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|--|-------------------------------------|---|------|------|---|-------|----|-----|-------|-----------------------|-------|-----|------|-------|----|--------|-------|--------|---------|-------|-------|-------------|------|---------------|
| Primary Guardian First Name | | | | P | Primary Guardian Last Name | | | | | | | | | | | | | | | | | | | |
| Address | | | | P | Please E-Mail Receipt to the E-Mail Below | | | | | | | | | | | | | | | | | | | |
| City, State, Zip | | | | | | | | | S | ex | | | | E-№ | Λ | ail | | | | | | | | |
| Home Phone (|) | | | | | | | | V | Vork | Pho | ne | ; (|) | | | | | Cell | Phor | ne (|) | | |
| Emergency Cor | ntact | - | | | | | | | R | elati | onsl | nip |) | | | | | | Cell | Phor | ne (|) | | |
| | | | | | | | Pa | ar | tic | ipar | ıt Ir | nfo | ori | nat | ti | on | | | | | | | | |
| Participant First I | Nam | e | | | | | | | 1 | Participant Last Name | | | | | | | | | | | | | | |
| Date of Birth | | | | | | | | | | Grade Completing Sex | | | | | | | | | | | | | | |
| Allergies | | | | | | | | | | <i>N</i> edi | | | - | | - | | | | | | | | | |
| | | | | | | | Re | gi | str | atio | n I | nf | or | ma | at | ion | | | | | | | | |
| Program Choice | €S | | | | A | ctivi | | _ | | Activi | | | | | | | | Acti | ivity N | lumk | ber | Amo Paid | unt | Office Use |
| Programs fill up a | quicl | kly! | We | e hi | ighly r | eco | mm | ner | nd ii | nclu | ding | ar | n a | lterr | n | ate ch | noice | e or c | hoice | es wł | nere | appli | icak | ole! |
| | 1st (| Ch | oice | е | | | | | | | | | | | | | | | | | | | | |
| | 2nd | d Cł | hoid | ce | | | | | | | | | | | | | | | | | | | | |
| | 3rd | Ch | noic | e | | | | | | | | | | | | | | | | | | | | |
| | 1st (| Ch | oic | е | | | | | | | | | | | | | | | | | | | | |
| 2 | 2nd | d Cł | hoid | ce | | | | | | | | | | | | | | | | | | | | |
| | 3rd | Ch | noic | e | | | | | | | | | | | | | | | | | | | | |
| | 1st (| Ch | oic | е | | | | | | | | | | | | | | | | | | | | |
| | 2nd | d Cł | hoid | ce | | | | | | | | | | | | | | | | | | | | |
| | 3rd | Ch | noic | e | | | | | | | | | | | | | | | | | | | | |
| Eastbury Stickers | License Plate #1: License Plate #2: | | | | | | | | | | | | | | | | | | | | | | | |
| Pool Passes | | Pass Type Indicate Names of ALL Family Members (Ages 2 & Up) Who Require TOTAL | | | | | | | | | | | | | | | | | | | | | | |
| SummerYearly | | Individual Passes and Reside at the Above Address: Household | | | | | | | | | | | | | | | | | | | | | | |
| Waiver | | | | | | | | | | | | | | | | | | | | | | | | |
| Being of full age and in consideration of my (my child's)participation in this class, I do hereby release and forever discharge the Town of Glastonbury, and their agents and employees, their representatives, | | | | | | | | | | | | | | | | | | | | | | | | |
| successors, and | | | | | | | | | | | | | | | | | | | | | | | | and |
| any loss or dame | | | | | | | | | | | | | | | | | | | | | | лроі | 1505 | , and |
| Signature: | - | | | | | | - | | | | | | Do | ate: | | | | | | _ | | | | |
| Payment | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | |
| Complete a SEPARATE form for each person and sign the waiver. Please PRINT. You may copy this form or print a copy from our website at www.glastonbury-ct.gov | | | | | | | | | | | | | | | | | | | | | | | | |
| Mail your Form, Payment, Business Size Self Addressed STAMPED envelope (or include e-mail address for e-mail confirmation) to: Parks and Recreation, Program Registration, PO Box 6523, Glastonbury, CT 06033 | | | | | | | | | | | | | | | | | | | | | | | | |
| Check | Writ | te c | a SE | PA | RATE | CHE | СК | for | ea | ich p | rog | rar | n. I | Mak | <6 | e chec | cks p | ayak | ole to | "Tov | vn of | Glas | ston | bury" |
| Mastercard | Nar | me | on | Сс | ard | | | | | | | _ | | | | | _ | | | | | | | |
| VisaDiscover | Cre | dit | Са | Ird | Num | ber | | | | | | | | | | | | Expi | ratio | n | | Coc | le | |
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Mail-In & On-Line Registration

Registrations will be accepted by postmarked MAIL AND ON-LINE TUESDAY, MARCH 21 BEGINNING AT 8:00 A.M. with the following exceptions:

Pool PassesOpen Gym PassesCamp SunriseParty/Facility RentalsSenior Citizens PicnicSummer Mens BasketballMusic and Arts CampSummer Mens Basketball

Mail-in registrations will be processed daily, at random. NO REGISTRATIONS WILL BE PROCESSED BEFORE MARCH 21.

In-Person Registration

In-person registrations will be accepted beginning Tuesday, April 11.

Registration Payment

VISA, Mastercard or Discover payments are accepted on-line, by mail and in-person. On-line customers also have the option to pay by e-check and make payment directly from a checking account which provides several benefits:

- Transactions are processed faster
- No credit card interest charges
- It's convenient and safe
- 100% NACHA compliant
- Select "e-check" as the payment option

If paying by check, make checks or money orders payable to "TOWN OF GLASTONBURY". Do not send cash. Write a separate check for each program.

> Easy & Convenient Ways to Register!

ONLINE

Registrations will be accepted ON-LINE TUESDAY, MARCH 14 BEGINNING AT 8:00 A.M.



MALL IN

Registrations will be accepted by postmarked MAIL and processed daily at random beginning TUESDAY, MARCH 14 AT 8:00 A.M.

IN-PERSON

Registrations will be accepted IN-PERSON beginning TUESDAY, APRIL 11 (Monday-Friday 8:00 a.m.-4:30 p.m.)

No Registrations will be processed before March 14. Phone, Fax or E-Mail Registration is not accepted.

Look What's Inside

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|-----------------------------|
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Returned Checks

A \$15.00 fee will be assessed for returned checks.

Phone, Fax & E-Mail Registration

Due to limited phone lines and staff, we cannot accept registrations by phone, fax or e-mail.

Fees

Fees are subject to change July 1st.

Refund Policy

Please review your registrations carefully.

- Refunds will be automatic if a program is canceled.
- To avoid classes being canceled at the last minute due to insufficient enrollment and in order to accommodate waiting lists in a timely fashion, refund requests must be made no later than five (5) business days before the program begins. Refund requests received after this point will be subject to a \$10 processing fee.
- Refunds cannot be given on trips, special events, facility reservations and passes.
- Refunds are generally not given once a program has begun, however, in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note.
- Registrations processed by credit card will be credited to the card used. All other refunds generally take 2-4 weeks to process.

Registration Information • Page 2 • www.glastonbury-ct.gov

Financial Assistance

Discounted registration fees for basic programs are available to those who qualify by Federal Poverty Guidelines. Eligibility and assistance determinations are made by Social Services. Fee waivers apply to registration fees only. To qualify, an Eligibility Application Form must be submitted to the Social Services Department. A copy of the approved application must accompany registration. Eligibility for financial assistance does not guarantee a space in the program. Eligible programs include:

Mini Camp Playground Program Awesome Adventures Children's Swim Lessons Recreation Swim Team Camp Discovery Kiddie Kamp Camp Sunrise Teen Center Pass Pool Passes Open Gym Passes

Online Registration

Already have a User Name and Password? Follow steps 1 & 2 below. If not, follow these 5 easy steps:

| Step 1: | Go to www.glastonbury-ct.gov |
|---------|--|
| Step 2: | Click on "Parks and Recreation", |
| | "Registration", "On-Line Registration" |
| Step 3: | Click "New User?" |
| Step 4: | Complete "Household Information" |
| Step 5: | Click "Submit" |
| | |

You will receive a confirmation via e-mail and can begin on-line registration immediately.

Updating Household Information

Prior to registering for summer programs on-line, you MUST update your household information including GRADES of family members. All programs accept registrations based on specific age and grade requirements. You WILL NOT be able to register if this information is incorrect. To confirm or update, click on "My Account", "Change Family Data". If you need to add or update a birthday, you must call the office.

Program Information Line

Retrieve program and activity information 24 hours a day by calling (860)652-7689. Evening programs, field/ league cancellations announced after 4:00 p.m.

Residency Requirements

Programs are for Glastonbury residents only **unless** otherwise noted.

Cancellation Information

Programs may be canceled due to insufficient registration. Programs are canceled on July 4 unless otherwise stated.

Notification of Enrollment

Include a STAMPED, self addressed, business size envelope with your mail-in registration if you would like your receipt mailed. Receipts can also be e-mailed if an e-mail is included on the registration form. We DO NOT mail receipts for registrations processed on-line. You may reprint a receipt anytime from the on-line system by clicking "My Account", "Reprint a Receipt".

E-Mail Updates

Occasionally, we send updates, cancellation information and other pertinent program information to you via e-mail. Please be sure to include your e-mail address on your registration form and to add "recreation@glastonbury-ct.gov" to your address book or trusted e-mail list so we don't get caught in your spam filter!

Brochure Mailing Information

Brochures are mailed directly to Glastonbury residents via Bulk Mail 3 times per year:

| Fall: | Mid-August |
|----------------|----------------|
| Winter/Spring: | Early December |
| Summer: | Early March |

Brochures are available for pick up beginning the Friday prior to each registration at Town Hall, Welles Turner Library, the Riverfront Community Center and our office. Program Information is available online beginning the Tuesday prior to each registration at www.glastonbury-ct.gov.

Weekly Activity Information

Activities, times, locations, and cancellations appear weekly in the The Glastonbury Citizen.

Like us on Facebook!

Glastonbury Parks and Recreation is part of the Facebook family! "Like" us and receive updates on program information, reminders about upcoming registration deadlines and all sorts of other great information! Log into your Facebook account and look for us at facebook.com/glastonburyparkrec

How to Reach Us

| Phone: | (860)652-7679 |
|---------------------------|---|
| Fax: | (860)652-7691 |
| Program Information Line: | (860)652-7689 |
| On the Web: | www.glastonbury-ct.gov Click "Parks and Recreation" |
| Mailing Address: | Parks and Recreation P.O. Box 6523 Glastonbury,CT 06033 |
| Mailing Registrations: | Parks and Recreation Program Registration P.O. Box 6523 Glastonbury,CT 06033 |
| Office Address: | Parks and Recreation 2143 Main Street Glastonbury,CT 06033 |

Our Staff

Raymond Purtell, Director of Parks and Recreation Greg Foran, Park Superintendent & Tree Warden Chris Shanahan, Park Maintenance Supervisor Kelly Devanny, Recreation Supervisor Bill Engle, Recreation Supervisor Anna Park, Recreation Supervisor Liz Gambacorta, Recreation Program Coordinator Kristen Michaels, Event & Banquet Facility Manager Angela Paisker, Executive Secretary Cynthia Lea, Administrative Secretary Suzanne Veilleux, Clerical Assistant

Glastonbury Youth Organizations

The following organizations are run independent of the Parks and Recreation Department. Please contact them regarding specific program and registration information.

Little League: Hartwell Soccer: Midget Football: YMCA: Lacrosse: GBA: Gymnastics: Swim Teams:

www.glastonburylittleleague.org www.glastonburysoccer.org www.gyfa.com (860)633-6548 www.glastonburylacrosse.org www.gbahoops.org Amateur Baseball: www.gburybaseball.com www.glastonburygymnastics.com www.glastonburyswimteam.org

Fishing in Glastonbury

Fishing is permitted at Eastbury Pond, JB Williams Pond, Salmon Brook and Roaring Brook at Cotton Hollow. Non-Residents are only allowed to fish at Cotton Hollow between the third Saturday in April and June 15. The traditional Opening Day of the trout season is always the third Saturday in April (April 16) beginning at 6 a.m. Children under the age of 16 do not require a license. A statewide fishing license is required for ages 16 and up and can be obtained from the Town Clerk at the Town Hall by calling (860)652-7620. For more information on fishing in Connecticut visit www. ct.gov/deep

Minnechaug Golf Course

Minnechaug Golf Course returns after a rejuvenation under the management of Frank and Charlie Schroll and the team from Glastonbury Hills Country Club. Immaculate conditions await you at MGC located at 16 Fairway Crossing, the public course is a 9 hole par 35 layout measuring 2700 yards. The signature par 3 eighth hole features an island green. The clubhouse includes a newly renovated restaurant that features gourmet pizza and other specialties, as well as casual fare in a pub atmosphere. Outdoor dining is available on the deck overlooking the first tee. The course also offers a wide variety of senior, adult and couple leagues, private and group lessons, and the children's clinics. Tee times and information about leagues, lessons and clinics can be obtained by calling (860)643-9914 or visit us at www.minnechauggolf.com

Dog Leash Law

Town ordinances require that dogs be leashed or tethered on Town property. This ordinance does not apply to guide dogs accompanying a blind person. The Town also enacted an ordinance making it unlawful for any person owning, keeping, walking, or in control of a dog to permit the dog to defecate upon any private property owned by another person unless the person removes the feces before leaving the immediate premises. Violations and complaints can be directed to the Police Department (860)633-8301.

astonburg

The dog park is a fenced-in area where dogs can run and socialize off-leash legally and safely. A separate area for small dogs is also included. Some of the park amenities include benches, waste receptacles, dog litter bags, water stations and more! The park is located within the Riverfront Park, 200 Welles Street, Glastonbury. For more information, visit www. glastonbury-ct.gov/dogpark

Music Together®

(Newborns-age 5)

Children will explore and express music alongside their most important role models; parents, care-givers and teachers. Nurture your child's natural enthusiasm for music & movement during this early childhood stage of rapid growth. Instructor is Jessica Nevins (Music Together of the River Valley).

