

### 7.10.2: Encourage Smoke-Free and Tobacco-Free Public Spaces

In order to encourage and promote smoke-free and tobacco-free spaces, Glastonbury has focused on a few specific target sectors: students in the Glastonbury Public School system (GPS), residents and users of town parks and public areas, and municipal employees.

Glastonbury Public Schools receives their largest source of funding (roughly 96%<sup>9</sup>) through local property taxes collected by the municipality. The Glastonbury Town Council annually approves the budget for the Glastonbury Public School system, supporting the educational agenda presented by the Glastonbury Board of Education. GPS currently has and constantly maintains and enforces tobacco-related policies that affect students, including:

- Prohibition of Smoking in School Facilities. This policy prohibits students, employees and visitors from smoking of any kind in the buildings, vehicles, and on the grounds of Glastonbury Public Schools. This policy has been reviewed and updated to additionally prohibit smokeless tobacco, nicotine delivering systems, vapor products, chemicals and substances that produce the same flavor of physical effect of nicotine substance, and any other tobacco or nicotine innovations.<sup>10</sup> **(Items F & G attached)**
- Instruction to students by professional staff of the information and skills to acquaint students with the problems of tobacco use. At least annually, and as other appropriate opportunities arise, teachers in each grade emphasize the effect of tobacco on health, character, citizenship, and personality development in both health education programs and other contexts.<sup>11</sup> **(Item H attached)**

In addition, the GPS Health Education curriculum for grades 7, 8, and 9 include tobacco education and tobacco resistance education. Curriculum educates students as to why people take risks and what influences their behavior to take a risk. Students learn the dangers of experimenting with tobacco, and how drug use impacts their personal goals. Students also practice refusal skills to resist high-risk behavior. **(Items I through K attached)**

Glastonbury has a significant population of residents (89% as identified in 2016 Glastonbury Health Alliance Community Health Survey) who are physically active a few times a week or more. Of these people, 92% walk outside to get their exercise. By targeting residents and users of town parks and public areas, all residents and park users in Glastonbury benefit, including low-income residents and youth, both populations who frequent the parks for no-cost outdoor activities.

Clearly visible “Smoking and tobacco use prohibited” signage is posted in parks and recreation areas to inform park users, and identify smoking areas at the properties where smoking is

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<sup>9</sup> [www.ctschoolfinance.org](http://www.ctschoolfinance.org)

<sup>10</sup> [www.glastonburyus.org/BOE](http://www.glastonburyus.org/BOE)

<sup>11</sup> [www.glastonburyus.org/BOE](http://www.glastonburyus.org/BOE)

restricted to specific areas. More than 30 Tobacco Free/Smoke Free signs have been installed at recreation areas throughout town. **(Photo Documentation below)**

Parks and Recreation employees have been provided with suggested language when encountering a park patron using tobacco. People who wish to rent town facilities, including the Glastonbury Boathouse, must sign an application that they will abide by Building Use Policies **(Item L attached)**, which includes a statement (#13) that states “ Smoking is not permitted in the building, on the Observation Deck, Waterfront Patio, or within 75 feet of the building entrances.”

Through Town policy, municipal employees are restricted from smoking in Town buildings **(Item M attached)**. Designated smoking areas have been identified at town-owned buildings; smoking is prohibited in front of any main entrance to a facility to protect those entering from exposure to second hand smoke. Additionally, Town employees are prohibited from smoking in parks and recreation areas, unless they smoke in an area identified by posted signage. These policies are maintained and enforced on a regular basis.

**Submit:**

**Depending on the specific strategy or combination of strategies you chose, submit a list of names of any educational events and the dates that they were held; photographs of signage; or any other documentation that verifies your municipality’s ongoing efforts to reduce smoking and tobacco use.**

