

Senior Activities for March 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ROOM KEY AA Activity Room A CF Conference Room AB Activity Room B WS Workshop Room C Computer Room AC Arts & Craft Room E Exercise Room SA Special Activity Room CB Community Rm B B Billiards Room CA Community Rm A HR Health Room			* Program continues through the month	1 <u>RM</u> 9:00 Men's Billiards B 9:00 Open Computer C 10:00 Current Issue CF 11:00 Powerful Aging E 11:45 Lunch CA 12:00 1:1 Comp. Assist C 12:45 Bingo CB	2 <u>RM</u> 9:00 Co-ed Billiards B 9:00 Open Computer C 9:00 Dance Practice E 9:30 Open Studio AC 11:00 <i>UCONN Game at Gampel</i> 12:00 Movie SA
Movie information on page 12				3 11:30 GHS Senior Lunch Theater: Guys & Dolls	
4 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:30 Knit & Crochet AC 10:30 Low Impact Cardio Dance Fitness E 11:45 Lunch CA 12:15 Indoor Walking CB 12:45 Cribbage WS 1:00 Duplicate Bridge AA/AB 1:00 Co-ed Billiards B 1:00 Movie SA 1:30 Tai Chi Intro CB 2:00 Open Computer C	5 <u>RM</u> 9:00 Open Computer C 9:00 Co-ed Billiards B 9:30 Friendship Circle SA 10:00 Rummikub AA 10:00 AARP Board Meeting CB 11:45 Lunch CA 12:15 Indoor Walking CB 12:30 Canasta AB 1:00 Pinochle AA 1:00 Stretchcize E 3:00 <i>Verse Come Poetry</i> 5:30 Computer Assistance C 5:30 Lifelong Learning SA 5:30 Pickleball CA/CB 5:30 Open Computer C	6 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:00 Wellness Clinic HR 9:30 Friendship Circle SA 10:00 Aging Mastery AC 10:00 <i>Westfarms Mall</i> 11:00 Powerful Aging E 11:45 Lunch CA 12:15 Indoor Walking CB 1:00 Stretchcize E 1:00 Mahjongg Play AA 1:00 Bridge AB 1:30 Ceramics AC 2:00 Bereavement Support SA 2:00 Open Computer C	7 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Intermediate Italian AC 9:30 Friendship Circle SA 9:30 Registration CA 10:00 Advanced Italian AC 10:00 Setback AA/AB 10:15 Intermediate Line Dance E 11:45 Beginners Line Dance E 11:45 Lunch CA 12:30 Probate Court Services CB 1:00 Wii Bowling* AA/AB 1:30 Mac/iPad 1:1 Assistance CF 5:30 Movie SA 5:30 <i>Open Computer *</i> C 5:30 <i>Coloring For Stress Relief *</i> 6:00 Tai Chi CB 6:00 Mahjongg AB	8 <u>RM</u> 9:00 Men's Billiards B 9:00 Open Computer C 10:30 Girl Talk SA 11:00 Powerful Aging E 11:45 Lunch CA 12:00 1:1 Comp. Assist C 12:45 Bingo CB	9 <u>RM</u> 9:00 Co-ed Billiards B 9:00 Open Computer C 9:00 Dance Practice E 9:30 Open Studio AC 12:00 Movie SA
11 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:30 Knit & Crochet AC 10:30 Low Impact Cardio Dance Fitness E 11:00 <i>The Dublin</i> 11:45 Lunch CA 12:15 Indoor Walking CB 12:45 Cribbage WS 1:00 Duplicate Bridge AA/AB 1:00 Co-ed Billiards B 1:00 Movie SA 1:30 Tai Chi Intro CB 2:00 Open Computer C	12 <u>RM</u> 9:30 Friendship Circle SA 10:00 Rummikub AA 10:00 Hearing Screening HR 12:15 Indoor Walking CB 12:30 Canasta AB 1:00 Pinochle AA 1:00 Stretchcize E 1:00 Chess AC 3:15 Techy Teens AB 4:30 RiverQuilters AA/AB 5:30 Pickleball CA/CB 5:30 Lifelong Learning SA 5:30 Open Computer C	13 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:00 Wellness Clinic HR 9:30 Friendship Circle SA 10:00 Aging Mastery AC 10:45 <i>RiverQuest Cruise</i> 11:00 Powerful Aging E 11:45 Lunch CA 12:15 Indoor Walking CB 1:00 Stretchcize E 1:00 Mahjongg Play AA 1:00 Bridge AB 1:30 Ceramics AC 2:00 Open Computer C	14 <u>RM</u> 8:40 Foot Clinic HR 9:00 AARP Tax Aide C 9:00 Intermediate Italian AC 9:30 Friendship Circle SA 10:00 Advanced Italian AC 10:00 Setback AA/AB 10:15 Intermediate Line Dance E 11:45 Beginners Line Dance E 12:00 St. Patrick's Day Luncheon 1:30 Mac/iPad 1:1 Assistance CF 5:30 Movie SA 6:00 Tai Chi CB 6:00 Mahjongg AB	15 <u>RM</u> 9:00 Men's Billiards B 9:00 Open Computer C 10:00 Current Issue CF 11:00 Powerful Aging E 11:45 Lunch CA 12:00 1:1 Comp. Assist C 12:45 Bingo CB	16 <u>RM</u> 9:00 Co-ed Billiards B 9:00 Open Computer C 9:00 Dance Practice E 9:30 Watercolor Class AC 9:30 Red Cross Blood Drive CB 12:00 Movie SA