Preschool Programs

Music Together 9:15 Music Sibling 9:15 Music Together 10:15 Music Sibling 10:15 Music Together 11:15 Music Sibling 11:15 103101-01 103101-02 103101-03 103101-04 103101-05 103101-06

FEE:

MEETS:

DATES:

LOCATION:

\$135/child; \$60/sibling (Newborns under 8 months FREE when sibling is registered; \$135 when alone) Tuesday 9:15-10:00 a.m.; 10:15-11:00 a.m. or 11:15 a.m.-Noon Community Center Activity Room July 11-August 15

Kiddie Camp

(Child must be 3 by 6/1/17 NO EXCEPTIONS) An introductory camp experience for 3 or 4 years olds held at Kangaroo Kids Preschool! Lots of opportunities to observe and explore natural surroundings in a controlled environment. From animals to bugs to leaves on trees, we'll create and investigate naturebased arts & crafts. Daily opportunities for outside play, games and fun! Meets rain or shine. Must be toilet trained. Supervision is a 6:1 child to staff ratio. Limit registration to one session/child. You may sign up for additional sessions when in-person registration begins on April 11th on a space available basis.

Kiddie Kamp

| Kiddie Session 1 | 104017-S1 |
|------------------|-----------|
| Kiddie Session 2 | 104017-S2 |
| Kiddie Session 3 | 104017-S3 |
| Kiddie Session 4 | 104017-S4 |
| Kiddie Session 5 | 104017-S5 |

| FEE: | \$70/child |
|------------|--------------------------------|
| MEETS: | Monday-Friday 9:30-11:30 a.m. |
| LOCATION: | Kangaroo Kids (35 Bell Street) |
| SESSION 1: | June 26-30 |
| SESSION 2: | July 3-7 (No Camp 7/4) |
| SESSION 3: | July 10-14 |
| SESSION 4: | July 17-21 |
| SESSION 5: | July 24-28 |

Skyhawks Tiny Hawks

Help children fine-tune their motor skills in soccer and basketball. Parents are encouraged to stay and participate and are required to stay if children are not ready to participate alone. Must be toilet trained.

Camps

Tiny Hawk 104109-TH FEE: \$79 MEETS: Monday-Friday 12:15-1:00 p.m. LOCATION: Hopewell School DATES: June 26-June 30

Kangaroo Kids (2017-18) Deposit

Kangaroo Kids is a developmentally appropriate experience for 3&4 year olds. Theme days, arts & crafts, music, social interaction and creative play allow opportunities for your child to explore, imagine and learn under the watchful supervision of our experienced and nurturing staff. Program is offered in either a 2 day or 4 day per week option as follows:

| Ages 3&4: | Mon & Thurs. | 9:00-11:30 am |
|-----------|---------------------------|---------------|
| Ages 3&4: | Tues. & Fri. | 9:00-11:30 am |
| Ages 3&4: | Mon., Tues., Thurs., Fri. | 9:00-11:30 am |
| Age 4: | Mon., Tues., Thurs., Fri. | 12:30-3:00 pm |

Child must be age 3 or 4 by December 31, 2017 to be eligible (NO EXCEPTIONS). 3 year olds must be toilet trained! Kangaroo Kids meets September-early June.

An Open House will be scheduled prior to the start of the fall program and registered participants will be notified. If you would like to visit our program currently in session, contact Kangaroo Kids (860) 657-8616 to make an appointment.

Kangaroo Kids Deposit

| Mon. & Thurs | 403128-01 |
|------------------------|---------------------------------------|
| Tues. & Fri | 403128-02 |
| Mon, Tues, Thurs & Fri | 403128-03 |
| Mon, Tues, Thurs & Fri | 403128-04 |
| | Tues. & Fri Mon, Tues, Thurs & Fri |

FEE: \$250 Deposit

The deposit is non-refundable after June 1 so please plan accordingly.

Balance of Fee: \$609 (2 Day); \$1,285 (4 Day) will be paid in two installments:

September 15, 2017:\$305 (2 Day); \$643 (4 Day)January 12, 2018:\$304 (2 Day); \$642 (4 Day)

Preschool Programs

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www.glastonbury-ct.gov

Mini Camp

(Child must be age 5 by 12/31/17 NO EXCEPTIONS) Half day program specifically for children eligible to enter kindergarten in the Fall. Not a school readiness program. A nurturing atmosphere where children will meet new friends and learn listening and socialization skills. Activities focus around a weekly theme with crafts, games, stories and special events. Sign up for as many sessions as you want. Please note, some activities will repeat. Supervision is at an 6:1 child to staff ratio. Meets rain or shine.

Mini Camp

| Mini Camp 1 | 121008-S1 |
|-------------|-----------|
| Mini Camp 2 | 121008-S2 |
| Mini Camp 3 | 121008-S3 |
| Mini Camp 4 | 121008-S4 |

FEE: \$75/Child Monday-Friday 9:30 a.m.-12:30 p.m. MEETS: LOCATION: Buttonball Room #5 June 26-30 SESSION 1: July 3-7 (No Camp 7/4) SESSION 2: SESSION 3: July 10-14 July 17-21 SESSION 4:

Total Sports Squirts

(Ages 3-5)

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.

Camps

| USSI Squirts-1 | 104108-SQ |
|----------------|-----------|
| USSI Squirts-2 | 104108-S3 |

| FEE: | \$85 |
|-------------|-----------------------------|
| MEETS: | Monday-Friday |
| SESSION-1: | August 14-18 4:15-5:15 p.m. |
| | @ Academy Softball Field |
| SESSION-2: | August 21-25 4:15-5:15 p.m. |
| | @ Academy Softball Field |
| INSTRUCTOR: | US Sports Institute |

Skyhawks Mini Hawk Sports Program

(Boys & Girls ages 4-7 by the start of the session) Promotes a philosophy of fun while teaching soccer, baseball and basketball. Non-competitive atmosphere provides individual attention while teaching basic skills and team strategies.

Camps

Mini-Hawk 1 Mini-Hawk 2 Mini-Hawk 3 Mini-Hawk 4

104109-A1 104109-A2 104109-A3 104109-A4

FEE:

\$85/Person (Session 1); \$129/Person (Session 2,3,4)

MEETS: SESSION 1: SESSION 2: SESSION 3: SESSION 4: Monday-Friday 9:00 a.m.-Noon June 21-23 @ Magnet School June 26-30 @ Hopewell School July 24-28 @ Smith Middle School July 31-August 4 @ Magnet School

Summer Playground Program

(Children who have **completed** grades K-5) Child must have completed kindergarten! Includes sports, games, arts & crafts, special events, field trips and swimming! Meets rain or shine. Supervision is 9:1 child to staff ratio.

Plavaround-Buttonball

| Buttonball Session 1 | 104002-S1 |
|------------------------|-----------|
| Buttonball Session 2 | 104002-S2 |
| Buttonball Session 3 | 104002-S3 |
| Playground-Hebron Ave. | |
| Hebron Ave. Session 1 | 104006-S1 |
| Hebron Ave. Session 2 | 104006-S2 |
| Hebron Ave. Session 3 | 104006-S3 |
| Playground-Nayaug | |
| Nayaug Session 1 | 104009-S1 |
| Nayaug Session 2 | 104009-S2 |
| Nayaug Session 3 | 104009-S3 |
| | |

| FEE: | \$250/Child Session |
|------------|---------------------------------|
| MEETS: | Monday-Friday 8:30 a.m3:00 p.m. |
| LOCATION: | Elementary Schools |
| SESSION 1: | June <mark>20*</mark> -30 |

*Schools are not available for use on Monday, June 19 due to a Teacher Work Day. Session 1 will start on Tuesday, June 20.

SESSION 2: July 3-14 (No Camp 7/4) SESSION 3: July 17-28

amp Sunrise

(Special Needs Children ages 3-21) A special needs camp that provides opportunities for achievement in a supportive environment. June 21-August 4 (Seven 1 week sessions), Monday-Friday, 9:00 a.m.-3:00 p.m. at the Smith Middle School. \$109/ week. Special registration procedures are required applications available at the Parks and Recreation office or online at www.glastonbury-ct.gov.



Music & Arts Camp 40th Anniversary

(Children Entering Grades 3-9 in Fall) Top notch instruction is provided to campers in the arts, dance, drama, instrumental and vocal music by certified teachers from local school districts. Camp culminates with an evening performance/art show. Special registration procedures are required for this program-you may not register using this brochure. Program and registration information is online at http://www.glastonbury-ct.gov/macamp. Register online or print and mail the registration form.

> \$250/Child Monday-Friday 8:30-11:55 a.m. Smith Middle School June 26*-July 20 (No Camp 7/4) *Please Note Date Change



Camp After Camp-M& A Extended Day

(Children Entering Grades 3-5)

Immediately following Music & Arts Camp to create a full day program. Afternoons will be structured as a traditional playground camp with sports, games, arts & crafts, special events, field trips and swimming! Open to campers enrolled in Music & Arts Camp only.

Music & Arts Extended Day

Camp After Camp 104105-AC

| FEE: MEETS: LOCATION: DATES: | \$209/child Monday-Friday 12:00-4:00 p.m. Smith Middle School June 26*-July 20 (No Camp 7/4) *Please Note Date Change |
|---------------------------------------|---|
| | hease note bate change |

Teen Scene-M& A Extended Day

(Entering Grades 6-9)

Immediately following Music & Arts Camp to create a full day program. Afternoons are less structured with more field trips and time to "hang out" with friends. Open to campers enrolled in Music & Arts Camp only.

Music & Arts Extended Day

| Teen Scene | 104105-TS | |
|------------|-----------|--|

fee: Meets: Location: Dates: \$239 Monday-Friday 12:00-4:00 p.m. Smith Middle School June 26*-July 20 (No Camp 7/4) *Please Note Date Change

Camp Discovery

A day camp program designed to meet the needs of working parents while providing a fun filled day. Campers participate in swim lessons, sports, games, arts & crafts, free swim and have the option of taking a tennis lesson. Special events and field trips occur weekly. Campers will be split into two age groups: Explorers and Trailblazers. Both meet at the same location and campers see each other during the day but field trips and activities differ. This is not a drop in program and campers should plan on being there for the entire day. Participants and families are invited to our pre-camp Ice Cream social Thursday, June 15th 7:00-8:00 p.m. at J.B. Williams Park. Enjoy make your own sundaes while having a chance to meet camp staff! Visit www.glastonbury-ct.gov/campdiscovery for more information.

Camp Discovery-Explorers

(Children who have completed grades K-2)Session-1104130-E1Session-2104130-E2Session-3104130-E3Session-4104130-E4Camp Discovery-Trailblazers(Children who have completed grades 3-6)Session-1104130-T1

| Session-2 | 104130-T2 |
|-----------|-----------|
| Session-3 | 104130-T3 |
| Session-4 | 104130-T4 |

FEE: \$359 MEETS: Monday-Friday 7:30 a.m.-5:00 p.m. LOCATION: GHS Room F217 SESSION-1: June 20*-30 *Schools are not available for use on Monday, June 19 due to a Teacher Work Day. Session 1 will start on Tuesday, June 20

| 1003007, 30110 | 20. |
|----------------|------------------------------|
| SESSION-2: | July 3-July 14 (No Camp 7/4) |
| SESSION-3: | July 17-July 28 |
| SESSION-4: | July 31-August 11 |

Youth Programs

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www.glastonbury-ct.gov

Incrediflix

Programs taught by Incrediflix Staff. All flixs downloadable within a month after program ends. Sign up for morning and afternoon sessions and stay for supervised lunch at no additional charge.

Stop Motion Tricks & Effects +New+

(Boys and Girls ages 7-13)

Begin your stop motion movie making career with a BANG! We'll pull back the curtain and reveal how stop-motion movie magic is made as kids learn how to create special effects for their stop motion movies. Kids will work in groups to create and film effects from water to fire or even flying!

Youth Programs

Stop Motion Tricks 112201-TE

| FEE: | \$174 |
|-----------|----------------------------------|
| MEETS: | Monday-Friday 9:00 a.m12:00 p.m. |
| DATES: | July 24-28 |
| LOCATION: | Smith Middle School Art Room #3 |

Star Wars Stop Motion +New+

(Boys and Girls ages 9-13)

Create your very own Star Wars characters and bring them to life using the magic of Stop Motion Animation. Students will create characters and sets for an original Star Wars movie they storyboard, write, shoot, and voice-over in age-appropriate groups.

Youth Programs

Star Wars Stop Motion 112201-SS

| FEE: | \$174 |
|-----------|---------------------------------|
| MEETS: | Monday-Friday 1:00-4:00 p.m. |
| DATES: | July 24-28 |
| LOCATION: | Smith Middle School Art Room #3 |

Live Action Flix

(Boys and Girls ages 7-13)

We'll guide you through "Action" to "That's a wrap" as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborative movie that will be fun for the entire audience.

Youth Programs

Live Action Flix

112201-AF

| FEE: | \$174 |
|-----------|----------------------------------|
| MEETS: | Monday-Friday 9:00 a.m12:00 p.m. |
| DATES: | August 7-11 |
| LOCATION: | Smith Middle School Art Room #3 |

Minecraft Flix

(Boys and Girls ages 7-13)

Let your imagination be your guide as you turn the popular video game into an exciting Minecraft movie. Using stop-motion animation you'll bring Steve, the creepers, animals and more to life. Students will write, storyboard, shoot and add voice-over in age appropriate groups.

Youth Programs

Minecraft Flix

112201-M1

FEE:\$174MEETS:Monday-Friday 1:00-4:00 p.m.DATES:August 7-11LOCATION:Smith Middle School Art Room #3

Star Wars Live Action +New+

(Boys and Girls ages 7-13)

Use the Force to write, direct, film, and star in your very own Star Wars Live Action Movie! You can be a Jedi Knight, Sith Lord, X-Wing Tie Fighter pilot, or even a cool droid like R2-D2 or C3PO! Kids will work together on the movie going through the Hollywood process from "Action" to "Cut" and "That's a Wrap!"

