology, Engineering, Architecture, Mathematics) through these hands-on, minds-on, unique summer camps. In these exciting and educational programs, participants use a wide variety of mediums such as LEGO®, ESTES®, KEVA® and recycled materials to learn about, plan, and build projects such as model rockets, bridges, and roller coasters! With topics including mechanical, chemical, environmental, and reverse engineering, participants are sure to have a blast while learning along the way. Students will also take home some of the projects they build!

Youth Programs

Young Engineers June AM 112204-J1 Young Engineers June PM 112204-J2 Young Engineers AM-1 112204-AM Young Engineers PM-1 112204-PM Young Engineers AM-2 112204-A2 112204-P2 Young Engineers PM-2

FEE: \$155/Person MEETS: Monday-Friday AGES 5-8: 9:00 a.m.-12:00 p.m. AGES 8-12: 1:00-4:00 p.m.

LOCATION: Academy Multi-Purpose #1

JUNE SESSION: June 17-21 AUG SESSION 1: August 12-16 **AUG SESSION 2: August 19-23**

INSTRUCTOR: **Engineering Imagination**

Bouncy Bendy Art in Motion

(Boys and Girls Ages 5-10)

Make materpieces with real moving parts, create the illusion of movement, and discover art processes that use motion to get amazing results. Combine metal, wood, and paper to build Spinning Sculptures inspired by Calder, and design Stretchy Stained Glass art you can re-shape again and again. Sculpt goofy Clay Monsters, craft Bendy Paper Lizards, and paint Seascapes like Monet. Create Matisse Watercolor Banners, Fireworks Flower Pots, and Textured Tissue Paper art. Design Kaleidoscopes, Dancing Pasta Sculptures, and Scribble T-shirts. Draw zany faces inspired by Silberzweig, and decorate Cupcake Boxes with fluffy frosting and sprinkles. Pair this with Hobby Quest, morning or afternoon, for a FULL DAY PROGRAM. (If so, sign up for Supervised Lunch, brought from home as well).

Kids Crafts

 Let's Gogh Art Ages 5-7
 312003-AA

 Let's Gogh Art Ages 8-10
 312003-BB

 Supervised Lunch
 312003-CC

FEE: \$149/Person; \$12/Supervised Lunch

MEETS: Monday-Friday

Ages 8-10: 9:00 a.m.-12:00 p.m.

Ages 5-7: 1:00-4:00 p.m.

Supervised Lunch 12:00-1:00 p.m.

LOCATION: Academy Teen Center

DATES: August 5-9

Airplane Adventures - NEW

(Boys and Girls grades K-5)

Soar through the summer with your own hand-made aircrafts! Your Hobby Quest flight captain will teach you everything you need to know about building and flying amazing helicopters, boomerang planes and even electric powered planes. You'll even take your planes outside and see them fly! Children learn fundamental STEM concepts and valuable skills like following step-by-step instructions, sanding, measuring and gluing. Program fee includes all materials, and children take home every plane they build. Pair this with Art-ventures or the Magic Wizards in the afternoon, for a FULL DAY PROGRAM. (If so, sign up for Supervised Lunch, brought from home as well).

Youth Programs

HQ Airplanes 112203-AA Supervised Lunch 312003-CC

FEE: \$179/Person; \$12/Supervised Lunch MEETS: Monday-Friday, 9:00a.m.-12:00p.m. LOCATION: Academy Multi-Purpose Room #1

DATES: August 5-9
INSTRUCTOR: Hobby Quest

Magic Wizards - NEW

(Boys and Girls Grades K-5)

Astound and mystify your friends and family by making objects disappear, float in midair, and with mind-reading tricks! Every magician will get their chance to show off their new skills in a magic show for friends and family. By the end of the week, you will have enough tricks to put on a whole show of your own! Camp is designed to enhance communication and performance skills in a supportive, creative atmosphere. Fee includes all materials, and children take home every trick they learn. Pair this with Artventures or Airplane Adventures, in the morning, for a FULL DAY PROGRAM. (If so, sign up for Supervised Lunch, brought from home as well).

Youth Programs

HQ Magic 112203-MW Supervised Lunch 312003-CC

FEE: \$179/Person; \$12/Supervised Lunch MEETS: Monday-Friday, 1:00-4:00 p.m. LOCATION: Academy Multi-Purpose Room #1

DATES: August 5-9
INSTRUCTOR: Hobby Quest

Mad Science Rockin Rockets

(Entering Grades 1-5 (Child Must be 5 and Have Completed Kindergarten; Glastonbury Residents Only) Learn the fundamentals of flight, propulsion and rocket design. Have fun exploring astronomy and trying out various flight designs from hot air balloons to hovercrafts and more! Rocketeers will build rockets as well as discover the fundamental concepts involved in launching and recovery. Make and take home two rockets during the week. You may sign up for either the AM or PM session, not both!

Mad Science-RockinRockets

Rockets 9:00-12:00 103133-01 Rockets 1:00-4:00 103133-02

FEE: \$155/child
LOCATION: Hebron Avenue
DATE: August 5-9



Field Hockey Clinic - Skyhawks

(Ages 10-14)

Skyhawks Field Hockey will introduce the fundamentals of this fun and exhilarating sport. New players learn dribbling, passing, shooting and game strategy, while experienced players improve their skills with an emphasis on execution and game situations. Each session will include skill-based instruction and a series of drills, games and scrimmages. Players must provide their own field hockey stick, protective eye wear, shin guards, mouth guard and cleats/turf shoes.

Skvhawks

Field Hockey 104109-FH

FEE: \$135/Person
MEETS: Monday-Friday
9:30 a.m.-1:30 p.m.

DATES: June 24-28

LOCATION: Glastonbury High School - Turf Field

Skyhawks Sports & Games

(Boys and Girls ages 7-12)

Staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games including capture the flag, soccer, ultimate frisbee, basketball, kickball, baseball, 4 square, flag football, team handball and many more. Kids will play 2-4 different games/sports each day.

Skyhawks

Sports & Games 1 104109-SF Sports & Games 2 104109-SG

FEE: \$155/Person

MEETS: Monday-Friday 9:00 a.m.-3:00 p.m.
SESSION 1: June 17-21 @ Buttonball School
SESSION 2: August 5-9 @ Hebron Avenue School

Skyhawks Track & Field Program

(Youth ages 7-14)

Combines technical development, fundamental techniques, and fun to introduce athletes to Olympic style events. Exercises and drills are designed to prepare athletes for a future in cross country, track & field, distance running and being active. Teaches body positioning, stride, proper stretching and cooldown techniques. Features a track meet at the end!

Skyhawks

Skyhawks Track 104109-TF

FEE: \$135/Person
MEETS: Monday-Friday
9:30 a.m.-12:30 p.m.

DATES: July 15-19

LOCATION: Glastonbury High School Track

Skyhawks Multi Sport

(Youth Ages 7-14)

Multi-Sport camp is designed to introduce young athletes to a variety of different sports. This program combines 4 sports into one fun-filled week. Athletes will learn rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of 4 new sports along with vital life lessons such as respect, teamwork, and self-discipline. Sports included are soccer, baseball, basketball and flag football.

Camps

Multi-Sport July1 104109-B1 Multi-Sport July2 104109-B2 Multi-Sport Aug-July 104109-B3

FEE: \$95/Session 1; \$155/Session 2,3
MEETS: Monday-Friday 9:00 a.m.-3:00 p.m.

SESSION 1: July 1-3 (Ages 7-12)

@GHS Baseball Field

SESSION 2: July 22-26 (Ages 7-10)

@Hebron Avenue School

SESSION 3: July 29-August 2 (Ages 10-14)

@Hebron Avenue School

Skyhawks Flag Football

(Youth ages 7-10 or 10-14)

Offers a complete package of skills and thrills that teaches everyone to enjoy this fast-paced game. Athletes will get a rich introduction to all the positions on offense and defense, preparing them to be true champions on the gridiron. Program will also introduce the core skills of passing, catching, and de-flagging or defensive positioning - all presented in a fun and invigorating training environment. The week ends with the Skyhawks Bowl, giving participants a chance to showcase new and refined skills.

Camps

Flag Football 7-10 104109-FY Flag Football 10-14 104109-FO

FEE: \$135/Person

MEETS: Monday-Friday 9:30 a.m.-12:30 p.m. LOCATION: Glastonbury High School Turf Field

AGES 7-10: July 8-12 AGES 10-14: July 22-26



Glastonbury Skate Park-2143 Main St.

Featuring NEWLY RENOVATED Woodward skate equipment, the park boasts a 4' half pipe, 2', 3' and 4' quarter pipes, ramps, rails and wedges! All skaters visiting the park for the first time must sign and complete a waiver. Only skateboards and in-line skates permitted. All skaters MUST wear helmets. Other equipment is recommended, but optional. Skate Park opens Wednesday, April 24, 2019. FREE Admission. Skate Park is open Wednesday-Sunday from 3:00-6:00 p.m. and is CLOSED Monday & Tuesday.

