



Glastonbury Human Services

SUGGESTED ITEMS FOR FOOD BANK DONATIONS
TOWN OF GLASTONBURY FOOD BANK
Riverfront Community Center, 300 Welles Street, Glastonbury

The Glastonbury Food Bank serves Glastonbury residents who are experiencing difficult financial times. Call 860-652-7634 for more information.

- Canned meats:
Tuna, chicken, SPAM, ham, etc.
- Peanut Butter & Jelly or Jam
- Crackers (like Ritz or Saltines, to be used instead of bread)
- Macaroni & Cheese
- Complete Meals in a Box
(ie. Chicken & Dumplings, etc.)
- Canned Fruit
- Rice, rice dishes
- Toiletries
- Laundry Detergent
- Pasta meals in a can
(ie. Ravioli, Spaghetti & meatballs)
- Granola bars, other healthy snacks
- Mayonnaise & ketchup
- Hearty Soups & Canned Stews
- Cereals: Cold and Hot
- Powdered milk or shelf-stable milk
(in envelopes or small boxes)
- Instant or canned potatoes
- Toilet paper, paper towels
- Dish Soap

PLEASE REMEMBER:

- 1) All donations must be non-perishable.
- 2) The Food Bank is not allowed to give out expired food or dented cans – please check the dates on all items!
- 3) When putting together a Food Bank bag, the intention is to provide items to enable a family/individual to create a few meals to get them through a difficult financial period. For example: peanut butter, jelly & crackers; tuna fish, mayonnaise & crackers; rice & beans; canned chicken