Youth Programs

| Star Wars L | ive Action | 112201-SA | |
|-------------|------------|-----------------------|----|
| FEE: | \$174 | | |
| MEETS: | Monday-Fi | iday 9:00 a.m12:00 p. | m. |
| | | 10 | |

MEETS: Monday-Friday 9:00 a.m.-12:00 p.n DATES: August 14-18 LOCATION: Academy Teen Center

Lego Flix

(Boys and Girls ages 7-13)

We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego Stop-Motion Animated Flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in ageappropriate groups.

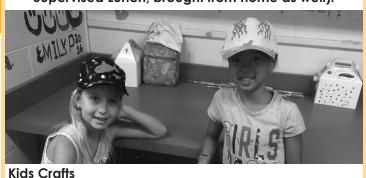
Youth Programs

| Lego Flix | 112201-LF |
|-----------|-----------|
|-----------|-----------|

FEE:\$174MEETS:Monday-Friday 1:00-4:00 p.m.DATES:August 14-18LOCATION:Academy Teen Center

Amazing Faces & Places ArtVentures (Boys and Girls Ages 5-10)

Oh, the places we'll go! Art explorers travel to some amazing places while creating some wicked cool art forms dating back to when art began. Discover weird gargoyle faces and visit the amazing Taj Mahal. Experience cave painting, fossil-making and egg shell mosaics. Make worry dolls and totem poles. Learn about Oaxacan alebrijes while designing colorful T-shirts. Sculpt and paint colorful Mexican pots, make bark paintings, and create Haitian sequined banners. Fun facts and concepts in history and geography are included as well as FACE PAINTING or GLITTER TATTOOS. Our most creative and original art-venture week! Pair this with a Play-Well Camp, morning or afternoon, for a FULL DAY PROGRAM. (If so, sign up for Supervised Lunch, brought from home as well).



Let's Gogh Art Ages 5-7 Let's Gogh Art Ages 8-10 Supervised Lunch

312003-AA 312003-BB 312003-CC

| FEE: MEETS: | \$149/Person; \$12/Supervised Lunch Monday-Friday |
|---------------------|--|
| | Ages 8-10: 9:00 a.m12:00 p.m. Ages 5-7: 1:00-4:00 p.m. |
| location: dates: | Supervised Lunch 12:00-1:00 p.m. Academy Teen Center August 7-11 |

Intro to STEM with Lego®

(Boys and Girls ages 5-6)

Tap into your imagination with tens of thousands of LEGO®! Build engineer-designed projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. Pair with Let's Gogh Art Camp (you must also sign up for Supervised Lunch) for a full day program!

Youth Programs

Intro to STEM - 1 Intro to STEM - 2 112128-S1 112128-S2 \$149

MEETS: LOCATION: SESSION 1: SESSION 2:

FEE:

Monday-Friday 9:00 a.m.-12:00 p.m. Academy Multipurpose Room #1 August 7-11 August 14-18 **INSTRUCTOR:** Play-Well TEKnologies

STEM Challenge with Lego®

(Boys and Girls ages 7-12)

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. Pair with Let's Gogh Art Camp (you must also sign up for Supervised Lunch) for a full day program!

Youth Programs

| STEM Challenge - 1 | 112128-C1 |
|--------------------|-----------|
| STEM Challenge - 2 | 112128-C2 |

| FEE: | \$149 |
|-------------|------------------------------|
| MEETS: | Monday-Friday 1:00-4:00 p.m. |
| LOCATION: | Academy Multipurpose Room #1 |
| SESSION 1: | August 7-11 |
| SESSION 2: | August 14-18 |
| INSTRUCTOR: | Play-Well TEKnologies |

Aspiring Young Engineers

(Boys and Girls ages 8-12)

In this exciting, educational program, participants use a variety of mediums including LEGO®, ESTES® model rockets, and KEVA® building blocks to explore a unique, customized S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) curriculum. Participants will learn about and build projects such as hydroelectric waterwheels, model rockets and scale bridges. From building model roller coasters to LEGO® challenges, your child is sure to have a blast while learning along the way!

Youth Programs

| Young Engineers 5-8 | 112204-AM |
|----------------------|-----------|
| Young Engineers 9-12 | 112204-PM |

| FEE: | \$149 |
|-------------|-------------------------------|
| MEETS: | Monday-Friday |
| AGES 5-8: | 9:00 a.m12:00 p.m. |
| AGES 8-12: | 1:00 p.m4:00 p.m. |
| LOCATION: | Academy Multi-Purpose Room #1 |
| DATES: | August 21-August 25 |
| INSTRUCTOR: | Engineering Imagination |

Youth Programs

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Amazing 4 in 1 Robot

(Boys and Girls ages 7-11)

Build your own interchangeable robot to take home with four unique modes. Choices include the Cricket, Beast, Trailer, or Grandpa-Bot. Learn how the different gears work as you build and gain confidence, selfesteem, and celebrate as the architect that built it. Have fun building a wide range of additional robotic designs with the Robotic Building System. These robots are not taken home.

Youth Programs 4-in-1 Robot

112501-4R

\$149 FFF: MEETS: Monday-Friday 8:30-11:30 a.m. Hopewell Art Room LOCATION: DATES: July 17-21 **INSTRUCTOR:** Sciensational Workshops

3D Illumination Electronics

(Boys and Girls ages 7-12)

Experiment, have fun and take home your own 3D Illumination Electronic Kit - the first of its kind! Enjoy exciting light effects and a three-color light tunnel. Activities include building your own security house where no one enters as the alarm sounds and color LED flashes. Play button ball or hole ball. Build a projector that will show six cool images. Use your 3D color glasses. Build a house with lights.

Youth Programs

Illumination Electronics 112501-IE

| FEE: | \$149 |
|-------------|-------------------------------|
| MEETS: | Monday-Friday 12:00-3:00 p.m. |
| LOCATION: | Hopewell Art Room |
| DATES: | July 17-21 |
| INSTRUCTOR: | Sciensational Workshops |

Make-It Take-It Home

(Boys and Girls ages 6-11)

Grow a crystal tree, make an energy bead bracelet, build a working electric motor and design your own sharpie pen T-shirt while learning some cool chemistry. Make your own bubbling blobs and explore the properties of a density tube. Make silly putt, glow goo, green flubber and ice cream in our own way!

Youth Programs 112501-MI

Make-It

FEE: MEETS:

DATES:

LOCATION:

INSTRUCTOR:

\$149 Monday-Friday 8:30-11:30 a.m. Hopewell School Art Room August 7-11 Sciensational Workshops

Egyptian Dig Buried Treasure (Boys and Girls ages 6-11)

Discover the amazing science of Archaeology as you uncover ancient artifacts and learn about Egyptian life. Excavate with tools that real archaeologist use. Find artifacts as we excavate a scarab - what's that?! Learn all about it and even take home a booklet and all the artifacts. Wet the sand that we dig into and create one of two sand sculptures for display. You can make a pyramid as well as a sphinx.

Youth Programs

Egyptian Dig

112501-ED

Fee: Meets: Location: Dates: Instructor:

\$149 Monday-Friday 12:00-3:00 p.m. Hopewell School Art Room August 7-11 Sciensational Workshops

Mad Science Anatomy Academy

(Children ages 6-11; Glastonbury Residents Only) Kids have fun learning about the scientific equipment they already own - the human body. Explore the science behind cells, organs, muscles and bones. Fun experiments help kids understand more about their senses, brains, breathing, circulation and digestion. Create model cells, make Mad Mucus and a simulated stomach, build simple lung models, assemble a model skeleton, and more!



Mad Science-Anatomy Academy

Anatomy 9:00-12:00 Anatomy 1:00-4:00

103133-01 103133-02

FEE: LOCATION: DATE:

\$150/child Smith School Art Room #1 July 31-August 4

Youth Programs

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Locker Room Open House

March 23 4:00-6:30 p.m.

Academy Cafeteria

Come shop for FREE! The Locker Room currently has soccer cleats, shin guards, soccer balls, baseball cleats, bats, and glove and miscellaneous items. If you are unable to attend the open house and are in need of equipment please contact Katryna Albert at (860) 652-7838 (or e-mail teen.center@glastonbury-ct.gov). Donations and Trade-Ins are also appreciated. Have a pair of basketball shoes, cleats or shin guards that are too small? Trade them in for a bigger size!



Skyhawks Flag Football

(Youth ages 7-10 or 10-14)

Offers a complete package of skills and thrills that teaches every young athlete to enjoy this fast-paced game. Athletes will get a rich introduction to all the positions on offense and defense, preparing them to be true champions on the gridiron. Program will also introduce the core skills of passing, catching, and deflagging or defensive positioning - all presented in a fun and invigorating training environment. The week ends with the Skyhawks Bowl, giving participants a chance to showcase new and refined skills.

Camps

Flag Football 7-10 Flag Football 10-14 104109-FY 104109-FO

FEE: MEETS: LOCATION: AGES 7-10: AGES 10-14: \$129/person Monday-Friday 9:00 a.m.-12:00 p.m. Magnet School July 10-14 July 17-21

Skyhawks Multi Sport

(Youth Ages 7-14)

Multi-Sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine 4 sports into one funfilled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of 4 new sports along with vital life lessons such as respect, teamwork, and self-discipline. Sports included are soccer, baseball, basketball and flag football.

Camps

| Multi-Sport June | 104109-B0 |
|--------------------|-----------|
| Multi-Sport July1 | 104109-B1 |
| Multi-Sport July2 | 104109-B2 |
| Multi-Sport August | 104109-B3 |

FEE:

MEETS: SESSION 1: SESSION 2: SESSION 3: SESSION 4: \$95/person (Session 1 & 2);

\$149/person (Session 3,4) Monday-Friday 9:00 a.m.-3:00 p.m. June 21-23 @ Magnet School July 5-7 @ Magnet School July 24-28 @ Smith August 7-11 @ Smith

US Sports Institute Multi-Sports Camp (Ages 5-12)

A truly unique camp experience where children get to interact with counsellors from abroad. Players will have the opportunity to experience up to 4 different sports each day. Sports included: Baseball, Basketball, Cricket, Flag Football, Hockey, Handball, Lacrosse, Soccer, Rugby and more! During the morning players will focus on developing their technique and skills within each sport, and gain a basic understanding of playing a scrimmage. The afternoon will focus on small sided scrimmages in a tournament environment that encourages good sportsmanship and teamwork.

Camps

| USSI Multi Morning-1 | 104108-AM |
|-----------------------|-----------|
| USSI Multi Full Day-1 | 104108-FD |
| USSI Multi Full Day-2 | 104108-F2 |
| USSI Multi Full Day-3 | 104108-F3 |
| | |

| FEE: MEETS: | \$160 (Half Day); \$185 (Full Day) Monday-Friday 9:00 a.m12:30 p.m. (AM Half Day) |
|----------------|---|
| 050010111 | 9:00 a.m4:00 p.m. (Full Day) |
| SESSION-1: | July 31-August 4 @ Smith Middle School |
| SESSION-2: | August 14-18 @ Academy |
| SESSION-3: | August 21-25 @ Academy |
| INSTRUCTOR: | US Sports Institute |

Youth & Sports Programs
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Kemba Walker & Jeremy Lamb

Basketball Camp New

(Boys and Girls ages 8-16 by start of session) Join former UConn standouts and current NBA players, Kemba Walker and Jeremy Lamb, in this phenomenal program! Campers are grouped by age and ability to allow players of all levels to get as much as possible out of the week long camp. Fundamental drills are done daily and mixed in with FUN contests and games to make this a "can't miss" camp!

Sports Camps

KW & JL Camp 104110-KC

FEE: \$300/Person Monday-Thursday 9:00 a.m.-3:00 p.m. MEETS: LOCATION: Glastonbury High School Gym DATES: June 19-22

Field Hockey Clinic New

(Ages 10-14)

Develop technique in dribbling, passing and shooting. Participants will also develop an understanding of offensive and defensive plays, and will be encouraged to implement these into a scrimmage. Players need to bring shin guards, mouth guard and water. Protective eye wear and cleats are recommended. Sticks will be provided if players do not have one.

Camps

Field Hockey

104108-FH

| fee: | \$105 |
|-------------|--------------------------------|
| Meets: | Monday-Friday 5:00-6:30 p.m. |
| Location: | GHS Field 14 (GHS Gym if Rain) |
| Dates: | July 31-August 4 |
| INSTRUCTOR: | US Sports Institute |

Volleyball Clinic-Skyhawks

(Youth ages 10-17)

Get ready for the upcoming season! All aspects of the game will be taught through drills and exercises that focus on passing, setting, hitting, defense, offense and serving. Learn not only core volleyball skills but also essential life lessons like teamwork and sportsmanship. Skyhawks' staff will assist each athlete in developing fundamental skills of the game through game-speed drills and daily scrimmages aimed at developing the whole player. Players grouped by age and ability.

Camps

Volleyball AM Volleyball HS

104109-VA 104109-VP

FEE:

PM SESSION:

LOCATION:

\$129/AM Session; \$85/PM Session AM SESSION: July 24-28 (Ages 10-14) Monday-Friday 9:00 a.m.-1:00 p.m. July 31-August 3 (Ages 14-17) Monday-Thursday 5:30-7:30 p.m. **GHS** Gym

•New• Tennis Programs

QuickStart Red Ball Younger Kids Tennis (Ages 5-7)

This program is geared to help younger children learn the game of tennis. The court will be smaller, nets will be shorter and balls (RED) will be low compression making it easy for young children to learn to play. Bring a junior racquet, water bottle and sunscreen.