**Documentation Items:**

- F. [Glastonbury Board of Education Policy 1331](#): Prohibition of Smoking in School Facilities
- G. [Glastonbury Board of Education Policy 5131.7](#): Smoking Prohibition
- H. [Glastonbury Board of Education Policy 6164.11](#): Drugs, Tobacco, Alcohol
- I. [7<sup>th</sup> Grade Health Unit Summary](#) Tobacco Education
- J. [8<sup>th</sup> Grade Health Unit Summary](#) Tobacco Education
- K. [9<sup>th</sup> Grade Health Unit Summary](#) Tobacco Education
- L. See attached Glastonbury Boathouse at Riverfront Park Building Use Policies- Schedule B
- M. See attached Town of Glastonbury Administrative Policies: No Smoking Policy

**Photo Documentation:**



Museum on the Green

J.B. Williams Park



Glastonbury Fields at Riverfront Park

Riverfront Community Center



Prohibition of Smoking in School Facilities

This policy applies to all employees, students and visitors at all times.

Smoking of any kind is prohibited in the buildings, vehicles, and on the grounds of Glastonbury Public Schools.

(cf. 1120 Board of Education Meetings)  
(cf. 1330 Use of School Facilities)  
(cf. 4118.231/4218.231 Smoking Prohibition)  
(cf. 5131.6 Drugs, Tobacco, and Alcohol)  
(cf. 5131.7 Smoking Prohibition)

Legal Reference: Connecticut General Statutes  
Sec. 19a-342 Smoking prohibited in certain places. Signs required.  
Penalties.  
21a-242 Schedules of controlled substances.  
P.A. 14-76 An Act Concerning the Governor's Recommendations Regarding Electronic Nicotine Delivery Systems and Youth Smoking Prevention.  
PL 107-110, Section 4303, "Nonsmoking Policy for Children's Services"  
20 U.S.C.7081-7184 The Pro Children Act of 2001  
Public Act 93-304  
An act prohibiting smoking in public buildings

Policy  
Adopted: October, 1981  
Revised: March, 1982  
Revised: June 7, 2004  
Revised: March 9, 2015

Prohibition of Smoking in School Facilities

In accordance with law and to promote the health and safety of all students staff, the District prohibits all employees, students and patrons from smoking using tobacco or tobacco products in all school facilities, buildings and buses or other District transportation at all times, including athletic events (indoors or outdoors) and meetings. This prohibition extends to all facilities the district owns/operates, contracts for or leases to provide educational services, routine health care, daycare or early childhood development services to children, as well as facilities in which services are not provided to children.

Tobacco includes, but is not limited to, cigarettes, cigars, snuff, smoking tobacco, smokeless tobacco, nicotine delivering systems, vapor products, chemicals or devices that produce the same flavor or physical effect of nicotine substance; and any other tobacco or nicotine innovations.

**Electronic nicotine delivery system** means an electronic device that may be used to simulate smoking in the delivery of nicotine or other substance to a person inhaling from the device, and includes, but is not limited to, an electronic cigarette, electronic cigar, electronic cigarillo, electronic pipe or electronic hookah and any related device and any cartridge or other component of such device.

**Vapor product** means any product that employs a heating element, power source, electronic circuit or other electronic, chemical or mechanical means, regardless of shape or size, to produce a vapor that may or may not include nicotine that is inhaled by the user of such product.

Regulation

Adopted: March 9, 2015

## ITEM G: Glastonbury BoE Policy 5131.7

STUDENTS

Policy 5131.7

Revised

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### Smoking Prohibition

This policy applies to all employees, students and visitors at all times.

Smoking of any kind is prohibited in the buildings, vehicles, and on the grounds of Glastonbury Public Schools.

Legal Reference: Public Act 93-304  
An Act Prohibiting Smoking in Public Buildings

Connecticut General Statutes  
19a-342 Smoking prohibited in certain places

P.A. 14-76 An Act Concerning the Governor's Recommendations  
Regarding Electronic Nicotine Delivery Systems and Youth  
Smoking Prevention

(cf.4118.232/4218.232 Smoking Prohibition)  
(cf.1331 Prohibition of Smoking in School Facilities)

Policy

Adopted: October 4, 1993

Revised: November 19, 1993

Revised: February 14, 2005

Revised: March 9, 2015

Smoking Prohibition

In accordance with law and to promote the health and well-being of all students and employees, the Board of Education prohibits all students, employees, and patrons from smoking, using tobacco or tobacco products in school facilities, buildings and buses or other District transportation at all times, including athletic events (indoor and outdoor) and meetings. This prohibition extends to all facilities the district owns/operates, contracts for or leases to provide educational services, routine health care, daycare or early childhood development services to children, as well as facilities in which services are not provided to children.

