

# COMMISSION ON AGING

## Minutes

September 11, 2017

**Present:** Eva Bowden, Catherine Lawlor, Rosemary Hokanson,  
Ernest Reale

**Excused:** Denise Weeks, Janeen Dolan, John DiSette

**Absent:**

**Liaisons Present:** Patti White, Senior Center Program Supervisor  
Theresa Jakupco, AARP Liaison Alternate

**Liaisons Excused:** Gerry Bishop, AARP Liason

**Liaisons Absent:**

Meeting called to order at 5:32 p.m.

Eva introduced Ronald LeGray, a representative from the organization, Bike Walk Glastonbury, who spoke about a program called Cycling without Wheels, which provides rides on a trishaw to seniors who may have limited mobility and access to the outdoors. Mr. Legray explained the value of the program which currently operates in West Hartford and throughout the world. Mr. LeGray informed the members on what would be needed to start a program in Glastonbury.

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### **MINUTES:**

Minutes of the meeting held on May 1, 2017 were accepted as written.

**COMMUNICATIONS & ANNOUNCEMENTS:** Eva informed the members that John Disette resigned from the Commission.

### **LIAISON REPORTS:**

**AARP:** Theresa Jakupco reported that the Chapter will hold a fundraiser at the 99 Restaurant in Glastonbury on October 18<sup>th</sup>.

**POLICE DEPARTMENT:** None.

**HUMAN SERVICES:**

Patti White updated the group on the activities of the department. (Report attached)

**OLD BUSINESS:**

Eva informed the group that she and Patti White attended the May 16 AARP general meeting to present information on and obtain their support of, the AARP Age-Friendly Community application. Eva reported that the chapter voted to support the application. Patti White will contact Nora Duncan, Executive Director of the State AARP office to find out to whom the application should be mailed.

Eva also informed the group that the accreditation process has been delayed due to a lack of staffing in the department.

**NEW BUSINESS:** Eva noted that the Commission would review the information provided by Ronald LeGray, on the Cycling without Age program in the future.

**ADJOURNMENT**

The meeting adjourned at 6:21 p.m.

Respectfully Submitted,  
Ernie Reale, Acting Secretary

**Department of Human Services  
Commission on Aging Report  
September 11, 2017**

**Senior Center Program Highlights:**

Several parties/luncheons were held successfully over the spring/summer months including the annual Memorial Day picnic, the celebration of Older Americans Month, the Parks & Rec picnic and our evening summer concert in August. All of these events included entertainment, games and prizes.

Several fun trips were also provided over the summer to various seafood restaurants along the shoreline as well as museums and other cultural and recreational points of interest.

**Upcoming Events/Trips:**

The celebration of National Senior Center month will include a special luncheon to be held on September 14<sup>th</sup>, and the Ritz & Glitz dinner dance with senior centers throughout the state held at Ocean Beach, New London on September 22. We will also hold a Flu Clinic on September 26<sup>th</sup> at the center, and offer the Connecticut Women's Hall of Fame interactive multi-media program on an array of interesting subjects pertaining to the struggles and achievements of women from all walks of life.

The Aging Mastery Program will start on October 4<sup>th</sup> and run for 10 weeks through December 6<sup>th</sup>. To date 18 people have signed up to take the course.

We are planning another series of Matter of Balance workshops in the fall with dates to be determined.

**Personnel:**

HR is still in the process of finalizing the hiring of the Food Assistant replacement for Michelle Veilleux as well as back-up staff. They are also working on the recruitment for the Volunteer Coordinator position.

We are in the process of hiring an additional DAR driver to meet the needs of the program.

Dianna Aziza started in July as our 25 hour-a-week Customer Service representative. Nicole Mercer moved to a back office and now has the primary responsibility of doing the department's payroll, financials and other office related matters. Kathryn Carfi, joined the department in August, as the part-time supervisor of Social Services.