Tennis Lessons

| Session 1 | 123281-QS |
|-----------|-----------|
| Session 2 | 123282-QS |
| Session 3 | 123283-QS |
| Session 4 | 123284-QS |

| FEE: | \$39/session |
|------------|------------------------------|
| MEETS: | Monday-Friday 8:50-9:35 a.m. |
| LOCATION: | GHS Tennis Courts |
| SESSION 1: | June 19-30 |
| SESSION 2: | July 3-14 (no class 7/4) |
| SESSION 3: | July 19-28 |
| SESSION 4: | July 31-August 11 |

High Performance Tennis for Kids (Ages 11-18)

Training for players who wish to compete in tournaments or get ready for high school or college teams. This is geared for players who know how to play tennis, but want more training to fine tune techniques to improve skills.

Tennis Lessons

| 23281-HP |
|----------|
| 23282-HP |
| 23283-HP |
| 23284-HP |
| |

| FEE: | \$69/session |
|------------|-----------------------------------|
| MEETS: | Monday-Friday 11:15 a.m12:15 p.m. |
| LOCATION: | GHS Tennis Courts |
| SESSION 1: | June 26-30 |
| SESSION 2: | July 10-14 |
| SESSION 3: | July 24-28 |
| SESSION 4: | August 7-11 |

Tennis Lesson Registration

Lessons are broken into groups to allow instructors to give more emphasis on specific skills within those groups. Meets at the GHS Tennis Courts. Students must provide their own racquet. Level 1 is for those with little or no tennis experience. Level 2 is for those who can hold a racquet properly, understand the basics of forehand and backhand and can hit at least 3 times from the center service line. Level 3 is for those who understand the basics of rallying, can hit forehand and backhand at least 3 times from the baseline with both, can perform the basics of a serve and know how to keep score. Level 4 is for those who consistently rally forehand and backhand 4-6 times from the baseline, can serve, can hit overhead and approach shots, and understand the rules of the game and proper tennis etiquette. Last number of each code in the chart denotes the session. For example, 123282 is session 2, Child AM Tennis.

Morning Tennis Lessons

(Child: Ages 7-16) Classes meet for 45 minutes daily.

Tennis Lessons

Child AM Tennis Session 1 Child AM Tennis Session 2 Child AM Tennis Session 3 Child AM Tennis Session 3 Child AM Tennis Session 4 123283-(Letter Sequence) 123284-(Letter Sequence)

FEE:\$39/sessionSESSION 1:June 19-30SESSION 2:July 3-14 (No Class 7/4)SESSION 3:July 17-28SESSION 4:July 31-August 11

Child AM Tennis Lessons

Instructors will place in appropriate skill groups

| Time | Levels | Code |
|------------|----------------|-----------|
| 9:40 a.m. | Levels 2, 3, 4 | 123281-BB |
| 10:30 a.m. | Levels 1, 2, 3 | 123281-CC |

Evening Tennis Lessons

(Child: Ages 7-16; Adult: Ages 17 and up) Classes meet 2 evenings a week for 4 weeks for 55 minutes. For adults, there is no babysitting available.

Tennis Lessons

Child PM Tennis Session 1 Child PM Tennis Session 2 Adult PM Tennis Session 1 Adult PM Tennis Session 2 123291-(Letter Sequence) 123292-(Letter Sequence) 122291-(Letter Sequence) 122292-(Letter Sequence)

FEE:Child: \$42/session; Adult: \$69/sessionSESSION 1:June 19-July 13SESSION 2:July 17-August 10

Child PM Tennis Lessons

Instructors will place in appropriate skill groups

| Time | Monday/Wednesday | | Monday/Wednesday Tuesday/Thursdo | | y/Thursday |
|-----------|-------------------|-----------|----------------------------------|-----------|------------|
| | Levels | Code | Levels | Code | |
| 5:00 p.m. | Levels 1, 2, 3 | 123291-AA | Levels 2, 3, 4 | 123291-CC | |
| 6:00 p.m. | Levels 2, 3, 4 | 123291-BB | Levels 1, 2, 3 | 123291-DD | |

Adult PM Tennis Lessons

Instructors will place in appropriate skill groups

| Time | Monday/Wednesday | | Tuesday | y/Thursday |
|-----------|-------------------|-----------|-------------------|------------|
| | Levels | Code | Levels | Code |
| 7:00 p.m. | Levels 1, 2, 3 | 122291-AA | Levels 2, 3, 4 | 123291-BB |

•New• One-on-One Tennis

(Children & Adults ages 5 & up) Lessons will be customized between the participant and the instructor and mutually agreeable times during the week or weekends. Lessons will not be available during group lesson or other peak times. Perfect for those that cannot make the group times or need one-on-one attention. To register for the program, complete the "One-on-One Tennis Lesson" registration form at the Parks and Recreation Department office or download the form at www. glastonbury-ct.gov (click on "Parks and Recreation"; "Forms and Downloads"). Tennis staff will also have forms. Once the form and payment is received at the Parks and Recreation Department, an instructor will be assigned.

\$120 for 2 One Hour Sessions



Tennis Programs + Page 13 + www.glastonbury-ct.gov

Glastonburg Skate Park 2143 Main St.

Featuring **NEWLY RENOVATED** Woodward skate equipment, the park boasts a 4' half pipe, 2', 3' and 4' quarter pipes, ramps, rails and wedges! All skaters visiting the park for the first time must sign and complete a waiver. Only skateboards and in-line skates permitted. All skaters MUST wear helmets. Other equipment is recommended, but optional. Skate Park opens Saturday, April 22, 2017. FREE Admission.

dnesdau-3:00-6:00 p.m.

*CLOSED Monday & Tuesday

Skate Competition

(All Ages)

Skaters from all towns can enter in either beginner, advanced beginner or intermediate categories. Beginners have limited experience, know basic skills and can ride the ramps without too much difficulty. Advanced Beginners can ride the ramps with ease, perform some airs, grinds and tricks and are beginning to work on aggressive moves. Intermediates can perform aggressive tricks, ollies, kickflips, grabbed airs, and technical grinds. Skaters will be judged on technicality of tricks, fluidity, speed and style.

Skate Park

| Beginner Comp Skate | 513001-DD |
|----------------------|-----------|
| AdvancedB Comp Skate | 513001-DE |
| Interm Comp Skate | 513001-DF |

| Competitors: \$5 registration fee |
|-----------------------------------|
| Spectators: Free |
| 11:00 a.m1:00 p.m. |
| Park will be open until 6:00 p.m. |
| Glastonbury Skate Park |
| Saturday, June 3, 2017 |
| |

Gymnastics Camp-Lesson

(Boys & Girls ages 5 & up)

Skill development in tumbling, floor, vault, balance beam, and bars in accordance with USA Gymnastics. Groups are divided by ability to ensure all gymnasts progress in a safe and appropriate manner. **Beginner:** everyone enters at this level where basics are taught. **Advanced Beginner (USAG Pre Level 1):** gymnasts enter after they master a forward roll to stand, backward roll to stand, cartwheel and ³/₄ handstand. **Intermediate (USAG Level 1):** gymnasts enter after they master a handstand, round-off, backward roll to push-up position, standing back bend and one pull-up with their chin passing above the bar.

Gymnastics Camp

| Gym Lessons 1 | 1060 |
|---------------|------|
| Gym Lessons 2 | 1060 |
| Gym Lessons 3 | 1060 |
| Gym Lessons 4 | 1060 |
| | |

| FEE: | \$199 |
|------------|-------|
| TIME: | Mon |
| LOCATION: | Aca |
| SESSION 1: | June |
| SESSION 2: | July |
| SESSION 3: | July |
| SESSION 4: | July |
| | |

\$199/Child Monday-Friday 12:15-3:15 Academy Gym June 19-30 July 3-14 (No Camp 7/4) July 17-28 July 31-August 11

08-01 08-02

08-03

08-04

Gymnastics Camp-Team Level

You must have advanced out of Intermediate lesson level and be able to do a back-bend kick-over, handstand forward roll, pullover mount on bars, 3 pull-ups with the chin passing over the bar and split. Gymnasts must be tested by the Director to be eligible for Team.

Gymnastics Camp

| , , | |
|-----------------------|-----------|
| Gym Team 1 | 106008-05 |
| Gym Team 2 | 106008-06 |
| Gym Team 3 | 106008-07 |
| Gym Team 4 | 106008-08 |
| Gym Team 5 | 106008-09 |
| Gym Team 6 | 106008-10 |
| Gym Team 7 | 106008-11 |
| Gym Team 8 | 106008-12 |
| Bronze Team-Session 1 | 106008-13 |
| Bronze Team-Session 2 | 106008-14 |
| Bronze Team-Session 3 | 106008-15 |
| Bronze Team-Session 4 | 106008-16 |
| Bronze Team-Session 5 | 106008-17 |
| Bronze Team-Session 6 | 106008-18 |
| Bronze Team-Session 7 | 106008-19 |
| Bronze Team-Session 8 | 106008-20 |
| | |

| FEE: TIME: | \$110/Child Monday-Friday 8:45-11:45 a.m. Xcel Bronze Team 12:15-3:15 p.m. |
|---------------|--|
| LOCATION: | Academy Gym |
| SESSION 1: | June 19-23 |
| SESSION 2: | June 26-30 |
| SESSION 3: | July 3-7 (No Camp 7/4) |
| SESSION 4: | July 10-14 |
| SESSION 5: | July 17-21 |
| SESSION 6: | July 24-28 |
| SESSION 7: | July 30-August 4 |
| SESSION 8: | August 7-11 |
| | |

Awesome Adventures Teen Camp

(Teens that have completed grades 6, 7, 8 or 9) Features trips to theme parks, adventure programs, swimming and special events. Teens that have completed grades 6 & 7 should register for Gr 6-7 R or B. Teens that have completed grades 8 & 9 should register for Gr 8-9 G. Add a Teen Center Summer Pass for just \$29 and attend the Teen Center after camp until 6:00 p.m. Daily admission to the Teen Center is \$5/person. See page 16 for more Teen Center information! A **tentative** listing of trips is listed below:

| | 6-7 Red & Blue Groups | 8-9 Green Group |
|-----------|---|---|
| Session 1 | Launch Lake Compounce Bowling/LaserQuest Movies Six Flags Ocean Beach | Launch Lake Compounce Kart Racing Sonny's Six Flags Ocean Beach |
| Session 2 | Inflatable Water Slide Brownstone Empower Dave & Busters Sonny's Six Flags Swimming | Inflatable Water Slide Brownstone Ninja Challenge Dave & Busters Six Flags Rock Climbing Swimming |
| Session 3 | Ninja Challenge Rock Climbing Water Tubing Kart Racing Six Flags Brownstone | Bowling/LaserQuest Water Tubing Movies Brownstone Six Flags Empower |

Awesome Adventures Session 1

| | /11 I |
|---------------------------|-----------|
| Awsm Adv 1 Gr 6-7 R | 104101-66 |
| Awsm Adv 1 Gr 6-7 B | 104101-67 |
| Awsm Adv 1 Gr 8-9 G | 104101-89 |
| Awesome Adventures Sessic | on 2 |
| Awsm Adv 2 Gr 6-7 R | 104201-66 |
| Awsm Adv 2 Gr 6-7 B | 104201-67 |
| Awsm Adv 2 Gr 8-9 G | 104201-89 |
| Awesome Adventures Sessic | on 3 |
| Awsm Adv 3 Gr 6-7 R | 104301-66 |
| Awsm Adv 3 Gr 6-7 B | 104301-67 |
| Awsm Adv 3 Gr 8-9 G | 104301-89 |
| | |

| FEE: MEETS: | \$199/Session Tuesday-Thursday 9:00 a.m3:00 p.m. 1st Week of Session 2 is Wednesday- Friday |
|----------------|--|
| | , |
| LOCATION: | Academy Building |
| SESSION 1: | June 20-June 29 |
| SESSION 2: | July 5-7 (Wednesday-Friday)& |
| | July 11-13 |
| SESSION 3: | July 18-July 27 |

Leader-In-Training Program

(Teens that completed grades 7, 8 or 9) A program designed for teens wishing to gain experience in leadership training, emergency procedures, job interviewing, and other skills necessary to work for a summer camp. LIT's will participate in Awesome Adventures Gr 8-9 on camp session days. On Monday and Friday, L.I.T.'s will be assigned to various summer playground sites for training and assisting summer playaround staff.

LIT Program

| LIT Program 1 LIT Program 2 | 104001-LT 104001-L2 |
|--------------------------------|---|
| FEE: MEETS: LOCATION: | \$299/teen Monday-Friday 9:00 a.m3:00 p.m. Monday & Friday @ playground program; Tuesday-Thursday @ Academy Building (Except 7/7) |
| SESSION 1: | June 30-July 14 (7/7 is an Awesome Adventures day, not an LIT Day) |
| SESSION 2: | July 17-July 28 |

Summer Teen Trips

(Boys & Girls that have completed grades 6-11) Round the turns in a theme park coaster or ride the rapids down the Farmington River during one of our thrilling teen trips. Trips provide an opportunity to hang out and ride the bus with friends who are registered in the Awesome Adventures Camp.