Skate Competition

(All Ages)

Skaters from all towns can enter in either beginner, advanced beginner or intermediate categories. Beginners have limited experience, know basic skills and can ride the ramps without too much difficulty. Advanced Beginners can ride the ramps with ease, perform some airs, grinds and tricks and are beginning to work on aggressive moves. Intermediates can perform aggressive tricks, ollies, kickflips, grabbed airs, and technical grinds. Skaters will be judged on technicality of tricks, fluidity, speed and style.

Skate Park

Beginner Comp Skate 513001-DD AdvancedB Comp Skate 513001-DE Interm Comp Skate 513001-DF

FEE: Competitors: \$5 registration fee

Spectators: Free

MEETS: 11:00 a.m.-1:00 p.m.

Park will be open until 6:00 p.m.

LOCATION: Glastonbury Skate Park DATE: Saturday, June 8, 2019

Volleyball Clinic-Skyhawks

(Youth ages 10-16)

Get ready for the upcoming season! All aspects of the game will be taught through drills and exercises that focus on passing, setting, hitting, defense, offense and serving. Learn not only core volleyball skills but also essential life lessons like teamwork and sportsmanship. Skyhawks' staff will assist each athlete in developing fundamental skills of the game through game-speed drills and daily scrimmages aimed at developing the whole player. Players grouped by age and ability.

Camps

Volleyball AM 104109-VA Volleyball HS 104109-VP

FEE: \$135/AM Session; \$95/PM Session

AM SESSION: August 12-16 (Ages 10-14)

Monday-Friday 9:00 a.m.-1:00 p.m.

PM SESSION: August 5-8 (Ages 11-16)

Monday-Thursday 5:30-7:30 p.m.

LOCATION: Glastonbury High School

QuickStart Red Ball Younger Kids Tennis

(Ages 5-7)

This program is geared to help younger children learn the game of tennis. The court will be smaller, nets will be shorter and balls (RED) will be low compression making it easy for young children to learn to play. Bring a junior racquet, water bottle and sunscreen.

Tennis Lessons

Session 1	123281-QS
Session 2	123282-QS
Session 3	123283-QS
Session 4	123284-QS

FEE: \$39/Session

MEETS: Monday-Friday 8:50-9:35 a.m.

LOCATION: GHS Tennis Courts

SESSION 1: June 24-July 5 (No Class 7/4)

SESSION 2: July 8-19

SESSION 3: July 22-August 2 SESSION 4: August 5-16



Tennis Court Reservations

8 courts are available at Glastonbury High School. Reservations are accepted by calling 652-7679 (Press 5) from May 13-October 30, 2019.

- Reservations can't be made more than one day in advance (singles limited to 1 hour; doubles limited to 2 hours).
- Evening reservations (after 5:00 p.m.) for the same day accepted until noon.
- Lighted courts (1-4) can be turned on by players at the court (activated until 10:00 p.m.)
- Both lighted and unlighted courts available first come first serve unless reserved or scheduled.

Tennis Lesson Registration

Lessons are broken into groups to allow for more emphasis on specific skills within those groups. Meets at the GHS Tennis Courts. Students must provide their own racquet. Level 1: Those with little or no tennis experience. Level 2: Those who can hold a racquet properly, understand the basics of forehand and backhand and can hit at least 3 times from the center service line. Level 3: Those who understand the basics of rallying, can hit forehand and backhand at least 3 times from the baseline with both, can perform the basics of a serve and know how to keep score. Level 4: Those who consistently rally forehand and backhand 4-6 times from the baseline, can serve, can hit overhead and approach shots, and understand the rules of the game and proper tennis etiquette. Last number of each code in the chart denotes the session. For example, 123282 is session 2, Child AM Tennis.

Morning Tennis Lessons

(Child: Ages 7-16)

Classes meet for 45 minutes daily.

Tennis Lessons

Child AM Tennis Session 1 123281-(Letter Sequence) Child AM Tennis Session 2 123282-(Letter Sequence) Child AM Tennis Session 3 123283-(Letter Sequence) Child AM Tennis Session 4 123284-(Letter Sequence)

FEE: \$39/Session

June 24-July 5 (No Class 7/4) SESSION 1:

SESSION 2: July 8-19

SESSION 3: July 22-August 2 August 5-16 SESSION 4:

Child AM Tennis Lessons

Instructors will place in appropriate skill aroups

gi oapo								
Time	Levels	Code						
9:40 a.m.	Levels 2, 3, 4	123281-BB						
10:30 a.m.	Levels 1, 2, 3	123281-CC						

Evening Tennis Lessons

(Child: Ages 7-16; Adult: Ages 17 and up) Classes meet 2 evenings a week for 4 weeks for 55 minutes. For adults, there is no babysitting available.

Tennis Lessons

100001 // // 0
123291-(Letter Sequence)
123292-(Letter Sequence)
122291-(Letter Sequence)
122292-(Letter Sequence)

Child: \$42/session; Adult: \$69/session FEE:

SESSION 1: June 24-July 18 SESSION 2: July 22-August 15

Child PM Tennis Lessons

Instructors will place in appropriate skill groups										
Time	Monday/\	y/Thursday								
	Levels	Code	Levels	Code						
5:00 p.m.	Levels 1, 2, 3	123291-AA	Levels 2, 3, 4	123291-CC						
6:00 p.m.	Levels	123291-BB	Levels	123291-DD						

Adult PM Tennis Lessons

instructors will place in appropriate skill groups										
Time	Monday/\	Nednesday	Tuesday/Thursday							
	Levels	Code	Levels	Code						
7:00 p.m.		122291-AA	Levels	123291-BB						
	1, 2, 3		2, 3, 4							

One on One Tennis

(Children & Adults ages 5 & up)

Lessons will be customized between the participant and the instructor and mutually agreeable times during the week or weekends. Lessons will not be available during group lesson or other peak times. Perfect for those that cannot make the group times or need one-on-one attention. To register for the program, complete the "One-on-One Tennis Lesson" registration form at the Parks and Recreation Department office or download the form at www. glastonbury-ct.gov (click on "Parks and Recreation"; "Forms and Downloads"). Tennis staff will also have forms. Once the form and payment is received at the Parks and Recreation Department,

\$120 for 2 One hour Sessions

an instructor will be assigned.

Gymnastics Camp-Lesson

(Boys & Girls ages 5 & up)

Skill development in tumbling, floor, vault, balance beam and bars in accordance with USA Gymnastics. Groups are divided by ability to ensure all gymnasts progress in a safe and appropriate manner. Beginner: everyone enters at this level where basics are taught. Advanced Beginner (USAG Pre Level 1): gymnasts enter after they master a forward roll to stand, backward roll to stand, cartwheel and ¾ handstand. Intermediate (USAG Level 1): gymnasts enter after they master a handstand, to round-off, backward roll to push-up position, standing back bend and one pull-up with their chin passing above the bar.

Gymnastics Camp-Lessons

Cymnadaed Camp Eddoons	
Lessons - Session 1	106008-01
Lessons - Session 2	106008-02
Lessons - Session 2	106008-03
Lessons - Session 4	106008-04
Lessons - Session 5	106008-05
Lessons - Session 6	106008-06
Lessons - Session 7	106008-07
Lessons - Session 8	106008-08

FEE: \$99/child
DAYS: Monday-Friday
TIME: 12:15-3:15 p.m.
LOCATION: Academy Gym
SESSION 1: June 24-28

SESSION 2: July 1-5 (no camp 7/4)

SESSION 3: July 8-12
SESSION 4: July 15-19
SESSION 5: July 22-26
SESSION 6: July 29-August 2
SESSION 7: August 5-9
SESSION 8 August 12-16

Gymnastics Camp-Team Level

You must have advanced out of Intermediate lesson level and be able to do a back-bend kick-over handstand forward roll, pullover mount on bars, 3 pull-ups with the chin passing over the bar and split. Gymnasts must be tested by the Director to be eligible for Team.

Gymnastics Camp-Team

Levels 3, 4, 5-9; Xcel Silver, Gold & Platinum meet 8:45-11:45 a.m.

3-9/Silver-Plat - Session 1 106009-01 3-9/Silver-Plat - Session 2 106009-02 3-9/Silver-Plat - Session 3 106009-03 3-9/Silver-Plat - Session 4 106009-04 3-9/Silver-Plat - Session 5 106009-05 3-9/Silver-Plat - Session 6 106009-06 3-9/Silver-Plat - Session 7 106009-07 3-9/Silver-Plat - Session 8 106009-08

Excel Bronze and Level 2 meet 12:15-3:15 p.m.