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**Vapor product** means any product that employs a heating element, power source, electronic circuit or other electronic, chemical or mechanical means, regardless of shape or size, to produce a vapor that may or may not include nicotine that is inhaled by the user of such product.

Regulation

Adopted: March 9, 2015

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Drugs, Tobacco, Alcohol

Because use of these harmful agents has a deleterious effect on the health and welfare of the users and far-reaching detrimental consequences to users, families, and society, efforts shall be made by staff to reduce student use of harmful drugs, tobacco, alcohol and other harmful drugs.

The professional staff shall be provided information and skills to acquaint them with problems of drug, tobacco, and alcohol use and to recognize the symptoms of such use. At least annually, and as other appropriate opportunities arise, teachers in each grade shall emphasize the effect of alcohol, nicotine, tobacco and drugs on health, character, citizenship, and personality development in both health education programs and other contexts.

The superintendent/designee shall make use of in-service training sessions for both certified and non-certified staff to achieve the goals of this policy. Full cooperation with community agencies shall be given wherever such cooperation is advantageous to students.

(cf. 5131.6 – Drugs, Tobacco, Alcohol)

Legal Reference:      Connecticut General Statutes  
                                 10-16b Prescribed courses of study.  
                                 10-19 Effect of alcohol, nicotine or tobacco and drugs to be  
                                 taught.  
                                 10-19a Superintendent to designate substance abuse  
                                 prevention team.  
                                 10-19b Advisory councils on drug abuse prevention.  
                                 10-220 Duties of Boards of Education  
                                 10-221(d) Boards of Education to prescribe rules.

Policy

Adopted: October, 1981

Revised: September 25, 2006



## ITEM I

### 7<sup>th</sup> Grade Health Unit Summaries

#### **INTRODUCTION**

In this unit, students are introduced to what they will be learning in HE 7. (Refer to the syllabus attached for course description and grading policy). All students have health education every other day for a semester. Students will become familiar with what topics will be covered in health class and how they can successfully learn about these topics while getting to know their teacher and other classmates. Important skills taught through this course are accessing information and interpersonal communication skills.

#### **PUBERTY AND RELATIONSHIPS**

In this unit, students will be learning about the physical, social, and emotional changes associated with puberty. The concepts of sperm production and menstruation will be discussed. A major emphasis will be placed on the importance of choosing to remain sexually abstinent.

#### **INJURY AND DISEASE PREVENTION**

The students will choose a disease or disorder from a list of common ailments that affect adolescents. They will be asked to work with a partner to research their disease and create a 5 minute power point presentation to the rest of the class about their disease. The students will be given lessons about ethical note taking and use of animations and links for their power point.

#### **ALCOHOL, TOBACCO, AND OTHER DRUGS**

In this unit, students will examine the risks that teenagers take that are dangerous to their health. Students distinguish the difference between healthy (good, low) risks and unhealthy (bad, high) risks. Students learn why people take risks and what influences their decisions to take a risk. Students will learn the dangers of experimenting with tobacco, alcohol and inhalants and practice refusal skills to resist high risk behaviors.

#### **NUTRITION**

This unit of study is designed to teach the seventh graders the relationship between proper nutrition, regular exercise and a healthy body. Obesity and heart disease are two of the biggest health problems in the United States today. Both of these health issues are directly related to lack of exercise and poor nutrition. Students can dramatically influence their future health and well-being if they develop patterns of behavior based on the principles of proper nutrition and fitness.

## ITEM J

# 8<sup>th</sup> Grade Health Education Unit Summaries

### INTRODUCTION

The goals of this unit are to 1) create a safe and comfortable environment where students feel a sense of community and confidence in their ability to interrelate with their teacher and classmates, 2) instill awareness among students *that all human beings* venture through a well-defined and predictable period of time known as adolescence, 3) to recognize external and internal influences and use communication skills effectively to appropriately interact with their peers and, and 4) teach students to identify their strengths and weaknesses when working in a group setting.