Teen Trips

| Lake Compounce 6/21 | 108004-01 |
|-----------------------------|-----------|
| Six Flags 6/28 | 108004-02 |
| Six Flags 6/28 Pass | 108004-03 |
| (If you have a Season Pass) | |
| Brownstone Park 7/6 | 108004-04 |
| Six Flags 7/12 | 108004-05 |
| Six Flags 7/12 Pass | 108004-09 |
| (If you have a Season Pass) | |
| Farmington Tubing 7/19 | 108004-06 |
| Six Flags 7/26 | 108004-07 |
| Six Flags 7/26 Pass | 108004-08 |
| (If you have a Season Pass) | |
| | |

Lake Compounce \$41/Teen Six Flags \$51/Teen Six Flags \$16/Teen (With Pass) Brownstone Park \$41/Teen Tubing \$36/Teen MEETS: Wednesdays Except 7/6 which is a Thursday LAKE COMPOUNCE: 10:00 a.m.-3:00 p.m. 9:00 a.m.-5:00 p.m. SIX FLAGS: 9:00 a.m.- 3:00 p.m. **BROWNSTONE: TUBING:** 9:00 a.m.- 3:00 p.m. LOCATION: **Departs Academy Building**

Teen Programs

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FEE:

Academy Teen Center-School Year

A drop in center featuring pool, table tennis, air hockey, foosball, arts & crafts, homework room with computers that have monitored internet access, and special activities. Transportation is provided for afterschool hours from Smith Middle and Gideon. At Smith, you must sign up at the main office before 7th period and at Gideon you must bring a note and sign up in the main office. Daily admission fees will be collected at the Teen Center for those who do not have passes. The Teen Center has many benefits including:

- Transportation during after-school hours
- Wii and PS2 Wednesdays
- Friday Movies (Free popcorn)
- Staff Supervision (CPR and First Aid Certified)
- Special Events (Community Service Opportunities, Theme Days, Holiday Celebrations, and Field Trips)

Teen Center School Year Pass 6-8

208005-03

| FEE: | School Year Pass (Grades 6-8): \$59 |
|-------------|-------------------------------------|
| | Daily Admission: \$5/person |
| LOCATION: | Academy Building (2143 Main St.) |
| GRADES 6-8: | Wednesday, Thursday, Friday |
| | 3:00-6:00 p.m. |
| APRIL | April 11-13 (Tuesday-Thursday) |
| VACATION: | 2:00-6:00 p.m. (Open to Grades 6-9) |

American Red Cross Babysitter's

Training

(Ages 11-15)

Gain the confidence to handle an emergency and learn how to keep yourself and the kids safe. Learn the basics of child care, feeding and changing diapers. Class **DOES NOT** include CPR and First Aid certification, but does include exposure to basic methods. Get tips on talking with parents and how to get your business started. An American Red Cross certificate will be e-mailed upon completion. Be sure to provide a valid e-mail address during registration. **Open to both residents and non-residents.** Bring a lunch, snack and water bottle. **Choose between 2 Saturday options.**

Teen Activities Babysitter (5/6)

208004-A2

FEE: MEETS: LOCATION: DATE: \$65/Person (Includes Course Book)
9:00 a.m.-4:00 p.m.
Academy Cafeteria
Sunday, May 21, 2017

Spring Teen Trip Series - USA Ninja

(Teens in grades 6-9)

Enjoy a Friday night out with your friends at the USA Ninja Facility in South Windsor! Plus, have dinner and beverages at the Teen Center before you depart! 6-8 graders can take the bus to the Teen Center and stay until the trip departs. Supervision by Teen Center staff.

208004-16

Teen Activities

USA Ninja Challenge

FEE:\$30/Person per trip which includes
dinner and admissionsMEETS:Friday, May 5, 2017LOCATION:Depart Academy Building 5:00 p.m.
Return at approximately 9:30 p.m.

Academy Teen Center-Summer

(Teens that have completed grades 5-9) Students that will be entering 6th grade in the fall can attend during summer hours. Come in, cool off, hang out! After Awesome Adventures camp spend more time with your friends! Enjoy pool, table tennis, air hockey and foosball or explore your creative side in our arts and crafts area. Challenge your friends in a variety of games on Wii and Playstation or join us every Thursday afternoon for a movie in the cafeteria...including a bottomless bag of popcorn!

Teen Center

Summer Pass

208005-05

FEE: LOCATION:

MEETS:

\$29/Summer Pass; \$5/Daily Academy Building (2143 Main Street) June 20-August 3, 2017 Tuesday-Thursday 2:00-6:00 p.m.

Teen Center Community Garden

When you visit the Teen Center consider signing up to take part in this rewarding past time. Our garden plot is located behind the Police Department adjacent to Ross Field. Teens will take part in planting, weeding, watering, and harvesting the vegetables. Everyone who helps is welcome to take home produce. Extra produce will be donated to FOODSHARE to help those in need in the Hartford and Tolland counties.



Teen Activities

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Glastonbury Boathouse at the Riverfront Park

Host your next special event at the Glastonbury Boathouse! Whether you are planning a wedding, corporate or social event, your guests are sure to be impressed with our bright and modern Banquet Hall, breathtaking river views, and exceptional cuisine from our Preferred Caterers. Accommodates seated events of 50-150 people, or standing receptions up to 250 people. For more information, visit www. glastonburyboathouse.com or contact Kristen Michaels, Event and Banquet Facility Manager, at kristen.michaels@glastonbury-ct.gov or (860)652-4640.

Follow us on Facebook to learn about our upcoming special events!

facebook.com/glastonburyboathouse

Boat Launch

Beginning Wednesday, March 1st, boat launch permits are available at the Parks and Recreation office. Boaters must bring proof of residency and a valid boat registration. Office hours are Monday-Friday 8:00 a.m.-4:30 p.m. The single boat launch is open from mid April-November located at Riverfront Park, 252 Welles Street, a short walk from Glastonbury center. The park offers 24 boat trailer parking spaces, covered picnic pavilion, children's playground and walking trails. An attendant will be on duty during the boating season. Restrooms available.

| SEASONAL PERMITS: | Residents: \$60/year |
|-------------------|---------------------------|
| | Non-Residents: \$120/year |
| DAILY LAUNCH: | Residents: \$20/day |
| | Non-Residents: \$40/day |

Tennis Court Reservations

8 courts are available at Glastonbury High School. Reservations are accepted by calling 652-7679 (Press 5) from May 15-October 30, 2017.

- Reservations can't be made more than one day in advance (singles limited to 1 hour; doubles limited to 2 hours).
- Evening reservations (after 5:00 p.m.) for the same day accepted until noon.
- Lighted courts (1-4) can be turned on by players at the court (activated until 10:00 p.m.)
- Both lighted and unlighted courts available first come first serve unless reserved or scheduled.

Party Rentals

Reservations are based on availability. Paperwork must be completed and full payment made within 5 business days of making the reservation. Event dates/times are confirmed only after payment is made. No refunds will be issued for facility rentals. If a cancellation is made with at least 2 weeks notice, there may be an opportunity to reschedule.

J.B. Williams Pavilion Rental

In-person and phone reservations for use of the J.B. Williams Park "covered" pavilion have been taking place since early January.

| AVAILABILITY: | Limited Dates Available from May 1 to October 31 |
|-------------------------|---|
| CAPACITY: AMENITIES: | Up to 150 people Kitchen, restroom, barbecue, softball, volleyball, horse shoes and hiking. |
| FEE: | \$150/rental |

Glastonbury Skate Park Rental

A great option for birthday parties, school graduations or special celebrations! Must have waivers and pads.

| AVAILABILITY: | May to November, Saturdays and Sundays, excluding Lesson Dates, 10:00 a.m12:00 p.m. |
|-------------------------|--|
| CAPACITY: AMENITIES: | 30 people Staff Supervisor, exclusive use of skate park, softball field, picnic tables, picnic bag including frisbees, bases, kickballs, bat and balls |
| FEE: | \$85/rental |

Academy Teen Center Rental

An easy alternative for small birthday parties, or events you just don't want to host at home! Bring your own cake and goodies, we'll provide the rest! Add an arts and crafts activity (craft chosen by staff based on age of birthday boy or girl) or Wii and/or PS2 to your party (games provided) for an additional cost!

| AVAILABILITY: | Year round Saturdays and |
|---------------|--------------------------------------|
| | Sundays in 2 hour blocks |
| CAPACITY: | 15 people (excluding adults) |
| AMENITIES: | Staff Supervisor to monitor activity |
| | space, exclusive use of Teen Center |
| | room (ping pong, air hockey, |
| | foosball, pool tables, board games |
| | and craft space), access to |
| | restrooms, refrigerator and freezer |
| FEE: | \$100/rental |
| | \$150/rental with Craft, Wii or PS2 |

Enjoy Glastonbury's Beautiful Facilities this Summer!

| | | | r | 1 | | | | | | | | | | _ | | | | _ | | | |
|----------------------------------|------------------------|---------------|-------------------|------------|------------------|--------------------------|---------|----------|------|----------------|-------------|----------|------------|--------------|-----------------|------------|-----------------|--------|------------|----------|--------|
| Parks & Recreation Facilities | Address | Acres | Baseball/Softball | Basketball | Community Garden | Cross Country Ski | Fishing | Football | Golf | Hiking/Walking | Ice Skating | Lacrosse | Open Space | Picnic Areas | Picnic Pavilion | Playground | Sand Volleyball | Soccer | Streambelt | Swimming | Tennis |
| Academy Field | 2143 Main St. | 4.0 | Х | | | | | | | | | | | Х | | | | | | | |
| Addison Park | 415 Addison Rd. | 32.9 | Х | Х | | | | | | | | Х | | Х | | Х | | Х | | Х | Х |
| Arbor Acres OPen Space | 429 Marlborough Rd. | 7 5.48 | | | | | | | | Х | | | Х | | | | | | Х | | |
| Blackledge Falls | Hebron Ave. | 80.0 | | | | | | | | Х | | | Х | | | | | | Х | | |
| Buckingham Park | 1285 Manchester Rd. | 35.3 | Х | | | | | | | Х | | | | Х | | Х | | Х | | | |
| Butler Field | 225 Forest Lane | 11.6 | Х | | | | | | | Х | | | | Х | | | | | | | |
| Center Green | 2340 Main St. | .9 | | | | | | | | | | | Х | Х | | | | | | | |
| Cider Mill Open Space | 1287 Main St. | 21.8 | | | | | | | | | | | Х | | | | | | | | |
| Cotton Hollow Preserve | Hopewell Rd. | 83.2 | | | | | Х | | | Х | | | | | | | | | Х | | |
| Earle Park | 13 7 5 Main St. | 39.1 | | | | | | | | Х | | | Х | | | | | | | | |
| Eastbury Pond | 39 Fisher Hill Rd. | 9.4 | | | | | Х | | | | Х | | | | | | | | | Х | |
| Ferry Landing | Ferry Lane | 3.8 | | | | | Х | | | Х | | | Х | Х | | | | | | | |
| Glastonbury High School | 330 Hubbard St. | 72.7 | Х | Х | | | | Х | | | | Х | | | | | | Х | | Х | Х |
| Grange Pool | 500 Hopewell Rd. | 8.9 | | | | | | | | | | | | Х | | | | | | Х | |
| Grayledge Farm Open Space | 175 Marlborough Rd. | 96. 84 | | | | | | | | Х | | | Х | | | | | | Х | | |
| Great Pond Preserve | Great Pond Rd. | 42.9 | | | | | | | | Х | | | Х | | | | | | | | |
| High Street Park | 30 High St. | 3.4 | Х | | | | | | | | | | | | | Х | Х | Х | | | |
| Hubbard Green | 1946 Main St. | 5.7 | | | | | | | | | | | Х | Х | | | | | | | |
| Longo Farm Open Space | 3006 Hebron Ave. | 156.99 | | | | | | | | Х | | | Х | | | | | | | | |
| Matson Hill Open Space | 68 Matson Hill Rd. | 22.22 | | | | | | | | Х | | | Х | | | | | | Х | | |
| Minnechaug Golf Course | 16 Fairway Cr. | 58.5 | | | | | | | Х | | | | | | | | | | | | |
| Riverfront Park | 200 & 252 Welles St. | 44.1 | Х | Х | | | Х | | | Х | Х | Х | Х | Х | Х | Х | | Х | Х | | |
| Ross Field | 45 Canione Rd. | 5.0 | Х | | Х | | | | | | | | | Х | | Х | | | | | |
| Rotary Field | 358 Old Stage Rd. | 7.7 | Х | | | | | | | | | | | | Х | Х | | | | | |
| Salmon Brook Park | New London Tpk. | 10.9 | | | | | Х | | | | Х | | Х | Х | | | | | Х | | |
| Smith Middle School | 216 Addison Rd. | 149.7 | Х | | | | Х | | | | | Х | Х | | | | | Х | Х | | |
| Welles Park | 185 Griswold St. | 11.6 | Х | Х | | | | | | | | | | | | Х | | Х | | | |
| Williams Park | 789 Neipsic Rd. | 161.9 | Х | | | X | X | | | Х | Х | | | Х | Х | Х | Х | | | | |
| | | | | | | | | | | | | _ | | | | | | | | | |



Please visit us online at www.glastonbury-ct.gov for additional facility information, directions and photos or scan the image to the left with your smart phone!

Parks & Facilities + Page 18 + www.glastonbury-ct.gov

Atlanta Braves vs. New York Mets

Celebrate the amazing 2016 season of the Mets and look forward to another great season in 2017. Trip includes charter bus, ticket to the game, cookout (hamburgers, hot dogs, baked beans, sausage and peppers, meatballs, macaroni and cheese, salad, chips, water, and soda. Games/Prizes on the bus too! Departs East Hartford/Glastonbury Commuter Lot across from Burger King at TBD. Open to all ages, residents and non-residents.

Bus Trips Baseball

109004-RY

FEE: LOCATION:

DATE:

\$150/Bleacher Seating Departs Glastonbury/East Hartford Commuter Parking Lot at 9:30 a.m. Monday, April 3, 2017

Connecticut Wine Tour

Start the first of 3 wine tastings at Cassidy Hill in Coventry, great people and some amazing wines! There we will enjoy a cookout including Shrimp Scampi, Chicken, Sweet and Sour Meatballs, Baked Beans, Stuffed Mushrooms, Grilled Vegetables, Pulled Pork Sliders, Assorted Salads, Chips, Water & Soda. Our second stop takes us to Aragoni Winery in Portland for another tasting. Our last tasting will be held at a little gem of a winery in North Granby, Lost Acres Winery, where we will enjoy wine tasting and desserts. Trip includes charter bus, food and all tastings. Departs East Hartford/Glastonbury Commuter Lot across from Burger King at TBD. Open to all ages, residents and non-residents.