Bronze/Level 2 - Session 1 106009-09 Bronze/Level 2 - Session 2 106009-10 Bronze/Level 2 - Session 3 106009-11 Bronze/Level 2 - Session 4 106009-12 Bronze/Level 2 - Session 5 106009-13 Bronze/Level 2 - Session 6 106009-14 Bronze/Level 2 - Session 7 106009-15 Bronze/Level 2 - Session 8 106009-16

FEE: \$125/child
DAYS: Monday-Friday
LOCATION: Academy Gym
SESSION 1: June 24-28

SESSION 2: July 1-5 (no camp 7/4)

SESSION 3: July 8-12
SESSION 4: July 15-19
SESSION 5: July 22-26
SESSION 6: July 29-August 2
SESSION 7: August 5-9
SESSION 8 August 12-16



Awesome Adventures Teen Camp

(Teens that have completed grades 6, 7, 8 or 9)
Features trips to theme parks, adventure programs, swimming and special events. Teens that have completed grades 6 & 7 should register for Gr 6-7 R or B. Teens that have completed grades 8 & 9 should register for Gr 8-9 G. Add a Teen Center Summer Pass for just \$29 and attend the Teen Center after camp until 6:00 p.m. Daily admission to the Teen Center is \$5/person. See page 16 for more Teen Center information! A tentative listing of trips is listed below:

	6-7 Red & Blue Groups	8-9 Green Group
Session 1	Sonny's Place Dave & Busters Adventure Park Lake Compounce Water Slide Grange Six Flags	Movies Central Rock Grange Lake Compounce Water Slide Kayaking Six Flags
Session 2	Movies Bowling Laser Tag Ocean Beach Lake Compounce Baseball Game Six Flags	Dave & Busters Ocean Beach Lake Compounce Brownstone Baseball Game Six Flags
Session 3	Indoor Adventure Park Central Rock Lake Compounce Brownstone Kayaking Six Flags	Sonny's Place Basketball Game Lake Compounce Bowling Laser Tag Adventure Park Six Flags

Awesome Adventures Session 1

Awsm Adv 1 Gr 6-7 R 104101-66 Awsm Adv 1 Gr 6-7 B 104101-67 Awsm Adv 1 Gr 8-9 G 104101-89

Awesome Adventures Session 2

Awsm Adv 2 Gr 6-7 R104201-66Awsm Adv 2 Gr 6-7 B104201-67Awsm Adv 2 Gr 8-9 G104201-89

Awesome Adventures Session 3

Awsm Adv 3 Gr 6-7 R104301-66Awsm Adv 3 Gr 6-7 B104301-67Awsm Adv 3 Gr 8-9 G104301-89

FEE: \$219/Session

MEETS: Tuesday-Thursday 9:00 a.m.-3:00 p.m. LOCATION: Riverfront Park Boathouse Pavilion SESSION 1: June 25-27 & July 2,3,5 (Tuesday,

Wednesday & Friday)

SESSION 2: July 9-18

SESSION 3: July 23-August 1



Summer Teen Theme Park Trips

(Boys & Girls that have completed grades 6-11)
Trips provide an opportunity to hang out and ride the bus with friends who are registered in the Awesome Adventures Camp. Teen Trip participants will be grouped with friends registered in the Awesome Adventures Camp (if applicable).

Teen Trips

<u>10011 11100</u>	
Lake Compounce 6/27	108004-01
Lake Compounce 6/27	108004-10
(If you have a Season Pass)	
Six Flags 7/5	108004-02
Six Flags 7/5 Pass	108004-03
(If you have a Season Pass)	
Lake Compounce 7/11	108004-11
Lake Compounce 7/11 Pass	108004-12
(If you have a Season Pass)	
Six Flags 7/18	108004-05
Six Flags 7/18 Pass	108004-09
(If you have a Season Pass)	
Lake Compounce 7/25	108004-13
Lake Compounce 7/25 Pass	108004-14
(If you have a Season Pass)	
Six Flags 8/1	108004-07
Six Flags 8/1 Pass	108004-08
(If you have a Season Pass)	

FEE: Lake Compounce \$48/Teen

Six Flags \$58/Teen Lake Compounce &

Six Flags \$16/Teen (With Pass)

MEETS: Thursdays

*Six Flags 7/5 is a Friday

LAKE COMPOUNCE: 10:00 a.m.-4:00 p.m.
SIX FLAGS: 9:00 a.m.-5:00 p.m.
LOCATION: Departs Riverfront Park
Boathouse Pavilion

Spring Teen Vacation Trips

(Teens in Grades 6-10)

Join us for these 1 day trips during school vacation week with the Teen Center staff. Choose any/all days! Includes transportation, supervision and admission. Dave & Busters trip also includes lunch.

Vacation Activities-Spring

Dave & Busters 412104 -04 Storrs Adventure 412104 -05 Sonny's 412104 -06

FEE: \$60/Day

MEETS: 9:00 a.m.-3:00 p.m. LOCATION: Academy Building

4/16/19: Dave & Busters and Buckland Mall

4/17/19: Storrs Adventure Park

4/18/19: Sonny's Place

Spring Teen Trip Series - Nomads

(Teens in grades 6-9)

Enjoy a Friday night out with your friends at Nomads AdventureQuest in South Windsor! Plus, have dinner and beverages at the Teen Center before you depart! 6-8 graders can take the bus to the Teen Center and stay until the trip departs. Supervision by Teen Center staff.

Teen Activities

Nomads 208004-20

FEE: \$35/Person per trip which includes

dinner and admissions

MEETS: Friday, April 5, 2019

LOCATION: Depart Academy Building 5:00 p.m. Return at approximately 9:30 p.m.

Academy Teen Center-School Year

(Teens in Grades 6-8)

A drop in center featuring pool, table tennis, air hockey, foosball, arts & crafts, homework room with computers that have monitored internet access, and special activities. Transportation is provided for afterschool hours from Smith Middle and Gideon. At Smith, you must sign up at the main office before 7th period and at Gideon you must bring a note and sign up in the main office. Daily admission fees will be collected at the Teen Center for those who do not have passes. The Teen Center has many benefits including:

- Transportation during after-school hours
- Interactive Game Lounge
- Innovative Arts and Crafts Center
- HDTV Movies (Free popcorn)
- Staff Supervision (CPR and First Aid Certified)
- Special Events (Community Service Opportunities,
- Theme Days, Holiday Celebrations, and Field Trips)

Teen Center

School Year Pass 6-8 208005-03

SCHOOL YEAR PASS: \$59/Person DAILY ADMISSION: \$5/person

LOCATION: Academy (2143 Main St.)
HOURS: Wednesday, Thursday, Friday

3:00-6:00 p.m.

APRIL VACATION: CLOSED (See Spring Teen

Vacation Trips!)

Academy Teen Center-Summer

(Teens that have completed grades 5-9)
Students that will be entering 6th grade in the fall can attend during summer hours. Come in, cool off, hang out! After Awesome Adventures camp spend more time with your friends! Enjoy pool, table tennis, air hockey and foosball or explore your creative side in our arts and crafts area. Challenge your friends in a variety of games on Wii and Playstation or join us every Thursday afternoon for a movie in the cafeteria...including a bottomless bag of popcorn!

Teen Center

Summer Pass 208005-05

FEE: \$29/Summer Pass; \$5/Daily

LOCATION: Academy Building

(2143 Main Street)

MEETS: June 25-August 1, 2019

Tuesday-Thursday 2:00-6:00 p.m.

Teen Center Community Garden

Teens will take part in planting, weeding, watering, and harvesting vegetables in their own community garden plot! Everyone who helps is welcome to take home produce. Extra produce will be donated to FOODSHARE to help those in need in the Hartford and Tolland counties.

Friday Night Club

Have fun and make new friends! Themed **THURSDAY** night activities are planned for special needs adults 16 and older from Glastonbury, Glastonbury Special Olympics participants and their guests during the month of July. Program staff provides general supervision. Participants requiring more assistance to participate are welcome to bring a family member, friend, or personal assistant. Activities include off-site and on-site time for themed activities. Participants will also utilize the Teen Center for pool, air hockey, foosball and games. A schedule of activities is sent via e-mail in May. Call the Parks and Recreation office (860)652-7679 or Academy Teen Center (860)652-7838 with any questions.

Leader-In-Training Program

(Teens that completed grades 7, 8 or 9) The Leader-In-Training program provides an opportunity for teens to gain camp counselor experience and also enjoy the trips and activities of Awesome Adventures Camp with friends! On Mondays and Fridays during the session, teens will gain experience in leadership training, emergency procedures, job interviewing, and other skills necessary to work for a summer camp. This portion of the program will take place at a Playground Camp (TBD) where teens will complete daily lessons and assist summer playground staff while being supervised by the LIT Director. Drop-off and pick-up on Mondays and Fridays will be at the Playground Camp. On Tuesdays, Wednesdays and Thursdays, teens will participate in activities with the Awesome Adventures Gr 8-9 group. These days are intended as an opportunity for teens to hang out with their friends!