An important skill taught throughout this course is how to analyze influences.

### INJURY AND DISEASE PREVENTION

In this unit the students will understand the importance of first aid and how to perform skills should they be the witness to or recipient of an injury or sudden illness.

### MENTAL AND EMOTIONAL HEALTH

In this unit, the students will examine when self-image develops, and how to respond positively to family, friends and peers influence of self-esteem. Students will identify stress symptoms and evaluate stress level of a middle school student and learn techniques to effectively manage stress. To raise awareness, students will learn strategies to cope with depression and recognize signs of teenage suicide.

### ALCOHOL, TOBACCO, AND OTHER DRUGS

In this unit students will examine the relationship of drug use to risk taking, decision making and goal-setting. The student will explore why teenagers are tempted to use drugs and the influence of peer pressure. Students will explore how drug use impacts personal goals. Finally, students explore how decision making skills can help teenagers avoid drug use.

### ADOLESCENCE AND SEXUALITY

In this unit, students will define the male and female anatomy & reproductive systems and their functions. Students will also explain the signs, symptoms, transmission, and consequences of STD's, including HIV & AIDS. Student will also be able to:

- Define abstinence, explain the value of postponing sexual activity
- Identify condoms and compare/contrast the effectiveness to being abstinent
- Define Sexual Identity
- Define Diversity, bias, prejudice, discrimination, stereotyping, prejudice and how it is related to harassing behaviors specific to sexual identity
- Identify behaviors that constitute sexual harassment and sexual abuse/assault.
- Know how and where to get help for sexual harassment, assault and abuse
- Describe ways to seek help to report sexual harassment, sexual assault and sexual mistreatment

### NUTRITION

In this unit students will analyze what influences their personal food choices. Students will explore various food choice options by accessing nutritional information from restaurant menus to create balanced meals. Students will also judge the nutritional value of energy drinks and why people consume them.

# ITEM K: 9TH Grade Health Summary

## HPE9 Curriculum Unit Summaries

### INTRODUCTION TO HPE9

In this **unit**, students will be provided an overview of health education requirements in HPE 9. Students will learn about health concepts and understand the most important and ideas and issues related to total wellness.

Throughout the **course**, an emphasis will be placed on developing the student's ability to advocate for personal, family, peer and community health and wellness. By the end of the semester, students should be able to:

- Communicate clear health-enhancing perspectives and positions, and support the positions with relevant accurate information that shows an awareness of the audience.
- Encourage others to make healthy choices.
- Develop and demonstrate the knowledge for the perspective they are communicating.

This course will set high expectations, and provide 21<sup>st</sup> century knowledge and skills for students to learn in a safe supportive environment. Students will have skills to promote and communicate personal, civic and social responsibility with their knowledge of health and wellness.

Grade 9 **Power Standard- Advocacy** is the most critical skill that all learners will acquire. This skill is taught in a logical sequence of instruction throughout the year.

### ALCOHOL, TOBACCO AND OTHER DRUGS

Students will have the opportunity to identify and discuss drug classifications and reasons for addiction through readings and videos. They will assess data and the changes in drug trends over the last twenty years. Students will analyze data from state and national risk behavior surveys to find supporting evidence, to make conclusions about norms (national and town) and create a positive message/conclusion using the data they have analyzed.

### TEENS AND HEALTHY RELATIONSHIPS

In this unit, students will explore and analyze what it means to be a sexually healthy teenager. Abstinence and methods of contraceptives will be taught. Students will evaluate the laws that govern the age of consent, sexual abuse and sexual harassment.

Teachers: Hand out the exemption letter prior to the start of this unit.

### MENTAL AND EMOTIONAL HEALTH

This unit aims to improve student's health literacy and enhance their knowledge about mental and emotional health disorders. Students will take a stance to decrease stigmas associated with mental health and emotional issues. Students will communicate and collaborate in learning activities where the end result will be writing an advocacy editorial which may be selected for the school newspaper.

### HEALTH FAIR PROJECT

Students will be assigned the Health Fair Project at least two weeks prior to exams. The Health Fair Project is a research project that will be based upon individual students' choice of a specific HPE 9 unit topic that they would like to explore in depth.