Bus Trips

Connecticut Wine 109004-CW

| FEE: | \$95/Person |
|-----------|-----------------------------------|
| LOCATION: | Departs Glastonbury/East Hartford |
| | Commuter Parking Lot at 9:30 a.m. |
| DATE: | Saturday, May 20, 2017 |

Nascar in Dover Delaware

We love this trip and and the one mile race track! Race time is 1:00 p.m. Trip includes charter bus, food before the game, games and prizes on the bus and ticket to the game. Departs East Hartford/Glastonbury Commuter Lot across from Burger King at TBD. Open to all ages, residents and non-residents.

Bus Trips

Nascar Row 20-25 Nascar Row 40-45 109004-N2 109004-N4 FEE:

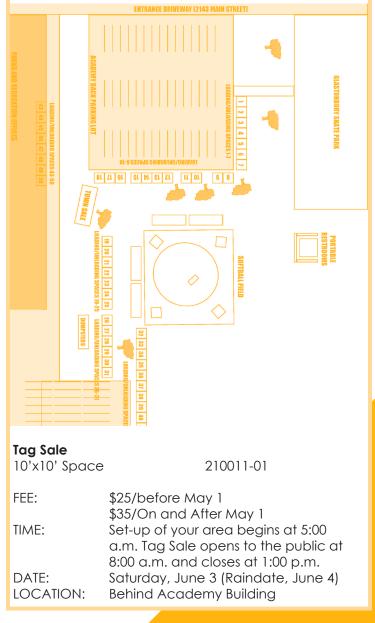
LOCATION:

\$175/First Turn Row 20-25 \$209/First Turn Row 40-45 Departs Glastonbury/East Hartford Commuter Parking Lot at 6:00 a.m. Sunday, June 4, 2017

DATE:

Town-Wide Community ~ (All Ages)

Purchase a 10'x10' space and bring your wares to sell at our annual event! You must provide your own tables. The Town will also be selling bikes, tools, jewelry and other items. Based on order of registration, you will be asked to choose a space. We reserve the right to assign a space to you in the event you cannot be reached. Spaces fill quickly!



Bus Trips & Family Programs ◆ Page 19 ◆ www.glastonbury-ct.gov

Child/Adult Fun Runs

(All Ages)

Grab your sneaks and run some extra miles this summer. Children jog for one mile around the Smith Middle School Soccer field. Adult courses are 2.4 and 3.5 miles in length. Register at the Smith Middle School Upper Soccer Field starting at 6:30 p.m. for a 6:50 p.m. start. Divisions include male and female 35 & up, 19 -34, 15-18, 13-14, 10-12, 7-9, and 6 & under. Tuesdays, June 20, 27; July 11, 18, 25 and August 1. No fee.

Summer Men's Basketball League

(Men ages 18 to 30)

Sunday & Tuesday nights at Glastonbury High School from June-August. Players assigned to a team by League Coordinator. Every effort is made to place friends on the same team, but not guaranteed. Resident registration begins March 14. Non-resident registration begins May 2. New this year, register online (Activity Code: 101009). **Registration deadline is May 27th** (Player Limit is 100). Residents \$79; Non-Residents \$99

Sand Castle Contest

(Glastonbury children of all ages) Build castles at Eastbury Pond Tuesday, July 18(rain date: July 19) from 11:30 a.m.-2:00 p.m. Registration begins at 10:30 a.m. at the pond. Children may work on their castle individually or in groups.

Children's Water Festival

(Glastonbury youth ages 7 to 14)

Enjoy a variety of dun activities, including relays using kickboards, ping pong balls and life jackets. Held at the Grange Pool on Tuesday, July 25 (rain date: July 26) from 2:30-4:30 p.m. Registration begins at 1:00 p.m. at the pool. Popsicles will be served.

Ice Cream Social

(All Pool Patrons)

Addison Pool will host an Ice Cream Social beginning at 1:00 p.m. on Tuesday, August 1 (rain date: August 2), Ice cream cups with chocolate syrup & toppings available. Eat until it's gone! Free to pool patrons.

Pooch Pageant

(All Ages)

Can your dog balance a biscuit on his nose? Is she the smallest dog in town? Show off your pooch in a spirited show at the Hubbard Green on Wednesday, September 6 at 6:00 p.m. (Rain date: Thursday, September 7). Choose two out of the six categories: best behaved, best trick, smallest, largest, best looking, and best costume. Registration required by calling (860)652-7679 by Tuesday, September 5. Free.

Summer Music Festival

Relax with family and friends on warm summer nights with entertaining music. A series of free, outdoor concerts on Wednesday evenings July 5, 12, 19, and 26 beginning at 7:00 p.m. on the field behind the Riverfront Community Center on Welles Street. Performances will be published in the Glastonbury Citizen and Hartford Courant at a later date.



Music in the Park Series

(All Ages)

Sit back and relax with family and friends while enjoying the sounds of the Glastonbury Town Band. Sunday concerts begin at 7 p.m. at the Riverfront Park on July 16, 23, 30 and August 6.

Calling all musicians in grades 9-adult. New band members welcome. Come to rehearsal ready to play on Wednesdays, 7:00-9:00 p.m. on July 12, 19, 26 and August 2 at the Smith Middle School Band Room.

Simply Swing

Simply Swing, a 10 piece orchestra specializing in the music of the Big Band and Swing Dance eras, will perform on Sunday, June 25 from 7:00-8:30 p.m. at the Riverfront Park. Brought to you by Farmington Bank, this free concert is sure to be a foot tappin', hand clapping dance party for all who love to have a good time. Rain date Sunday, August 20th.

Annual Senior Citizens' Indoor Picnic

(Age 55 and Over)

Start the day with a setback tournament followed by some terrific music! For lunch, enjoy finger licking good barbecue chicken with all the fixin's all in the comfort of air conditioning! End the day with bingo for all featuring some great prizes! Tickets will be sold Tuesday, June 20-Tuesday, August 1 at the Community Center, Parks and Recreation and Town Hall Information Center. Tickets will also be sold the day of the picnic. **Glastonbury residents only!**

| FEE: | \$5/person |
|-----------|---------------------|
| LOCATION: | RCC Community Room |
| TIME: | 9:30 a.m1:30 p.m. |
| DATE: | Wednesday, August 2 |

Family & Adult Programs
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| CLASS | LOCATION | MEETS | DATES | FEE | ACTIVITY CODE |
|--|---|-----------------------------------|-----------------------------------|------|---------------|
| Senior Fitness (Eliza's Energy Source) | Riverfront Community Center | Mon, Wed, Fri 9:00-10:00 a.m. | July 5-Aug. 30 (No Class 8/2) | \$45 | 107027-AA |
| | | Mon, Wed, Fri 10:05-11:05 a.m. | July 5-Aug. 30 (No Class 8/2) | \$45 | 107027-BB |
| Cardio, Core & More (Eliza's Energy Source) | Smith Auxiliary Gym Academy (After August 9) | Mon & Wed 6:00-7:00 p.m. | July 10-Aug. 23 | \$77 | 107104-S1 |
| Zumba (Eliza's Energy Source) | Academy Multi Purpose Room | Mon & Wed 6:00-7:00 p.m. | July 10-Aug. 23 | \$88 | 107209-AA |
| Gentle Pilates (Personal Euphoria) | Academy Multi Purpose Room | Monday 1:30-2:15 p.m. | July 10-Aug. 21 | \$40 | 107030-GP |
| Hatha Yoga Evening (Kalpana Patel) | RCC Exercise Room (Academy Cafeteria | Mon & Wed 6:00-7:20 p.m. | July 10-Aug. 16 | \$69 | 107011-AA |
| | Wednesdays in July) | Single Night 6:00-7:20 p.m. | July 10-Aug. 16 | \$39 | 107011-AB |
| Pilates Plus Strength (Personal Euphoria) | Academy Multi Purpose Room | Tuesday 6:45-7:30 p.m. | July 11-Aug. 22 | \$40 | 107202-ST |
| | | Thursday 6:45-7:30 p.m. | July 6 -Aug. 17 | \$40 | 107202-\$1 |
| Strength Training (Personal Euphoria) | Academy Multi Purpose Room | Monday 9:45-10:30 a.m. | June 26-July 31 (No Class 7/3) | \$28 | 107206-SM |
| | | Friday 9:00-9:45 a.m. | July 7-Aug. 25 | \$45 | 107206-\$1 |
| Core Balance (Personal Euphoria) | Academy Multi Purpose Room | Friday 9:45-10:30 a.m. | July 7-Aug.25 | \$45 | 107207-\$1 |
| Low Impact Cardio Strength (Personal Euphoria) | Academy Multi Purpose Room | Wednesday 10:15-11:00 a.m. | July 5-Aug. 16 | \$40 | 107030-CW |
| Barre (Personal Euphoria) | Academy Multi Purpose Room | Wednesday 9:30-10:15 a.m. | July 5-Aug. 16 | \$40 | 107203-AW |
| | | Thursday 6:00-6:45 p.m. | July 6- Aug. 17 | \$40 | 107203-TH |
| Mat Pilates (Personal Euphoria) | Academy Multi Purpose Room | Tuesday 9:30-10:30 a.m. | July 11-Aug. 22 | \$44 | 107201-TA |
| | | Thursday 8:30-9:30 a.m. | July 6-Aug. 24 | \$50 | 107201-TH |

Classes Open to Residents and Non-Residents (Except Senior Fitness). Non-Resident Registration Begins 6/6/17.



Senior Fitness

(Adults 55 and up)

A weight bearing exercise program designed for the active older adult that includes warm-up, low impact aerobics, muscular conditioning for the upper and lower body, core strengthening for the abdominal muscle and back, and on increasing flexibility, joint mobility, balance and coordination. Participants must bring sneakers and water bottle. Weights, exertubes, dynabands, 10" play balls and mats are optional.

Cardio, Core and More

Open to residents and Non-Residents. Burn calories, strengthen and tone your muscles, and challenge your core all this and more when you try this class! This heart pumping full body strength training class will firm your muscles while strengthening your core. Activities include interval training, floor/core exercises, Hi-Lo aerobics, while using hand weights, resistance tubes and bands, and stability balls. Modifications are provided as needed for this energizing work-out! Bring a mat, water, hand weights, and appropriate footwear (stability ball optional).

Hatha Yoga Evening

For both the beginner and more advanced students. Regardless of your physical condition, experience your body like never before with an effective yoga routine. Single Evening classes will meet on either Monday or Wednesday evenings. Instructor will contact you to arrange. Please bring a rug or mat to class.

Zumba

ZUMBA is a fusion of Latin and International music dance themes that create a dynamic, exciting, effective fitness system! The routines feature aerobic and fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body and maximize caloric output and fat burning. It is a mixture of movements with easy to follow dance steps based on the principle that a workout should be fun and easy to do.

Gentle Pilates

Part of our new Low impact series designed for people looking to stay active as they age. Like our mixed-level Pilates classes, exercises focus on the core muscles which include the abs, back, glutes and shoulders. We work to create balance and strength in your truck and loose, limber limbs. Pilates strives to makes you strong and long while improving balance, coordination and posture. A great option for newcomers to Pilates or anyone who wants to move, but needs to tone it down a bit. Need to be able to get up and down off the floor. Bring a mat and water to class.

Morning Mat Pilates

An exercise option for everyone designed to develop a strong core while maintaining loose, limber limbs. Exercises provide variations to meet the needs of different body types and strengthens the body while keeping joints mobile and flexible. Feel your muscles working and probably break a sweat. Bring a mat and water bottle to class. Mixed-level class.

Core Balance

Class promotes core awareness by strengthening core muscles. Work on balancing while using a flexband and your own body weight. Help improve range of motion, posture and balance, while increasing flexibility. Bring a yoga mat and water to class.

Low Impact Cardio Strength

All the benefits of our regular strength class (increased muscle tone, feel stronger and longer, increased balance and maintain joint mobility and range of motion), but a little gentler on the body and joints. Plus, we add a cardio component. Good option for anyone active and aging, post-surgery (and cleared for movement), trying to maintain mobility with arthritis and working to maintain bone density. Bring a mat, water and 2-5 lbs. hand weights to class.

Pilates Plus Strength

Work your arms, legs, abs, back, and butt, using props that will help strengthen, tighten and tone the entire body quickly and safely. Integrates the lengthening and stretching principles of traditional Pilates and adds strength training. Though exercises might feel more intense, every exercise can be modified for different levels. Bring water and a yoga mat.

Strength Training

A complete workout that will sculpt, strengthen and reshape your body. We won't skip the core-you'll work the core and more. Class includes standing and floor work so you must be able to get up and down off the floor easily. Bring a yoga mat and free weight set.

Barre

A fusion of Pilates, dance, yoga & functional training that will lift, tone, sculpt, define and strengthen your core muscles. This full body sculpting class uses the ballet barre and small, isometric, concentrated movements to create lean muscles. Each class incorporates an upper body workout with weights and a combination of high-intensity sequences of thigh, glute and core exercises at the barre. The class is set to upbeat music at a vigorous pace to get your heart pumping! Bring a mat and 1-2 pound hand weights.

American Red Cross Learn to Swim

Glastonbury Parks & Recreation follows the American Red Cross Learn-to-Swim program for ages 5 and up which offers 6 comprehensive course levels that will teach your child how to swim skillfully and safely. Additionally, the program includes pre-school age swimming for Infant/Toddler and Tots. Levels include basic water skills and stroke technique as well as introducing a wide range of personal safety skills. The prerequisite for each level is successful demonstration of the skills from the preceding level. Wading pools at both Grange and Addison are closed during lessons.

Infant/Toddler

Ages 6 months to 3 year olds. Parent must participate with child.

Tots

Ages 3 & 4 year olds. Parent must participate with child.

Level O-Independent Pre-School

Age 4 ONLY

This class is appropriate for the 4 year old who has prior experience in the water. Must be comfortable submerging and is ready to follow instructions in a small group setting. Your child will learn to blow bubbles, float, kick, and use arm strokes on both front and back. Class only offered at Addison.

Level 1-Introduction to Water Skills

This class is appropriate if your child has little or no experience in the water. The purpose of this class is to help students feel comfortable in the water.