LIT Program

LIT Program 1 104001-LT LIT Program 2 104001-L2

FEE: \$319/teen

MEETS: Monday-Friday 9:00 a.m.-3:00 p.m. LOCATION: Monday & Friday @ Playground Camp;

Tuesday-Thursday @ Riverfront Park

Boathouse Pavilion

SESSION 1: July 8-July 19 SESSION 2: July 22-August 2

Camp Sunrise Volunteer Program

Camp Sunrise is a special needs camp for children ages 3-21 years old. The camp runs from the end of June to the beginning of August Monday-Friday from 9:00 a.m.-3:00 p.m. at Naubuc School.

The Camp Sunrise Volunteer program is designed to give participants who have completed at least one year of high school (or are 14 years old) experience working with children with disabilities. Volunteers will be assigned to a Group Leader and will work directly with 1 or 2 children in the group. Groups will change weekly. Responsibilities include supervision during field trips, swimming with campers, assisting with arts & crafts and sports activities and participating in all camp activities. The time commitment is a 2 week consecutive time-frame during the weeks Camp Sunrise meets. Volunteers will be required to log hours and will be evaluated upon completion of their volunteer time.

For additional information on the Camp Sunrise Volunteer program and how to apply please visit www.glastonbury-ct.gov/campsunrisevolunteer

The Best Summer Job You'll Ever

Have! glastonbury-ct.gov/prjobs

The Parks & Recreation Department has openings for a number of summer jobs. Obtain position descriptions including minimum qualifications and applications at 2143 Main Street or at www.glastonbury-ct.gov ("Parks and Recreation"; "Employment"). CLOSING DATE FOR APPLICATIONS IS MARCH 22. Pre-season training and preparation required for all positions. YOU MUST BE AVAILABLE TO WORK THE DURATION OF THE SUMMER!

PLAYGROUND LEADER \$11.00/Hour

Works with children who have completed Grades K-5. Program runs six weeks June-July Mon.-Fri. 9:00-3:00.

CAMP DISCOVERY COUNSELOR \$11.00/Hour
CAMP DISCOVERY JR. COUNSELOR \$11.00/Hour
CAMP DISCOVERY PROGRAM INST. \$12.00/Hour

Works with children who have completed Grades K-6. Program runs seven weeks June-August Mon-Fri. 7:30-5:00.

TEEN CAMP COORDINATOR \$14.00/Hour TEEN CAMP LEADER \$11.00/Hour

Works with children who have completed Grades 6-9. Camp runs for six weeks June-July T, W, TH 9:00 a.m. -3:00 p.m.

GROUP LEADER - CAMP SUNRISE \$12.00/Hour

Works with children with disabilities ages 3-21. Program meets for seven weeks, June-August M-F, 9-3:00 p.m.

TENNIS INSTRUCTOR \$15.00-\$22.00/Hour

Works with children and adults. Program runs for eight weeks June-August.

LIFEGUARD I \$11.00/Hour SWIM INSTRUCTOR/LIFEGUARD II \$12.00/Hour

Flexible schedule, full-time and part-time positions available, days, nights, weekend hours available. Program runs mid-June through Labor Day.



Boat Launch

Beginning Wednesday, March 1st, boat launch permits are available at the Parks and Recreation office. Boaters must bring proof of residency and a valid boat registration. Office hours are Monday-Friday 8:00 a.m.-4:30 p.m. The single boat launch is open from mid April-November located at Riverfront Park, 252 Welles Street, a short walk from Glastonbury center. The park offers 24 boat trailer parking spaces, covered picnic pavilion, children's playground and walking trails. An attendant will be on duty during the boating season. Restrooms available.

SEASONAL PERMITS: Residents: \$60/year

Non-Residents: \$120/year

DAILY LAUNCH: Residents: \$20/day

Non-Residents: \$40/day

Glastonbury Boathouse at the Riverfront Park

Planning special event this summer? The Glastonbury Boathouse is the perfect venue for parties of 75 – 150 people. Your guests are sure to be impressed with our bright and modern Banquet Hall, breathtaking river views, and exceptional cuisine from our Preferred Caterers. Ask about our discounted rates for events booked within 60 days or less! For more information, visit www.glastonburyboathouse.com or contact Kristen Michaels, Event and Banquet Facility Manager, at kristen.michaels@glastonbury-ct.gov or (860)652-4640. Follow us on Facebook and Instagram!



Party Rentals

Reservations are based on availability. Paperwork must be completed and full payment made within 5 business days of making the reservation. Event dates/times are confirmed only after payment is made. No refunds will be issued for facility rentals. If a cancellation is made with at least 2 weeks notice, there may be an opportunity to reschedule.

J.B. Williams Pavilion Rental

In-person and phone reservations for use of the J.B. Williams Park "covered" pavilion have been taking place since early January.

AVAILABILITY: Limited Dates Available

from May 1 to September 30

CAPACITY: Up to 150 people

AMENITIES: Kitchen, restroom, barbecue, softball,

volleyball, horse shoes and hiking.

FEE: \$150/rental

Glastonbury Skate Park Rental

A great option for birthday parties, school graduations or special celebrations! Must have waivers and pads.

AVAILABILITY: May to November, Saturdays and

Sundays, excluding Lesson Dates,

10:00 a.m.-12:00 p.m.

CAPACITY: 30 people

AMENITIES: Staff Supervisor, exclusive use of

skate park, softball field, picnic tables, picnic bag including frisbees,

bases, kickballs, bat and balls

FEE: \$85/rental

Academy Teen Center Rental

An easy alternative for small birthday parties, or events you just don't want to host at home! Bring your own cake and goodies, we'll provide the rest! Add an arts and crafts activity (craft chosen by staff based on age of birthday boy or girl) or Wii and/or PS2 to your party (games provided) for an additional cost!

AVAILABILITY: Year round Saturdays and

Sundays in 2 hour blocks

CAPACITY: 15 people (excluding adults)

AMENITIES: Staff Supervisor to monitor acti

Staff Supervisor to monitor activity space, exclusive use of Teen Center

room (ping pong, air hockey, foosball, pool tables, board games

and craft space), access to restrooms, refrigerator and freezer

\$100/rental

FEE:

\$150/rental with Craft, Wii or PS2

Enjoy Glastonbury's Beautiful Facilities this Summer!

Parks & Recreation Facilities	Address	Acres	Baseball/Softball	Basketball	Community Garden	Cross Country Ski	Fishing	Football	Golf	Hiking/Walking	Ice Skating	Lacrosse	Open Space	Picnic Areas	Picnic Pavilion	Playground	Sand Volleyball	Soccer	Streambelt	Swimming	Tennis
Academy Field	2143 Main St.	4.0	X											X							
Addison Park	415 Addison Rd.	32.9	X	X								X		X		X		X		X	X
Arbor Acres Open Space	429 Marlborough Rd.	75.48								X			X						X		
Blackledge Falls	Hebron Ave.	80.0								X			X						X		
Buckingham Park	1285 Manchester Rd.	35.3	X							X				X		X		X			
Butler Field	225 Forest Lane	11.6	X							X				X							
Center Green	2340 Main St.	.9											X	X							
Cider Mill Open Space	1287 Main St.	21.8											X								
Cotton Hollow Preserve	Hopewell Rd.	83.2					X			X									X		
Earle Park	1375 Main St.	39.1								X			X								
Eastbury Pond	39 Fisher Hill Rd.	9.4					X				X									X	
Ferry Landing	Ferry Lane	3.8					X			X			X	X							
Glastonbury High School	330 Hubbard St.	72.7	X	X				X				X						X		X	X
Grange Pool	500 Hopewell Rd.	8.9												X						X	
Grayledge Farm Open Space	175 Marlborough Rd.	96.84								X			X						X		
Great Pond Preserve	Great Pond Rd.	42.9								X			X								
High Street Park	30 High St.	3.4	X													X	X	X			
Hubbard Green	1946 Main St.	5.7											X	X							
Longo Farm Open Space	3006 Hebron Ave.	156.99								X			X								
Matson Hill Open Space	68 Matson Hill Rd.	22.22								X			X						X		
Minnechaug Golf Course	16 Fairway Cr.	58.5							X												
Riverfront Park	200 & 252 Welles St.	44.1	X	X			X			X	X	X	X	X	X	X		X	X		
Ross Field	45 Canione Rd.	5.0	X		X									X		X					
Rotary Field	358 Old Stage Rd.	7.7	X												X	X					
Salmon Brook Park	New London Tpk.	10.9					X				X		X	X					X		
Smith Middle School	216 Addison Rd.	149.7	X				X					X	X					X	X		
Welles Park	185 Griswold St.	11.6	X	X												X		X			
Williams Park	789 Neipsic Rd.	161.9	X			X	X			X	X			X	X	X	X				



Please visit us online at www.glastonbury-ct.gov
or scan the image to the left with your smart phone!
for additional facility information, directions and photos

Summer Men's Basketball League

(Men Ages 18 to 35)

Sunday & Tuesday nights at Glastonbury High School from June-August. Players assigned to a team by League Coordinator. Every effort is made to place friends on the same team, but not guaranteed. Resident registration begins March 19. Non-resident registration begins May 1. Register on-line (Activity Code: 101009). Registration deadline is May 30th (Player Limit is 100). Residents \$79; Non-Residents \$99

Annual Senior Citizens' Indoor Picnic

(Age 55 and Over)

Start the day with setback followed by terrific music! For lunch, enjoy finger licking good chicken with sides all in the comfort of air conditioning! End the day with bingo featuring great prizes! Tickets sold Tuesday, June 18-Tuesday, August 6 at the Community Center, Parks & Recreation and Town Hall Info Center. Tickets also sold day of picnic. Glastonbury residents only!