18 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:30 Knit & Crochet AC 10:30 Low Impact Cardio Dance Fitness E 11:45 Birthday Lunch CA 12:15 Scotland Video CA 12:15 Indoor Walking CB 12:45 Cribbage WS 1:00 Duplicate Bridge AA/AB 1:00 Co-ed Billiards B 1:00 Movie SA 1:30 Tai Chi Intro CB 2:00 Open Computer C	19 <u>RM</u> 9:30 Friendship Circle SA 10:00 Rummikub AA 11:45 Lunch CA 12:00 AARP General Mtg CB 12:15 NO Indoor Walking CB 12:30 Canasta AB 1:00 Pinochle AA 1:00 Stretchcize E 3:00 <i>Verse Come Poetry</i> AB 5:30 Pickleball CA/CB 5:30 Lifelong Learning SA 5:30 Open Computer C	20 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:00 Wellness Clinic HR 9:30 Friendship Circle SA 10:00 Aging Mastery AC 10:45 <i>Red Fox Restaurant</i> 11:00 Powerful Aging E 11:45 Lunch CA 12:15 Indoor Walking CB 1:00 Stretchcize E 1:00 Mahjongg Play AA 1:00 Bridge AB 1:30 Ceramics AC 2:00 Bereavement Support SA 2:00 Open Computer C	21 <u>RM</u> 8:30 Outdoor Walking Grp 9:00 AARP Tax Aide C 9:00 Co-ed Billiards B 9:00 Intermediate Italian AC 9:30 Friendship Circle SA 10:00 Advanced Italian AC 10:00 Setback AA/AB 10:15 Intermediate Line Dance E 10:30 Book Discussion CF 11:45 Beginners Line Dance E 11:45 Lunch CA 12:15 Dogs on the Job Video CA 12:30 AARP Smart Driver CB 1:30 Mac/iPad 1:1 Assistance CF 5:30 Movie SA 6:00 Mahjongg AB 6:00 Tai Chi CB	22 <u>RM</u> 9:00 Men's Billiards B 9:00 Open Computer C 10:00 Low Vision Group SA 11:00 Powerful Aging E 11:45 Lunch CA 12:00 1:1 Comp. Assist C 12:45 Bingo CB	23 <u>RM</u> 9:00 Co-ed Billiards B 9:00 Open Computer C 9:00 Dance Practice E 9:30 Open Studio AC 12:00 Movie SA
25 <u>RM</u> 8:40 Foot Clinic HR 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:30 Knit & Crochet AC 10:30 Low Impact Cardio Dance Fitness E 11:45 Lunch CA 12:15 Indoor Walking Awards CA 12:45 Cribbage WS 1:00 Duplicate Bridge AA/AB 1:00 Co-ed Billiards B 1:00 Movie SA 1:30 Tai Chi Intro CB 2:00 Open Computer C	26 <u>RM</u> 8:40 Foot Clinic HR 9:00 Open Computer C 9:30 Friendship Circle SA 10:00 Rummikub AA 11:45 Lunch CA 12:15 Indoor Walking CB 12:15 <i>Wow, I Never Knew That</i> 12:30 Canasta AB 1:00 Chess AC 1:00 Pinochle AA 1:00 Stretchcize E 4:30 RiverQuilters AA/AB 5:30 Pickleball CA/CB 5:30 Lifelong Learning SA 5:30 Open Computer C	27 <u>RM</u> 9:00 AARP Tax Aide C 9:00 Men's Billiards B 9:00 Wellness Clinic HR 9:30 Friendship Circle SA 9:30 <i>American Clock Museum</i> 10:00 Aging Mastery AC 11:00 Powerful Aging E 11:45 Lunch CA 12:15 Indoor Walking CB 1:00 Stretchcize E 1:00 Mahjongg Play AA 1:00 Bridge AB 1:30 Ceramics AC 2:00 Open Computer C	28 <u>RM</u> 8:30 Outdoor Walking Grp 9:00 AARP Tax Aide C 9:00 Co-ed Billiards B 9:00 Intermediate Italian AC 9:30 Friendship Circle SA 10:00 Advanced Italian AC 10:00 Setback AA/AB 10:15 Intermediate Line Dance E 11:45 Lunch CA 12:30 Probate (Snow Date) CA 1:30 Mac/iPad 1:1 Assistance CF 5:30 Movie SA 6:00 Mahjongg AB 6:00 Tai Chi CB	29 <u>RM</u> 9:00 Men's Billiards B 9:00 Open Computer C 11:00 Powerful Aging E 11:00 The Price is Right CA 11:45 Lunch CA 12:00 1:1 Comp. Assist C 12:45 Bingo CB	30 <u>RM</u> 9:00 Co-ed Billiards B 9:00 Open Computer C 9:00 Dance Practice E 9:30 Watercolor Class AC 12:00 Movie SA 12:00 The BIG Sing CACB