Level 2-Fundamentals of Aquatic Skills

This class is appropriate if your child can submerge underwater while blowing bubbles with mouth and nose, float on front and back and swim using arms pulling and legs kicking at the same time.

Level 3-Stroke Development

This class is appropriate if your child can submerge completely underwater, jump from poolside into deep water, glide using front and back floats, tread water, swim combined front and back stroke and swim on side.

Level 4-Stroke Improvement

This class is appropriate if your child can perform front crawlstroke, back crawlstroke, do rotary breathing while horizontal, dive headfirst from kneeling or standing, do butterfly kick with butterfly body motion.

Level 5-Stroke Refinement

This class is appropriate if your child can perform elementary backstroke, breaststroke, butterfly, front and back crawlstrokes, perform both deep and shallow dives, surface dive foot-first, perform scissors kick on the side and open turns on front and back.

Level 6-Diving or Fitness Swimmer

This class is appropriate if your child can tread water using different leg kicks, perform front and back crawlstrokes, elementary backstroke, butterfly, breaststroke, sidestroke, perform standing dive, surface dive, and perform open turns and flip turns to change direction at the side of the pool. There are 2 types of Level 6 that are taught; Diving Fundamentals and Fitness Swimmer. This will be mixed up at various locations and sessions throughout the summer.

Ozzie Says "Let's Swim by Eight"

Every child in Glastonbury should learn to swim by 8 years old. Kids are surrounded by swimming pools, lakes, rivers and other bodies of water that are used for recreation. Every child needs basic aquatic safety and swimming skills. Glastonbury Parks and Recreation's newest swim lesson ambassador, Ozzie the Octopus, has eight great reasons to learn to swim!



High School AM Swim Lessons

Classes Listed Below all Indicate 1st Session

| Level | 11:00A | 11:30A |
|----------------|--------------------|-----------|
| Infant/Toddler | 102281-IA | |
| Tots | | 102281-KB |
| Level 1 | | 102281-AB |
| Level 2 | 102281-BC | |
| Level 3 | | 102281-CC |
| Level 4 | | 102281-DC |
| Level 5 | 102281-EC | |
| Level 6 | 102281-FC (Diving) | |

High School PM Swim Lessons

Classes Listed Below all Indicate 1st Session

| Level | 5:30P | 6:00P | 6:30P | 7:00P |
|----------------|--------------|---------------|--|-----------|
| Infant/Toddler | | 102291-IA | | |
| Tots | 102291-KA | | | 102291-KB |
| Level 1 | 102291-AA | | 102291-AB | 102291-AC |
| Level 2 | 102291-BA | | 102291-BB | 102291-BC |
| Level 3 | 102291-CA | 102291-CB | 102291-CC | |
| Level 4 | 102291-DA | 102291-DB | | 102291-DC |
| Level 5 | 102291-EA | 102291-EB | | |
| Level 6 | 102291-FA (I | Fitness) 6:00 | ess) 6:00 102291-FB (Diving) 7:00 Session 1, 2 & 4 ONLY | |

Addison Pool Swim Lessons

| CIGSSES | LISTER DEIO | | 121 26221011 | | |
|---------|-------------|-----------|--------------|-----------|-----------|
| Level | 9:30A | 10:00A | 10:30A | 11:00A | 11:30A |
| Tots | | 102101-KA | 102101-KB | | |
| Level 0 | 102101-JA | | | 102101-JB | |
| Level 1 | | 102101-AA | 102101-AB | | |
| Level 2 | 102101-BA | | 102101-BB | | 102101-BC |
| Level 3 | 102101-CA | 102101-CB | | | 102101-CC |
| Level 4 | | 102101-DB | | 102101-DC | 102101-DD |
| Level 5 | 102101-EA | | | 102101-EB | |

Grange AM Swim Lessons

Classes Listed Below all Indicate 1st Session (No 4th Session)

| Level | 10:00A | 10:30A | 11:00A |
|----------------|--------------|--------------|-----------|
| Tots | | 102241-KA | |
| Infant/Toddler | | | 102241-IA |
| Level 1 | 102241-AA | | |
| Level 2 | | 102241-BA | 102241-BB |
| Level 3 | 102241-CA | | |
| Level 4 | | | 102241-DB |
| Level 5 | | 102241-EA | |
| Level 6 | 102241-FA (F | itness)10:00 | |

Swim Lesson Registration

The last number of each code denotes the session. Example 102241 is session 1 at Grange in the morning. 102242 is session 2 at Grange in the morning. Charts to the left list codes Session 1.

- Limit registration to one session/child. During walk-in registration, you may sign up for more sessions on a space available basis.
- If your child is enrolled in the wrong level, every effort will be made to transfer your child into the appropriate level on a space available basis.
- Starting on the day the session begins, on-line registration will no longer be available for that session. You must enroll at the Parks and Recreation Office on a space available basis.

Swim Lessons Summer High School AM

| High School AM | |
|--|---|
| Session 1 102281-(Letter Sequence | ce) |
| Session 2 102282-(Letter Sequence | ce) |
| Session 3 102283-(Letter Sequence | ce) |
| High School PM | |
| Session 1 102291-(Letter Sequence | ce) |
| Session 2 102292-(Letter Sequence | ce) |
| Session 3 102293-(Letter Sequence | ce) |
| Session 4 102294-(Letter Sequence | ce) |
| Addison | |
| Session 1 102101-(Letter Sequence | ce) |
| Session 2 102102-(Letter Sequence | ce) |
| | |
| Session 3 102103-(Letter Sequence | e) |
| | |
| Session 3 102103-(Letter Sequence | |
| Session 3 102103-(Letter Sequence Session 4 102104-(Letter Sequence | ce) |
| Session 3 102103-(Letter Sequence Session 4 102104-(Letter Sequence Grange AM | ce) ce) |
| Session 3 Session 4 Grange AM Session 1 102103-(Letter Sequence Grange AM Session 1 102241-(Letter Sequence | ce) ce) |
| Session 3102103-(Letter SequenceSession 4102104-(Letter SequenceGrange AM102241-(Letter SequenceSession 1102241-(Letter SequenceSession 2102242-(Letter Sequence | ce) ce) |
| Session 3102103-(Letter SequenceSession 4102104-(Letter SequenceGrange AM102241-(Letter SequenceSession 1102241-(Letter SequenceSession 2102242-(Letter Sequence | ce) ce) |
| Session 3 Session 4 Session 4 Session 4 Session 1 Session 2 Session 3 Session 3 Session 3 Session 3 Session 3 Session 3 Session 3 Session 3 Session 4 Session 2 Session 2 Session 3 Session 3 Sessio | ce) ce) ce) ninutes (2nd |
| Session 3102103-(Letter SequenceSession 4102104-(Letter SequenceGrange AM102241-(Letter SequenceSession 1102242-(Letter SequenceSession 2102242-(Letter SequenceSession 3102243-(Letter SequenceSession 3102243-(Letter SequenceCFEE:\$39/childCMonday-Friday for 25 mWeek of each session 6 | ce) ce) ce) ninutes (2nd |
| Session 3 Session 4 Session 4 Session 4 Session 1 Session 2 Session 3 Session 3 Session 3 Session 3 Session 3 Session 3 Session 3 Session 3 Session 4 Session 2 Session 2 Session 3 Session 3 Sessio | ce) ce) ce) ninutes (2nd ends Thursday) |
| Session 3102103-(Letter SequenceSession 4102104-(Letter SequenceGrange AM102241-(Letter SequenceSession 1102242-(Letter SequenceSession 2102242-(Letter SequenceSession 3102243-(Letter SequenceSession 3102243-(Letter SequenceSession 3102243-(Letter SequenceSession 4Session 3Session 5Session 6Session 6Session 6CFEE:Session 7Session 6CLOCATION:SESSION 1:June 19-29 | ce) ce) ce) ninutes (2nd ends Thursday) |
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| Session 3 Session 4 Session 4 Session 4 Session 1 Session 2 Session 3 Session 3 Sessio | ce) ce) ce) ninutes (2nd ends Thursday) |

Adult Swim Lessons

(Adults ages 18 and over of all abilities) It's never too late to learn to swim or fine tune strokes.

Swim Lessons Summer

Adult Swim Lessons 101129-AA

FEE:\$40/personMEETS:Mondays 7:30-8:30 p.m.LOCATION:GHS PoolDATES:June 19-August 7

Swim Lessons Page 24 www.glastonbury-ct.gov

Introduction to Lifesaving Skills

(Ages 12-14)

Learn basic water safety and rescue skills. Great for future lifeguards, those with backyard swimming pools. Students will learn how to how to recognize is distress swimmer, various water rescue techniques, a general understanding of first aid and CPR techniques and other water safety protocols. This is not a certification course.

Aquatic Program

Lifesaving Skills-1

125029-EE

FEE: MEETS: LOCATION: SESSION 1: \$85/Person Daily from 6:00-7:30 p.m. Glastonbury High School July 17-28

Lifeguard Training Re-Certification Coming in May, 2017 - Be on the Lookout!

This program is for those who currently have an American Red Cross Certification that is due to expire. This certification will renew for 2 more years. Due to recent changes in American Red Cross format for Lifeguard Training, more information will be publicized as soon as we are able.

Summer Recreation Swim Team

(Youth ages 8-17)

Youth must be 8 by 7/15/17. A great way to try competitive swimming for the first time or continue the sport you enjoy. Meets are regional and are held weekday evenings with various swim clubs. You are required to sign up for specific practice times. Parents are expected to help at meets. Specific information will be sent to you. The GSPO (Glastonbury Swim Team Parents Organization), which supports the Swim Team program, will collect a separate \$10/family fee. The GSPO will coordinate this. Note: Some AM practices will be moved to Addison - specific dates will follow.

Swim Team

| | Team AM GHS Team PM GHS | 124030-AM 124030-PM |
|------|----------------------------|------------------------|
| FEE: | \$139/person | |

| FEE: | \$139/person |
|---------|------------------------------|
| AM GHS: | Monday-Friday 7:30-8:45 a.m. |
| PM GHS: | Monday-Friday 4:00-5:15 p.m. |
| DATES: | June 19-Late July |
| | |

Summer Long Course Practice Group

(Age 8-18 with some competitive swim experience) An endurance based practice program for those who wish to practice during the summer. No meets. Program meets at Terry Pool only.

Swim Team

Summer USA Practice Group 124030-US

FEE: TERRY POOL: (EAST HARTFORD) DATES: \$115/person Monday, Wednesday, Friday 6:30-8:30pm June 19-July 22

Private Swim Lessons

(Glastonbury Residents-Ages 5 and up) Private swim lessons (1:1) and semi-private swim lessons (1:2), catered to meet you or your child's specific instructional needs are now available. The aquatics leadership staff will work with you to customize a personal swim lesson schedule, with an experienced instructor. Lessons will be available on evenings and weekends at the Glastonbury High School Pool, offered as 4 thirty minute sessions at mutually agreed upon times. Lessons will not be available during the peak times of the day when the pools are most crowded. Semi-private lesson participants must be within a skill level apart.

To register for the program, complete the "Private Swim Lesson Registration Form" available at the Parks and Recreation Department, at www.glastonbury-ct. gov (click "Parks and Recreation"; "Forms") or at the pool. Please list the dates and times available, and the Town will match an instructor once the form is received.

4 x 30 Minute Private (1:1) Lessons: \$100/Person 4 x 30 Minute Semi-Private (1:2) Lessons: \$160/2 People



Aquatics & Swim Team + Page 25 + www.glastonbury-ct.gov

High School, Grange, Addison Pools

Summer Pass is valid June 1-September 4, 2017. Yearly Pass is valid June 1, 2017-May 31, 2018 and allows use of all pools in summer and GHS pool in winter. You cannot register for pool passes on-line.

DAILY ADMISSION:\$3/child(undSUMMER PASS:\$95/househcYEARLY PASS:\$139/househSENIOR PASS (60+):FREE (Must StREPLACEMENT PASS:\$25/Lost Pass

\$3/child(under 2 free); \$5/adult \$95/household; \$75/Individual \$139/household; \$109/Individual FREE (Must Show Proof of Age) \$25/Lost Pass

Eastbury Pond

Please include license plate numbers for Eastbury Pond and family members' names for pool passes. You can't register for Eastbury stickers on-line.