FEE: \$5/person

LOCATION: RCC Community Room
TIME: 9:30 a.m.-1:30 p.m.
DATE: Wednesday, August 7

Town & Community Tag Sale

(All Ages)

Purchase a 10'x10' space and bring your wares to sell at our annual event! You must provide your own tables. The Town will also be selling bikes, tools, jewelry and other items. Based on order of registration, you will be asked to choose a space. We reserve the right to assign a space to you in the event you cannot be reached. Spaces fill quickly!

Tag Sale

DATE:

10'x10' Space 210011-01

FEE: \$25/before May 1

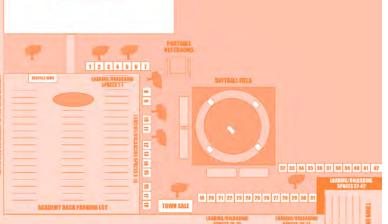
\$35/On and After May 1

TIME: Set-up of your area begins at 5:00

a.m. Tag Sale opens to the public at

8:00 a.m. and closes at 1:00 p.m. Saturday, June 8 (Raindate, June 9)

LOCATION: Behind Academy Building





& GIOVANNI'S AT MINNECHAUG (DINE-IN OR TAKE-OUT)

Local Fun for the Whole Family!

ADULT & JUNIOR LEAGUES

Join one, or start your own...no league is too small!

OUTINGS

Charity, Networking, Team Building or Just for Fun!

JUNIOR CAMPS & ADULT CLINICS SEASON PASSES

Specials Throughout the Year to Celebrate 70 YEARS of Golfing at



Minnechaug

16 Fairway Crossing | Clastonbury, CT | 06033 860.643.9914

Ciovanni's at Minnechaug | 860,791,2153

Glastonbury Partners in Planting, Inc.

Glastonbury Partners in Planting, Inc. is a non-profit organization that works in conjunction with the Town and others and is dedicated to beautification and education through volunteer projects. Recent projects you've seen around Town include:

- Planters at the Town Center, South Glastonbury & Village Green
- Gardens at Buckingham Park, Salmon Brook Bridge, Welles Turner Memorial Library, Welles Shipman Ward House Colonial Kitchen Garden and Rte. 17 & Main St Medians

GPIP is looking for new members, volunteers, sponsors & donations. Join when you can, no time commitment or experience required. Gardening knowledge is not necessary, people are needed to help with nongardening tasks too. Together we can help make Glastonbury a more beautiful, greener place to live!

Online: www.gpip.org

E-Mail: lnformation@gpip.org Phone: Pam @ 860.659.3482

CLASS	LOCATION	MEETS	DATES	FEE	ACTIVITY
					CODE
Senior Fitness (Eliza's Energy	Riverfront Community Center	Mon, Wed, Fri 9:00-9:55 a.m.	July 8-Aug. 26 (No Class 8/7)	\$44	107027-09
Source)		Mon, Wed, Fri 10:05-11:00 a.m.	July 8-Aug. 26 (No Class 8/7)	\$44	107027-10
		Mon, Wed, Fri 11:10-12:05 p.m.	July 8-Aug. 26 (No Class 8/7)	\$44	107027-11
Zumba (Eliza's Energy	Academy Multi Purpose Room	Monday 6:00-7:00 p.m.	July 8-Aug. 19	\$44	107209-ME
Source)		Wednesday 6:00-7:00 p.m.	July 10-Aug. 21	\$44	107209-WE
Gentle Pilates (Personal Euphoria)	Academy Multi Purpose Room	Monday 1:30-2:15 p.m.	July 1-Aug. 19	\$49	107030-GW
Hatha Yoga Evening (Kalpana Patel)	RCC Exercise Room	Monday 6:00-7:20 p.m.	July 8-Aug. 12	\$39	107011-MP
	Academy Cafeteria	Wednesday 6:00-7:20 p.m.	July 10-Aug. 14	\$39	107011-WP
Yoga (Personal Euphoria)	Academy Cafeteria	Tuesday 6:00-7:15 p.m.	July 2-Aug. 20	\$58	107211-TD
	RCC Exercise Room	Thursday 6:00-7:15 p.m.	July 11-Aug. 29	\$58	107211-TH
Family Yoga	RCC Exercise Room	Thursday 5:15-6:00 p.m.	July 11-Aug. 15	\$30	107211-FT
Pilates Plus Strength (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 6:00-6:45 p.m.	July 2-Aug. 20	\$49	107202-ST
Strength Training (Personal Euphoria)	Academy Multi Purpose Room	Monday 9:00-9:45 a.m.	July 1-Aug. 19	\$49	107206-SM
		Friday 9:00-9:45 a.m.	July 12-Aug. 30	\$49	107206-\$1
Core Balance (Personal Euphoria)	Academy Multi Purpose Room	Friday 9:45-10:30 a.m.	July 12-Aug. 30	\$49	107207-S1
Calorie Cardio Burn (Personal Euphoria)	Academy Multi Purpose Room	Wednesday 9:00-9:45 a.m.	July 3-Aug. 21	49	107216-WA
Barre (Personal Euphoria)	Academy Multi Purpose Room	Monday 9:45-10:30 a.m.	July 1-Aug. 19	\$49	107203-AM
Mat Pilates (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 8:30-9:30 a.m.	July 2-Aug. 20	\$52	107201-TB
		Tuesday 9:30-10:30 a.m.	July 2-Aug. 20	\$52	107201-TA
		Thursday 8:30-9:30 a.m.	July 11-Aug. 29	\$52	107201-TH
		Thursday 9:30-10:30 a.m.	July 11-Aug. 29	\$52	107201-T1
Classes O	pen to Residents and Non-Re	esidents. Non-Reside	ent Registration B	Begins (6/1/19

Senior Fitness

(Adults 55 and up)

A weight bearing exercise program designed for the active older adult that includes warm-up, low impact aerobics, muscular conditioning for the upper and lower body, core strengthening for the abdominal muscle and back, and on increasing flexibility, joint mobility, balance and coordination. Participants must bring sneakers and water bottle. Weights, exertubes, dynabands, 10" play balls and mats are optional.

Yoda

Focus on connecting breath with movement and simple mindfulness practices with yoga poses designed to strengthen your core, build stamina and increase flexibility. Multiple variations of poses will be offered so you can intensify as needed. Bring a mat, water bottle, yoga block, and any additional props that will add to your comfort. Mixed Level Class. Thursday class will meet outdoors, weather permitting.

Hatha Yoga Evening

Regardless of your physical condition, experience your body like never before with an effective yoga routine. Please bring a rug or mat to class.

Family Yoga - New!

Create awareness of the body and breath, combining functional movement with mindfulness. Class includes warm up and centering, physical movement and yoga flow, followed by cool down and relaxation. Fun for adults and children alike! Parents will help guide children under 8. Bring a yoga mat, water and any props that help you in yoga. All participants must register. Children under 12 must attend with a registered adult.

Zumba

A fusion of Latin and International music dance themes that create a dynamic, exciting, effective fitness system! Routines feature aerobic and fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body and maximize caloric output and fat burning.

Gentle Pilates

Part of our Low impact series designed for people looking to stay active as they age. Exercises focus on the core muscles. Work to create balance and strength in your truck and loose, limber limbs. Pilates strives to makes you strong and long while improving balance, coordination and posture. Need to be able to get up and down off the floor. Bring a mat and water to class.

Morning Mat Pilates

An exercise option for everyone designed to develop a strong core while maintaining loose, limber limbs. Exercises provide variations to meet the needs of different body types and strengthens the body while keeping joints mobile and flexible. Feel your muscles working and probably break a sweat. Bring a mat and water bottle to class. Mixed-level class.

Core Balance

Promotes core awareness by strengthening core muscles. Work on balancing while using a flexband and your own body weight. Help improve range of motion, posture and balance, while increasing flexibility. Bring a yoga mat and water to class.

Calorie Cardio Born (New)

Raise your heart rate, burn calories, and increase metabolism. Includes faster paced exercises, functional movements, core work and a total body workout. Bring a mat, light weights and water.

Pilates Plus Strength

Work your arms, legs, abs, back, and butt, using props that will help strengthen, tighten and tone the entire body quickly and safely. Integrates the lengthening and stretching principles of traditional Pilates and adds strength training. Though exercises might feel more intense, every exercise can be modified for different levels. Bring water and a yoga mat.