Students will choose a unit of study within the curriculum, pose a research question (related to health and wellness) and hypothesis, research the question, write a conclusion and create a tri-fold display board. Students will also make connections to potential careers. Exemplary projects will be considered for presentation at the GHS Career Fair.

Students will present their Health Fair Projects to small peer groups during the final exam period, which will also include receiving peer feedback and a written self-reflection.



## Building Use Policies - Schedule B

### I. Building Use

1. The Client shall check in with the Event Supervisor on duty when entering the building for an event.
2. The Client and Preferred Caterer are responsible for clean-up after use. Clean-up includes throwing all trash in garbage cans, all recyclables in recycle containers, and removing everything brought into the building for the event out of the building. Clients are expected to notify the Event Supervisor in the event of damage and/or large spills.
3. The Client must finalize room set-up at least 10 business days prior to event with the Rental Agent. Furniture should only be moved by Preferred Caterers and town authorized staff to prevent damage. All event set-up must be in compliance with fire code and meet the approval of the Event & Banquet Facility Manager. Any changes made to the room set-up within less than 10 days of the event will be accommodated as reasonably possible.
4. The Client will be charged for any damage incurred during their use of the facility.
5. Children require appropriate adult supervision at all times. Adult to children ratios will be determined by Town staff at time of application.
6. The Client must confine their activities to the designated area. It is exclusively the responsibility of the Client to supervise program attendees.
7. A Town employed and assigned Event Supervisor will open, supervise and close all facilities. Keys will not be given to any non-staff person. An Event Supervisor shall be present in the facility during all times it is being used.
8. In the event that the building is not open at your contracted start time, Police Dispatch may be contacted at 860-633-8301 for further assistance. (*The building may not be opened prior to your contracted start time.*)

9. The Town reserves the right to dispose of any items left on the premises after five days.
10. Parking at Riverfront Park should be coordinated with the Rental Agent, as the parking lot is open to the general public. We will do our best to ensure that you have adequate parking for your guests, however, availability in the main lot is not guaranteed. The Town is not responsible for vehicle damage or theft that occurs in the park. Valet service may be coordinated, if desired, at the expense of the Client.
11. Riverfront Park is open for public use from dawn until dusk (10:00 p.m. for basketball). Town staff will do their best to ensure that there are no major conflicts when booking events. Clients must be aware of the shared use of the park and parking lot. The Client may contract police security if desired, at their own expense. There is a four hour minimum for police security, and requests require one week's notice.
12. All local, state and federal laws and regulations must be obeyed.
13. Smoking is not permitted in the building, on the Observation Deck, Waterfront Patio, or within 75 feet of the building entrances.
14. The consumption of alcohol is not allowed in the parking lot, on park grounds, or any undesignated area.
15. No Keg Beer or Kegs are allowed.
16. If an event is cancelled for any reason, it is the responsibility of the Client to notify their group and/or make announcements over the local radio stations.
17. Capacity regulations as defined by the Fire Marshal will be strictly enforced.
18. The sale of items in violation of, or inconsistent with the Town policies will not be permitted.
19. Unless specifically designated by the Town, there is no storage space available for building users.
20. The use of propane grills or heaters is strictly prohibited inside of the building and on the Observation Deck.
21. No exit or egress may be blocked at any time.
22. Fireworks of any kind (including sparklers) are strictly prohibited.
23. "Sky Lanterns" cannot be released or launched on Town property.
24. Pets are not allowed in the building. Working guide/assistance animals are permitted.

25. Building users cannot put signs on the building or property without prior approval of the Rental Agent.
26. The Event Supervisor has the right to adjust event set-up at any time to accommodate security, walkways, etc.
27. All payments including damage/security deposits must be paid in full according to the rental contract in order to utilize the facility.
28. If having a DJ, band or music outdoors, the music must end no later than 11:00 p.m.
29. The building closes at midnight for all Private Events. Alcohol service must end 30 minutes prior to end of event.
30. Windows shall not be opened without approval of the Event Supervisor. Doors may not be propped open at any time.
31. At least 2 boat trailer spaces must be left open at any time during boating season (May – October). The Town reserved the right to ask guests to move cars if necessary.