DAILY PARKING:\$5/weekdays; \$8/weekendsWALK OR BIKE IN:No charge!CAR STICKERS:\$25/two vehiclesADDITIONAL STICKERS:\$15/additional vehicleREPLACEMENT STICKER:\$15/Lost Sticker

| _ | | | | | | | |
|------------------|---|--|--|---|---|--|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 002 | Swim Team 7:15-9:15A | Swim Team 7:15-9:15A | Swim Team 7:15-9:15A | Swim Team 7:15-9:15A | Swim Team 7:15-9:15A | | |
| | Lessons 9:30A-12:00P | Lessons 9:30A-12:00P | Lessons 9:30A-12:00P | Lessons 9:30A-12:00P | Lessons 9:30A-12:00P | | |
| Ineinnu | Rec. Swim 12:30-5:00P 6:00-8:00P | Rec. Swim 12:30-5:00P 6:00-8:00P | Rec. Swim 12:30-5:00P 6:00-8:00P | Rec. Swim 12:30-5:00P 6:00-8:00P | Rec. Swim 12:30-5:00P 6:00-8:00P | Rec. Swim 10:30-5:00P 6:00-8:00P | Rec. Swim 10:30-5:00P 6:00-8:00P |
| | Adult Swim 5:00-6:00P | Adult Swim 5:00-6:00P | Adult Swim 5:00-6:00P | Adult Swim 5:00-6:00P | Adult Swim 5:00-6:00P | Adult Swim 5:00-6:00P | Adult Swim 5:00-6:00P |
| | Expected Openi | ng Date Sunday, J | une 11. Effective July | y 30, Pool will Clos | e at 7:30 p.m. Effe | ctive August 6, Poo | will Close at 7:00 p.m |
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 5 | Lessons 9:30A-11:30A | Lessons 9:30A-11:30A | Lessons 9:30A-11:30A | Lessons 9:30A-11:30A | Lessons 9:30A-11:30A | | |
| | Rec. Swim 12:30-5:30P 6:00-7:30P | Rec. Swim 12:30-5:30P 6:00-7:30P | Rec. Swim 12:30-5:30P 6:00-7:30P | Rec. Swim 12:30-5:30P 6:00-7:30P | Rec. Swim 12:30-5:30P 6:00-7:30P | Rec. Swim 12:00-5:30P 6:00-7:30P | Rec. Swim 12:00-5:30P 6:00-7:30P |
| | Adult Swim 5:30-6:00P | Adult Swim 5:30-6:00P | Adult Swim 5:30-6:00P | Adult Swim 5:30-6:00P | Adult Swim 5:30-6:00P | Adult Swim 5:30-6:00P | Adult Swim 5:30-6:00P |
| 3 | Expected Openi | ng Date June 12. E | ffective August 6, Pc | ol will Close at 7:0 | 00 p.m. | | |
| 5 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Edstudi y Foliu | Rec. Swim 10:30A-4:30P 5:00-8:00P | Rec. Swim 10:30A-4:30P 5:00-8:00P | Rec. Swim 10:30A-4:30P 5:00-8:00P | Rec. Swim 10:30A-4:30P 5:00-8:00P | Rec. Swim 10:30A-4:30P 5:00-8:00P | Rec. Swim 10:30A-4:30P 5:00-8:00P | Rec. Swim 10:30A-4:30P 5:00-8:00P |
| L C C C | Adult Swim 4:30-5:00P | Adult Swim 4:30-5:00P | Adult Swim 4:30-5:00P | Adult Swim 4:30-5:00P | Adult Swim 4:30-5:00P | Adult Swim 4:30-5:00P | Adult Swim 4:30-5:00P |
| | | | | | | | d will close at 7:00 p. |
| | Expected Openi | ng Date Sunday, J | une 11. Effective July | y 30, Pond will Clo | se at 7:30 p.m. Effe | ective August 6, Por | ia will close at 7.00 p.i |
| | Expected Openi Monday | ng Date Sunday, Ju Tuesday | une 11. Effective July Wednesday | y 30, Pond will Clo Thursday | se af 7:30 p.m. Effe Friday | ective August 6, Por Saturday | Sunday |
| | | | | | | _ | |
| | Monday Adult Swim 6:00-7:30A | Tuesday Adult Swim 6:00-7:30A | Wednesday Adult Swim 6:00-7:30A | Thursday Adult Swim 6:00-7:30A | Friday Adult Swim 6:00-7:30A | Saturday Adult Swim | Sunday Adult Swim |
| | Monday Adult Swim 6:00-7:30A 12:15-2:00P Lessons | Tuesday Adult Swim 6:00-7:30A 12:15-2:00P Lessons | Wednesday Adult Swim 6:00-7:30A 12:15-2:00P Lessons | Thursday Adult Swim 6:00-7:30A 12:15-2:00P Lessons | Friday Adult Swim 6:00-7:30A 12:15-2:00P Lessons | Saturday Adult Swim | Sunday Adult Swim |
| | Monday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim | Tuesday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P | Wednesday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim | Thursday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P | Friday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-4:00P | Saturday Adult Swim 12:00-1:30P Rec. Swim | Sunday Adult Swim 12:00-1:30P Rec. Swim |
| | Monday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P Camp Rec. Swim | Tuesday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P 7:30-8:30P Camp Rec. Swim | WednesdayAdult Swim 6:00-7:30A 12:15-2:00PLessons 9:00A-12:00PRec. Swim 2:00-3:00PCamp Rec. Swim | Thursday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P 7:30-8:30P Camp Rec. Swim | Friday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-4:00P 7:30-8:30P Camp Rec. Swim | Saturday Adult Swim 12:00-1:30P Rec. Swim | Sunday Adult Swim 12:00-1:30P Rec. Swim |
| | Monday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P Camp Rec. Swim 3:00-4:00P Lessons | Tuesday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P 7:30-8:30P Camp Rec. Swim 3:00-4:00P Lessons | WednesdayAdult Swim6:00-7:30A12:15-2:00PLessons9:00A-12:00PRec. Swim2:00-3:00PCamp Rec.Swim3:00-4:00PLessons | Thursday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-3:00P 7:30-8:30P Camp Rec. Swim 3:00-4:00P Lessons | Friday Adult Swim 6:00-7:30A 12:15-2:00P Lessons 9:00A-12:00P Rec. Swim 2:00-4:00P 7:30-8:30P Camp Rec. Swim 3:00-4:00P Lessons | Saturday Adult Swim 12:00-1:30P Rec. Swim | Sunday Adult Swim 12:00-1:30P Rec. Swim |

Schedule Begins When School Lets Out. The GHS Pool will be Closed August 22-30 for Start of School Preparation.

Pool & Pond Schedules
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www.glastonbury-ct.gov

Glastonbury Senior Center

Dear Friends,

The Glastonbury Senior Center offers stimulating and innovative educational, recreational and social opportunities that meet the needs of our diverse community. We are very proud of our long-standing commitment to older adults and continue to strive to offer state-of-theart opportunities and special programs. If you are a long-time participant at the center, we hope you will continue to participate and perhaps try something new. If you have never been to the center please check out the many activities that are designed for you. We hope to see you throughout the spring and summer.

Patti White,

Supervisor of Senior Services



How to Reach Us:

General Program Information:

Administrative Fax: Dial-a-Ride Transportation: (860) 652-7638 (860) 652-7642 (860) 652-7649 (860) 652-7643

Where to Find Us.

Riverfront Community Center (RCC) 300 Welles Street Glastonbury, CT 06033



Old Time Radio Shows

Fridays 10:00-11:00 a.m.

On the last Friday of the month join the fun listening to different old time radio shows, including comedians such as Bob Hope and Abbott and Costello, as well as Suspense Radio Shows and Big Band music broadcasts such as Benny Goodman, Glenn Miller and Tommy Dorsey.

Indoor Walking in Community Room B

Mondays & Wednesdays 12:15-12:45 p.m. Feel free to walk once around the community room or 10 times or more. You can walk at any speed. Any increased activity is good for you. All you have to do is show up! Prizes awarded!

Coloring for Stress Relief

Thursdays 5:30-7:30 p.m. Studies have shown that coloring is very beneficial to adults, lowering stress levels and blood pressure. Come join your friends and socialize for a relaxing and stress free time. Supplies are provided. Prior registration is required.



Pickleball

Tuesday Evenings 5:30-8:00 p.m. Indoor play at the Riverfront Community Center

Senior Golf League at the Minnechaug 9 Hole Golf Course

10 week series starting in May. Call the office (860)652-7638 for exact dates and cost. Prizes and Pizza Party on last day!

Canasta

Tuesdays 12:30-2:30 p.m.

Join your friends or meet new ones playing the game of Classic Canasta. All levels of expertise are welcome! Cards will be provided. Prior registration is required

Chess

Tuesdays 3:00-5:00 p.m.

A wonderful activity to exercise the brain! Men and women of all skill levels who know the fundamentals of the game are welcome.

Play Reading Group

Tuesdays 2:30-4:00 p.m.

Want to meet new people and have lots of fun? There is no need to audition, memorize lines or search for books. We provide the books and you provide your playful self! Prior registration is required.

Social Wii Bowling

Mondays 9:30-11:30 a.m. Prior registration is required. This game is very easy to learn. No competition just good old fashion fun!

Homeowner's Tax Credit

Applications for Elderly and Totally Disabled Tax Relief are being taken through May 15, 2017. Applicants for the Additional Veterans Exemption have until October 1, 2017 to complete that application. Income limits, based on 2016 figures, are \$35,200 for an individual and \$42,900 for a married couple for the State Elderly and Totally Disabled program and \$56,890 for the Town Elderly Tax Relief program. Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your federal income tax return, if filing, and/or copies of all your interest and income statements and also the Social Security end-of-year statement (SSA-1099). For more information, an appointment or to apply, please contact Social Services at (860)652-7634 or the Assessor's Office at (860)652-7600.

Exercise, Fun & Games
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www.glastonbury-ct.gov

Free Blood Pressure & Wellness Clinic

Wednesdays RCC 9:00 a.m.-12:00 p.m.

Blood pressure, medication, diet questions, symptom management and other health related concerns can be addressed with the Glastonbury Health Department Community Health Nurse. Walk-ins are encouraged.

Healthy Foot Clinic

4/20, 4/24, 5/18, 5/30, 6/15, 6/26, 7/20, 7/24, 8/17, 8/28 RCC 8:40 a.m.-3:30 p.m.

A Registered Nurse will trim & file toenails, smooth calluses and corns, massage with lotion and powder. Due to the high volume of requests for this service walk-ins are not accepted. Payments must be made at the time of your visit. Appointment Required. Call (860)652-7638 to schedule an appointment Cost: \$29.00 (check made payable to: Pedi-Care)

Hearing Screening & Aids Serviced

Tuesdays 10:00 a.m.-12:00 noon

Call (860)652-7638 to schedule your appointment. A free hearing exam will be conducted by a licensed hearing specialist. Hearing aids will be cleaned, checked and minor adjustments made.

Computer Assistance by Appointment

Tuesdays 9:00 a.m.-Noon Individuals can set up 30 minute appointment blocks for assistance with computer help. To make an appointment please call (860)652-7638.

Mac, iPad, or Smart Phone Assistance by

Appointment

Thursdays 1:30 p.m.-3:00 p.m.

Individuals can set up 30 minute appointment blocks for assistance with their Apple product or Smart phones. To make an appointment please call (860) 652-7638.

Open Computer

Tuesdays 9:00 a.m.-8:00 p.m.; Thursdays 6:00-8:00 p.m.; Fridays 9:00 a.m.-4:00 p.m.; Saturdays 9:00 a.m.-3:00 p.m. (times and room availability are subject to change).

Social Media 101

Tuesday, March 21, 2017 3:00-5:00 p.m. This 90 minute lecture gives a broad overview of the social networking trend, its benefits and drawbacks, and then will focus in on specific popular social networking sites including Facebook, Twitter, LinkedIn, Yelp and MeetUp.com. Workshop prerequisites: proven knowledge of how to use computer, mouse, keyboard, web browser, and internet skills. Max. 12 attendees. Program taught by Nicole Cignoli, Reference Librarian, Welles-Turner Memorial Library Reservations are required at www.wtmlib.info or at the library's Reference Desk at (860)652-7720.

Fabulous Lunches

at the Senior Center Monday-Friday

Looking for a great affordable option for unch? Check out the many delicious meals served daily at the center from 11:45 a.m.-12:30 p.m. Menus can be found in the Sharing Tree newsletter which can be obtained on-line, in the office or mailed to your home

\$2.50/Person

includes entrée, vegetable/salad, potato/rice/pasta, dessert & beverage. (\$5.00 for non-residents and/or not a senior citizen)



The Knights of Columbus Museum - New

Haven - Wednesday, April 12, 2017 10:00 a.m. Leave RCC; 1:30 p.m. Prime 16; Approximate Return RCC: 3:30 p.m. Resident: \$7.00; Non-Resident: \$9.00 (lunch on own) The Museum features world-class exhibitions of artwork and history, particularly those representing the heritage of Catholicism. It also maintains a permanent gallery of the K of C's annals, as well as one dedicated to its founder (and sainthood candidate), Father Michael J. McGivney (1852-1890). Its permanent collections of Christopher Columbus and papal memorabilia are also on regular exhibition. Following the museum enjoy lunch at Prime 16 which serves gourmet burgers and gastropub style food.

Thimble Island Cruise in Stony Creek & Lunch @ Rocky's Aqua on the Water, Clinton - Thursday, July 13 & Thursday, August 17, 2017

8:45 a.m. Leave RCC;

Approximate Return RCC: 3:00 p.m.

Welcome aboard The Sea Mist, a 44 foot Carmen Boat. Relax as we enjoy a narrated cruise around the Thimble Islands. After the cruise, it is onto lunch at an island marina where we can order lobster rolls or other seafood treats. The regular menu includes some nonseafood items as well. Wear comfortable clothing and good shoes. Seats fill up fast so sign up early for ONE of these dates! Cost: \$20.00 (includes transportation and boat ride).

MAMA MIA! Westchester Broadway Theatre-Elmsford, NY April 20, 2017

Departure and Return Time TBD

Cost: \$104.00/person includes transportation by Chartered Bus, Driver Gratuity, Meal and Performance \$50.00

Enjoy a wonderful day at the theater! Westchester Theatre is beautifully set-up where there is no bad seat! Dine and then watch the performance from your table.

Food & Flowers @ New York Botanical Gardens - NY - May 23, 2017

7:00 a.m. Depart RCC; Approximate Return: 7:00 p.m. Cost: \$109.00/person includes transportation by chartered bus, tour of Enid A. Haupt Conservatory and a tram ride narrated tour of the gardens. Lunch at Ann & Tony's, a fifth generation Bronx landmark. Meal choices of: A) Eggplant Parmigiana, B) Chicken Marsala or C) Veal Pizzaiola. Following lunch you'll have time to shop on world famous Arthur Ave, known as the real Little Italy of New York where you will find the best place for bread, pasta, pastries and more!

Sail Boston 2017 - Tall Ships - Boston, MA - June 20, 2017

Cost: \$131.00/person includes transportation, lunch, Boston Harbor Cruise and Driver Gratuity. Enjoy lunch first at one of Boston's many fine restaurants, followed by a Boston Harbor Cruise. Enjoy the cruise within the Harbor where you will have a great view of these majestic ships from different countries around the world. The Tall Ships are sailing to Boston as part of the Sail Boston 2017 Festival.

Save the Date

Please check the Sharing Tree newsletter for more details on these upcoming events:

July 25 Block Island - Chartered "Getaway Tours"

> August 24 Elderly Brothers Dinner/Dance



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