Strength Training

A complete workout that will sculpt, strengthen and reshape your body. We won't skip the core-you'll work the core and more. Class includes standing and floor work so you must be able to get up and down off the floor easily. Bring a yoga mat and free weight set.

Barre

A fusion of Pilates, dance, yoga & functional training that will lift, tone, sculpt, define and strengthen your core muscles. This full body sculpting class uses the ballet barre and small, isometric, concentrated movements to create lean muscles. Each class incorporates an upper body workout with weights and a combination of high-intensity sequences of thigh, glute and core exercises at the barre. The class is set to upbeat music at a vigorous pace to get your heart pumping! Bring a mat and 1-2 pound hand weights.

Ozzie Says "Let's Swim by Eight"

Every child in Glastonbury should learn to swim by 8 years old. Kids are surrounded by swimming pools, lakes, rivers and other bodies of water that are used for recreation. Every child needs basic aquatic safety and swimming skills. Glastonbury Parks and Recreation's newest swim lesson ambassador, Ozzie the Octopus, has eight great reasons to learn to swim!

American Red Cross Learn to Swim

Glastonbury Parks & Recreation follows the American Red Cross Learn-to-Swim program for ages 5 and up which offers 6 comprehensive course levels that will teach your child how to swim skillfully and safely. Additionally, the program includes pre-school age swimming for Infant/Toddler and Tots. Levels include basic water skills and stroke technique as well as introducing a wide range of personal safety skills. The prerequisite for each level is successful demonstration of the skills from the preceding level. Wading pools at both Grange and Addison are closed during lessons.

Infant/Toddler

Ages 6 months to 3 year olds. Parent must participate with child.

Tots

Ages 3 & 4 year olds. Parent must participate with child.

Level 0-Independent Pre-School

Age 4 ONLY

This class is appropriate for the 4 year old who has prior experience in the water. Must be comfortable submerging and is ready to follow instructions in a small group setting. Your child will learn to blow bubbles, float, kick, and use arm strokes on both front and back. Class only offered at Addison.

Level 1-Introduction to Water Skills

This class is appropriate if your child has little or no experience in the water. The purpose of this class is to help students feel comfortable in the water.

Level 2-Fundamentals of Aquatic Skills

This class is appropriate if your child can submerge underwater while blowing bubbles with mouth and nose, float on front and back and swim using arms pulling and legs kicking at the same time.

Level 3-Stroke Development

This class is appropriate if your child can submerge completely underwater, jump from poolside into deep water, glide using front and back floats, tread water, swim combined front and back stroke and swim on side.

Level 4-Stroke Improvement

This class is appropriate if your child can perform front crawlstroke, back crawlstroke, do rotary breathing while horizontal, dive headfirst from kneeling or standing, do butterfly kick with butterfly body motion.

Level 5-Stroke Refinement

This class is appropriate if your child can perform elementary backstroke, breaststroke, butterfly, front and back crawlstrokes, perform both deep and shallow dives, surface dive foot-first, perform scissors kick on the side and open turns on front and back.

Level 6-Diving or Fitness Swimmer

This class is appropriate if your child can tread water using different leg kicks, perform front and back crawlstrokes, elementary backstroke, butterfly, breaststroke, sidestroke, perform standing dive, surface dive, and perform open turns and flip turns to change direction at the side of the pool. There are 2 types of Level 6 that are taught; Diving Fundamentals and Fitness Swimmer. This will be mixed up at various locations and sessions throughout the summer.

Sand Castle Contest

(Glastonbury Children of all Ages) Build castles at Eastbury Pond Tuesday, July 16(rain date: July 17) from 11:30 a.m.-2:00 p.m. Registration begins at 10:30 a.m. at the pond. Children may work on their castle individually or in groups.

Children's Water Festival

(Glastonbury Youth Ages 7 to 14)
Enjoy a variety of dun activities, including relays using kickboards, ping pong balls and life jackets. Held at the Grange Pool on Tuesday, July 23 (rain date: July 25) from 2:30-4:30 p.m. Registration begins at 1:00 p.m. at the pool. Popsicles will be served.

Ice Cream Social

(All Pool Patrons)

Addison Pool will host an Ice Cream Social beginning at 1:00 p.m. on Tuesday, July 30 (rain date: August 2). Ice cream cups with chocolate syrup & toppings available. Eat until it's gone! Free to pool patrons.

Adult Swim Lessons

(Adults ages 18 and over of all abilities)

It's never too late to learn to swim or fine tune strokes.

Swim Lessons Summer

Adult Swim Lessons 101129-AA

FEE: \$49/person

MEETS: Mondays 7:30-8:30 p.m.

LOCATION: GHS Pool

DATES: June 24-August 16

Private Swim Lessons

(Glastonbury Residents-Ages 5 and up)

Private swim lessons (1:1) and semi-private swim lessons (1:2), are offered to meet you or your child's specific instructional needs. Aquatics leadership staff will work with you to customize a schedule with an experienced instructor. Lessons offered as 4 thirty minute sessions at mutually agreed upon times during evenings and weekends at the GHS Pool. Lessons not available during peak times when pool is most crowded. Semi-private lesson participants must be within a skill level apart.

To register, complete a "Private Swim Registration Form" available at Parks and Recreation, online at www.glastonbury-ct.gov or at the pool.

4 x 30 Minute Private (1:1) Lessons: \$100/Person 4 x 30 Minute Semi-Private (1:2) Lessons: \$160/2 People

Swim Lesson Registration

The last number of each code denotes the session. Example 102101 is session 1 at Addison in the morning. 102102 is session 2 at Addison in the morning. Charts to the left list codes Session 1.

- Limit registration to one session/child. During walk-in registration, you may sign up for more sessions on a space available basis.
- If your child is enrolled in the wrong level, every effort will be made to transfer your child into the appropriate level on a space available basis.
- Starting on the day the session begins, on-line registration will no longer be available for that session. You must enroll at the Parks and Recreation Office on a space available basis.

Swim Lessons Summer

High School AM

Session 1 102281-(Letter Sequence) Session 2 102282-(Letter Sequence) Session 3 102283-(Letter Sequence)

High School PM

Session 1 102291-(Letter Sequence) Session 2 102292-(Letter Sequence) Session 3 102293-(Letter Sequence) Session 4 102294-(Letter Sequence) Addison

Session 1 102101-(Letter Sequence) Session 2 102102-(Letter Sequence) Session 3 102103-(Letter Sequence) Session 4 102104-(Letter Sequence)

FEE: \$39/Session

MEETS: Monday-Friday for 25 minutes (2nd

week of each session ends Thursday)

LOCATION: Addison or GHS Pool

SSESSION 1: June 24-July 3 (No Class 7/1)

SESSION 2: July 8-18
SESSION 3: July 22-August 1
SESSION 4: August 5-16

(GHS PM & Addison Only)

High School AM Swim Lessons

Classes Listed Below all Indicate 1st

Session

Level	11:00A	11:30A
Infant/Toddler	102281-IA	
Tots		102281-KB
Level 1		102281-AB
Level 2	102281-BC	
Level 3		102281-CC
Level 4		102281-DC
Level 5	102281-EC	
Level 6	102281-FC (Diving)	

High School PM Swim Lessons

Classes Listed Below all Indicate 1st Session

Level	5:30P	6:00P	6:30P	7:00P			
Infant/Toddler		102291-IA					
Tots	102291-KA			102291-KB			
Level 1	102291-AA		102291-AB	102291-AC			
Level 2	102291-BA		102291-BB	102291-BC			
Level 3	102291-CA	102291-CB	102291-CC				
Level 4	102291-DA	102291-DB		102291-DC			
Level 5	102291-EA	102291-EB					
Level 6	102291-FA (F	itness) 6:00	102291-FB (Diving) 7:00				

Addison Pool Swim Lessons Classes Listed Below all Indicate 1st Session

Level	10:00A	10:30A	11:00A	11:30A
Tots	102101-KA	102101-KB		
Level 0	102101-JA		102101-JB	
Level 1	102101-AA	102101-AB		
Level 2		102101-BB		102101-BC
Level 3	102101-CB			102101-CC
Level 4			102101-DC	102101-DD
Level 5			102101-EB	

Summer Recreation Swim Team

Due to the decision to end the CT Summer Suburban Swim League, the Town will not have a team for summer 2019.

Glastonbury Penguins Summer Swim Clinic - "Back to the Basics"

A new summer competitive swimming clinic dedicated to improving your technique and helping you develop as a swimmer inside and outside of the pool. Stroke technique is the key to improving your overall competitive swimming performance. Simple adjustments in your stroke, turns and starts can go a long way in reaching your competitive goals. While technique improvement is the primary goal of the program, some distance training will be utilized in an effort to help swimmers use the improved technique over the long term.