## II. Use of Equipment

1. The Town will provide up to sixteen 72" round tables, six 6' long tables and 156 chairs for use in the Banquet Hall. All other event rentals must be coordinated by the Client or caterer. Set-up will be the responsibility of the caterer.
2. All use of Town equipment must be authorized by the Rental Agent or Event Supervisor on duty.
3. No apparatus, furniture, or equipment is to be moved into the facility by the Client without prior approval by the Rental Agent.
4. Use of integrated AV equipment (screen, sound system) must be coordinated with the Preferred Audio Visual Provider in advance. Last-minute use must be approved by the Event Supervisor, and the appropriate charges will be deducted from the Client's security deposit. Only the Event Supervisor and Preferred AV Provider's staff may operate the equipment. It is strongly recommended that Clients using the integrated equipment hire a technician, as the Event Supervisor is not responsible for troubleshooting technical difficulties. DJs may not use the integrated speakers at any time.
5. Clients are not permitted to bring any inside furniture outdoors or any outdoor/patio furniture indoors for any event or function, unless approved by the Event Supervisor. All tables and chairs for outdoor events must be rented.
6. Rentals, flowers and decorations should be delivered at the start of the event and picked up at the close of their event. If other arrangements are necessary, the Client must work with the Rental Agent who will attempt to accommodate earlier

deliveries and/or later pick up of delivered items. This service is based on availability and cannot be guaranteed. Clients seeking special accommodations for delivery/pickup should make their request to the Rental Agent two (2) weeks prior to the event date. The Town of Glastonbury takes no responsibility for items left at the facility for rental/event use. Town staff will not sign delivery/pickup paperwork.

7. Outdoor events with food service require a tent. Tents shall only be erected on areas designated by the Town, and must comply with the State of Connecticut Tent and Portable Shelter Code. All tent rentals, lighting, generators, and other outdoor event equipment must be coordinated through the preferred caterer.

### III. Use of Decorations

1. Nothing may be affixed to/hung from walls, ceiling, pipes, ducts or light fixtures. Use of tape, thumbtacks or nails is strictly prohibited.
2. Décor services that require a ladder must be performed by a decorator with General Liability and Worker's Comp insurance. Hanging decorations must be approved by the Banquet Facility Manager.
3. Due to fire hazards, all open flames (table candles, etc.) must be enclosed. All candles, sterno candle lamps, etc. that will be ignited must be done so by authorized catering staff. (*Clients are encouraged to use battery operated candles*).
4. Helium balloons may not be used in the Banquet Hall.
5. The use of confetti and glitter is prohibited.
6. The use of fog machines is prohibited.
7. Nothing may be thrown (rice, confetti, etc.) inside the facility or on park grounds.
8. All decorations must be removed in their entirety at the end of usage of the facility.
9. String lighting and/or any other decoration(s) that must be plugged in must be previously approved by Rental Agent. (*Clients are encouraged to use battery operated string lighting and decorating devices*).
10. Clients and vendors shall not use tape of any kind to "tape down"/secure cords for amplifiers, sound system, etc.
11. All decorations must be discussed with the Rental Agent. The Town reserves the right to restrict the use of any decorations that are deemed potentially damaging, obstructive, dangerous, messy, or inappropriate.

## **ITEM M**

### **No Smoking Policy**

The Town of Glastonbury is committed to providing a safe and healthy environment for its employees and the general public. To further this commitment and in accordance with Public Act 93-304, smoking shall be prohibited in all buildings or portions of buildings owned, leased or operated by the Town of Glastonbury. This Policy does not apply to public housing projects and facilities.

Employees who smoke shall do so OUTSIDE of public buildings and in accordance with normal "break times" during the regular work day. Employees shall use outside smoking areas as designated which will not include the main entrance(s) to a particular facility. The employee smoking area at Town Hall during business hours is the exterior exit stairwell facing Main Street at the northeast end of the building. Smoking areas at other public buildings are determined by the supervisor of that facility.

Any questions concerning this policy should be directed to the employee's supervisor.