



Senior Activities for November 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics 2:00 Bereavement Support</p>	<p>2 8:30 Outdoor Walking Grp 9:00 Open Computer 9:00 Intermediate Italian 9:00 Co-ed Billiards 9:30 Registration 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 10:30 Intermediate Line Dancing 11:45 Lunch 12:00 Line Dance - Beginners 12:15 Indoor Walking 1:00 Stretchcize 1:00 Creative Crafters 1:30 Mac, iPad, Smart phone 1:1 Assistance* 2:00 Wii Bowling* 5:30 Coloring Stress Relief* 6:00 Tai Chi* 6:00 Open Computer* 6:00 Mahjongg*</p>	<p>3 9:00 Men's Billiards 9:00 Open Computer 10:00 Current Issues 10:00 Hatha Yoga 11:45 Lunch 11:00 Powerful Aging 12:45 Bingo</p>	<p>4 9:00 Co-ed Billiards 9:00 Open Computer 9:30 Watercolor Class 12:00 Movie: <i>"A Little Chaos"</i></p>
<p>6 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Hatha Yoga 11:45 Lunch 12:15 Fire Safety Talk 12:15 Indoor Walking 12:30 Zumba Gold 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Move: <i>"The Saint"</i> 1:30 Tai Chi Intro</p>	<p>7 9:00 1:1 Computer Assist 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 AARP Board Mtg. 10:00 Rummikub 11:45 Lunch 12:15 Indoor Walking 1:00 Chess 1:00 Pinochle 1:00 Stretchcize 2:30 Play Reading 5:30 Pickleball 5:30 Lifelong Learning</p>	<p>8 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 Buckland Mall 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Cycling Without Age 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics</p>	<p>9 8:30 Outdoor Walking Grp 9:00 Open Computer 9:00 Intermediate Italian 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 10:30 Intermediate Line Dancing 11:45 Veteran's Day Luncheon 1:00 Stretchcize 1:00 Creative Crafters</p>	<p>10</p> <p style="text-align: center;">CLOSED FOR VETERANS DAY</p> 	<p>11 9:00 Co-ed Billiards 9:00 Open Computer 12:00 Movie: <i>"Rogue One: A Stars War Story"</i></p>
<p>13 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Hatha Yoga 11:45 Lunch 12:15 Decluttering Talk 12:15 Indoor Walking 12:30 Zumba Gold 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Movie: <i>"Gifted"</i> 1:30 Tai Chi Intro</p>	<p>14 9:00 1:1 Computer Assist 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Hearing Screening 10:00 Rummikub 11:50 Thanksgiving Luncheon 12:30 Canasta 1:00 Pinochle 1:00 Stretchcize 2:30 Play Reading 5:30 Pickleball 5:30 Lifelong Learning 5:30 CWHF Series (see pg. 4)</p>	<p>15 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:15 Fascia Chocolate Experience Trip 9:45 Friendship Circle 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics 2:00 Bereavement Support</p>	<p>16 8:30 Outdoor Walking Grp 8:30 AARP Smart Driver 8:40 Foot Clinic 9:00 Intermediate Italian 9:00 Co-ed Billiards 9:00 Open Computer 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 10:30 Intermediate Line Dancing 10:30 Book Discussion 11:45 Lunch 12:15 Food Safety & the Holidays 12:00 Line Dance - Beginners 1:00 Stretchcize 1:00 Creative Crafters</p>	<p>17 9:00 Men's Billiards 9:00 Open Computer 10:00 Current Issues 10:00 Low Vision Group 10:00 Hatha Yoga 11:00 Powerful Aging 11:45 Lunch 12:45 Bingo</p>	<p>18 9:00 Co-ed Billiards 9:00 Open Computer 9:30 Watercolor Class 12:00 BIG SING 1:00 Movie: <i>"An Old Fashioned Thanksgiving"</i></p>
<p>20 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Hatha Yoga 11:45 Birthday Lunch 12:15 Indoor Walking 12:30 Zumba Gold 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Movie: <i>"Snowden"</i> 1:30 Tai Chi Intro</p>	<p>21 9:00 1:1 Computer Assist 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Rummikub 11:45 Lunch 12:00 AARP General Meeting 1:00 Chess 1:00 Pinochle 1:00 Stretchcize 2:30 Play Reading 5:30 Pickleball 5:30 CWHF Series (see pg. 4)</p>	<p>22 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 Aging Mastery Program 11:00 Powerful Aging 11:45 Lunch 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics</p>	<p>23</p> <p style="text-align: center;">CLOSED THANKSGIVING</p> 	<p>24</p> <p style="text-align: center;">CLOSED</p>	<p>25 9:00 Co-ed Billiards 9:00 Open Computer 12:00 Movie: <i>"Coffee Shop"</i></p>
<p>27 8:40 Foot Clinic 9:00 Men's Billiards 9:00 Open Computer 9:30 Knit & Crochet 10:00 Hatha Yoga 11:45 Lunch 12:15 Indoor Walking 12:30 Zumba Gold 12:45 Cribbage 1:00 Duplicate Bridge 1:00 Co-ed Billiards 1:00 Creative Crafters 1:00 Movie: <i>"Big Miracle"</i> 1:30 Tai Chi Intro</p>	<p>28 9:00 1:1 Computer Assist 9:00 Co-ed Billiards 9:00 Open Computer 9:45 Friendship Circle 10:00 Rummikub 12:15 Indoor Walking 12:30 Canasta 1:00 Pinochle 1:00 Stretchcize 2:30 Play Reading 5:30 Pickleball</p>	<p>29 9:00 Men's Billiards 9:00 Open Computer 9:00 Wellness Clinic 9:45 Friendship Circle 10:00 Aging Mastery Program 10:30 The Chow & Clinton Crossing Trip 11:00 Powerful Aging 11:45 Lunch 12:15 Indoor Walking 1:00 Mahjongg Play 1:00 Bridge 1:30 Ceramics</p>	<p>30 9:00 Intermediate Italian 9:00 Open Computer 9:00 Co-ed Billiards 9:45 Friendship Circle 10:00 Advance Italian 10:00 Setback 10:30 Intermediate Line Dancing 11:45 Lunch 12:30 Red Hat Coquettes 1:00 Stretchcize 1:00 Creative Crafters</p>	<p>* Programs continue weekly through the month</p>	