There may be a fun meet at the end of the clinic. This program is designed for competitive swimmers who wish to work on their competitive techniques. Those interested on competitive swimming are also encouraged, but be advised this is not intended to be a "swim lesson program."

Swim Team

12/Under Summer Swim Clinic 124030-12 13/Over Summer Swim Clinic 124030-13

FEE: \$90/Person MEETS: 4:00-5:15 p.m.

Ages 12/Under Monday & Wednesday

Ages 13/Over Tuesday & Thursdays

LOCATION: GHS Pool
DATES: June 24-July 26
SESSION 2: July 29-August 1

Summer Long Course Practice Group

(Age 10-20 with some competitive swim experience) An endurance based practice program for those who wish to practice during the summer. Swimmers must be able to maintain a high level workout for a minimum of 90 minutes in a 50 meter pool. No meets. Program meets at Terry Pool only.

Swim Team

Summer USA Practice Group 124030-US

FEE: \$115/person

TERRY POOL: Monday, Wednesday, Friday

(EAST HARTFORD) 6:30-8:30 p.m.
DATES: June 17-July 19

L.L. Bean Outdoor Discovery School at the Riverfront Park

L.L. Bean Outdoor Discovery schools offers various kayaking, paddle boarding and fly fishing programs at the Riverfront Park offering participants access to the scenic Connecticut River from April-October. Interested participants can view and register for the many offerings at www.llbean.com/southwindsor (scroll to the bottom to view the programs).

Beginner Crew Rowing Camp by Riverfront Recapture @ Glastonbury Riverfront Park

(Boys and Girls Ages 12-18)

Get an introduction to the sport of rowing with no previous experience required. A great way to get head to rowing in high school or trying something new. Get on the water to learn the rowing stroke, rowing terminology and equipment handling skills. Learn more and register at www.riverfrontrowing.org/glastonburycamp or call (860)713-3131 Ext. 314.

FEE: \$495/Session SESSION 1: July 23-26 SESSION 2: July 29-August 1

Intermediate & Experienced Crew Rowing Camp by Riverfront Recapture @ Glastonbury Riverfront Park

Rowing is a sport that is easy to learn but takes a lifetime to master. Continue to improve your technique to improve your erg scores, maximize power and mobility, and teach you more about collegiate rowing and the college admissions process. Each session run by a talented team of coaches headlined by a local collegiate head coach. Learn more and register at www.riverfrontrowing.org/glastonburycamp or call (860)713-3131 Ext. 314.

FEE: \$495/Session (Rowers);

\$250/Session (Experienced Coxswains)

SESSION 1: July 23-26

SESSION 2: July 29-August 1

High School, Grange, Addison Pools

Summer Pass is valid June 1-September 2, 2019. Yearly Pass is valid June 1, 2017-May 31, 2018 and allows use of all pools in summer and GHS pool in winter. You cannot register for pool passes on-line.

DAILY ADMISSION: \$3/child(under 2 free); \$5/adult SUMMER PASS: \$99/household; \$79/Individual \$149/household; \$119/Individual \$25NIOR PASS (60+): FREE (Must Show Proof of Age)

REPLACEMENT PASS: \$25/Lost Pass

Eastbury Pond

Please include license plate numbers for Eastbury Pond and family members' names for pool passes. You can't register for Eastbury stickers on-line.

DAILY PARKING: \$5/weekdays; \$8/weekends

WALK OR BIKE IN: No charge!
CAR STICKERS: \$25/two vehicles
ADDITIONAL STICKERS: \$15/additional vehicle

REPLACEMENT STICKER: \$15/Lost Sticker

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Swim Team 7:15-9:15A						
	Lessons 9:30A-12:00P	Lessons 9:30A-12:00P	Lessons 9:30A-12:00P	Lessons 9:30A-12:00P	Lessons 9:30A-12:00P		
	Rec. Swim 12:30-5:00P 6:00-8:00P	Rec. Swim 10:30-5:00P 6:00-8:00P	Rec. Swim 10:30-5:00P 6:00-8:00P				
	Adult Swim 5:00-6:00P						
İ	Expected Openi	ng Date Sunday, J	une 9. Effective July 29	, Pool will Close at	7:30 p.m. Effectiv	e August 5, Pool will	Close at 7:00 p.m.
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
,	Rec. Swim 12:30-5:30P 6:00-7:30P	Rec. Swim 12:00-5:30P 6:00-7:30P	Rec. Swim 12:00-5:30P 6:00-7:30P				
6	Adult Swim 5:30-6:00P						
Ī	Expected Openi	ng Date Saturday,	June 15. Effective Aug	ust 5, Pool will Clos	se at 7:00 p.m.		
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
•	Rec. Swim 10:30A-4:30P 5:00-8:00P						
	Adult Swim 4:30-5:00P						
İ	Expected Openi	ng Date Saturday,	June 15. Effective July	29, Pond will Close	e at 7:30 p.m. Effe	ctive August 5, Ponc	will close at 7:00 p.m.
T	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Adult Swim 6:00-7:30A 12:15-2:00P	Adult Swim 6:00-7:30A 12:15-2:00P	Adult Swim 6:00-7:30A 12:15-2:00P	Adult Swim 6:00-7:30A 12:15-2:00P	Adult Swim 6:00-7:30A 12:15-2:00P	Adult Swim 12:00-1:30P	Adult Swim 12:00-1:30P
	Lessons 9:00A-12:00P	Lessons 9:00A-12:00P	Lessons 9:00A-12:00P	Lessons 9:00A-12:00P	Lessons 9:00A-12:00P		
	Rec. Swim 2:00-3:00P	Rec. Swim 2:00-3:00P 7:30-8:30P	Rec. Swim 2:00-3:00P	Rec. Swim 2:00-3:00P 7:30-8:30P	Rec. Swim 2:00-4:00P 7:30-8:30P	Rec. Swim 1:30-4:00P	Rec. Swim 1:30-4:00P
	Camp Rec. Swim 3:00-4:00P	Camp Rec. Swim 3:00-4:00P	Camp Rec. Swim 3:00-4:00P	Camp Rec. Swim 3:00-4:00P	Camp Rec. Swim 3:00-4:00P		
	Lessons	Lessons 5:30-7:30P	Lessons 5:30-7:30P	Lessons 5:30-7:30P	Lessons 5:30-7:30P		
	5:30-7:30P	0.00 7.001					
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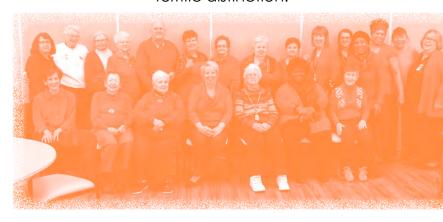
GLASTONBURY Senior Services an Age Friendly Community

On behalf of the Glastonbury Commission on Aging, we are pleased to announce that as of June 2018, the Town of Glastonbury was accepted as a member of the AARP Network of Age-Friendly Communities!

www.aarp.org/livable-communities/network-agefriendly/communities/. This is well honored and adds to the many other distinctions that we share as the Town of Glastonbury. Please share your feedback by completing our on-line survey at

https://www.surveymonkey.com/r/ Glastonburylivablesurvey

See the next page for additional details about this terrific distinction!



Stop by or Touch Base!

Riverfront Community Center (RCC) 300 Welles Street Glastonbury, CT 06033

www.glastonbury-ct.gov/seniorinfo facebook.com/glastonburyseniorcenter

> General Program Information: (860) 652-7638 (860) 652-7642

> > Administrative Fax: (860) 652-7649

Dial-a-Ride Transportation: (860) 652-7643

Glastonbury Awarded Distinction as an Age Friendly Community!!

Glastonbury is the 3rd town in Connecticut to be accepted into the Age Friendly Network. Greenwich was recognized in December, 2016 and Newtown in January, 2017. The goal of the creating an Age Friendly Community is to provide strategies and solutions that make a community great for people of all ages. This is considered by AARP as a "Livable Community". Through the network, communities are provided a framework to help encourage, promote and recognize improvements that sustain a community that can be enjoyed by all residents. We are currently in year one of the program cycle of an Age Friendly Community and are seeking involvement of our community in the next steps. Our next steps include the following:

- Educating the community about the Age Friendly/ Livable communities initiative
- 2. Identifying and reaching out to potential stakeholders to build a core leadership team
- Obtaining and prioritizing community input on how the Town fares under the Initiative's 8 Domains of Livability Index:
 - Outdoor Spaces and Buildings
 - Transportation
 - Housing
 - Social Participation
 - Respect and Social Inclusion
 - Civic Participation and Employment
 - Communication and Information
 - Community Support and Health Services

Age friendly, livable communities promote neighborhood cohesion and maximize opportunities for residents to be active and engaged with their neighbors, family and friends across generations, from ages 8-80. As the U.S. population ages, community design that supports the participation of young and older people will play a larger role in the fiscal, social, and general health of the entire community.

