

SUGGESTED ITEMS FOR FOOD BANK DONATIONS
TOWN OF GLASTONBURY FOOD BANK
Riverfront Community Center, 300 Welles Street, Glastonbury

The Glastonbury Food Bank serves Glastonbury residents who are experiencing difficult financial times. Call 860-652-7634 for more information.

PLEASE REMEMBER:

- 1) All donations must be non-perishable.
- 2) The Food Bank is not allowed to distribute expired food or dented cans – please check the dates on all items!
- 3) When putting together a Food Bank bag, the intention is to provide items to enable a family/individual to create a few meals to get them through a difficult financial period. For example, the following combinations would be suitable for several meals: peanut butter, jelly & crackers; tuna fish, mayonnaise & crackers; rice & beans; canned chicken, gravy and mashed potatoes.

The following items are welcomed donations:

<ul style="list-style-type: none"> • Canned meats: Tuna, chicken, SPAM, ham, etc. 	<ul style="list-style-type: none"> • Pasta meals in a can (i.e. Ravioli, Spaghetti & meatballs)
<ul style="list-style-type: none"> • Peanut Butter & Jelly or Jam 	<ul style="list-style-type: none"> • Baked beans, canned beans
<ul style="list-style-type: none"> • Crackers (like Ritz or Saltines, to be used instead of bread) 	<ul style="list-style-type: none"> • Canned Vegetables
<ul style="list-style-type: none"> • Macaroni & Cheese 	<ul style="list-style-type: none"> • Hearty Soups & Canned Stews
<ul style="list-style-type: none"> • Complete Meals in a Box (i.e. Chicken & Dumplings, etc.) 	<ul style="list-style-type: none"> • Cereals: Cold and Hot
<ul style="list-style-type: none"> • Canned Fruit 	<ul style="list-style-type: none"> • Juices (not soda or energy drinks)
<ul style="list-style-type: none"> • Rice, rice dishes 	<ul style="list-style-type: none"> • Instant or canned potatoes
<ul style="list-style-type: none"> • Coffee, tea, hot chocolate (cocoa mix made with water) 	<ul style="list-style-type: none"> • Powdered milk or shelf-stable milk (in envelopes or small boxes)
<ul style="list-style-type: none"> • Granola bars, other healthy snacks 	<ul style="list-style-type: none"> • Mayonnaise & ketchup
<ul style="list-style-type: none"> • Toiletries, diapers 	<ul style="list-style-type: none"> • Toilet paper, paper towels
<ul style="list-style-type: none"> • Laundry Detergent 	<ul style="list-style-type: none"> • Dish Soap

Monetary donations are also always welcomed.
Items can then be purchased as needed to restock the pantry!
Please make checks payable to “Town of Glastonbury”,
with “Food Bank” in the memo area.