To learn more about AARP's Age-Friendly Networks and our initiatives in the Town of Glastonbury, please join the Commission on Aging for an educational session on **Thursday, May 16, 2019 from 6:00-7:30 p.m.** at the Riverfront Community Center at 300 Welles Street. Anna Doroghazi, Associate State Director for Advocacy and Outreach, AARP Connecticut will be providing an overview of AARP Age Friendly Communities.

We also invite you to provide input into your perspective on how our Town fares against the 8 Domains of Livability by completing our Age Friendly Survey. You can find this survey in several locations around Glastonbury:

- Riverfront Community Center
- Town Hall Customer Service Desk
- Welles Turner Library
- Glastonbury Housing Authority

or complete our on-line survey at: https://www.surveymonkey.com/r/Glastonburylivablesurvey

If you would like more information on our initiatives or want to be part of the core leadership team, please email Rosemary Hokanson, Commission on Aging at agefriendlyGC@yahoo.com. Thank you for your support.

AARP Tax-Aide Program

Mondays, Wednesdays and Thursdays February 4-April 15 (Morning Appointments Only). Please call (860)652-7638 to schedule your required appointment. No walk-ins will be accepted. AARP Tax-Aide is the nation's largest free tax preparation and assistance for individuals, with special attention to people 60 plus years of age.

Homeowner's Tax Credit

Applications for Elderly and Totally Disabled Tax Relief are being taken through May 15, 2019. Applicants for the Additional Veterans Exemption have until October 1, 2019 to complete that application. Income limits, based on 2018 figures, are \$36,000 for an individual and \$43,900 for a married couple for the State Elderly and Totally Disabled program. The income limit for the Town Elderly Tax Relief Program is \$57,150 for an individual or married couple.

Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your federal income tax return for 2018, if filing, and/or copies of all your interest and income statements and also the 2018 Social Security end-of-year statement (SSA-1099). For more information, an appointment or to apply, please contact Social Services at (860)652-7634 or the Assessor's Office at (860)652-7600.

Tai Ji Quan: Moving for Better Balance

Mondays & Thursdays April 8-September 26 2:30 p.m.

COST: FREE

Are you an adult at risk for falling, or are you afraid of falling? If so, this Program, which is an evidence-based fall prevention program, is for you. Years of research and community evaluations are behind this therapeutic movement program aimed at improving postural stability, awareness and mindful control of body positioning, functional walking, movement symmetry and coordination, range of motion around the ankle and hip joints and lower-extremity muscle strength, to improve balance, mobility and daily functioning and prevent falls.

A Healthy Brain Series - Sponsored by Hartford HealthCare Center for Healthy Aging

Join us for a free five-part series on keeping memory strong. This program will offer tips to keep your brain sharp and activities to challenge the mind. Participants are encouraged to attend all sessions.

April 25, 2019: Eat Brain Foods & Stay Hydrated

May 2, 2019: Challenge your Mind Daily - Activities to

Stay Sharp

May 9, 2019: Coping with Changes & Managing

Stress - Be Social

May 16, 2019: Count Sheep - Be Creative & Have Fun

May 23, 2019: Be Positive - Find a Purpose

Friendship Circle Memory Program

This social engagement program is designed for Glastonbury Seniors with early stage dementia. The program provides the opportunity to gain the many benefits derived by being active and socially engaged in a supportive group environment.

Activities are coordinated by a trained Program Coordinator and volunteers. The program offers a variety of engaging mental and physical activities including music, arts and crafts, exercise, puzzles, and plenty of opportunities to enjoy the company of others. A monthly fee is charged. Lunch and transportation are included. For more information contact (860)652-7646.

Low Impact Cardio Dance Fitness

Mondays 10:30-11:15 am

April 8-June 17

COST: \$40/Residents; \$50/Non-Residents

Perfect for active seniors looking for a class at a lower-intensity with easy-to-follow choreography, focusing on balance, range of motion and coordination.

Indoor Walking

Mondays, Tuesdays, Wednesdays & Thursdays 12:15-1:00 p.m.

There are many great reasons to walk. Your heart will get stronger, you'll lower your blood pressure, and your bones will get stronger. Walking also eases stress, helps you sleep better, and can boost your outlook on life. Walking may be the simplest way to work out and it's a snap to get started: Just put one foot in front of the other and join the fun!

Pickleball

Indoor play - Riverfront Community Center Tuesdays Only 5:30-8:00 p.m. Spring/Summer Outdoor play - Addison Park Tuesdays/Thursdays 5:00-8:00 p.m. Saturdays 9:00 a.m.-Noon

Spring/Summer Senior Golf League at Minnechaug Golf Course

Contact us at (860)652-7638 to find out schedule and pricing.

Verse Come, Verse Served Poetry Group

Monthly First and Third Tuesdays 3:00-4:30 p.m.

Facilitator: Michael Lepore, Glastonbury Poet Laureate Have you ever wanted to write or read poetry? Well, this is your chance to unleash your creative self! Poetry is an exciting way to retell and relive memories as well as to express your personal feelings, and it is not hard to do! Take a chance, challenge yourself, become part of an exciting poetry community. This program is where it all starts, no previous experience needed. Call to register (860)652-7655

River Quilters

Second & Fourth Tuesdays of Each Month 4:30-6:30 p.m.

COST: NO FEE (Registration Required by Calling (860)652-7655)

RiverQuilters of the Glastonbury Senior Center meet twice a month to work on Quilts of Valor for service members and veterans touched by war. You do not need to know how to sew to be a part. There are many stages to making these quilts: Cutting, Sewing, Ironing, Longarmimg, Binding Edges and Sewing on the Official Label.

You can pick up a kit to sew at home or bring your sewing machine and/or iron to share in the experience. This is a great way to honor and to be a part of the healing process.

Daffodil Days - Bristol, RI Thursday, April 11, 2019

Depart RCC: 7:00 a.m.

Approximate Return to RCC: 7:15 p.m.

Cost: \$106 (Checks payable to "Tours of Distinction";

Indicate Food Choice)

Registration Deadline: March 14, 2019

Enjoy a guided tour of the Blithewold historic mansion and gardens, a 33 acre summer estate with grand views of Narragansett Bay. Take time for lunch at the Mooring, a historic waterfront location in Newport, RI. Following lunch, spend time on your own exploring the shops, watching the boats or just relaxing and people watching.

Rail Explorers & Newport Car Museum

Tuesday, May 14, 2019

Depart RCC: 6:15 a.m.

Approximate Return to RCC: 7:30 p.m.

Cost: \$175 (Checks payable to "Tours of Distinction")

Registration Deadline: April 10, 2019

Head off to Rhode Island for a grand adventure at the Newport Car Museum that consists of vehicles of today and those of antiquity! Explore the great outdoors and the rails as you ride on the up-andcoming Rail Explorers open air rail vehicles. Enjoy lunch at La Forge Casino.

New York Botanical Garden Tuesday, June 11, 2019

Depart RCC: 9:00 a.m.

Approximate Return to RCC: 8:00 p.m.

Cost: \$88 (Checks Payable to "Town of Glastonbury") Experience the magic of the New York Botanical Garden. Explore over 50 diverse gardens and plant collections located throughout 250 acres. See exhibits that stay in place throughout the year, as well as those that are brought in for a specific season. With over a million plants, the garden will help you explore various and extensive collections and exhibits. Use the unlimited access garden tram as you make your way around the property. Lunch is on your own with a couple of dining options to choose from.



Peter Pan Players Present "Wonka" Thursday, May 2, 2019 1:45-2:30 p.m. at the Riverfront Community Center

COST: NO FEE (Registration Requested in April)
Please join us for this amazing group of students as they share the delicious adventures experienced by Charlie Bucket on his visit to Willy Wonka's mysterious chocolate factory! This captivating adaptation of Roald Dahl's fantastical tale is a "scrumdidilyumptious musical guaranteed to delight everyone's sweet tooth". Light refreshments provided.

The "Peter Pan Players" troupe consists of 7th-12th grade Glastonbury students, and is produced by Creative Experiences-a division of Glastonbury Youth and Family Services.

Computer Assistance

Tuesday/Thursday Evenings; Fridays 12:00-2:00 p.m. Individuals can set up 30 minute appointment blocks for assistance with computer help. To make an appointment please call (860)652-7638.

Mac, iPad or Smart Phone Assistance

Thursdays 1:30-3:00 p.m.

Individuals can set up 30 minute appointment blocks for assistance with their Apple product or Smart phones. To make an appointment please call (860) 652-7638.

Open Computer Times

Tuesdays 9:00 a.m.-8:00 p.m.
Thursdays 6:00 p.m.-8:00 p.m.
Fridays 9:00 a.m.-4:00 p.m.
Saturdays 9:00 a.m.-3:00 p.m.

(Times and Room Availability are Subject to Change)



Glastonbury Parks & Recreation PO Box 6523 2155 Main Street Glastonbury, CT 06033 Presorted Standard US Postage Paid Hartford, CT Permit #5161

RESIDENTIAL CUSTOMER

